West District Cross Country Championships 8 December 2007

Under 13 Girls 4400m

Pos	No	Name	Club	Cat	Time
1	2	Sarah Cassells	Ayr Seaforth AAC	U13	00:12:40
2	44	Vanessa Hogan	Kilbarchan AAC	U13	00:12:46
3	77	Amanda Monaghan	Shettleston Harriers	U13	00:12:48
4	14	Frances Lowrie	Giffnock North AAC	U13	00:12:51
5	76	Jemma McQuillan	Shettleston Harriers	U13	00:13:03
6	47	Kate Gillies	Kilbarchan AAC	U13	00:13:03
7	34	Lisa MacDonald	Inverclyde AC	U13	00:13:03
8	13	Constance Hope Mackay	Giffnock North AAC	U13	00:13:07
9	9	Caitlin Hackett	East Kilbride A.C.	U13	00:13:11
10	50	Brogan Wallace	Kilmarnock H&AC	U13	00:13:12
11	38	Suzanne McManus	Irvine AC	U13	00:13:16
12	17	Stephanie Fairfield	Giffnock North AAC	U13	00:13:18
13	63	Mhairi Hendry	Motherwell AC	U13	00:13:19
14	26	Madeline Robinson	Helensburgh AAC	U13	00:13:20
15	65	Maili MacKenzie	Nithsdale AC	U13	00:13:22
16	22	Amy McCafferty	Glasgow School of Sport	U13	00:13:24
17	57	Maria Milliken	Kirkintilloch Olympians	U13	00:13:34
18	52	Amanda Humes	Kilmarnock H&AC	U13	00:13:37
19	43	Jennifer Eadie	Kilbarchan AAC	U13	00:13:40
20	62	Alice McGrath	Law & District AAC	U13	00:13:42
21	16	Nikki Manson	Giffnock North AAC	U13	00:13:43
22	86	Sarah Millar	Whitemoss AAC	U13	00:13:48
23	80	Danielle McConway	Shettleston Harriers	U13	00:13:48
24	61	Samatha Stevenson	Law & District AAC	U13	00:13:48
25	37	Stephanie Dalgoutte	Irvine AC	U13	00:13:53
26	83	Rachel Dick	VP-Glasgow AC	U13	00:13:54
27	20	Emily Barr	Giffnock North AAC	U13	00:13:55
28	33	Melissa Montague	Inverclyde AC	U13	00:13:56
29	69	Rebecca Bonomi	Ron Hill Cambuslang Harriers	U13	00:13:57
30	59	Eilidh McHugh	Larkhall YMCA Harriers	U13	00:14:00
31	88	Lauren Odie	Shetland AAC Guest	U13	00:14:04
32	51	Fern Wales	Kilmarnock H&AC	U13	00:14:08
33	23	Meighan McDade	Greenock Glenpark Harriers	U13	00:14:22
34	82	Iona Wilson	VP-Glasgow AC	U13	00:14:30
35	19	Heather McCallum	Giffnock North AAC	U13	00:14:33
36	54	Lorne Kerr	Kilmarnock H&AC	U11	00:14:38
37	24	Shannon Kangley	Greenock Glenpark Harriers	U13	00:14:38
38	32	Sarah Glenny	Inverclyde AC	U13	00:14:38
39	75	Kerri Haran	Shettleston Harriers	U13	00:14:38
40	71	Kerrie Miller	Ron Hill Cambuslang Harriers	U13	00:14:38
41	15	Holly Miller	Giffnock North AAC	U13	00:15:00
42	72	Michelle Collins	Ron Hill Cambuslang Harriers	U13	00:15:05
43	1	Jacqueline Pringle	Annan & District AC	U13	00:15:15
44	42	Laura McEwan	Kilbarchan AAC	U13	00:15:16
45	10	Olivia Steven	East Kilbride A.C.	U13	00:15:28
46	60	Ashleigh Anderson	Law & District AAC	U13	00:15:35
47	30	Amy Meechan	Inverclyde AC	U13	00:15:49
48	53	Jacalyn Dunlop	Kilmarnock H&AC	U13	00:16:03
49	25	Claire Nelis	Greenock Glenpark Harriers	U13	00:16:25
50	11	Innes Ross	Garscube Harriers	U11	00:20:02

Teams

Pos	Club	Name	Cat	Total
1	Giffnock North AAC			
		Frances Lowrie	U13	4
		Constance Hope Mackay	U13	8
		Stephanie Fairfield	U13	12
	Giffnock North AAC Total			24
2	Kilbarchan AAC			
		Vanessa Hogan	U13	2
		Kate Gillies	U13	6
		Jennifer Eadie	U13	19
	Kilbarchan AAC Total			27
3	Shettleston Harriers			
		Amanda Monaghan	U13	3
		Jemma McQuillan	U13	5
		Danielle McConway	U13	23
	Shettleston Harriers Total			31
4	Kilmarnock H&AC			
		Brogan Wallace	U13	10
		Amanda Humes	U13	18
		Fern Wales	U13	32
	Kilmarnock H&AC Total			60
5	Inverclyde AC			
		Lisa MacDonald	U13	7
		Melissa Montague	U13	28
		Sarah Glenny	U13	38
	Inverclyde AC Total			73
6	Law & District AAC			
		Alice McGrath	U13	20
		Samatha Stevenson	U13	24
		Ashleigh Anderson	U13	46
	Law & District AAC Total			90
7	Ron Hill Cambuslang Harriers			
		Rebecca Bonomi	U13	29
		Kerrie Miller	U13	40
		Michelle Collins	U13	42
	Ron Hill Cambuslang Harriers Total			111
8	Greenock Glenpark Harriers			
		Meighan McDade	U13	33
		Shannon Kangley	U13	37
		Claire Nelis	U13	49
	Greenock Glenpark Harriers Total			119

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Under 13 Boys 4400m

Pos	No	Name	Club	Cat	Time
1	89	Max Aitchison	VP-Glasgow AC	U13	00:11:24
2	2	Finlay Rae	Ayr Seaforth AAC	U13	00:11:26
3	55	Russell Mountford	Kilbarchan AAC	U13	00:11:39
4	156	Ross Hall	Law & District AAC	u13	00:11:50
5	21	Neil Gourley	Giffnock North AAC	U13	00:11:55
6	45	Gordon Wilson	Irvine AC	U13	00:12:03
7	39	Jack Rice	Inverclyde AC	U13	00:12:05
8	3	Angus Johnston	Ayr Seaforth AAC	U13	00:12:10
9	75	Ryan Thomson	Ron Hill Cambuslang Harriers	U13	00:12:13
10	82	Callum Drummond	Shettleston Harriers	U13	00:12:20
11	91	Lewis Boyle	VP-Glasgow AC	U13	00:12:22
12	44	Kian Douglas	Irvine AC	U13	00:12:30
13	18	Craig Young	Garscube Harriers	U13	00:12:35
14	63	Callum Heirs	Kirkintilloch Olympians	U13	00:12:36
15	36	Ross Kennedy	Helensburgh AAC	U13	00:12:36
16	64	Scott Molloy	Kirkintilloch Olympians	U13	00:12:40
17	41	Michael Houston	Inverclyde AC	U13	00:12:41
18	92	Findlay Parker	VP-Glasgow AC	U11	00:12:43
19	83	Ruaridh Gibson	Shettleston Harriers	U13	00:12:46
20	61	Fergus Morris	Kilmarnock H&AC	U13	00:12:47
21	4	Ben Johnston	Ayr Seaforth AAC	U13	00:12:51
22	73	Chris Ponton	Nithsdale AC	U13	00:12:52
23	17	James Ross	Garscube Harriers	U13	00:12:52
24	77	Ross Stephen	Ron Hill Cambuslang Harriers	U13	00:12:54
25	47	Andrew Mitchell	Kilbarchan AAC	U13	00:12:54
26	24	Gavin Connor	Giffnock North AAC	U13	00:12:56
27	1	Christopher Jenks	Arran Runners	U13	00:12:59
28	58	Evan Cornforth	Kilmarnock H&AC	U13	00:13:01
29	76	Dean McMurran	Ron Hill Cambuslang Harriers	U13	00:13:02
30	90	Fraser Barbour	VP-Glasgow AC	U13	00:13:03
31	52	Andrew Campbell	Kilbarchan AAC	U13	00:13:03
32	68	Adam Ryan	Larkhall YMCA Harriers	U13	00:13:05
33	95	Craig Whyteside	Whitemoss AAC	U13	00:13:09
34	59	Luke McGill	Kilmarnock H&AC	U13	00:13:10
35	96	Nicholas Phillips	Whitemoss AAC	u13	00:13:12
36	25	Callum Firth	Giffnock North AAC	U13	00:13:13
37	56	Adam Butler	Kilbarchan AAC	U13	00:13:20
38	49	Nicholas Love	Kilbarchan AAC	U13	00:13:21
39	15	Tony Dolan	Clydesdale Harriers	U13	00:13:25
40	79	David Murray	Ron Hill Cambuslang Harriers	U13	00:12:35
41	57	Matt Wild	Kilbarchan AAC	U13	00:13:31
42	88	Archie Breckenridge	Shettleston Harriers	U13	00:13:32
43	72	Calum Lindsay	Law & District AAC	U13	00:13:35
44	67	Liam Bell	Larkhall YMCA Harriers	U13	00:13:37
45	85	Euan Birch	Shettleston Harriers	U13	00:13:42
46	65	Andrew McCormack	Kirkintilloch Olympians	U13	00:13:44
47	38	Josh Houston	Inverclyde AC	U13	00:13:44
48	20	Jack Austin	Garscube Harriers	U13	00:13:48
49	87	Calum Divers	Shettleston Harriers	U13	00:13:48
50	30	Andrew Murphy	Girvan AAC	U11	00:13:49
51	80	Callum Allerdyce	Ron Hill Cambuslang Harriers	U13	00:13:51
52	60	Angus Cochrane	Kilmarnock H&AC	U13	00:13:57
53	23	Alistair McGregor	Giffnock North AAC	U13	00:14:09

54	70	Jamie Cubis	Law & District AAC	U13	00:14:18
55	54	Ross Heggie	Kilbarchan AAC	U13	00:14:29
56	51	Josh Penman	Kilbarchan AAC	U13	00:14:32
57	22	David Tolland	Giffnock North AAC	U13	00:14:33
58	97	Rory Goodlad	Shetland AAC Guest	u13	00:14:33
59	69	Ross Hamilton	Larkhall YMCA Harriers	U13	00:14:45
60	7	Ben Steven	Ayr Seaforth AAC	U13	00:14:59
61	28	Caine Wilson	Girvan AAC	U13	00:15:13
62	71	Ryan Fernon	Law & District AAC	U13	00:15:23
63	78	Colin Blyth	Ron Hill Cambuslang Harriers	U13	00:15:47
64	14	Ross McAuley	Calderglen Harriers	U13	00:15:58

Pos	Club	Name	Cat	Total
1	VP-Glasgow AC			
		Max Aitchison	U13	1
		Lewis Boyle	U13	11
		Findlay Parker	U11	18
	VP-Glasgow AC Total			30
2	Ayr Seaforth AAC			
		Finlay Rae	U13	2
		Angus Johnston	U13	8
		Ben Johnston	U13	21
	Ayr Seaforth AAC Total			31
3	Kilbarchan AAC			
		Russell Mountford	U13	3
		Andrew Mitchell	U13	25
		Andrew Campbell	U13	31
	Kilbarchan AAC Total			59
4	Ron Hill Cambuslang Harriers			
		Ryan Thomson	U13	9
		Ross Stephen	U13	24
		Dean McMurran	U13	29
	Ron Hill Cambuslang Harriers Total			62
5	Giffnock North AAC			
		Neil Gourley	U13	5
		Gavin Connor	U13	26
		Callum Firth	U13	36
	Giffnock North AAC Total			67
6	Shettleston Harriers			
		Callum Drummond	U13	10
		Ruaridh Gibson	U13	19
		Archie Breckenridge	U13	42
	Shettleston Harriers Total			71
7	Inverclyde AC			
		Jack Rice	U13	7
		Michael Houston	U13	17
		Josh Houston	U13	47
	Inverclyde AC Total			71
8	Kirkintilloch Olympians			
		Callum Heirs	U13	14
		Scott Molloy	U13	16
		Andrew McCormack	U13	46
	Kirkintilloch Olympians Total			76
9	Kilmarnock H&AC			
		Fergus Morris	U13	20
		Evan Cornforth	U13	28
		Luke McGill	U13	34
	Kilmarnock H&AC Total			82

10	Garscube Harriers			
		Craig Young	U13	13
		James Ross	U13	23
		Jack Austin	U13	48
	Garscube Harriers Total			84
11	Law & District AAC			
		Ross Hall	U13	4
		Calum Lindsay	U13	43
		Jamie Cubis	U13	54
	Law & District AAC Total			101
12	Larkhall YMCA Harriers Total			
		Adam Ryan	U13	32
		Liam Bell	U13	44
		Ross Hamilton	U13	59
	Larkhall YMCA Harriers Total			135

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Under 15 Girls 4400m

Pos	No	Name	Club	Cat	Time
1	156	Nicola Lindsay	Law & District AAC	U15	00:16:40
2	174	Hollie Young	VP-Glasgow AC	U15	00:17:05
3	170	Joanna Muir	Stewartry AC	U15	00:17:35
4	176	Sarah Potter	VP-Glasgow AC	U15	00:17:55
5	113	Heather Howie	Giffnock North AAC	U15	00:18:06
6	181	Emma Leask	Shetland AAC Guest	U15	00:18:10
7	180	Katie Bristow	Shetland AAC Guest	U15	00:18:12
8	175	Michaela Stephen	VP-Glasgow AC	U15	00:18:13
9	152	Alexandra Lamond	Kirkintilloch Olympians	U15	00:18:31
10	161	Mairi Brown	Ron Hill Cambuslang Harriers	U15	00:18:38
11	140	Elaine Eadie	Kilbarchan AAC	U15	00:18:41
12	129	Nynke Mullholland	Inverclyde AC	U15	00:18:42
13	125	Emily Pollock	Greenock Glenpark Harriers	U15	00:18:44
14	171	Katy Brown	Stewartry AC	U15	00:18:45
15	95	Stephanie Dougan	Ayr Seaforth AAC	U15	00:18:46
16	165	Lucy Deeny	Ron Hill Cambuslang Harriers	U15	00:18:53
17	143	Sorcha Lynch	Kilbarchan AAC	U15	00:19:20
18	121	Louise Hill-Stirling	Girvan AAC	U15	00:19:24
19	109	Fiona Borthwick	East Kilbride A.C.	U15	00:19:30
20	105	Rhona Calder	East Kilbride A.C.	U15	00:19:34
21	107	Jennifer Waddell	East Kilbride A.C.	U15	00:19:35
22	167	Helen Pawelczyk	Shettleston Harriers	U15	00:19:37
23	106	Julia Calder	East Kilbride A.C.	U15	00:19:38
24	158	Abby Currie	Law & District AAC	U15	00:19:51
25	147	Bethany Ross	Kilmarnock H&AC	U15	00:20:01
26	177	Deborah Hannah	VP-Glasgow AC	U15	00:20:02
27	178	Amy MacLellan	VP-Glasgow AC	U15	00:20:05
28	116	Olivia Keenan	Giffnock North AAC	U15	00:20:10
29	104	Rachael Thomson	East Kilbride A.C.	U15	00:20:18
30	138	Emma Haddock	Kilbarchan AAC	U15	00:20:21
31	130	Emma Meechan	Inverclyde AC	U15	00:20:24
32	115	April Miller	Giffnock North AAC	U15	00:20:27
33	131	Emma Fulton	Inverclyde AC	U15	00:20:45
34	164	Shereen Smith	Ron Hill Cambuslang Harriers	U15	00:20:47
35	148	Stephanie Sloan	Kilmarnock H&AC	U15	00:20:50
36	136	Victoria Conway	Irvine AC	U15	00:21:01
37	97	Katie Sprang	Ayr Seaforth AAC	U15	00:21:07
38	160	Stephanie Lawrie	Nithsdale AC	U15	00:21:12
39	133	Paige Douglas	Irvine AC	U15	00:21:15
40	99	Lauren Goldie	Ayr Seaforth AAC	U15	00:21:26
41	127	Cheryl Clarke	Helensburgh AAC	U15	00:21:35
42	144	Charlotte Walker	Kilbarchan AAC	U15	00:21:35
43	123	Caitlin Vaughan	Glasgow School of Sport	U15	00:22:00
44	100	Marie Hill	Ayr Seaforth AAC	U15	00:22:51
45	149	Laura Meney	Kilmarnock H&AC	U15	00:23:40
46	145	Sarah Ogilvie	Kilbarchan AAC	U15	00:24:15

Pos	Club	Name	Cat	Total
1	VP-Glasgow AC			
		Hollie Young	U15	2
		Sarah Potter	U15	4
		Michaela Stephen	U15	8
	VP-Glasgow AC Total			14
2	Kilbarchan AAC			
		Elaine Eadie	U15	11
		Sorcha Lynch	U15	17
		Emma Haddock	U15	30
	Kilbarchan AAC Total			58
3	Ron Hill Cambuslang Harriers			
		Mairi Brown	U15	10
		Lucy Deeny	U15	16
		Shereen Smith	U15	34
	Ron Hill Cambuslang Harriers Total			60
4	East Kilbride A.C.			
		Fiona Borthwick	U15	19
		Rhona Calder	U15	20
		Jennifer Waddell	U15	21
	East Kilbride A.C. Total			60
5	Giffnock North AAC			
		Heather Howie	U15	5
		Olivia Keenan	U15	28
		April Miller	U15	32
	Giffnock North AAC Total			65
6	Inverclyde AC			
		Nynke Mullholland	U15	12
		Emma Meechan	U15	31
		Emma Fulton	U15	33
	Inverclyde AC Total			76
7	Ayr Seaforth AAC			
		Stephanie Dougan	U15	15
		Katie Sprang	U15	37
		Lauren Goldie	U15	40
	Ayr Seaforth AAC Total			92
8	Kilmarnock H&AC			
		Bethany Ross	U15	25
		Stephanie Sloan	U15	35
		Laura Meney	U15	45
	Kilmarnock H&AC Total			105

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Under 15 Boys 4400m

Pos	No	Name	Club	Cat	Time
1	158	Craig Wellcoat	Law & District AAC	U15	00:15:08
2	172	Jack Hamilton	Ron Hill Cambuslang Harriers	U15	00:15:14
3	176	Stewart Orr	Ron Hill Cambuslang Harriers	U15	00:15:19
4	179	Andrew Dearie	Shettleston Harriers	U15	00:15:25
5	168	David Vernon	Nithsdale AC	U15	00:15:27
6	127	Grant Muir	Giffnock North AAC	U15	00:15:33
7	129	Alistair McCallum	Giffnock North AAC	U15	00:15:48
8	175	Michael Rankin	Ron Hill Cambuslang Harriers	U15	00:15:50
9	126	Max Lott	Giffnock North AAC	U15	00:16:02
10	102	Andrew Rae	Ayr Seaforth AAC	U15	00:16:03
11	144	Graham Evans	Kilbarchan AAC	U15	00:16:07
12	117	Adam Gatens	East Kilbride A.C.	U15	00:16:08
13	128	Sandy Nimmo	Giffnock North AAC	U15	00:16:10
14	141	Calum MacLeod	Kilbarchan AAC	U15	00:16:19
15	132	Craig Prior	Glasgow School of Sport	U15	00:16:32
16	147	David Claes	Kilbarchan AAC	U15	00:16:36
17	171	Liam Deeny	Ron Hill Cambuslang Harriers	U15	00:16:37
18	180	Adam Drummond	Shettleston Harriers	U15	00:16:41
19	165	Gary Turner	Mid Argyll AC	U15	00:16:47
20	130	Ranald Nisbet	Giffnock North AAC	U15	00:17:02
21	146	Thomas McDonald	Kilbarchan AAC	U15	00:17:03
22	108	Ewan Murray	Calderglen Harriers	U15	00:17:08
23	123	Fraser Walker	Giffnock North AAC	U15	00:17:14
24	170	David Sloan	Nithsdale AC	U15	00:17:14
25	154	Scott Lawrie	Kirkintilloch Olympians	U15	00:17:20
26	159	Jonathan Velu	Law & District AAC	U15	00:17:23
27	157	Thomas Lafferty	Law & District AAC	U15	00:17:26
28	125	Christopher Russell	Giffnock North AAC	U15	00:17:32
29	151	Grant Beattie	Kilmarnock H&AC	U15	00:17:41
30	191	Euan Walker	Whitemoss AAC	U15	00:17:41
31	162	Stephen Higgins	Law & District AAC	U15	00:17:43
32	173	Ryan Harkin	Ron Hill Cambuslang Harriers	U15	00:17:46
33	113	David MacMillan	East Kilbride A.C.	U15	00:17:49
34	142	Andrew Quinn	Kilbarchan AAC	U15	00:17:50
35	134	Paul Currie	Inverclyde AC	U15	00:17:51
36	160	Bryan Clelland	Law & District AAC	U15	00:17:53
37	177	Andrew Hunter	Ron Hill Cambuslang Harriers	U15	00:18:00
38	104	Adam Paul Steven	Ayr Seaforth AAC	U15	00:18:02
39	150	Craig Robertson	Kilmarnock H&AC	U15	00:18:03
40	149	Cameron Mackie	Kilmarnock H&AC	U15	00:18:12
41	186	Sam Matthews	Springburn Harriers	U15	00:18:18
42	187	Paul MacFarlane	VP-Glasgow AC	U15	00:18:22
43	188	Lewis Wilson	VP-Glasgow AC	U15	00:18:35
44	114	Alistair Coull	East Kilbride A.C.	U15	00:19:04
45	178	Andrew Wilson	Ron Hill Cambuslang Harriers	U15	00:19:11
46	152	Gregor Devoy	Kilmarnock H&AC	U15	00:19:14
47	148	Murray McDonald	Kilmarnock H&AC	U15	00:19:19
48	140	Craig Haxton	Kilbarchan AAC	U15	00:19:26
49	185	Jack Mills	Shettleston Harriers	U15	00:19:37
50	163	Liam McMillan	Law & District AAC	U15	00:21:40
51	109	Daniel Mullen	Calderglen Harriers	U15	00:23:06

Pos	Club	Name	Cat	Total
1	Ron Hill Cambuslang Harriers			
		Jack Hamilton	U15	2
		Stewart Orr	U15	3
		Michael Rankin	U15	8
	Ron Hill Cambuslang Harriers Total			13
2	Giffnock North AAC			
		Grant Muir	U15	6
		Alistair McCallum	U15	7
		Max Lott	U15	9
	Giffnock North AAC Total			22
3	Kilbarchan AAC			
		Graham Evans	U15	11
		Calum MacLeod	U15	14
		David Claes	U15	16
	Kilbarchan AAC Total			41
4	Law & District AAC			
		Craig Wellcoat	U15	1
		Jonathan Velu	U15	26
		Thomas Lafferty	U15	27
	Law & District AAC Total			54
5	Shettleston Harriers			
		Andrew Dearie	U15	4
		Adam Drummond	U15	18
		Jack Mills	U15	49
	Shettleston Harriers Total			71
6	East Kilbride A.C.			
		Adam Gatens	U15	12
		David MacMillan	U15	33
		Alistair Coull	U15	44
	East Kilbride A.C. Total			89
7	Kilmarnock H&AC			
		Grant Beattie	U15	29
		Craig Robertson	U15	39
		Cameron Mackie	U15	40
	Kilmarnock H&AC Total			108

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Under 17 Ladies 4400m

Pos	No	Name	Club	Cat	Time
1	209	Natalie Sharp	Kilbarchan AAC	U17	00:17:02
2	188	Claire McAuley	Giffnock North AAC	U17	00:17:07
3	222	Josephine Moultrie	VP-Glasgow AC	U17	00:17:21
4	223	Rhian Dawes	VP-Glasgow AC	U17	00:17:30
5	210	Jessica Martin	Kilbarchan AAC	U17	00:17:35
6	187	Catriona Lockie	Giffnock North AAC	U17	00:17:59
7	197	Emma Rice	Inverclyde AC	U17	00:18:09
8	185	Beth Duff	East Kilbride A.C.	U17	00:18:11
9	218	Caitlin Hendry	Ron Hill Cambuslang Harriers	U17	00:18:34
10	211	Lauren Campbell	Kilmarnock H&AC	U17	00:19:07
11	190	Rachel McDowall	Giffnock North AAC	U17	00:19:08
12	203	Sarah Munn	Irvine AC	U17	00:19:19
13	229	Sadie Younger	Shetland AAC Guest	U17	00:19:24
14	207	Michelle Bell	Kilbarchan AAC	U17	00:19:33
15	196	Emma Baxter	Greenock Glenpark Harriers	U17	00:19:43
16	219	Danielle Melville	Ron Hill Cambuslang Harriers	U17	00:19:55
17	214	Sarah Archibald	Larkhall YMCA Harriers	U17	00:20:40
18	206	Deborah Henderson	Kilbarchan AAC	U17	00:20:45

Pos	Club	Name	Cat	Total
1	Giffnock North AAC			
		Claire McAuley	U17	2
		Catriona Lockie	U17	6
		Rachel McDowall	U17	11
	Giffnock North AAC Total			19
2	Kilbarchan AAC			
		Natalie Sharp	U17	1
		Jessica Martin	U17	5
		Michelle Bell	U17	14
	Kilbarchan AAC Total			20

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Under 17 Men 6400m

Pos	No	Name	Club	Cat	Time
1	236	Matthew Graham	Kirkintilloch Olympians	U17	00:20:51
2	224	Callum Hawkins	Kilbarchan AAC	U17	00:21:08
3	212	Sean Fontana	Glasgow School of Sport	U17	00:21:10
4	247	Lachlan Oates	Shettleston Harriers	U17	00:21:21
5	253	Max Ralston	VP-Glasgow AC	U17	00:21:27
6	228	Stephen Fleming	Kilbarchan AAC	U17	00:21:57
7	259	Joshua Morrison	Shetland AAC Guest	U17	00:22:05
8	248	Gary McBride	Shettleston Harriers	U17	00:22:11
9	231	Nicholas Emsley	Kilbarchan AAC	U17	00:22:20
10	206	Matthew Ritchie	Giffnock North AAC	U17	00:22:33
11	242	Andrew Coulter	Ron Hill Cambuslang Harriers	U17	00:22:47
12	225	Andrew McAlpine	Kilbarchan AAC	U17	00:22:51
13	216	Andrew Campbell	Inverclyde AC	U17	00:22:56
14	211	Colin Sturgeon	Girvan AAC	U17	00:23:40
15	218	Stefan McLean-Toremar	Inverclyde AC	U17	00:23:45
16	214	Ryan McDonald	Glasgow School of Sport	U17	00:23:49
17	249	Ruairidh Munro	Shettleston Harriers	U17	00:23:52
18	209	Jamie MacGregor	Giffnock North AAC	U17	00:23:53
19	250	Jamie Holding	Shettleston Harriers	U17	00:23:54
20	251	David Kane	Shettleston Harriers	U17	00:24:03
21	241	Ross McDonald	Law & District AAC	U17	00:24:03
22	245	Corin Gallagher	Ron Hill Cambuslang Harriers	U17	00:24:11
23	205	Jamie McAldine	Giffnock North AAC	U17	00:24:22
24	226	Blair Crawford	Kilbarchan AAC	U17	00:24:46
25	234	Gregory Leyden	Kilmarnock H&AC	U17	00:25:02
26	199	Mark Ferguson	Ayr Seaforth AAC	U17	00:25:17
27	254	Stuart Ross	VP-Glasgow AC	U17	00:25:32
28	233	Ross Connolly	Kilmarnock H&AC	U17	00:25:40
29	240	Bobby Hill	Law & District AAC	U17	00:25:49
30	232	James Wales	Kilmarnock H&AC	U17	00:26:10
31	252	Andrew McColl	Shettleston Harriers	U17	00:27:23
32	217	Mathew Deegan	Inverclyde AC	U17	00:29:45

Teams

Pos	Club	Name	Cat	Total
1	Kilbarchan AAC			
		Callum Hawkins	U17	2
		Stephen Fleming	U17	6
		Nicholas Emsley	U17	9
	Kilbarchan AAC Total			17
2	Shettleston Harriers			
		Lachlan Oates	U17	4
		Gary McBride	U17	8
		Ruairidh Munro	U17	17
	Shettleston Harriers Total			29
3	Giffnock North AAC			
		Matthew Ritchie	U17	10
		Jamie MacGregor	U17	18
		Jamie McAldine	U17	23
	Giffnock North AAC Total			51
4	Inverclyde AC			
		Andrew Campbell	U17	13
		Stefan McLean-Toremar	U17	15
		Mathew Deegan	U17	32
	Inverclyde AC Total			60
5	Kilmarnock H&AC			
		Gregory Leyden	U17	25
		Ross Connolly	U17	28
		James Wales	U17	30
	Kilmarnock H&AC Total			83

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Sen Jun Women 6400m

Pos	No	Name	Club	Cat	Time
1	241	Nicola Hood	VP-Glasgow AC	U20	00:23:59
2	346	Lindsay MacNeill	VP-Glasgow AC	SEN	00:24:07
3	344	Jill Knowles	VP-Glasgow AC	SEN	00:24:22
4	240	Danielle Brown	Springburn Harriers	U20	00:24:30
5	334	Clare Gemmell	Springburn Harriers	VET	00:24:34
6	327	Fiona Gentles	Kirkintilloch Olympians	SEN	00:24:35
7	343	Susan Finch	VP-Glasgow AC	VET	00:24:37
8	237	Elspeth Curran	Kilbarchan AAC	U20	00:24:47
9	251	Iona Robertson	Bellahouston Road Runners	SEN	00:24:53
10	336	Michelle Sandison	Springburn Harriers	SEN	00:25:03
11	311	Leanne Hamilton	Kilbarchan AAC	SEN	00:25:26
12	243	Julie Whyteside	Whitemoss AAC	U20	00:25:34
13	236	Christina Rankin	Kilbarchan AAC	U20	00:25:42
14	281	Ruth Joss	Giffnock North AAC	U20	00:25:45
15	296	Michelle Hetherington	Helensburgh AAC	VET	00:25:51
16	252	Emma Birnie	Bellahouston Road Runners	VET	00:25:53
17	268	Mairi Stanley	Garscube Harriers	VET	00:26:23
18	263	K. Smith	East Kilbride A.C.	SEN	00:26:29
19	250	Claire Thompson	Bellahouston Road Runners	SEN	00:26:35
20	322	Emma Mackie	Kilmarnock H&AC	SEN	00:26:40
21	335	Marlene Hunter	Springburn Harriers	VET	00:26:46
22	298	Claire Heasman	Helensburgh AAC	SEN	00:26:58
23	283	Mary McCutcheon	Giffnock North AAC	VET	00:27:03
24	264	Joanne McEvoy	East Kilbride A.C.	SEN	00:27:06
25	337	Anne-Marie Hughes	Springburn Harriers	VET	00:27:10
26	316	Karen Glendinning	Kilbarchan AAC	SEN	00:27:26
27	354	Erica Christie	Bellahouston Harriers	VET	00:27:27
28	310	Dennise Smith	Kilbarchan AAC	SEN	00:27:41
29	265	Elaine Calder	East Kilbride A.C.	VET	00:27:44
30	253	Sarah Dowling	Bellahouston Road Runners	VET	00:27:52
31	339	Rowan Armstrong	Stewartry AC	SEN	00:28:05
32	317	Paula Wilson	Kilmarnock H&AC	VET	00:28:14
33	260	Marina McCallum	Clydesdale Harriers	VET	00:28:16
34	305	Helen Morton	Irvine AC	VET	00:28:17
35	297	Mary MacQuarrie	Helensburgh AAC	SEN	00:28:24
36	269	Heather McIntosh	Garscube Harriers	VET	00:28:26
37	309	Lynsey Curran	Kilbarchan AAC	SEN	00:28:53
38	271	Kathryn Ellis	Garscube Harriers	SEN	00:28:54
39	257	Frances Maxwell	Calderglen Harriers	VET	00:29:06
40	324	Ada Stewart	Kirkintilloch Olympians	VET	00:29:28
41	342	Anne Noble	Troon Tortoises AC	VET	00:29:51
42	279	Anne Lee	Giffnock North AAC	VET	00:30:01
43	300	Janet Fellowes	Helensburgh AAC	VET	00:30:04
44	278	Maureen McVey	Giffnock North AAC	VET	00:30:08
45	286	Caroline Mutch	Troon Tortoises AC	SEN	00:30:10
46	355	Sharon Taylor	Bellahouston Harriers	VET	00:30:33
47	254	Jacqueline O'Grady	Bellahouston Road Runners	VET	00:30:42
48	349	Muffy Calder	Westerlands XC Club	VET	00:30:59
49	280	Catherine Scott	Giffnock North AAC	VET	00:31:06
50	306	Elizabeth McGarry	Irvine AC	VET	00:31:08
51	259	Mary Goldsmith	Calderglen Harriers	VET	00:31:10
52	338	Caroline Brownlie	Springburn Harriers	VET	00:31:20

53	285	Sheila Lewis	Giffnock North AAC	VET	00:31:24
54	256	Julia Harris	Bellahouston Road Runners	VET	00:31:28
55	314	Kate O'Brien	Kilbarchan AAC	VET	00:31:37
56	325	Shirley MacNab	Kirkintilloch Olympians	VET	00:31:42
57	340	Moira Connell	Troon Tortoises AC	VET	00:32:28
58	321	Marion Burns	Kilmarnock H&AC	VET	00:32:29
59	238	Nicole Treacy	Kilbarchan AAC	U20	00:32:44
60	319	Lorna Sloan	Kilmarnock H&AC	VET	00:32:45
61	277	Susan Anderson	Giffnock North AAC	VET	00:32:53
62	307	Mary Miller	Irvine AC	VET	00:33:22
63	301	Anna Wylie	Helensburgh AAC	VET	00:34:38
64	350	Patricia McLaughlin	Westerlands XC Club	VET	00:34:42
65	315	Wanda Phillips	Kilbarchan AAC	VET	00:34:54
66	323	Laura jane Carruthers	Kilmarnock H&AC	SEN	00:35:28
67	284	Nicola Verrechia	Giffnock North AAC	VET	00:37:36

Pos	Club	Name	Cat	Total
1	VP-Glasgow AC			
		Nicola Hood	U20	1
		Lindsay MacNeill	SEN	2
		Jill Knowles	SEN	3
	VP-Glasgow AC Total			6
2	Springburn Harriers			
		Danielle Brown	U20	4
		Clare Gemmell	VET	5
		Michelle Sandison	SEN	10
	Springburn Harriers Total			19
3	Kilbarchan AAC			
		Elspeth Curran	U20	8
		Leanne Hamilton	SEN	11
		Christina Rankin	U20	13
	Kilbarchan AAC Total			32
4	Bellahouston Road Runners			
		Iona Robertson	SEN	9
		Emma Birnie	VET	16
		Claire Thompson	SEN	19
	Bellahouston Road Runners Total			44
5	East Kilbride A.C.			
		K. Smith	SEN	18
		Joanne McEvoy	SEN	24
		Elaine Calder	VET	29
	East Kilbride A.C. Total			71
6	Helensburgh AAC			
		Michelle Hetherington	VET	15
		Claire Heasman	SEN	22
		Mary MacQuarrie	SEN	35
	Helensburgh AAC Total			72
7	Giffnock North AAC			
		Ruth Joss	U20	14
		Mary McCutcheon	VET	23
		Anne Lee	VET	42
	Giffnock North AAC Total			79
8	Garscube Harriers			
		Mairi Stanley	VET	17
		Heather McIntosh	VET	36
		Kathryn Ellis	SEN	38
	Garscube Harriers Total			91
9	Kirkintilloch Olympians			

		Fiona Gentles	SEN	6
		Ada Stewart	VET	40
		Shirley MacNab	VET	56
	Kirkintilloch Olympians Total			102
10	Kilmarnock H&AC			
		Emma Mackie	SEN	20
		Paula Wilson	VET	32
		Marion Burns	VET	58
	Kilmarnock H&AC Total			110
11	Troon Tortoises AC			
		Anne Noble	VET	41
		Caroline Mutch	SEN	45
		Moira Connell	VET	57
	Troon Tortoises AC Total			143
12	Irvine AC			
		Helen Morton	VET	34
		Elizabeth McGarry	VET	50
		Mary Miller	VET	62
	Irvine AC Total			146

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Sen Jun Men 10000m

Pos	No	Name	Club	Cat	Time
1	405	Mark Pollard	Inverclyde AC	SEN	00:30:36
2	417	Christopher MacKay	Inverclyde AC	SEN	00:30:42
3	519	Jethro Lennox	Shettleston Harriers	SEN	00:30:54
4	442	Robert Quinn	Kilbarchan AAC	VET	00:31:15
5	498	Stephen Wylie	Ron Hill Cambuslang Harriers	VET	00:31:26
6	285	Conor McNulty	Kilbarchan AAC	U20	00:31:37
7	517	Martin Graham	Shettleston Harriers	SEN	00:31:39
8	407	Ian Fisher	U/A	SEN	00:31:42
9	489	Jamie Reid	Ron Hill Cambuslang Harriers	SEN	00:31:46
10	406	Graeme Hyett	Inverclyde AC	SEN	00:31:47
11	520	Andy Little	Shettleston Harriers	VET	00:31:49
12	354	Alastair Morrison	Garscube Harriers	SEN	00:31:51
13	284	Derek Hawkins	Kilbarchan AAC	U20	00:31:51
14	491	Robert Gilroy	Ron Hill Cambuslang Harriers	SEN	00:31:54
15	525	Paul Sorrie	Shettleston Harriers	SEN	00:31:58
16	492	Iain Reid	Ron Hill Cambuslang Harriers	SEN	00:32:11
17	294	Stuart Greenway	Shettleston Harriers	U20	00:32:23
18	314	Kenneth Richmond	Bellahouston Road Runners	VET	00:32:33
19	564	Jamie Austin	Clydesdale Harriers	SEN	00:32:38
20	499	Kerry Liam Wilson	Ron Hill Cambuslang Harriers	VET	00:32:41
21	495	John Brown	Ron Hill Cambuslang Harriers	VET	00:32:44
22	452	Eddie Tonner	Kilmarnock H&AC	SEN	00:33:04
23	477	William Scoular	Law & District AAC	VET	00:33:17
24	522	Kenneth McCoy	Shettleston Harriers	SEN	00:33:25
25	500	Greg Hastie	Ron Hill Cambuslang Harriers	SEN	00:33:27
26	266	Rory Cartwright	Giffnock North AAC	U20	00:33:31
27	408	Steven Miller	U/A	SEN	00:33:49
28	530	Gordon Phillips	Shettleston Harriers	SEN	00:33:57
29	316	Mark Johnston	Bellahouston Road Runners	VET	00:34:00
30	391	Andrew McCall	Greenock Glenpark Harriers	SEN	00:34:05
31	323	Matthew Williamson	Bellahouston Road Runners	SEN	00:34:09
32	337	Russell Couper	Calderglen Harriers	VET	00:34:11
33	322	Nick Reid	Bellahouston Road Runners	SEN	00:34:15
34	526	Denis Williams	Shettleston Harriers	VET	00:34:19
35	277	Allan Ramsay	Kirkintilloch Olympians	U20	00:34:22
36	518	Ian Johnston	Shettleston Harriers	VET	00:34:25
37	377	Colin Brash	Girvan AAC	VET	00:34:28
38	485	Ian Rodger	Ron Hill Cambuslang Harriers	VET	00:34:30
39	501	Jamie Findlay	Ron Hill Cambuslang Harriers	SEN	00:34:32
40	555	Chris Upson	Westerlands XC Club	VET	00:34:42
41	312	David Tamburini	Bellahouston Road Runners	SEN	00:34:47
42	456	Iain Connell	Kilmarnock H&AC	VET	00:34:48

43	460	Keith Haining	Kilmarnock H&AC	VET	00:34:56
44	528	Marc McColl	Shettleston Harriers	VET	00:35:06
45	271	Sean Gaffney	Inverclyde AC	U20	00:35:09
46	281	Paul Leck	Kilbarchan AAC	U20	00:35:15
47	324	Russell Whittington	Bellahouston Road Runners	VET	00:35:17
48	449	Donald Petrie	Kilbarchan AAC	VET	00:35:22
49	461	Andrew McGhee	Kilmarnock H&AC	SEN	00:35:23
50	410	Thomas Jamieson	Inverclyde AC	SEN	00:35:24
51	393	Stephen McLoone	Greenock Glenpark Harriers	VET	00:35:24
52	409	Gerard Gaffney	Inverclyde AC	VET	00:35:34
53	554	David Calder	Westerlands XC Club	VET	00:35:40
54	539	Alan Hill	Springburn Harriers	VET	00:35:43
55	454	Scott Martin	Kilmarnock H&AC	VET	00:35:43
56	503	Gerry Reid	Ron Hill Cambuslang Harriers	VET	00:35:45
57	551	David Riach	Westerlands XC Club	VET	00:35:46
58	371	George Taylor	Giffnock North AAC	VET	00:35:47
59	335	Alan Derrick	Calderglen Harriers	VET	00:35:52
60	372	Martin O'Donnell	Giffnock North AAC	VET	00:36:05
61	313	Andrew Birnie	Bellahouston Road Runners	VET	00:36:14
62	273	Stephen Cooke	Inverclyde AC	U20	00:36:22
63	468	Alan Bryden	Kilmarnock H&AC	SEN	00:36:27
64	433	Michael Finlay	Kilbarchan AAC	SEN	00:36:29
65	536	Emilio Cosino	Springburn Harriers	SEN	00:36:29
66	320	Craig Ross	Bellahouston Road Runners	SEN	00:36:33
67	357	Marco Consani	Garscube Harriers	SEN	00:36:35
68	481	Alan Tait	Motherwell AC	SEN	00:36:51
69	419	James Sneddon	Irvine AC	VET	00:36:54
70	278	Kevin Cornes	Kirkintilloch Olympians	U20	00:37:01
71	373	Derek Breen	Giffnock North AAC	VET	00:37:03
72	369	Marc Roper	Giffnock North AAC	VET	00:37:08
73	343	Paul Carroll	Clydesdale Harriers	VET	00:37:15
74	351	Graeme Haddow	East Kilbride A.C.	VET	00:37:28
75	538	Allan Mackie	Springburn Harriers	SEN	00:37:45
76	394	Daniel McLaughlin	Greenock Glenpark Harriers	VET	00:37:45
77	292	Andrew Robertson	Ron Hill Cambuslang Harriers	U20	00:37:55
78	301	Laurence Baker	Ayr Seaforth AAC	VET	00:37:57
79	425	Steven Connell	Irvine AC	VET	00:38:00
80	397	Steven Campbell	Greenock Glenpark Harriers	SEN	00:38:09
81	330	Eddie Reid	Calderglen Harriers	VET	00:38:12
82	559	Daniel Reid	Westerlands XC Club	VET	00:38:17
83	556	John Donnelly	Westerlands XC Club	VET	00:38:20
84	303	Stephen Kay	Ayr Seaforth AAC	SEN	00:38:21
85	317	Raymond Farrell	Bellahouston Road Runners	VET	00:38:24
86	342	John Foley	Clydesdale Harriers	VET	00:38:27
87	382	David Clark	Girvan AAC	SEN	00:38:28

88	561	Paul White	Whitemoss AAC	SEN	00:38:29
89	426	Joseph McNamee	Irvine AC	VET	00:38:30
90	445	Steven Hards	Kilbarchan AAC	VET	00:38:33
91	506	Alexander Eaglesham	Ron Hill Cambuslang Harriers	VET	00:38:36
92	455	Connell Drummond	Kilmarnock H&AC	VET	00:38:55
93	305	Campbell Joss	Bellahouston Harriers	VET	00:38:59
94	474	Gary Mitchell	Kirkintilloch Olympians	VET	00:39:01
95	563	Jim Norton	Unattached	VET	00:39:04
96	338	Augustine Cairney	Clydesdale Harriers	VET	00:39:06
97	424	Brian Craig	Irvine AC	VET	00:39:11
98	334	Kenneth Davidson	Calderglen Harriers	VET	00:39:12
99	267	Stuart Whiteford	Giffnock North AAC	U20	00:39:13
100	558	Steffen Gorgas	Westerlands XC Club	VET	00:39:17
101	392	Alan O'Rourke	Greenock Glenpark Harriers	VET	00:39:18
102	350	Gordon Colvin	East Kilbride A.C.	VET	00:39:19
103	346	Iain Robertson	Clydesdale Harriers	SEN	00:39:20
104	483	Scott Marriott	Motherwell AC	VET	00:39:35
105	448	Robert Allison	Kilbarchan AAC	VET	00:39:41
106	340	Pete Cartwright	Clydesdale Harriers	VET	00:39:43
107	399	Michael Dunn	Greenock Glenpark Harriers	VET	00:39:47
108	459	David Mitchell	Kilmarnock H&AC	VET	00:39:49
109	366	David McNab	Giffnock North AAC	VET	00:39:58
110	471	Peter Ramsay	Kirkintilloch Olympians	VET	00:39:59
111	444	Iain Chisholm	Kilbarchan AAC	VET	00:40:01
112	476	James Rowley	Law & District AAC	VET	00:40:05
113	297	Jonathan Graham	Springburn Harriers	U20	00:40:08
114	411	Jude Boulton	Inverclyde AC	SEN	00:40:10
115	430	Andrew Rennie	Irvine AC	VET	00:40:19
116	348	Robert Young	Clydesdale Harriers	VET	00:40:24
117	465	Graham Cairns	Kilmarnock H&AC	VET	00:40:28
118	412	Cameron Spence	Inverclyde AC	VET	00:40:29
119	328	George Stewart	Calderglen Harriers	VET	00:40:30
120	467	Mark Hamilton	Kilmarnock H&AC	VET	00:40:31
121	416	Robert Shaw	Inverclyde AC	VET	00:40:32
122	383	Craig Murphy	Girvan AAC	VET	00:40:36
123	362	James Taylor	Garscube Harriers	VET	00:40:37
124	379	Stephen Flanagan	Girvan AAC	VET	00:40:39
125	380	Angus McTaggart	Girvan AAC	VET	00:40:44
126	443	James Ogilvie	Kilbarchan AAC	VET	00:40:44
127	437	Donald Kennedy	Kilbarchan AAC	VET	00:40:46
128	420	Finlay Dowell	Irvine AC	VET	00:40:46
129	552	Hamilton Semple	Westerlands XC Club	VET	00:40:46
130	462	Leslie McDerment	Kilmarnock H&AC	VET	00:40:55
131	302	Tom McCulloch	Ayr Seaforth AAC	VET	00:41:09
132	333	Jim Holmes	Calderglen Harriers	VET	00:41:25

133	265	N Walker	East Kilbride A.C.	U20	00:41:25
134	403	Ross McInroy	Helensburgh AAC	VET	00:41:29
135	376	Derrick Ritchie	Giffnock North AAC	VET	00:41:46
136	370	Julian Rose	Giffnock North AAC	VET	00:41:46
137	480	Michael Hampson	Motherwell AC	VET	00:41:47
138	309	Jeremy Garnett	Bellahouston Harriers	VET	00:42:01
139	557	Bill Fisher	Westerlands XC Club	VET	00:42:19
140	365	David Geddes	Garscube Harriers	VET	00:42:38
141	374	James O'Hagan	Giffnock North AAC	VET	00:42:41
142	279	Gary Grieve	Law & District AAC	U20	00:43:16
143	311	Iain Burke	Bellahouston Harriers	VET	00:43:28
144	359	Stephen Cullen	Garscube Harriers	VET	00:43:58
145	482	William Martin	Motherwell AC	VET	00:44:15
146	418	George Hegarty	Inverclyde AC	VET	00:44:20
147	400	Alistair Wylie	Helensburgh AAC	VET	00:44:55
148	375	Alan Stewart	Giffnock North AAC	VET	00:44:57
149	446	Robert Connell	Kilbarchan AAC	VET	00:45:20
150	463	Roderick Pugh	Kilmarnock H&AC	VET	00:45:29
151	367	Andrew Donald	Giffnock North AAC	VET	00:45:57
152	347	Peter Rudzinski	Clydesdale Harriers	VET	00:46:09
153	315	Douglas MacGregor	Bellahouston Road Runners	VET	00:46:43
154	331	Charles Steven	Calderglen Harriers	VET	00:47:35
155	553	Ian Struthers	Westerlands XC Club	VET	00:48:52
156	326	Russell Couper	Calderglen Harriers	VET	00:51:06
157	402	Andrew Stafford	Helensburgh AAC	VET	00:51:39
158	428	Ian McManus	Irvine AC	VET	00:54:04
159	429	David Kerr	Irvine AC	VET	00:57:22

Teams

Pos	Club	Name	Cat	Total
1	Shettleston Harriers			
		Jethro Lennox	SEN	3
		Martin Graham	SEN	7
		Andy Little	VET	11
		Paul Sorrie	SEN	15
		Stuart Greenway	U20	17
		Kenneth McCoy	SEN	24
	Shettleston Harriers Total			77
2	Ron Hill Cambuslang Harriers			
		Stephen Wylie	VET	5
		Jamie Reid	SEN	9
		Robert Gilroy	SEN	14
		Iain Reid	SEN	16
		Kerry Liam Wilson	VET	20
		John Brown	VET	21
	Ron Hill Cambuslang Harriers Total			85
3	Inverclyde AC			
		Mark Pollard	SEN	1
		Christopher MacKay	SEN	2
		Graeme Hyett	SEN	10
		Sean Gaffney	U20	45
		Thomas Jamieson	SEN	50
		Gerard Gaffney	VET	52
	Inverclyde AC Total			160
4	Kilbarchan AAC			
		Robert Quinn	VET	4
		Conor McNulty	U20	6
		Derek Hawkins	U20	13
		Paul Leck	U20	46
		Donald Petrie	VET	48
		Michael Finlay	SEN	64
	Kilbarchan AAC Total			181
5	Bellahouston Road Runners			
		Kenneth Richmond	VET	18
		Mark Johnston	VET	29
		Matthew Williamson	SEN	31
		Nick Reid	SEN	33

		David Tamburini	SEN	41
		Russell Whittington	VET	47
	Bellahouston Road Runners Total			199
6	Kilmarnock H&AC			
		Eddie Tonner	SEN	22
		Iain Connell	VET	42
		Keith Haining	VET	43
		Andrew McGhee	SEN	49
		Scott Martin	VET	55
		Alan Bryden	SEN	63
	Kilmarnock H&AC Total			274
7	Irvine AC			
		James Sneddon	VET	69
		Steven Connell	VET	79
		Joseph McNamee	VET	89
		Brian Craig	VET	97
	Irvine AC Total			334
8	Giffnock North AAC			
		Rory Cartwright	U20	26
		George Taylor	VET	58
		Martin O'Donnell	VET	60
		Derek Breen	VET	71
		Marc Roper	VET	72
		Stuart Whiteford	U20	99
	Giffnock North AAC Total			386
9	Westerlands XC Club			
		Chris Upson	VET	40
		David Calder	VET	53
		David Riach	VET	57
		Daniel Reid	VET	82
		John Donnelly	VET	83
		Steffen Gorgas	VET	100
	Westerlands XC Club Total			415