National Cross Country Championships – Falkirk 21/2/2009 Under 13 Boys Results

	Name	*Club*	*Time*
1	Jake Kerr	Edinburgh AC	11:59
2	Lewis Boyle	V P Glasgow	12:10
3	Rory Muir	Dunfermline & W Fife	12:18
4	Robert Bough	Edinburgh AC	12:33
5	Alastair Stanley	Garscube H	12:39
6	Liam McLoone	Garscube H	12:41
7	Gavin Alexander	Kirkintilloch Oly	12:47
8	Campbell MacDonald	Stornoway RC	12:49
9	Ben Potrykus	Pitreavie AAC	12:49
10	Jonathan Glen	Inverclyde AC	12:53
11	Marcus Gault	Shettleston Harriers	12:55
12	Jack Rice	Inverclyde AC	12:57
13	Rowan Marr	Gala Harriers	12:58
14	Fraser Barbour	V P Glasgow	13:02
15	James Finlay	V P Glasgow	13:03
16	Andrew Lawler	Cumbernauld AAC	13:07
17	Callum Matthews	Kilbarchan AAC	13:12
18	Euan Gillham	Kilbarchan AAC	13:14
19	Liam Shaun Turner	V P Glasgow	13:19
20	Ryan Thomson	Ron Hill Cambus	13:20
21	Jack Harrison	Edinburgh AC	13:23
22	Liam Rae	Aberdeen AAC	13:25
23	Christopher McStay	Kilbarchan AAC	13:28
24	Stuart Curran	East Kilbride AAC	13:30
25	Matthew Galloway	Corstorphine AAC	13:32
26	Logan Rees	Fife AC	13:33
27	Ross Gray	Inverclyde AC	13:33
28	Gil Banks	Giffnock North	13:35
29	Kieron Rafferty	V P Glasgow	13:35
30	Aidan Thompson	Pitreavie AAC	13:35
31	Jacob Adkin	Moorfoot Runners	13:38
32	Gavin McArdle	Kilbarchan AAC	13:41
33	Ross Stephen	Ron Hill Cambus	13:43
34	Patrick Lonergan	Giffnock North	13:46
35	Ross Allison	Stornoway RC	13:46
36	Jamie Cook	Giffnock North	13:49
37	Gregor Wylie	Kilbarchan AAC	13:49
38	Michael Cameron	Edinburgh AC	13:52
39	Euan Berry	Fife AC	13:52
40	Gordon Wilson	Irvine AC	13:58
41	Murray Sim	V P Glasgow	13:59
42	Micheil Russell Smith	Stornoway RC	13:59
43	Jack Moreland	V P Glasgow	13:59
44	Christopher Jenks	Irvine AC	14:02
45	Jacob Lewis	Perth Strathtay	14:03
46	Joshua Houston	Inverclyde AC	14:05
47	Dewi Gould	Giffnock North	14:06
48	Michael Gillespie	Perth Strathtay	14:06
49	Andrew Kelham	Inverclyde AC	14:06
50	Callum McCormack	Kirkintilloch Oly	14:09
51	Patrick Kelly	Inverness H	14:12
52	Kieran Pugh	Kirkintilloch Oly	14:13
53	Lucas Cheskin	Moorfoot Runners	14:16
54	Fraser Bone	Kilbarchan AAC	14:18
55	Kobe Stevens	Moorfoot Runners	14:18
56	Thomas Collins	Kilbarchan AAC	14:20
57	Rob Gourley	Giffnock North	14:20
58	Keith McIntyre	Ron Hill Cambus	14:20
59	Jamie Middleton	V P Glasgow	14:23
60	Fergus Morris	Kilmarnock H	14:23
61	Duncan Tait	Perth Strathtay	14:28
62	Craig Mitchell	Falkirk Victoria H	14:28
63	Calum Lindsay	Law & District	14:28
64	Scott McIntyre	Kirkintilloch Oly	14:28
65	Daniel Rees	Banchory Stone	14:30
66	Sean Paul Brannan	Ron Hill Cambus	14:33
67	Christopher Mollison	Inverness H	14:33
68	Stuart MacDonald	Stornoway RC	14:33
69	Murray McGiven	Shettleston Harriers	14:35
70	Jack Kirwan	East Kilbride AAC	14:37
71	Shaun Rennie	Ayr Seaforth	14:39
72	Aidan Hilton	Falkirk Victoria H	14:40
73	Alec I Young	Aberdeen AAC	14:40
74	Jack MacGregor	Ron Hill Cambus	14:40
75	Kian Douglas	Irvine AC	14:40
76	John Joe Lonergan	Giffnock North	14:44
77	Andrew Murray	East Kilbride AAC	14:47
78	Ryan Flanagan	Shettleston Harriers	14:47
79	Innes Ogilvie	Haddington ELP	14:52
80	Douglas Holland	Ross County	14:56
81	Bruce Dryburgh	Banchory Stone	14:58
82	Glen Gardiner	Fife AC	14:58
83	David Grindell	Inverness H	15:01
84	Kyle A Mackenzie	Lasswade AAC	15:01
85	Marc Rooney	V P Glasgow	15:03
86	Jordan MacDonald	Inverness H	15:04
87	Baillie McRoberts	Falkirk Victoria H	15:04
88	Harry Barton	Inverness H	15:10
89	Jay Cowan	Law & District	15:11
90	Ross Barrie	Calderglen H	15:11
91	Ruairidh Britton	Moorfoot Runners	15:13
92	Philip Lee	Giffnock North	15:15
93	Ruari Kirkwood	Falkirk Victoria H	15:15
94	Ross Forbes	Greenock Glenpark	15:19
95	Liam Young	Pitreavie AAC	15:19
96	Cameron Jeffrey	George Heriots	15:19
97	Ben Phelps	George Heriots	15:23
98	Brendan Carey	Ron Hill Cambus	15:23
99	Calum Wilson	Helensburgh AAC	15:30
100	Robert Todd	Inverclyde AC	15:33
101	Cameron Swanson	Kilbarchan AAC	15:34

National Cross Country Championships – Falkirk 21/2/2009 Under 13 Boys Results

102	Ian Rae (Jnr)	Calderglen H	15:38	119	Rory Henderson	Corstorphine AAC	16:44
103	Domenico Angiolini	Central AC	15:40	120	Fraser Christie	George Heriots	16:49
104	Robert N Walton	Aberdeen AAC	15:50	121	Philip Wright	Central AC	16:49
105	Fraser Connal	Kirkintilloch Oly	15:53	122	Fraser Ebbitt	Ron Hill Cambus	16:53
106	Cristiano Santos	Ayr Seaforth	15:53	123	Gareth Fleming	Lasswade AAC	16:58
107	Calum McLean	Livingston & Dist	15:56	124	Alistair Crawford	Calderglen H	16:58
108	Sam Daniels	Garscube H	16:03	125	Steven Bryce	Law & District	16:58
109	Lewis Sin	Moray Road Runners	16:08	126	Alexander Wilkie	Corstorphine AAC	17:03
110	Michael McCabe	Central AC	16:09	127	Calum A MacKenzie	Lasswade AAC	17:05
111	Ruari Yeoman	East Kilbride AAC	16:13	128	George Loudon	Edinburgh AC	17:20
112	Jack Brown	Corstorphine AAC	16:16	129	Ross Paterson	Calderglen H	17:25
113	Scott Malcolm	Livingston & Dist	16:19	130	John Archer	Musselburgh AC	17:37
114	Jacob Hunter	Edinburgh AC	16:21	131	Calum Robertson	Edinburgh AC	17:41
115	Iain Lindsay	George Heriots	16:23	132	Frazer Gowans	Gala Harriers	17:41
116	Alan Sharp	Kilbarchan AAC	16:23	133	Ryan Miller	Ron Hill Cambus	18:02
117	Jack Christie	Moray Road Runners	16:30	134	Euan Strachan	Dundee Hawkhill	18:37
118	Kyle Dunlop	Haddington ELP	16:36	135	Daniel Johnston	Corstorphine AAC	18:42

Teams

	Pos	*Name*	*Time*
1st V P Glasgow (50)	2	Lewis Boyle	12:10
	14	Fraser Barbour	13:02
	15	James Finlay	13:03
	19	Liam Shaun Turner	13:19
2nd Edinburgh AC (64)	1	Jake Kerr	11:59
	4	Robert Bough	12:33
	21	Jack Harrison	13:23
	38	Michael Cameron	13:52
3rd Kilbarchan AAC (90)	17	Callum Matthews	13:12
	18	Euan Gillham	13:14
	23	Christopher McStay	13:28
	32	Gavin McArdle	13:41
4th Inverclyde AC (95)	10,12,27,46		
5th Giffnock North (145)	28,34,36,47		
6th Stornoway RC (153)	8,35,42,68		
7th Kirkintilloch Oly (173)	7,50,52,64		
8th Ron Hill Cambus (177)	20,33,58,66		
9th Moorfoot Runners (230)	31,53,55,91		
10th East Kilbride AAC (282)	24,70,77,111		
11th Inverness H (287)	51,67,83,86		
12th Falkirk Victoria H (314)	62,72,87,93		
13th Corstorphine AAC (382)	25,112,119,126		
14th George Heriots (428)	96,97,115,120		
15th Calderglen H (445)	90,102,124,129		

National Cross Country Championship – Falkirk 21/2/2009 Under 13 Girls Results

	Name	*Club*	*Time*
1	Florie McLeish	Preston Harriers	13:14
2	Kathryn Gillespie	Central AC	13:27
3	Eilidh Prise	Aberdeen AAC	13:38
4	Rosanna Stewart	Dundee Hawkhill	14:05
5	Georgia Callander	V P Glasgow	14:13
6	Katey Turner	Pitreavie AAC	14:15
7	Selena Jackson	Giffnock North	14:16
8	Meighan McDade	Greenock Glenpark	14:16
9	Chloe Cowan	Giffnock North	14:23
10	Louise Mercer	Teviotdale Harriers	14:25
11	Kirsty Harper	Kilbarchan AAC	14:25
12	Julie Nimmo	Falkirk Victoria H	14:25
13	Myrtle Breckenridge	Shettleston Harriers	14:27
14	Roisin Bonucchi	Central AC	14:30
15	Kerry Sandilands	Gala Harriers	14:34
16	Amy Frankland	Lasswade AAC	14:42
17	Aneila Mellish	Dundee Hawkhill	14:43
18	Hannah Cameron	Edinburgh AC	14:46
19	Megan Stewart	East Kilbride AAC	14:48
20	Alison MacInnes	Stornoway RC	14:48
21	Sophie Smith	East Kilbride AAC	14:48
22	Mhairi Hendry	Motherwell AC	14:48
23	Iona Tavendale	Perth Strathtay	14:51
24	Katherine Mitchell	Falkirk Victoria H	14:53
25	Millie Stretton	Edinburgh AC	14:57
26	Brogan Wallace	Kilmarnock H	14:58
27	Holly Miller	Giffnock North	14:58
28	Isla Mackay	Lochaber AC	15:00
29	Sophie Collins	Moorfoot Runners	15:02
30	Jemma McQuillan	Shettleston Harriers	15:02
31	Shannon Kangley	Greenock Glenpark	15:07
32	Gwen Gillham	Kilbarchan AAC	15:09
33	Rebecca Bonomi	Ron Hill Cambus	15:11
34	Alana Boggan	Falkirk Victoria H	15:13
35	Emily Strathdee	Edinburgh AC	15:17
36	Heather Campbell	Inverness H	15:20
37	Catherine Mercer	Teviotdale Harriers	15:20
38	kelsey stewart	Banchory Stone	15:23
39	Kerri Haran	Shettleston Harriers	15:25
40	Nadene Traynor	Law & District	15:26
41	Alison Brown	Gala Harriers	15:26
42	Lindsey Young	Banchory Stone	15:26
43	Bethany Irvine	Inverness H	15:32
44	Heide Biberach-Laidlaw	Edinburgh AC	15:34
45	Aliyah Zuberi	Giffnock North	15:36
46	Nikki Hutcheson	Giffnock North	15:36
47	Rachel Dick	V P Glasgow	15:37
48	Eilidh MacRae	East Sutherland AC	15:37
49	Sherelle Graham	Law & District	15:42
50	Fiona Matheson	Lasswade AAC	15:44
51	Megan Robertson	Helensburgh AAC	15:45
52	Laura Clarke	Central AC	15:47
53	Iona Wilson	V P Glasgow	15:47
54	Bethan Nadin	East Sutherland AC	15:47
55	Kathryn Lee	Kilbarchan AAC	15:49
56	Caitlin Hackett	East Kilbride AAC	15:49
57	Amy Meechan	Inverclyde AC	15:49
58	Kirsty M Reynolds	Dundee Hawkhill	15:51
59	Ailsa Peters	Dundee Hawkhill	15:54
60	Catriona Holland	Ross County	15:59
61	Lauren Arbuckle	Lothian RC	16:01
62	Olivia Steven	East Kilbride AAC	16:07
63	Tara Walls	Central AC	16:14
64	Arianne Ross	Inverness H	16:17
65	Helen Ainslie	Falkirk Victoria H	16:18
66	Roanna Fraser	Central AC	16:20
67	Kerry Morris	Musselburgh AC	16:20
68	Evie Semple	Inverclyde AC	16:20
69	Chloe Simpson	Inverclyde AC	16:20
70	Emily Greenan	Central AC	16:24
71	Eliza Chiswell	V P Glasgow	16:24
72	Kelly Bissett	Falkirk Victoria H	16:24
73	Emily Baxter	Haddington ELP	16:24
74	Nicola Mackay	Shettleston Harriers	16:28
75	Katie Archibald	Haddington ELP	16:28
76	Lisa Hardman	Central AC	16:28
77	Sally Redpath	Lasswade AAC	16:35
78	Emma Canning	Kirkintilloch Oly	16:38
79	Rebecca McDiarmid	Greenock Glenpark	16:41
80	Fern Wales	Kilmarnock H	16:43
81	Melissa McCrindle	Nithsdale AC	16:45
82	Lisa Walker	Shettleston Harriers	16:50
83	Megan Adams	Giffnock North	16:52
84	Georgina Loudon	Edinburgh AC	16:52
85	Rachel Busby	Clydesdale Harriers	16:55
86	Louisa Davis	Greenock Glenpark	16:57
87	Gemma Campbell	Inverclyde AC	16:57
88	Gabrielle Fisher	Greenock Glenpark	17:00
89	Catherine McLean	Kilbarchan AAC	17:06
90	Claire Prentice	Edinburgh AC	17:08
91	Alison Broadhurst	Harmeny AC	17:13
92	Monica Lowrie	Giffnock North	17:27
93	Amy McAlpine	Pitreavie AAC	17:31
94	Samantha Eadie	Falkirk Victoria H	17:37
95	Lorne Kerr	Kilmarnock H	17:42
96	Kim Barton	Dundee Hawkhill	17:42
97	Beth Curtis	Dundee Hawkhill	17:42
98	Rhianna Renwick	Teviotdale Harriers	17:47
99	Eve Sealy	Banchory Stone	17:49
100	Laura McArdle	Law & District	18:17
101	Molly Donegan	Moray Road Runners	18:30
102	Emma Johnston	Ayr Seaforth	18:40

103	Hannah Heggarty	Shettleston Harriers	18:52
104	Aimee Kerr	Irvine AC	19:00
105	Lauren Hollis	Irvine AC	19:04
106	Dawn McKimmie	Lasswade AAC	19:20
107	Isabella Murray	Giffnock North	19:24

108	Nicole Tucker	Kirkintilloch Oly	19:32
109	Mhairi Inglis	Teviotdale Harriers	19:37
110	Niamh O'Donnell	Ron Hill Cambus	19:47
111	Margaret Newell	Law & District	19:52
112	Ashley Lawson	Irvine AC	21:33

Teams

	Pos	*Name*	*Time*
1st Giffnock North (88)	7	Selena Jackson	14:16
	9	Chloe Cowan	14:23
	27	Holly Miller	14:58
	45	Aliyah Zuberi	15:36
2nd Edinburgh AC (122)	18	Hannah Cameron	14:46
	25	Millie Stretton	14:57
	35	Emily Strathdee	15:17
	44	Heide Biberach-Laidlaw	15:34
3rd Central AC (131)	2	Kathryn Gillespie	13:27
	14	Roisin Bonucchi	14:30
	52	Laura Clarke	15:47
	63	Tara Walls	16:14
4th Falkirk Victoria H (135)	12,24,34,65		
5th Dundee Hawkhill (138)	4,17,58,59		
6th Shettleston Harriers (156)	13,30,39,74		
7th East Kilbride AAC (158)	19,21,56,62		
8th V P Glasgow (176)	5,47,53,71		
9th Kilbarchan AAC (187)	11,32,55,89		
10th Greenock Glenpark (204)	8,31,79,86		
11th Lasswade AAC (249)	16,50,77,106		
12th Teviotdale Harriers (254)	10,37,98,109		
13th Inverclyde AC (281)	57,68,69,87		
14th Law & District (300)	40,49,100,111		

National Cross Country– Falkirk 21/2/2009 Under 15 Boys Results

	Name	*Club*	*Time*
1	Craig Wellcoat	Law & District	12:49
2	Grant Muir	Giffnock North	13:07
3	Finlay Rae	Ayr Seaforth	13:21
4	Jake Wightman	Edinburgh AC	13:38
5	Russell Mountford	Kilbarchan AAC	13:50
6	Robert Jones	Stornoway RC	13:52
7	Jamie Crowe	Dundee Hawkhill	13:52
8	Sandy Nimmo	Giffnock North	13:55
9	Jack Walker	Giffnock North	13:58
10	Max Aitchison	V P Glasgow	13:59
11	Jonathan Tweedie	Giffnock North	14:04
12	Scott Lawrie	Kirkintilloch Oly	14:07
13	Christopher Galloway	Corstorphine AAC	14:09
14	Rory Kelham	Inverclyde AC	14:12
15	Craig Young	V P Glasgow	14:15
16	Michael Ferguson	Banchory Stone	14:15
17	Greg Williams	Inverclyde AC	14:15
18	Craig Haxton	Kilbarchan AAC	14:18
19	Craig Campbell	Inverness H	14:20
20	Ryan McIntosh	Fife AC	14:22
21	Matt Wild	Kilbarchan AAC	14:32
22	Ben Stevenson	Falkirk Victoria H	14:34
23	Ross Milne	Central AC	14:38
24	Marc Austin	Kelvin Runners	14:41
25	Sam Wightman	Edinburgh AC	14:41
26	Miro Ralston	V P Glasgow	14:41
27	James Gray	Giffnock North	14:41
28	Hugh Mackenzie	V P Glasgow	14:52
29	Michael Houston	Inverclyde AC	14:53
30	Neil Gourley	Giffnock North	14:53
31	Thomas Day	Ross County	14:53
32	Josh Sinclair	Stornoway RC	14:57
33	Kyle Terry	Kirkintilloch Oly	14:57
34	David Reay	Greenock Glenpark	14:59
35	Ewan Murray	Calderglen H	15:05
36	Jamie Andrew	Banchory Stone	15:07
37	Scott Hernon	East Kilbride AAC	15:07
38	Callum Smith	Corstorphine AAC	15:07
39	Calum MacLeod	Kilbarchan AAC	15:10
40	Dean McMurran	Ron Hill Cambus	15:10
41	Peter Cameron	Edinburgh AC	15:10
42	Scott Young	Giffnock North	15:12
43	Callum Heirs	Kirkintilloch Oly	15:12
44	Moray Goodfellow	Moray Road Runners	15:17
45	Ciaran Turton	Edinburgh AC	15:19
46	Jonathan Hill	Inverclyde AC	15:19
47	Scott Stirling	Falkirk Victoria H	15:21
48	Calum Robertson	Stornoway RC	15:24
49	Duncan McKellar	Stornoway RC	15:26
50	Daniel Grieve	Law & District	15:28
51	Andrew Clark	Giffnock North	15:33
52	Ewan Paton	Fife AC	15:35
53	Angus Johnston	Ayr Seaforth	15:38
54	Daniel Graham	Law & District	15:41
55	David Carter	Ayr Seaforth	15:41
56	Scott McAlpine	Pitreavie AAC	15:44
57	Craig Wallace	Aberdeen AAC	15:46
58	Ross Knight	Greenock Glenpark	15:49
59	Paul MacFarlane	V P Glasgow	15:49
60	Stuart Michael	Ross County	15:57
61	Euan Webster	Ayr Seaforth	16:00
62	Adam Paul Steven	Ayr Seaforth	16:12
63	Matthew Thomson	Inverclyde AC	16:16
64	Brian Stuart	Shettleston Harriers	16:19
65	Gordon Milne	Central AC	16:24
66	Richard Campbell	Calderglen H	16:24
67	Andrew McCormack	Kirkintilloch Oly	16:24
68	Sandy Thin	George Heriots	16:27
69	Patrick Gillespie	Perth Strathtay	16:27
70	Mark Govan	Falkirk Victoria H	16:30
71	Blair Little	Moray Road Runners	16:32
72	Calum Divers	Shettleston Harriers	16:34
73	Scott Jones	Ayr Seaforth	16:34
74	Michael Jenks	Arran Runners	16:36
75	Evan Cornforth	Kilmarnock H	16:36
76	Ryan Cook	Lasswade AAC	16:36
77	Dylan Mitchell	Teviotdale Harriers	16:42
78	Sam Fraser	Central AC	16:44
79	Adam McCormick	Greenock Glenpark	16:45
80	Calum Moultrie	Ayr Seaforth	16:50
81	Stuart Roe	Ron Hill Cambus	16:55
82	David Ellis	Ayr Seaforth	17:02
83	Ben Johnston	Ayr Seaforth	17:02
84	Cameron Gowans	Gala Harriers	17:09
85	Alexander Thorne	Inverness H	17:17
86	Martin McGowan	Greenock Glenpark	17:20
87	Roddy Irvine	Central AC	17:24
88	Euan Birch	Shettleston Harriers	17:27
89	Ross Fraser	Inverness H	17:29
90	Niall Ross	Inverness H	17:30
91	Kyle Petrie	#N/A	17:57
92	Connor Johnston	Corstorphine AAC	17:57
93	Archie Breckenridge	Shettleston Harriers	18:15
94	Nathan Ross	Kilmarnock H	20:20
95	Keith Learmonth	Teviotdale Harriers	20:22

Teams

	Club	*Positions*				*Total*
1	Giffnock North	2	8	9	11	30
2	V P Glasgow	10	15	26	28	79
3	Kilbarchan AAC	5	18	21	39	83
4	Inverclyde AC	14	17	29	46	106
5	Edinburgh AC	4	25	41	45	115
6	Stornoway RC	6	32	48	49	135
7	Kirkintilloch Oly	12	33	43	67	155
8	Ayr Seaforth	3	53	55	61	172
9	Central AC	23	65	78	87	253
10	Greenock Glenpark	34	58	79	86	257
11	Inverness H	19	85	89	90	283
12	Shettleston Harriers	64	72	88	93	317

National Cross Country Championship – Falkirk 21/2/2009 Under 15 Girls Results

	Name	*Club*	*Time*
1	Joanna Muir	Stewartry AC	14:58
2	Rachael Dunn	Edinburgh AC	15:03
3	Emma Dunnett	Caithness AAC	15:06
4	Alice Haining	Gala Harriers	15:15
5	Louisa Stewart	Dundee Hawkhill	15:27
6	Sarah Cassells	Ayr Seaforth	15:42
7	Katie Bristow	Shetland AAC	15:50
8	Stella Winters	Shettleston Harriers	15:51
9	Rachel Adamson	Central AC	15:56
10	Kate Murdoch	Aberdeen AAC	15:56
11	Olivia Mackenzie	Edinburgh AC	16:05
12	Kate Gillies	Kilbarchan AAC	16:09
13	Deborah Hannah	V P Glasgow	16:10
14	Shannon McLellan	Shettleston Harriers	16:10
15	Micaela Brown	Pitreavie AAC	16:12
16	Madeline Murray	Giffnock North	16:14
17	Rebecca Patrick	Giffnock North	16:17
18	Mhairi MacLennan	Inverness H	16:20
19	Taiana Spens	Edinburgh AC	16:27
20	Lucy Patrick	Giffnock North	16:28
21	Linzi Cowan	Giffnock North	16:31
22	Blair Wood	Edinburgh AC	16:32
23	Amanda Humes	Kilmarnock H	16:37
24	Amy MacLellan	V P Glasgow	16:39
25	Lucy Henderson-Morris	Gala Harriers	16:43
26	Sarah Hamilton	Falkirk Victoria H	16:43
27	Maria Milliken	V P Glasgow	16:46
28	Olivia Keenan	Giffnock North	16:47
29	Paige Graham	Pitreavie AAC	16:48
30	Mairi Brown	Ron Hill Cambus	16:49
31	Ailis Murray	Stornoway RC	16:49
32	Olivia Collison-Owen	Fife AC	16:53
33	Amanda Monaghan	Shettleston Harriers	16:55
34	Holly MacIver	Stornoway RC	16:55
35	Jade Currie	East Sutherland AC	16:55
36	Caitlin Gray	Edinburgh AC	16:55
37	Maili MacKenzie	Nithsdale AC	16:57
38	Grace Collison-Owen	Fife AC	16:59
39	Isabelle Bough	Corstorphine AAC	17:03
40	Danielle McConway	Shettleston Harriers	17:04
41	Eve Kerr	Kilmarnock H	17:05
42	Stephanie Fairfield	Giffnock North	17:05
43	Rachel Smith	Banchory Stone	17:08
44	Kerrie McLeod	Inverclyde AC	17:14
45	Bethany Ross	Kilmarnock H	17:16
46	Hannah Jones	Gala Harriers	17:19
47	Rebecca Munro	Stornoway RC	17:23
48	Emily Jones	Gala Harriers	17:27
49	Frances Lowrie	Giffnock North	17:27
50	Lisa MacDonald	Inverclyde AC	17:30
51	Katie McAlpine	Kilbarchan AAC	17:30
52	April Miller	Giffnock North	17:30
53	Kirsty Buchanan	Central AC	17:32
54	Bethany Wilson	Moray Road Runners	17:32
55	Emma Haddock	Kilbarchan AAC	17:41
56	Imogen Burnell	Central AC	17:43
57	Jane Ainslie	Falkirk Victoria H	17:43
58	Lauren Odie	Shetland AAC	17:44
59	Georgina Black	Dundee Hawkhill	17:50
60	Sarah Millar	Ron Hill Cambus	17:52
61	Molly Tweedle	Central AC	17:53
62	Lisa Christy	Corstorphine AAC	17:53
63	Jennifer Cruickshanks	Anster Haddies	17:54
64	Emma Meechan	Inverclyde AC	17:57
65	Rachael Thomson	East Kilbride AAC	17:58
66	Danielle Beattie	Nithsdale AC	18:02
67	Samantha Stevenson	Law & District	18:06
68	Hazel Murray	Falkirk Victoria H	18:08
69	Helen Pawelczyk	Shettleston Harriers	18:12
70	Amy Hendry	Central AC	18:13
71	Yuka Gallagher	Inverness H	18:14
72	Robyn Graham	Fife AC	18:20
73	Oonagh Dunnett	Caithness AAC	18:23
74	Rebecca Morris	Dundee Hawkhill	18:23
75	Caitlin Thomson	Falkirk Victoria H	18:28
76	Amy Manson	Falkirk Victoria H	18:29
77	Paige Douglas	Irvine AC	18:35
78	Rachel Fairlie	East Kilbride AAC	18:39
79	Madeleine Sweeney-Baird	Lasswade AAC	18:40
80	Carly Dalgleish	Greenock Glenpark	18:46
81	Stacey Hardman	Central AC	18:46
82	Clare Brown	Kirkintilloch Oly	18:53
83	Corrin Miller	Inverness H	18:57
84	Claire Reid	Clydesdale Harriers	18:57
85	Alison Hughes	Irvine AC	19:08
86	Vanessa Hogan	Kilbarchan AAC	19:11
87	Amy Barton	Dundee Hawkhill	19:14
88	Naomi Dunphy	Arbroath & Dist	19:16
89	Katie Watson	Haddington ELP	19:22
90	Ella Peters	Dundee Hawkhill	19:23
91	Stephanie Sloan	Kilmarnock H	19:25
92	Eillidh Hamill	Greenock Glenpark	19:31
93	Katie Sprang	Ayr Seaforth	19:36
94	Emma Fairlie	East Kilbride AAC	19:49
95	Alice Gordon	Inverness H	19:58
96	Claire Barr	Falkirk Victoria H	20:03
97	Fiona Cruickshanks	Anster Haddies	20:05
98	Lauren Docherty	Ron Hill Cambus	20:10
99	Stephanie Dalgoutte	Irvine AC	20:11
100	Christine Irvine	Kilmarnock H	20:14
101	Kelly Gilbert	Kilmarnock H	20:30
102	Rachel Wyse	Lasswade AAC	20:33
103	Fiona Bowes	Kilbarchan AAC	20:35
104	Cara Butler	Kilbarchan AAC	20:37
105	Kirstie Kelly	Clydesdale Harriers	20:43
106	Jennifer Waddell	East Kilbride AAC	21:37
107	Shona Webster	Greenock Glenpark	21:58

Teams

	Club	*Positions*				*Total*
1	Edinburgh AC	2	11	19	22	54
2	Giffnock North	16	17	20	21	74
3	Shettleston Harriers	8	14	33	40	95
4	Gala Harriers	4	25	46	48	123
5	Central AC	9	53	56	61	179
6	Kilmarnock H	23	41	45	91	200
7	Kilbarchan AAC	12	51	55	86	204
8	Dundee Hawkhill	5	59	74	87	225
9	Falkirk Victoria H	26	57	68	75	226
10	Inverness H	18	71	83	95	267
11	East Kilbride AAC	65	78	94	106	343

National Cross Country Championship – Falkirk 21/2/2009
Under 17/20 Women Results

	Name	*Club*	*Time*
1	Elizabeth Potter	V P Glasgow	15:59
2	Nicola Hood (U20)	V P Glasgow	16:07
3	Sarah Inglis (U20)	Lothian RC	16:14
4	Josephine Moultrie (U20)	V P Glasgow	16:31
5	Danielle Brown (U20)	Springburn Harriers	16:45
6	Emily Dudgeon	Edinburgh AC	16:57
7	Elspeth Curran (U20)	Kilbarchan AAC	17:05
8	Sarah Kelly	Dundee Hawkhill	17:08
9	Hollie Young	V P Glasgow	17:08
10	Abbey McGhee (U20)	V P Glasgow	17:13
11	Siobhan Coleman (U20)	Pitreavie AAC	17:14
12	Catriona Lockie	Giffnock North	17:20
13	Emily Stewart	Dundee Hawkhill	17:20
14	Gemma Cormack	Moray Road Runners	17:28
15	Natalie Sharp (U20)	Kilbarchan AAC	17:38
16	Ellie Buchan	Aberdeen AAC	17:49
17	Rhona Auckland	Banchory Stone	17:52
18	Sarah Munn	Irvine AC	17:54
19	Scout Adkin	Moorfoot Runners	17:57
20	Jessica Martin (U20)	Kilbarchan AAC	17:59
21	Fiona Bracegirdle	Fife AC	17:59
22	Rebecca Finch (U20)	V P Glasgow	18:03
23	Ruth Joss (U20)	Giffnock North	18:08
24	Camilla Stewart (U20)	Edinburgh Uni	18:14
25	Stephanie Davis (U20)	Edinburgh Uni	18:16
26	Laura Muir	Dunfermline & W Fife	18:20
27	Rhian Dawes	V P Glasgow	18:24
28	Emma Rice	Inverclyde AC	18:27
29	Laura Goodson	Edinburgh AC	18:33
30	Megan L Crawford (U20)	Giffnock North	18:33
31	Alexandra Lamond	Kirkintilloch Oly	18:37
32	Emma Baxter (U20)	Greenock Glenpark	18:39
33	Sarah Potter	V P Glasgow	18:42
34	Emily Pollock	Greenock Glenpark	18:42
35	Christina Rankin (U20)	Kilbarchan AAC	18:45
36	Kerry Prise	Aberdeen AAC	18:48
37	Lauren Stoddart (U20)	Edinburgh AC	18:48
38	Nynke Mulholland	Inverclyde AC	18:51
39	Catriona Buchanan	Central AC	18:57
40	Eleanor Duncan	Forres Harriers	19:04
41	Samantha Blair	Edinburgh AC	19:18
42	Kirstie Rogan	Forres Harriers	19:30
43	Lana Turnbull	Lothian RC	19:31
44	Emma Leask	Shetland AAC	19:40
45	Jane MacIver	Stornoway RC	19:41
46	Michaela Stephen	V P Glasgow	19:43
47	Ceit Stewart	Stornoway RC	19:44
48	Deborah Stokoe	East Kilbride AAC	19:54
49	Laura Sharp (U20)	Edinburgh Uni	20:09
50	Nicole McLeod (U20)	Giffnock North	20:09
51	Megan Smith (U20)	Corstorphine AAC	20:19
52	Deborah Henderson	Kilbarchan AAC	20:24
53	Deborah Moore	Inverclyde AC	20:28
54	Paula Davies (U20)	Aberdeen AAC	20:30
55	Kayleigh McGurk	Central AC	20:39
56	Alexandra Campbell (U20)	Moorfoot Runners	20:42
57	Nicole Darroch	Inverclyde AC	20:48
58	Stephanie Lawrie	Nithsdale AC	20:53
59	Claire McNicol (U20)	Kilbarchan AAC	20:58
60	Eilidh Black	Inverness H	21:05
61	Robyn McDowall (U20)	Livingston & Dist	21:09
62	Rachael Bushfield	Inverclyde AC	21:13
63	Jo Shepherd	Inverness H	21:20
64	Louise Hill-Stirling	Girvan AAC	21:23
65	Emma Fulton	Inverclyde AC	21:57
66	Katie Pollock (U20)	Edinburgh Uni	22:14
67	Rachel Clark	Perth Strathtay	23:44
68	Alison Cameron (U20)	Law & District	24:02

Under 17 Teams

	Pos	*Name*	*Time*
1st V P Glasgow (19)	1	Elizabeth Potter	15:59
	4	Hollie Young	17:08
	14	Rhian Dawes	18:24
2nd Edinburgh AC (42)	2	Emily Dudgeon	16:57
	16	Laura Goodson	18:33
	24	Samantha Blair	19:18
3rd Inverclyde AC (69)	15	Emma Rice	18:27
	21	Nynke Mulholland	18:51
	33	Deborah Moore	20:28

Under 20 Teams

	Pos	*Name*	*Time*
1st V P Glasgow (10)	1	Nicola Hood (U20)	16:07
	3	Josephine Moultrie (U20)	16:31
	6	Abbey McGhee (U20)	17:13
2nd Kilbarchan AAC (22)	5	Elspeth Curran (U20)	17:05
	8	Natalie Sharp (U20)	17:38
	9	Jessica Martin (U20)	17:59
3rd Edinburgh Uni (43)	12	Camilla Stewart (U20)	18:14
	13	Stephanie Davis (U20)	18:16
	18	Laura Sharp (U20)	20:09
4th Giffnock North (44)	11,14,19		

Note: The above team results are calculated based on the position within the age group.

National Cross Country Championship – Falkirk 21/2/2009 Under 17 Men Results

	Name	*Club*	*Time*
1	Callum Hawkins	Kilbarchan AAC	22:09
2	Ross Matheson	Lasswade AAC	22:35
3	David Vernon	Nithsdale AC	22:55
4	Andrew Butchart	Central AC	23:05
5	Jack Hamilton	Ron Hill Cambus	23:06
6	Kyle McLellan	Nithsdale AC	23:11
7	Lachlan Oates	Shettleston Harriers	23:14
8	Stewart Orr	Ron Hill Cambus	23:20
9	Scott Green	Central AC	23:22
10	Andrew Dearie	Shettleston Harriers	23:29
11	Robbie Simpson	Banchory Stone	23:31
12	Andrew McAlpine	Kilbarchan AAC	23:49
13	Andrew Campbell	Inverclyde AC	23:57
14	Bobby Bristow	Ron Hill Cambus	24:04
15	Marcus Cram	Edinburgh AC	24:12
16	Andrew Rae	Ayr Seaforth	24:21
17	Luke Traynor	Giffnock North	24:26
18	Cameron Milne	Kinross Road R	24:27
19	Andrew Christy	Corstorphine AAC	24:32
20	Reuben Toy	Dundee Hawkhill	24:37
21	Ronan McLellan	Nithsdale AC	24:43
22	Fraser Mann	Edinburgh AC	24:50
23	Gary McBride	Shettleston Harriers	24:51
24	Stephen Fleming	Kilbarchan AAC	24:52
25	Andrew Coulter	Ron Hill Cambus	25:01
26	Graham Evans	Kilbarchan AAC	25:08
27	Matthew Ritchie	Giffnock North	25:10
28	Adam Gatens	East Kilbride AAC	25:20
29	Adam Guthrie	Dundee Hawkhill	25:23
30	Blair Crawford	Kilbarchan AAC	25:25
31	Andrew Hunter	Ron Hill Cambus	25:27
32	Alastair Robertson	Lothian RC	25:30
33	Howell Craske	Dundee Hawkhill	25:31
34	Adam Drummond	Shettleston Harriers	25:38
35	Thomas McDonald	Kilbarchan AAC	25:43
36	Mark S Buchan	Fife AC	26:02
37	Alistair McCallum	Giffnock North	26:04
38	Adam Jack	Edinburgh AC	26:05
39	Ross Connelly	Kilmarnock H	26:09
40	Craig McDowall	Lothian RC	26:09
41	Paul Dempsey	Dundee Hawkhill	26:13
42	Dylan Chester	Kilmarnock H	26:24
43	Edward Dudgeon	Edinburgh AC	26:26
44	Craig McIntyre	Kirkintilloch Oly	26:45
45	Christopher Rennison	Pitreavie AAC	26:47
46	Cameron Paul	Arran Runners	26:50
47	Jonathan Velu	Law & District	26:56
48	Paul Currie	Inverclyde AC	27:00
49	Liam Hutson	Fife AC	27:02
50	Miles Hollinshead	Giffnock North	27:06
51	Donald Shand	Moray Road Runners	27:24
52	Stephen (jnr) Paris	East Kilbride AAC	27:24
53	Jack Hastings	Nithsdale AC	27:24
54	Peter Loudon	Edinburgh AC	27:26
55	Nikhil Mair	Edinburgh AC	27:28
56	Ben MacKinnon	Perth Strathtay	27:42
57	Douglas Lambie	Perth Strathtay	27:44
58	Joe Clayton	Kilbarchan AAC	27:45
59	Tom Moncrieff	Shetland AAC	28:18
60	Grant Beattie	Kilmarnock H	28:32
61	John Little	Moray Road Runners	28:56
62	Andrew Shaw	East Kilbride AAC	29:00
63	Gary Turner	Mid Argyll AC	29:24
64	Douglas Frame	Law & District	29:28
65	David Hutchison	Central AC	29:47
66	David Lindsay	Central AC	32:02
67	Robert Smith	Stornoway RC	33:20
68	Gordon Revolta	George Heriots	34:39

Teams

	Pos	*Name*	*Time*
1st Ron Hill Cambus (52)	5	Jack Hamilton	23:06
	8	Stewart Orr	23:20
	14	Bobby Bristow	24:04
	25	Andrew Coulter	25:01
2nd Kilbarchan AAC (63)	1	Callum Hawkins	22:09
	12	Andrew McAlpine	23:49
	24	Stephen Fleming	24:52
	26	Graham Evans	25:08
3rd Shettleston Harriers (74)	7	Lachlan Oates	23:14
	10	Andrew Dearie	23:29
	23	Gary McBride	24:51
	34	Adam Drummond	25:38
4th Nithsdale AC (83)	3,6,21,53		
5th Edinburgh AC (118)	15,22,38,43		
6th Dundee Hawkhill (123)	20,29,33,41		
7th Giffnock North (131)	17,27,37,50		
8th Central AC (144)	4,9,65,66		

National Cross Country Championship – Falkirk 21/2/2009 Senior Women Results

	Name	*Club*	*Time*
1	Freya Murray	Edinburgh AC	27:24
2	Toni McIntosh	Ayr Seaforth	28:52
3	Lyn Wilson	Carnethy HRC	29:01
4	Elke Schmidt	Bellahouston RR	29:13
5	Edel Mooney	Lothian RC	29:28
6	Maxine Czarnecka	Chester Le Street	29:41
7	Jennifer MacLean	Edinburgh AC	29:46
8	Lindsay MacNeill	V P Glasgow	29:51
9	Alison Docherty	Central AC	29:53
10	Megan Wright	Hunters Bog T	30:04
11	Helen Sharpe	Fife AC	30:16
12	Kirsteen Young	V P Glasgow	30:23
13	Emma Waterhouse	Central AC	30:35
14	Leanne Hamilton	Kilbarchan AAC	30:41
15	Morgan Murphy	Fife AC	30:47
16	Claire Gordon	Hunters Bog T	30:51
17	Fiona Thompson	Central AC	30:54
18	Clare Gemmell	Springburn Harriers	30:57
19	Fiona Maxwell	Shettleston Harriers	31:52
20	Sarah Wiseman	Central AC	31:57
21	Catriona McCleery	Edinburgh Uni	32:01
22	Julia Henderson	Helensburgh AAC	32:02
23	Katy Anderson	Gala Harriers	32:04
24	Hazel Dean	Central AC	32:06
25	Emma Birnie	Bellahouston RR	32:08
26	Briony Curtis	Edinburgh Uni	32:10
27	Claire Ward	Hunters Bog T	32:24
28	Jacqueline Thomson	V P Glasgow	32:27
29	Donna Finlayson	V P Glasgow	32:34
30	Rachel Fagan	Gala Harriers	32:36
31	Jennifer Emsley	Central AC	32:39
32	Michelle Hetherington	Helensburgh AAC	32:39
33	Hannah Waugh	Kilbarchan AAC	32:43
34	Alison Winship	Garscube H	32:46
35	Gillian Carr	Corstorphine AAC	32:49
36	Eilis O'Neill	Hunters Bog T	32:53
37	Lianne Logan	Edinburgh AC	33:04
38	Sarah Legge	Fife AC	33:11
39	Jane Hart	Hunters Bog T	33:18
40	Chirsty MacLeod	Stornoway RC	33:24
41	Fionn Nairn	Hunters Bog T	33:30
42	Jacqui Higginbottom	Carnethy HRC	33:33
43	Joanne Thom	Edinburgh AC	33:33
44	Fiona Rudkin	Aberdeen AAC	33:33
45	Miranda Grant	Hunters Bog T	33:38
46	Yvonne Hamilton	Giffnock North	33:40
47	Katja Eravisto	Edinburgh AC	33:40
48	Joanne Clark	Motherwell AC	33:52
49	Erica Christie	Bellahouston H	33:59
50	Fiona Gentles	Springburn Harriers	34:09
51	Eilidh Wardlaw	Hunters Bog T	34:16
52	Alayne Finlay	Central AC	34:18
53	Kerry Scott	Harmeny AC	34:21
54	Joanne McEvoy	East Kilbride AAC	34:23
55	Fiona Kelsall	Central AC	34:28
56	Lynne Murray	Lothian RC	34:32
57	Gillian Duncan	Gala Harriers	34:38
58	Catriona Miller	Westerlands CCC	34:43
59	Karen Yule	Kilbarchan AAC	34:46
60	Paula Wilson	Kilmarnock H	34:51
61	Rose Nicholson	Hunters Bog T	34:53
62	Leanne Haining	Gala Harriers	34:56
63	Heather McIntosh	Garscube H	34:58
64	Jennifer Fitzgerald	Helensburgh AAC	35:01
65	Marina McCallum	Clydesdale Harriers	35:07
66	Alison Whyte	Pitreavie AAC	35:11
67	Debra Murray	Edinburgh AC	35:16
68	Katie Whitehouse	Central AC	35:18
69	Isla Campbell	Central AC	35:18
70	Kerry Porter	Corstorphine AAC	35:22
71	Caroline Dunn	Harmeny AC	35:34
72	Yulia Uzunova	Glasgow Uni	35:39
73	Louise Provan	Fife AC	35:43
74	Kelly Baillie	East Kilbride AAC	35:44
75	Ada Stewart	Kirkintilloch Oly	35:44
76	Katie Padgham	Bellahouston RR	35:49
77	Lorna Dewar	Falkirk Victoria H	35:59
78	Susan Johnston	Corstorphine AAC	36:03
79	Eileen Nicol	Gala Harriers	36:06
80	Phyllis Hands	Motherwell AC	36:11
81	Caroline Brownlie	Springburn Harriers	36:15
82	Marie Storrie	Lothian RC	36:22
83	Beverley Christy	Corstorphine AAC	36:22
84	Jacqueline Cowan	Giffnock North	36:22
85	Claire Kelly	Inverclyde AC	36:28
86	Anne Lee	Giffnock North	36:34
87	Morag Campbell	Greenock Glenpark	36:39
88	Margaret Spalding	Hunters Bog T	36:47
89	Christine Catterson	V P Glasgow	36:52
90	Helen Murray	Lothian RC	37:02
91	Terry Wall	Greenock Glenpark	37:28
92	Deborah MacDonald	Hunters Bog T	37:31
93	Clare Barr	Motherwell AC	37:38
94	Claire Gilchrist	Ferranti AAC	37:40
95	Jill Horsburgh	Lothian RC	37:47
96	Fiona Shepherd	Gala Harriers	37:50
97	Elizabeth McDerment	Kilmarnock H	37:52
98	Elaine Jamieson	Motherwell AC	37:56
99	Linda James	Carnegie H	38:09
100	Christine Duncanson	Clydesdale Harriers	38:12
101	Janet Fellowes	Helensburgh AAC	38:14
102	Jacqueline McGuire	Bellahouston RR	38:17
103	Sue McDowall	Livingston & Dist	38:20
104	Mary Goldsmith	Calderglen H	38:30
105	Julia Harris	Bellahouston RR	38:35
106	Avril Mason	Shettleston Harriers	38:41
107	Julia Drewer	Ferranti AAC	38:46
108	Elizabeth Nicoll	Forfar Road R	38:50
109	Anne Noble	Troon Tortoises AC	38:52

National Cross Country Championship – Falkirk 21/2/2009 Senior Women Results

110	Anne Hay	Dunbar R C	38:55
111	Ruth Watson	Haddington ELP	39:02
112	Susan Breckenridge	Shettleston Harriers	39:06
113	Sarah Kelly	Inverclyde AC	39:06
114	Elizabeth Gilchrist	Ferranti AAC	39:20
115	Joanna Lennox	Bellahouston RR	39:23
116	Margaret Turnbull	Lothian RC	39:25
117	Fiona Cushnaghan	Greenock Glenpark	39:38
118	Morna Fleming	Carnegie H	39:41
119	Lorna Eades	Lothian RC	39:46
120	Mary Hendry	Kirkintilloch Oly	39:48
121	Fiona Walker	Fife AC	39:59
122	Corrie Roberts	Corstorphine AAC	40:18
123	Beverley Dodgson	Harmeny AC	40:22
124	Catriona M Young	Teviotdale Harriers	40:24
125	Christine Eadie	Falkirk Victoria H	40:28
126	Shirley MacNab	Kirkintilloch Oly	40:34
127	Elaine Thomson	Falkirk Victoria H	40:49
128	Pauline McAdam	Westerlands CCC	40:56
129	Fiona Donaldson	Harmeny AC	41:11
130	Dorothy McCormick	Greenock Glenpark	41:40
131	Moira Connell	Troon Tortoises AC	41:52
132	Lorna Broadhurst	Harmeny AC	42:03
133	Dawn Buchanan	Calderglen H	42:17
134	Kirsten Hogg	Edinburgh Uni	42:34
135	Pamela Parker	Kirkintilloch Oly	43:03
136	Carrie Craig	Hunters Bog T	43:07
137	Connie Hydes	Bellahouston H	43:48
138	Christine Patterson	Shettleston Harriers	44:04
139	Siobhan Sellar	Ferranti AAC	44:14
140	Yvonne Prager	Greenock Glenpark	44:24
141	Donna Inglis	Teviotdale Harriers	44:47
142	Joanne Sharp	Bellahouston H	44:54

Teams

	Pos	*Name*	*Time*
1st Central AC (39)	9	Alison Docherty	29:53
	13	Emma Waterhouse	30:35
	17	Fiona Thompson	30:54
2nd Edinburgh AC (45)	1	Freya Murray	27:24
	7	Jennifer MacLean	29:46
	37	Lianne Logan	33:04
3rd V P Glasgow (48)	8	Lindsay MacNeill	29:51
	12	Kirsteen Young	30:23
	28	Jacqueline Thomson	32:27
4th Hunters Bog T (53)	10,16,27		
5th Fife AC (64)	11,15,38		
6th Bellahouston RR (105)	4,25,76		
7th Kilbarchan AAC (106)	14,33,59		
8th Gala Harriers (110)	23,30,57		
9th Helensburgh AAC (118)	22,32,64		
10th Lothian RC (143)	5,56,82		
11th Springburn Harriers (149)	18,50,81		
12th Edinburgh Uni (181)	21,26,134		
13th Corstorphine AAC (183)	35,70,78		
14th Giffnock North (216)	46,84,86		
15th Motherwell AC (221)	48,80,93		
16th Shettleston Harriers (237)	19,106,112		
17th Harmeny AC (247)	53,71,123		
18th Greenock Glenpark (295)	87,91,117		
19th Ferranti AAC (315)	94,107,114		
20th Kirkintilloch Oly (321)	75,120,126		
21st Bellahouston H (328)	49,137,142		
22nd Falkirk Victoria H (329)	77,125,127		

National Cross Country Championship – Falkirk 21/2/2009 Under 20 Men Results

	Name	*Club*	*Time*
1	Derek Hawkins	Kilbarchan AAC	24:47
2	Tsegai Tewelde	Shettleston Harriers	24:51
3	Scott McDonald	Central AC	25:09
4	Alexander Hendry	Central AC	25:31
5	Paul Leck	Kilbarchan AAC	25:37
6	Michael Gillespie	Edinburgh Uni	25:42
7	Matthew Gillespie	Shettleston Harriers	26:01
8	Scott Hawkins	Kilbarchan AAC	26:11
9	Allan Ramsay	V P Glasgow	27:07
10	William Nicholson	Edinburgh Uni	27:09
11	Doug Tullie	Edinburgh Uni	27:11
12	Rory Cartwright	Giffnock North	27:12
13	Mark Haskett	Aberdeen AAC	27:14
14	Matthew White	Dundee Hawkhill	27:18
15	Sean Reilly	Central AC	27:36
16	Matthew Sutherland	Edinburgh Uni	27:41
17	Jamie Clements	East Kilbride AAC	27:52
18	Ross Fulton	Aberdeen AAC	27:55
19	Sean Gaffney	Inverclyde AC	28:05
20	Robert Inglis	Lothian RC	28:14
21	John Cooke	Inverclyde AC	28:17
22	Gary Grieve	Law & District	28:19
23	Tom Fleming	Pitreavie AAC	28:27
24	Joshua Morrison	Shetland AAC	28:35
25	Cameron Strachan	Aberdeen AAC	28:42
26	Calum McKenzie	Corstorphine AAC	28:48
27	Jamie MacGregor	Giffnock North	28:55
28	Myles Edwards	Aberdeen AAC	28:57
29	James Wales	Kilmarnock H	29:04
30	Kevin Cornes	Kirkintilloch Oly	29:09
31	Nicholas Emsley	Kilbarchan AAC	29:10
32	Adam Peters	Kirkintilloch Oly	29:16
33	John Fergusson	East Kilbride AAC	29:47
34	Graeme Taylor	Caithness AAC	29:56
35	Ruairidh Munro	Shettleston Harriers	30:05
36	Lewis Morrison	Arbroath & Dist	30:24
37	Rory Leslie	Aberdeen AAC	30:33
38	Iain Townsend	North Uist AAC	30:35
39	Ross McLearie	Giffnock North	30:42
40	Darren Steel	Edinburgh AC	30:55
41	James Joy	Aberdeen AAC	31:17
42	Jonathan Graham	Springburn Harriers	32:28
43	Jonathan Tolson	Central AC	33:14
44	Ian Whiteford	Giffnock North	34:15
45	Kevin Gall	Kirkintilloch Oly	35:04
46	Ryan Nelson	Clydesdale Harriers	35:28
47	Matthew Haigh	George Heriots	36:55
48	Ryan Cox	Edinburgh Uni	37:54
49	Douglas Cameron	George Heriots	39:54

Teams

	Pos	*Name*	*Time*
1st Edinburgh Uni (43)	6	Michael Gillespie	25:42
	10	William Nicholson	27:09
	11	Doug Tullie	27:11
	16	Matthew Sutherland	27:41
2nd Kilbarchan AAC (45)	1	Derek Hawkins	24:47
	5	Paul Leck	25:37
	8	Scott Hawkins	26:11
	31	Nicholas Emsley	29:10
3rd Central AC (65)	3	Scott McDonald	25:09
	4	Alexander Hendry	25:31
	15	Sean Reilly	27:36
	43	Jonathan Tolson	33:14
4th Aberdeen AAC (84)	13,18,25,28		
5th Giffnock North (122)	12,27,39,44		

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	Name	*Club*	*Time*
1	Alastair Hay	Central AC	37:14
2	Thomas Russell	Bristol & West	37:15
3	Tsegezab Woldemichael	Shettleston Harriers	37:20
4	Chris Powner	Winchester & D	37:29
5	Conor McNulty	Kilbarchan AAC	37:30
6	Christopher MacKay	Inverclyde AC	37:51
7	Ben Livesey	Forres Harriers	38:00
8	Mark Pollard	Inverclyde AC	38:07
9	Simon Plummer	Carnegie H	38:10
10	Robert Quinn	Kilbarchan AAC	38:11
11	Amanuel Hagos	Shettleston Harriers	38:26
12	Tewoldeberhan Mengisteab	Shettleston Harriers	38:39
13	Jethro Lennox	Shettleston Harriers	38:41
14	Stephen Wylie	Ron Hill Cambus	38:43
15	Craig Ruddy	Inverclyde AC	38:48
16	James McMullan	Hunters Bog T	38:55
17	Chris Wilson	Ron Hill Cambus	39:00
18	Ross Houston	Central AC	39:09
19	Alexander Russell	Stroud AC	39:17
20	Matthew Bell	Edinburgh AC	39:20
21	Martin Graham	Shettleston Harriers	39:23
22	Steven Cairns	Hunters Bog T	39:25
23	Donald Naylor	Hunters Bog T	39:28
24	Ben Cole	Edinburgh Uni	39:28
25	Owain Bristow	Edinburgh AC	39:33
26	Alasdair Anthony	Central AC	39:36
27	Thomas Fay	Glasgow Uni	39:38
28	Stuart Greenway	Shettleston Harriers	39:42
29	Prasad Prasad	Clydesdale Harriers	39:46
30	Benjamin Hukins	Aberdeen AAC	39:51
31	Colin Donnelly	Ron Hill Cambus	39:53
32	Andy Little	Shettleston Harriers	40:01
33	Ross Milne	Lothian RC	40:03
34	Robert Russell	Central AC	40:05
35	Robert Gilroy	Ron Hill Cambus	40:06
36	Craig A McBurney	Hunters Bog T	40:19
37	Ray Ward	Hunters Bog T	40:21
38	Yujiro Iida	Edinburgh Uni	40:32
39	Andrew Symonds	Carnegie H	40:34
40	Grant Baillie	East Kilbride AAC	40:35
41	John MacNamara	Ron Hill Cambus	40:41
42	Lewis Millar	Central AC	40:44
43	Graeme Croll	Giffnock North	40:51
44	Gordon Phillips	Shettleston Harriers	40:53
45	Keith Hood	Corstorphine AAC	40:55
46	Murray Strain	Hunters Bog T	40:57
47	Kerry Liam Wilson	Ron Hill Cambus	40:59
48	Michael Deason	Glasgow Uni	41:07
49	Kenneth McCoy	Shettleston Harriers	41:13
50	Colin McGill	Bellahouston RR	41:22
51	Ales Drahokoupil	Edinburgh Uni	41:25
52	Graeme Murdoch	Gala Harriers	41:25
53	Duncan Coombs	Edinburgh Uni	41:31
54	Ross McLennan	Ochil Hill Runners	41:38
55	Jamie Reid	Ron Hill Cambus	41:39
56	Neil Thin	Edinburgh AC	41:43
57	Robert Wiseman	Central AC	41:43
58	David Wright	Hunters Bog T	41:43
59	Stuart Gibson	Calderglen H	41:47
60	Christopher Russell	Fife AC	41:52
61	John Murray	Lasswade AAC	41:58
62	Barney Phillips	Lasswade AAC	42:00
63	Lars Ottemoller	Edinburgh AC	42:08
64	Robert Turner	Harmeny AC	42:10
65	Jonathan Henderson	Edinburgh AC	42:12
66	Ian Stewart	Carnegie H	42:15
67	Bryan Clark	Corstorphine AAC	42:15
68	Brian Turner	Lothian RC	42:17
69	Jamie Findlay	Irvine AC	42:17
70	Matthew Williamson	Bellahouston RR	42:26
71	Grant Ramsay	Barnet & Dist	42:28
72	Martin Ferguson	Edinburgh AC	42:28
73	Euan Jardine	Gala Harriers	42:30
74	David Knight	Perth Road Runners	42:32
75	Mark Walsh	Dumbarton AAC	42:35
76	Thomas Lawrence	Carnegie H	42:38
77	Paul Rogan	Forres Harriers	42:38
78	Nick Altmann	Hunters Bog T (Ind)	42:38
79	Grant Stewart	Edinburgh AC	42:43
80	Michael Wright	Central AC	42:48
81	Mark Johnston	Bellahouston RR	42:52
82	Daniel Gay	Hunters Bog T	42:55
83	Lewis Lawson	Carnegie H	42:57
84	Kenny O'Neill	Inverclyde AC	43:01
85	Jeff Farquhar	Pitreavie AAC	43:06
86	Ben Hartman	Lothian RC	43:12
87	Patrick Cullinane	Irvine AC	43:14
88	Adam Priestley	Edinburgh AC	43:14
89	Paul Houston	Harmeny AC	43:16
90	Fraser Williams	Kilbarchan AAC	43:20
91	Brian O'Donnell	Bellahouston RR	43:20
92	Alexander Davidson	Falkirk Victoria H	43:27
93	Andrew Joyce	Stornoway RC	43:32
94	Martin Gore	Lasswade AAC	43:41
95	Adrian Davis	Fife AC	43:43
96	Craig Grieve	Teviotdale Harriers	43:44
97	Frank Boyne	Aberdeen AAC	43:47
98	Thomas Loehndorf	Greenock Glenpark	43:56
99	Will Hensman	Central AC	43:59
100	Neil Gunstone	Dundee Hawkhill	44:00
101	Murdo MacKenzie	Stornoway RC	44:03
102	Raymond Jaffray	Teviotdale Harriers	44:03
103	David Eiser	Central AC	44:03
104	Alistair Hennessey	Edinburgh AC	44:07
105	Andrew Campbell	Bellahouston H	44:07
106	Thomas Jamieson	Inverclyde AC	44:09
107	Scott Martin	Kilmarnock H	44:09
108	Scott Pilkington	Corstorphine AAC	44:09
109	Greig Glendinning	Bellahouston RR	44:12
110	Donald Petrie	Kilbarchan AAC	44:16
111	John Bell	Springburn Harriers	44:18
112	Allan Fotheringham	Carnegie H	44:18
113	Christopher O'Brien	Corstorphine AAC	44:18
114	Richard Meade	Edinburgh AC	44:21
115	Marc McColl	Shettleston Harriers	44:28
116	Matthew Strachan	Dundee Hawkhill	44:28
117	Simon Dobbs	Moray Road Runners	44:31
118	Ewan Jack	Central AC	44:34
119	Adam Chmielowski	Edinburgh AC	44:34
120	James Britton	Edinburgh AC	44:34
121	Paul Thompson	Helensburgh AAC	44:34

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122	Peter Buchanan	Portobello RC	44:37
123	Alun Myers	Bellahouston H	44:41
124	Joe McKnight	Garscube H	44:48
125	Billy Clark	Giffnock North	44:49
126	John Kay	Fife AC	44:49
127	Will Manners	Strathearn Harriers	44:51
128	Stephen Moore	Falkirk Victoria H	44:51
129	Graeme Ackland	Lothian RC	44:57
130	Andrew Laycock	Edinburgh AC	44:59
131	Grant Wilkie	Corstorphine AAC	45:06
132	Bjorn Reiss	Metro Aberdeen	45:10
133	Chris Upson	Westerlands CCC	45:11
134	Philip Williams	Central AC	45:14
135	Andrew Matheson	Lasswade AAC	45:14
136	Colin Miller	Irvine AC	45:16
137	Andy Steven	Ron Hill Cambus	45:20
138	Gerard Scullion	Portobello RC	45:20
139	Graeme Fletcher	Corstorphine AAC	45:22
140	Tom Scott	Fife AC	45:25
141	Michael Finlay	Kilbarchan AAC	45:27
142	Ian Wellock	Hunters Bog T	45:31
143	Ian Rowland	Dunbar R C	45:34
144	Jim Cooper	Springburn Harriers	45:40
145	Scott Logan	Edinburgh AC	45:44
146	Brian Craig	Irvine AC	45:47
147	Graham Kirby	Fife AC	45:49
148	Owen O'Neill	Westerlands CCC	45:51
149	Connell Drummond	Kilmarnock H	45:51
150	Andrew Birnie	Bellahouston RR	45:54
151	Denis Williams	Shettleston Harriers	45:56
152	Stephen Mason	Dundee Hawkhill	46:00
153	Iain Robertson	Clydesdale Harriers	46:03
154	William Townsend	Hunters Bog T	46:06
155	David Riach	Westerlands CCC	46:08
156	Steve Laing	Central AC	46:08
157	Stephen Cowper	Milburn Harriers	46:08
158	Jamie Thin	Hunters Bog T	46:10
159	Martin O'Donnell	Giffnock North	46:13
160	Mike Harvey	Carnegie H	46:18
161	David McCormack	Kirkintilloch Oly	46:22
162	Emilio Cosimo	Springburn Harriers	46:22
163	Iain Williams	Teviotdale Harriers	46:24
164	Richard Connor	Lasswade AAC	46:27
165	Paul Carroll	Clydesdale Harriers	46:28
166	Antony Robinson	Dundee Hawkhill	46:34
167	Bryce Aitken	Fife AC	46:34
168	Robert Rogerson	Kirkintilloch Oly	46:39
169	Steven King	Carnegie H	46:41
170	William Breckenridge	Shettleston Harriers	46:43
171	Derek Phillips	Perth Road Runners	46:45
172	Fergus Johnston	Gala Harriers	46:46
173	Alex Milne	Central AC	46:48
174	Colin Green	Moray Road Runners	46:49
175	Barry Davie	Pitreavie AAC	46:51
176	Jon Rathjen	Hunters Bog T	46:53
177	John Oates	Shettleston Harriers	46:57
178	Robert McCrirrick	Gala Harriers	46:58
179	Alan Tait	Motherwell AC	46:59
180	Gerard Montgomery	Clydesdale Harriers	47:00
181	Peter Carton	Shettleston Harriers	47:01
182	Peter Simpson	Carnegie H	47:08
183	Roger Rees	Fife AC	47:10
184	Gerard Craig	V P Glasgow	47:13
185	Joe Sheridan	Bellahouston RR	47:14
186	Chris Stockdale	Maryhill Harriers	47:17
187	Kenneth Mitchell	V P Glasgow	47:23
188	Derek Breen	Giffnock North	47:25
189	Damien Theaker	Helensburgh AAC	47:26
190	David Weatherhead	Bellahouston RR	47:28
191	John Duffy	Shettleston Harriers	47:30
192	Dean Carr	Corstorphine AAC	47:31
193	Adam Janeczko	Springburn Harriers	47:33
194	Neil Martin	Fife AC	47:39
195	Robert Hutchison	Central AC	47:53
196	David W Dickson	Garscube H	47:55
197	Neil Roberton	Falkirk Victoria H	48:00
198	Steven Hards	Kilbarchan AAC	48:01
199	Derren Thomson	Giffnock North	48:10
200	Paul Manson	Hunters Bog T	48:10
201	Dermot Ferry	Musselburgh AC	48:10
202	Peter Goodwin	Bellahouston RR	48:14
203	Ian Johnston	Carnegie H	48:17
204	Liam McCabe	Central AC	48:23
205	Ross Munro	Stornoway RC	48:25
206	John Christy	Corstorphine AAC	48:27
207	Daniel Beckett	Hunters Bog T	48:29
208	Nicholas Weir	Carnegie H	48:30
209	Craig Hunter	Hunters Bog T	48:32
210	Scot Hill	Calderglen H	48:33
211	Gordon Pryde	Lomond Hill R	48:37
212	Bruce Malcolm	Corstorphine AAC	48:38
213	Scott Innes	Edinburgh AC	48:39
214	Frank Yeoman	Dumbarton AAC	48:39
215	David Mewse	Kilbarchan AAC	48:41
216	Roger Greenaway	Central AC	48:42
217	David J. Condra	East Kilbride AAC	48:42
218	Alan Cullir	Calderglen H	48:42
219	Martin Clarke	Gala Harriers	48:46
220	Edward Reid	Calderglen H	48:50
221	Tom Barr	Hunters Bog T	48:50
222	Colin Beveridge	Pitreavie AAC	48:50
223	Scott Nelson	Lothian RC	48:52
224	Graeme Haddow	East Kilbride AAC	48:57
225	Robbie Kerr	Edinburgh Uni	49:03
226	Campbell Joss	Bellahouston H	49:08
227	Marc Roper	Giffnock North	49:10
228	Michael Anderson	Corstorphine AAC	49:12
229	Alan O'Rourke	Greenock Glenpark	49:15
230	Garry Robertson	Edinburgh AC	49:16
231	Alan Inglis	Teviotdale Harriers	49:18
232	Bobby Rossborough	Clydesdale Harriers	49:21
233	Christopher McHardy	Central AC	49:22
234	Jude Boulton	Inverclyde AC	49:24
235	Hugh Gallagher	Giffnock North	49:24
236	Gordon MacDonald	Stornoway RC	49:26
237	Ian Beattie	Strathearn Harriers	49:26
238	William Jarvie	Portobello RC	49:26
239	Ralph Riach	East Kilbride AAC	49:29
240	J Poole	Bellahouston H	49:31
241	Ron McCraw	Ochil Hill Runners	49:32
242	Kevin Owens	Springburn Harriers	49:33
243	Gregor McAneny	Gala Harriers	49:35

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244	Alan Brydon	Kilmarnock H	49:35
245	Rupert Nash	Hunters Bog T	49:35
246	Ross McEachern	Springburn Harriers	49:37
247	Neil Maclachlan	Pitreavie AAC	49:42
248	Stephen Flanagan	Girvan AAC	49:43
249	Philip Tipping	Strathearn Harriers	49:50
250	James Sneddon	Irvine AC	49:54
251	Neal Gibson	Kilbarchan AAC	49:55
252	Hugh Buchanan	Central AC	49:55
253	David McNab	Giffnock North	49:58
254	Harald Bartl	Kilmarnock H	50:00
255	Gordon Hamilton	Girvan AAC	50:03
256	Ivor Normand	Hunters Bog T	50:03
257	Derrick Brydon	Gala Harriers	50:06
258	Andrew Rennie	Irvine AC	50:12
259	Steffen Gorgas	Westerlands CCC	50:15
260	Alister Biggar	Teviotdale Harriers	50:19
261	Ian Rae	Calderglen H	50:24
262	James Rowley	Law & District	50:26
263	Athole Smith	Garscube H	50:27
264	Matt Richardson	Lothian RC	50:28
265	Graeme Crane	Pitreavie AAC	50:34
266	John Martin	Falkirk Victoria H	50:40
267	Will Mair	Hunters Bog T	50:44
268	Alan Hume	Central AC	50:47
269	Kenneth White	Helensburgh AAC	50:48
270	Mark Roberts	Hunters Bog T	50:49
271	Peter Collier	Irvine AC	50:52
272	Malcolm Gowans	Gala Harriers	50:52
273	Nairn McWilliams	Edinburgh Uni	50:54
274	Magnus Inglis	Gala Harriers	50:54
275	James Ogilvie	Kilbarchan AAC	51:00
276	John Fulham	Carnegie H	51:05
277	Philip Mowbray	Hunters Bog T	51:05
278	Robert Shaw	Inverclyde AC	51:09
279	Gordon Colvin	East Kilbride AAC	51:11
280	Gerard McNamee	Giffnock North	51:13
281	David Bell	Lothian RC	51:14
282	Anthony Lunn	Gala Harriers	51:20
283	Martin Hulme	Corstorphine AAC	51:25
284	Jan-Bert Van Den Berg	Corstorphine AAC	51:30
285	William Duffy	Kilmarnock H	51:33
286	Kenneth Stevenson	Maryhill Harriers	51:34
287	Robert Gray	Inverclyde AC	51:35
288	Michael Wedlock	Motherwell AC	51:37
289	Peter Buchanan	Ochil Hill Runners	51:42
290	Andrew Little	East Kilbride AAC	51:45
291	John Hampshire	Hunters Bog T	51:48
292	Derek Blount	Helensburgh AAC	51:51
293	Robert Allison	Kilbarchan AAC	51:55
294	James Taylor	Garscube H	51:56
295	Ian Campbell	Hunters Bog T	51:58
296	Jim Holmes	Calderglen H	52:01
297	Ronald Milne	Forfar Road R	52:02
298	Andrew Clugston	Kilbarchan AAC	52:04
299	Alexander Oliver	Musselburgh AC	52:06
300	Paul Thompson	Harmeny AC	52:09
301	Walter Fairnie	Ferranti AAC	52:15
302	Derek Scott	Teviotdale Harriers	52:26
303	Gavin Orr	Harmeny AC	52:27
304	Robert I Campbell	Giffnock North	52:27
305	Peter Clare	Greenock Glenpark	52:27
306	Greg Pawelczyk	Shettleston Harriers	52:30
307	Douglas Connery	Irvine AC	52:31
308	Alan McFadden	Lasswade AAC	52:32
309	David Fulton	Edinburgh Uni	52:35
310	Andrew Le Good	Pitreavie AAC	52:37
311	Michael Geoghegan	Portobello RC	52:39
312	Daryl Beggs	Fife AC	52:41
313	Philip Hendry	Central AC	52:42
314	Cameron Spence	Inverclyde AC	52:46
315	Steve Dempsey	Lothian RC	52:50
316	James White	Irvine AC	52:53
317	Douglas Robertson	Fife AC	52:54
318	Stephen Jones	Maryhill Harriers	52:55
319	Alex MacEwen	Edinburgh AC	52:58
320	Alan Cairns	Springburn Harriers	52:58
321	Iain MacKay	Stornoway RC	52:58
322	David Herbertson	Calderglen H	53:03
323	Alan Manson	Carnegie H	53:05
324	James MacEwan	Ochil Hill Runners	53:09
325	David Greig	Carnegie H	53:10
326	David Henderson	Greenock Glenpark	53:14
327	John Denholm	Falkirk Victoria H	53:19
328	Douglas Gunstone	Fife AC	53:25
329	Andrew Milne	Fife AC	53:30
330	Frank McPartland	Haddington ELP	53:33
331	Cameron Campbell	Central AC	53:34
332	Gordon Morrison	Strathearn Harriers	53:37
333	Fred Thomson	Glasgow Uni	53:56
334	William Gallacher	Edinburgh AC	54:05
335	Robin Murray	Gala Harriers	54:05
336	Brian Howie	Edinburgh AC	54:15
337	David Armstrong	George Heriots	54:24
338	Christopher Peggie	Corstorphine AAC	54:25
339	David Logan	Giffnock North	54:28
340	David Bailey	Helensburgh AAC	54:34
341	Keith Weston	Ferranti AAC	54:35
342	Andreas Wilhelm	Individual	54:39
343	Tony Segall	Musselburgh AC	54:45
344	Iain Burke	Bellahouston H	54:49
345	Steven Connell	Irvine AC	54:49
346	John Owens	Springburn Harriers	54:52
347	Phil Smithard	Carnegie H	54:53
348	Steven Blair	Corstorphine AAC	55:02
349	David Mumford	Lothian RC	55:06
350	George McGregor	Troon Tortoises AC	55:10
351	Andrew Griffiths	Garscube H	55:21
352	Kenneth McVey	V P Glasgow	55:28
353	James Alexander	Lothian RC	55:32
354	Marek Jurasinski	Edinburgh AC	55:36
355	Frank Krievs	Garscube H	55:39
356	A Wardlaw	Edinburgh AC	55:50
357	Roderick Pugh	Kilmarnock H	55:51
358	William Martin	Motherwell AC	55:55
359	Alan Gall	Central AC	56:03
360	Neil White	Musselburgh AC	56:05
361	David Colman	Corstorphine AAC	56:08
362	David Hay	Central AC	56:09
363	Thomas White	Harmeny AC	56:11
364	Benny Rooney	Calderglen H	56:14
365	Alistair Laurie	Gala Harriers	56:16

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366	Shaun Cavens	Corstorphine AAC	56:22
367	Allan Gordon	Hunters Bog T	56:24
368	Robert Mitchell	Greenock Glenpark	56:26
369	Raymond Loughran	Shettleston Harriers	56:32
370	John Milligan	Bellahouston RR	56:38
371	Christopher Oliver	Hunters Bog T	56:41
372	John MacPherson	Hunters Bog T	56:45
373	Frederick McCain	Haddington ELP	56:52
374	Eric Stevenson	Edinburgh AC	57:19
375	William Scoular	Unattached	57:23
376	Patrick Kelly	Law & District	57:24
377	Gordon Eadie	Musselburgh AC	57:30
378	Paddy McDonald	Haddington ELP	57:32
379	Cameron Morrison	Arbroath & Dist	57:33
380	Grant Sellar	Ferranti AAC	57:34
381	Neil Amner	Giffnock North	57:38
382	Stephen Walker	Shettleston Harriers	57:52
383	Walter McCaskey	Edinburgh AC	57:56
384	Robert Thornton	Fife AC	57:58
385	Alan Coltman	Teviotdale Harriers	58:01
386	Robin Thomas	Hunters Bog T	58:11
387	Jim Bruce	Stornoway RC	58:15
388	David Hughes	Beith Harriers	58:19
389	Paul Arnott	Carnegie H	58:25
390	Stephen McLoone	Greenock Glenpark	58:29
391	Daniel Newman	Fife AC	58:37
392	Tom McMillan	Bellahouston RR	58:38
393	David Bunyan	Falkirk Victoria H	58:39
394	Nicholas Brown	Corstorphine AAC	58:42
395	Peter Rudzinski	Clydesdale Harriers	59:48
396	John Millar	Central AC	1:00:39
397	John Rennie	Girvan AAC	1:01:03
398	David Darroch	Gala Harriers	1:01:23
399	William Mackintosh	Nithsdale AC	1:01:35
400	Stevie Lydon	Maryhill Harriers	1:01:36
401	Edward McDonald	Ferranti AAC	1:01:49
402	William Gault	Central AC	1:02:09
403	David Francis	Fife AC	1:03:02
404	David Searil	Calderglen H	1:03:56
405	Tony Stapley	Portobello RC	1:04:53
406	Mike Devlin	Bellahouston RR	1:05:11
407	Charles Steven	Calderglen H	1:06:06
408	Ian McManus	Irvine AC	1:06:09
409	Graham Bennison	Fife AC	1:06:45
410	Patrick O'Kane	Hunters Bog T	1:07:42
411	Mark Kassyk	Lothian RC	1:08:44
412	James Drummond	Central AC	1:09:10
413	Brian Graham	Kilbarchan AAC	1:11:53

Senior Men Teams

	Club	*Positions*						*Total*
1	Shettleston Harriers	3	11	12	13	21	28	88
2	Central AC	1	18	26	34	42	57	178
3	Hunters Bog T	16	22	23	36	37	46	180
4	Ron Hill Cambus	14	17	31	35	41	47	185
5	Edinburgh AC	20	25	56	63	65	72	301
6	Carnegie H	9	39	66	76	83	112	385
7	Inverclyde AC	6	8	15	84	106	234	453
8	Bellahouston RR	50	70	81	91	109	150	551
9	Kilbarchan AAC	5	10	90	110	141	198	554
10	Corstorphine AAC	45	67	108	113	131	139	603
11	Edinburgh Uni	24	38	51	53	225	273	664
12	Fife AC	60	95	126	140	147	167	735
13	Lothian RC	33	68	86	129	223	264	803
14	Lasswade AAC	61	62	94	135	164	308	824
15	Gala Harriers	52	73	172	178	219	243	937
16	Giffnock North	43	125	159	188	199	227	941
17	Irvine AC	69	87	136	146	250	258	946
18	Springburn Harriers	111	144	162	193	242	246	1098
19	Teviotdale Harriers	96	102	163	231	260	302	1154
20	Clydesdale Harriers	29	153	165	180	232	395	1154
21	Calderglen H	59	210	218	220	261	296	1264
22	East Kilbride AAC	40	217	224	239	279	290	1289
23	Pitreavie AAC	85	175	222	247	265	310	1304
24	Stornoway RC	93	101	205	236	321	387	1343
25	Kilmarnock H	107	149	244	254	285	357	1396
26	Falkirk Victoria H	92	128	197	266	327	393	1403
27	Garscube H	124	196	263	294	351	355	1583
28	Greenock Glenpark	98	229	305	326	368	390	1716