2011 Scottish 4km Championships
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Pos	No	Name	Cat	Club	Time
1	229	Emma Mitchell	Under 13	Inverclyde AC	08:09
2	232	Laura Stark	Under 13	Kilbarchan AAC	08:11
3	233	Iona Miller	Under 13	Kilbarchan AAC	08:13
4	235	Rebecca Louise Craig	Under 13	Kilbarchan AAC	08:13
5	249	Niamh Brown	Under 13	Ron Hill Cambuslang Harriers	08:36
6	223	Jude Graham	Under 13	Giffnock North AAC	08:41
7	234	Kerry McAngus	Under 13	Kilbarchan AAC	08:42
8	224	Alexandra Pope	Under 13	Giffnock North AAC	08:46
9	220	Catriona Booth	Under 13	Garscube Harriers	08:47
10	244	Perri McCluskey	Under 13	Kirkintilloch Olympians	08:49
11	226	Rebecca Conroy	Under 13	Giffnock North AAC	08:56
12	250	Lauren Carey	Under 13	Ron Hill Cambuslang Harriers	08:57
13	255	Caitlin Louise Caldwell	Under 13	Shettleston Harriers	09:02
14	251	Rachel Black	Under 13	Ron Hill Cambuslang Harriers	09:05
15	231	Olivia Gemmell	Under 13	Inverclyde AC	09:13
16	225	Eilidh Cook	Under 13	Giffnock North AAC	09:29
17	254	Ruth Ferguson	Under 13	Shettleston Harriers	09:31
18	230	Maggie Catlin	Under 13	Inverclyde AC	09:44
19	245	Jenny Lee	Under 13	Kirkintilloch Olympians	09:49
20	227	Jill McGachy	Under 13	Inverclyde AC	10:00
21	241	Chloe Baillie	Under 13	Kilbarchan AAC	10:20
22	243	Anna Forbes	Under 13	Kirkintilloch Olympians	10:22
23	242	Laura Keay	Under 13	Kirkintilloch Olympians	10:38

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U13 Girls

Sum of Pos		
Club	**Name**	Total
Kilbarchan AAC	Laura Stark	2
	Iona Miller	3
	Rebecca Louise Craig	4
	Kerry McAngus	7
Kilbarchan AAC Total		16
Giffnock North AAC	Jude Graham	6
	Alexandra Pope	8
	Rebecca Conroy	11
	Eilidh Cook	16
Giffnock North AAC Total		41
Inverclyde AC	Emma Mitchell	1
	Olivia Gemmell	15
	Maggie Catlin	18
	Jill McGachy	20
Inverclyde AC Total		54
Kirkintilloch Olympians	Perri McCluskey	10
	Jenny Lee	19
	Anna Forbes	22
	Laura Keay	23
Kirkintilloch Olympians Total		74

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Pos	No	Name	Cat	Club	Time
1	285	Ross Gray	Under 13	Inverclyde AC	07:32
2	282	John McLaughlin	Under 13	Giffnock North AAC	07:40
3	308	Sean Reilly	Under 13	Ron Hill Cambuslang Harriers	07:41
4	294	Scott McLardie	Under 13	Kilbarchan AAC	07:41
5	315	Euan Penrice	Under 13	Shettleston Harriers	08:05
6	298	Conor Thomson	Under 13	Kilbarchan AAC	08:13
7	309	Grant McGregor	Under 13	Ron Hill Cambuslang Harriers	08:14
8	300	Conor Toal	Under 13	Kilbarchan AAC	08:20
9	299	Aidan Comerford	Under 13	Kilbarchan AAC	08:22
10	280	Andrew Vettraino	Under 13	Giffnock North AAC	08:25
11	284	Keir Carolan	Under 13	Giffnock North AAC	08:32
12	297	Ryan Nesbitt	Under 13	Kilbarchan AAC	08:38
13	277	Adam Duff	Under 13	Garscube Harriers	08:41
14	296	Owen Bannatyne	Under 13	Kilbarchan AAC	08:45
15	305	Stuart Michie	Under 13	Kirkintilloch Olympians	08:47
16	311	Callum Morton	Under 13	Ron Hill Cambuslang Harriers	08:52
17	312	Jordon Munro	Under 13	Ron Hill Cambuslang Harriers	08:57
18	292	Matthew MacKinnon	Under 13	Inverclyde AC	09:01
19	303	Cameron Mack	Under 13	Kirkintilloch Olympians	09:03
20	281	Robbie Barr	Under 13	Giffnock North AAC	09:09
21	318	Coner Brown	Under 13	Shettleston Harriers	09:19
22	302	Matthew McLaughlin	Under 13	Kilbarchan AAC	09:31
23	319	Calum Elser	under 13	Garscube Harriers	10:14
24	278	Euan MacIntosh	Under 13	Garscube Harriers	10:56

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U13 boys

Sum of Pos		
Club	**Name**	Total
Kilbarchan AAC	Scott McLardie	4
	Conor Thomson	6
	Conor Toal	8
	Aidan Comerford	9
Kilbarchan AAC Total		27
Giffnock North AAC	John McLaughlin	2
	Andrew Vettraino	10
	Keir Carolan	11
	Robbie Barr	20
Giffnock North AAC Total		43
Ron Hill Cambuslang Harriers	Sean Reilly	3
	Grant McGregor	7
	Callum Morton	16
	Jordon Munro	17
Ron Hill Cambuslang Harriers Total		43

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Pos	No	Name	Cat	Club	Time
1	329	Chloe Cowan	Under 15	Giffnock North AAC	07:49
2	344	Gwen Gillham	Under 15	Kilbarchan AAC	07:55
3	358	Laura Penrice	Under 15	Shettleston Harriers	08:06
4	327	Catriona Graves	Under 15	Garscube Harriers	08:10
5	351	Rebecca Bonomi	Under 15	Ron Hill Cambuslang H	08:21
6	348	Emma Canning	Under 15	Kirkintilloch Olympians	08:25
7	340	Kathryn Lee	Under 15	Kilbarchan AAC	08:30
8	333	Selena Jackson	Under 15	Giffnock North AAC	08:52
9	335	Chloe Simpson	Under 15	Inverclyde AC	09:01
10	345	Sarah Dempsey	Under 15	Kilbarchan AAC	09:02
11	339	Jennifer Hanlon	Under 15	Kilbarchan AAC	09:12
12	328	Amy Drysdale	Under 15	Garscube Harriers	09:22
13	338	Catherine McLean	Under 15	Kilbarchan AAC	09:25
14	330	Isabella Murray	Under 15	Giffnock North AAC	09:26
15	336	Evie Semple	Under 15	Inverclyde AC	09:29
16	331	Kathryn Young	Under 15	Giffnock North AAC	09:41
17	337	Kelly Williams	Under 15	Inverclyde AC	09:45
18	346	Rebecca McIlwraith	Under 15	Kilbarchan AAC	09:46
19	332	Nicola Wylde	Under 15	Giffnock North AAC	10:02
20	347	Emma Arnold	Under 15	Kilbarchan AAC	10:36

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U15 Girls

Kilbarchan AAC	Gwen Gillham	2
	Kathryn Lee	7
	Sarah Dempsey	10
	Jennifer Hanlon	11
Kilbarchan AAC Total		30
Giffnock North AAC	Chloe Cowan	1
	Selena Jackson	8
	Isabella Murray	14
	Kathryn Young	16
Giffnock North AAC Total		39

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Pos	No	Name	Cat	Club	Time
1	409	Ahmed Hassan	Under 15	Shettleston Harriers	06:44
2	370	Alastair Stanley	Under 15	Garscube Harriers	06:50
3	406	Callum Drummond	Under 15	Shettleston Harriers	07:10
4	391	Gavin Alexander	Under 15	Kirkintilloch Olympians	07:11
5	372	Patrick Lonergan	Under 15	Giffnock North AAC	07:18
6	408	Ryan Flanagan	Under 15	Shettleston Harriers	07:21
7	381	Jonathan Glen	Under 15	Inverclyde AC	07:30
8	387	Cameron Swanson	Under 15	Kilbarchan AAC	07:33
9	401	Joe Brown	Under 15	Ron Hill Cambuslang Harriers	07:34
10	377	Joshua Houston	Under 15	Inverclyde AC	07:37
11	374	Josh Hyde	Under 15	Giffnock North AAC	07:38
12	394	David Robertson	Under 15	Ron Hill Cambuslang Harriers	07:40
13	396	Keith McIntyre	Under 15	Ron Hill Cambuslang Harriers	07:40
14	407	Murray McGiven	Under 15	Shettleston Harriers	07:48
15	405	Dean Stevenson	Under 15	Shettleston Harriers	07:54
16	379	Robert Todd	Under 15	Inverclyde AC	07:59
17	395	Jack MacGregor	Under 15	Ron Hill Cambuslang Harriers	08:00
18	389	Charlie Wighton	Under 15	Kilbarchan AAC	08:02
19	388	Fraser Warwick	Under 17	Kilbarchan AAC	08:11
20	404	Logan Sirel	Under 15	Shettleston Harriers	08:19
21	373	John Joe Lonergan	Under 15	Giffnock North AAC	08:28
22	390	Aidan Kane	Under 15	Kirkintilloch Olympians	08:46
23	380	Isaac Dunning	Under 15	Inverclyde AC	10:35

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U15 Boys

Club	Name	Total
Shettleston Harriers	Ahmed Hassan	1
	Callum Drummond	3
	Ryan Flanagan	6
	Murray McGiven	14
Shettleston Harriers Total		24
Ron Hill Cambuslang Harriers	Joe Brown	9
	David Robertson	12
	Keith McIntyre	13
	Jack MacGregor	17
Ron Hill Cambuslang Harriers Total		51
Inverclyde AC	Jonathan Glen	7
	Joshua Houston	10
	Robert Todd	16
	Isaac Dunning	23
Inverclyde AC Total		56

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Pos	No	Name	Cat	Club	Time
1	182	Elspeth Curran	Senior	Kilbarchan AAC	13:49
2	187	Sarah Inglis	Under 20	Lothian Running Club	14:11
3	184	Natalie Sharp	Under 20	Kilbarchan AAC	14:12
4	165	Emily Stewart	Under 20	Edinburgh AC	14:15
5	157	Lyndsay Morrison	Senior	Central AC	14:17
6	172	Hester Dix	Senior	Fife AC	14:17
7	183	Christina Rankin	Senior	Kilbarchan AAC	14:27
8	179	Dianne Lauder	Senior	Gala Harriers	14:30
9	189	Sarah McCormack	Senior	Moorfoot Runners	14:32
10	163	Jennifer MacLean	Senior	Edinburgh AC	14:35
11	178	Helen Sharpe	Senior	Fife AC	14:37
12	159	Beth Duff	Under 20	East Kilbride A.C.	14:49
13	185	Kara Tait	Senior	Kilmarnock H&AC	14:54
14	197	Claire McCracken	Senior	VP-Glasgow AC	14:55
15	158	Laura Muir	Under 20	Dundee Hawkhill Harriers	14:58
16	164	Lynsey Sharp	Senior	Edinburgh AC	15:11
17	198	Alexandra Lamond	Under 20	Kirkintilloch Olympians	15:16
18	171	Megan Crawford	Senior	Fife AC	15:18
19	191	Carole Setchell	Senior	Garscube Harriers	15:21
20	174	Jennifer Kibble	Senior	Fife AC	15:29
21	151	Louise Hill-Stirling	Under 20	Ayr Seaforth AAC	15:39
22	175	Alison McGill	Senior	Fife AC	15:51
23	176	Amie McKimmie	Senior	Fife AC	15:56
24	166	Rowena Bell-Scott	Senior	Edinburgh Univ Hare & Hc	16:00
25	188	Scout Adkin	Under 20	Moorfoot Runners	16:15
26	167	Jenny Dybeck	Under 20	Edinburgh Univ Hare & Hc	16:18
27	154	Claire Wharton	Vet	Bellahouston Road Runne	16:21
28	156	Hazel Dean	Vet	Central AC	16:35
29	196	Rhian Dawes	Under 20	VP-Glasgow AC	16:47
30	160	Emily Dudgeon	Under 20	Edinburgh AC	16:58
31	155	Joanne McEvoy	Senior	Calderglen Harriers	17:11
32	152	Kristina Greig	Under 20	Bellahouston Harriers	18:48

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Women

Sum of Pos		
Kilbarchan AAC	Elspeth Curran	1
	Natalie Sharp	3
	Christina Rankin	7
Kilbarchan AAC Total		11
Edinburgh AC	Emily Stewart	4
	Jennifer MacLean	10
	Lynsey Sharp	16
Edinburgh AC Total		30
Fife AC	Hester Dix	6
	Helen Sharpe	11
	Megan Crawford	18
Fife AC Total		35

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Pos	No	Name	Cat	Club	Time
1	90	Daniel Mulhare	Senior	Inverclyde AC	11:43
2	16	Alastair Hay	Senior	Central AC	11:49
3	68	Mark Mitchell	Senior	Forres Harriers	12:03
4	20	John Newsom	Senior	Central AC	12:08
5	91	Craig Ruddy	Senior	Inverclyde AC	12:12
6	27	Dermot Cummins	Senior	Corstorphine AAC	12:13
7	88	Andrew Douglas	Senior	Inverclyde AC	12:14
8	112	Stuart Gibson	Senior	Ron Hill Cambuslang Harriers	12:15
9	47	Andrew Crichton	Under 20	Edinburgh AC	12:16
10	3	Mark Haskett	Senior	Aberdeen AAC	12:20
11	121	Paul Sorrie	Senior	Shettleston Harriers	12:21
12	123	Michael Gillespie	Senior	Shettleston Harriers	12:24
13	15	Andrew Butchart	Under 20	Central AC	12:25
14	94	Paul Leck	Senior	Kilbarchan AAC	12:26
15	139	David Vernon	Under 20	VP-Glasgow AC	12:27
16	96	Robert Quinn	Vet	Kilbarchan AAC	12:30
17	18	David McNamee	Senior	Central AC	12:31
18	133	Jethro Lennox	Senior	Shettleston Harriers	12:35
19	17	Alexander Hendry	Under 20	Central AC	12:36
20	115	John MacNamara	Senior	Ron Hill Cambuslang Harriers	12:37
21	19	Lewis Millar	Senior	Central AC	12:39
22	117	Stewart Orr	Under 20	Ron Hill Cambuslang Harriers	12:43
23	118	Tsegai Tewelde	Senior	Shettleston Harriers	12:46
24	138	Allan Ramsay	Senior	VP-Glasgow AC	12:49
25	53	Bryan Mackie	Senior	Edinburgh AC	12:52
26	104	Niall Sheehan	Senior	Lasswade AAC	12:53
27	45	Owain Bristow	Senior	Edinburgh AC	12:55
28	113	Robert Gilroy	Senior	Ron Hill Cambuslang Harriers	12:56
29	134	Matthew Sullivan	Senior	Shettleston Harriers	12:59
30	61	Max Ralston	Under 20	Edinburgh Univ Hare & Hound	12:59
31	62	Arjuna Sivakumaran	Senior	Edinburgh Univ Hare & Hound	13:00
32	48	Daniel Clarkson	Senior	Edinburgh AC	13:01
33	145	Joe McKnight	Senior	Garscube Harriers	13:01
34	34	John Fergusson	Under 20	East Kilbride A.C.	13:05
35	125	Lee Wilson	Under 20	Shettleston Harriers	13:05
36	146	Luke Traynor	Under 20	Giffnock North AAC	13:10
37	2	Eoin Durkan	Senior	Aberdeen AAC	13:12
38	4	James Joy	Under 20	Aberdeen AAC	13:12
39	65	Tom Martyn	Senior	Edinburgh Univ Hare & Hound	13:13
40	144	Scott Pilkington	Senior	Corstorphine AAC	13:13
41	137	Sean Fontana	Under 20	VP-Glasgow AC	13:13
42	44	Neil Calder	Senior	Edinburgh AC	13:15
43	23	Peter Bowman	Under 20	Clydesdale Harriers	13:18
44	86	Chris Barlas	Senior	Inverclyde AC	13:18
45	28	Christopher O'Brien	Senior	Corstorphine AAC	13:18

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46	116	David Munro	Senior	Ron Hill Cambuslang Harriers	13:19
47	110	Bobby Bristow	Under 20	Ron Hill Cambuslang Harriers	13:23
48	97	Gary Rankin	Under 20	Kilbarchan AAC	13:24
49	26	Bryan Clark	Senior	Corstorphine AAC	13:28
50	93	Stepen Fleming	Senior	Kilbarchan AAC	13:29
51	111	Andrew Coulter	Under 20	Ron Hill Cambuslang Harriers	13:30
52	131	Kerrick Hesse	Under 20	Shettleston Harriers	13:30
53	74	David Henderson	Senior	Greenock Glenpark Harriers	13:32
54	60	Patryk Gierjatowicz	Senior	Edinburgh Univ Hare & Hound	13:33
55	135	Andrew MacKenzie	Senior	Stirling University AC	13:43
56	128	Gary Turner	Under 20	Shettleston Harriers	13:44
57	87	Andrew Campbell	Under 20	Inverclyde AC	13:48
58	141	Chris Upson	Vet	Westerlands XC Club	13:49
59	109	Jeff Farquhar	Vet	Pitreavie AAC	13:50
60	105	Max McNeill	Under 20	Lothian Running Club	13:51
61	31	Jamie Clements	Senior	East Kilbride A.C.	13:57
62	76	Andrew McCall	Senior	Greenock Glenpark Harriers	13:58
63	54	Gregor Maxwell	Under 20	Edinburgh AC	14:01
64	51	D> Halliday	Senior	Edinburgh AC	14:04
65	11	Steven Prentice	Senior	Bellahouston Harriers	14:07
66	89	Sean Gaffney	Senior	Inverclyde AC	14:10
67	49	Keith Dunlop	Senior	Edinburgh AC	14:12
68	95	John McMillan	Senior	Kilbarchan AAC	14:16
69	63	Rory Leslie	Under 20	Edinburgh Univ Hare & Hound	14:21
70	142	Ross Clark	Senior	Unattached	14:25
71	57	Steven Wales	Senior	Edinburgh AC	14:31
72	98	Kevin Cornes	Senior	Kirkintilloch Olympians	14:33
73	9	Tom Lauckner	Senior	Bellahouston Harriers	14:33
74	30	Owen Miller	Under 20	Dunfermline & West Fife AC	14:33
75	56	Iain Whitaker	Senior	Edinburgh AC	14:39
76	100	Colin Langan	Senior	Kirkintilloch Olympians	14:39
77	43	Paul Brennan	Senior	Edinburgh AC	14:41
78	1	Frank Boyne	Vet	Aberdeen AAC	14:42
79	79	Daniel McLaughlin	Vet	Greenock Glenpark Harriers	14:44
80	50	Kevin Graham	Senior	Edinburgh AC	14:45
81	6	Matthew Brown	Under 20	Bellahouston Harriers	14:47
82	22	Paul Carroll	Vet	Clydesdale Harriers	14:47
83	84	Christopher Moses	Senior	Helensburgh AAC	14:55
84	78	Frank McKnight	Senior	Greenock Glenpark Harriers	15:16
85	7	Brian Douglas	Senior	Bellahouston Harriers	15:18
86	21	Iain Robertson	Senior	Clydesdale Harriers	15:18
87	24	Ryan Nelson	Under 20	Clydesdale Harriers	15:24
88	136	Phillip Vernon	Senior	Stirling University AC	15:24
89	40	William Taylor	Vet	East Kilbride A.C.	15:31
90	66	Ross McCall	Senior	Edinburgh Univ Hare & Hound	15:35
91	69	John Murray	Senior	Garscube Harriers	15:43

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92	38	Derek Leitch	Vet	East Kilbride A.C.	15:51
93	58	Ryan Cox	Senior	Edinburgh Univ Hare & Hound	15:54
94	101	Craig McIntyre	Under 20	Kirkintilloch Olympians	15:56
95	82	Alan O'Rourke	Vet	Greenock Glenpark Harriers	16:00
96	41	Niall Walker	Senior	East Kilbride A.C.	16:01
97	8	Martin Johnson	Vet	Bellahouston Harriers	16:09
98	140	John Quinn	Vet	Westerlands XC Club	16:13
99	72	Michael Harrington	Vet	Greenock Glenpark Harriers	16:14
100	5	Alasdhair Love	Senior	Aberdeen AAC	16:18
101	77	Kevan McCartney	Senior	Greenock Glenpark Harriers	16:19
102	81	Sam McVicar	Vet	Greenock Glenpark Harriers	16:34
103	12	Christopher Doak	Senior	Bellahouston Road Runners	16:39
104	92	Robert Shaw	Vet	Inverclyde AC	16:50
105	10	Stewart Mulholland	Vet	Bellahouston Harriers	17:16
106	46	Adam Chmieloski	Senior	Edinburgh AC	17:23
107	143	Iain Kennedy	Vet	Unattached	17:45

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Men

Sum of Pos		
Club	**Name**	Total
Central AC	Alastair Hay	2
	John Newsom	4
	Andrew Butchart	13
	David McNamee	17
Central AC Total		36
Inverclyde AC	Daniel Mulhare	1
	Craig Ruddy	5
	Andrew Douglas	7
	Chris Barlas	44
Inverclyde AC Total		57
Shettleston Harriers	Paul Sorrie	11
	Michael Gillespie	12
	Jethro Lennox	18
	Tsegai Tewelde	23
Shettleston Harriers Total		64
Ron Hill Cambuslang Harriers	Stuart Gibson	8
	John MacNamara	20
	Stewart Orr	22
	Robert Gilroy	28
Ron Hill Cambuslang Harriers Total		78
Edinburgh AC	Andrew Crichton	9
	Bryan Mackie	25
	Owain Bristow	27
	Daniel Clarkson	32
Edinburgh AC Total		93
Kilbarchan AAC	Paul Leck	14
	Robert Quinn	16
	Gary Rankin	48
	Stepen Fleming	50
Kilbarchan AAC Total		128
Corstorphine AAC	Dermot Cummins	6
	Scott Pilkington	40
	Christopher O'Brien	45
	Bryan Clark	49
Corstorphine AAC Total		140
Edinburgh Univ Hare & Hounds	Max Ralston	30

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Edinburgh Univ Hare & Hounds	Arjuna Sivakumaran	31
	Tom Martyn	39
	Patryk Gierjatowicz	54
Edinburgh Univ Hare & Hounds Total		154
Aberdeen AAC	Mark Haskett	10
	Eoin Durkan	37
	James Joy	38
	Frank Boyne	78
Aberdeen AAC Total		163
East Kilbride A.C.	John Fergusson	34
	Jamie Clements	61
	William Taylor	89
	Derek Leitch	92
East Kilbride A.C. Total		276
Greenock Glenpark Harriers	David Henderson	53
	Andrew McCall	62
	Daniel McLaughlin	79
	Frank McKnight	84
Greenock Glenpark Harriers Total		278
Clydesdale Harriers	Peter Bowman	43
	Paul Carroll	82
	Iain Robertson	86
	Ryan Nelson	87
Clydesdale Harriers Total		298
Bellahouston Harriers	Steven Prentice	65
	Tom Lauckner	73
	Matthew Brown	81
	Brian Douglas	85
Bellahouston Harriers Total		304