

National Cross Country Championships - Falkirk 23/2/2013 - Senior Men

	Name	Club	Time
1	Wegene Tafese (M Sen)	Ron Hill Cambuslang H	38:41
2	Robbie Simpson (M Sen)	Deeside AC	38:55
3	Joe Symonds (M Sen)	Hunters Bog Trotters	39:00
4	Scott McDonald (M Sen)	Central AC	39:12
5	Sean Fontana (M Sen)	VP-Glasgow AC	39:12
6	Murray Strain (M Sen)	Hunters Bog Trotters	39:15
7	Alastair Hay (M Sen)	Central AC	39:17
8	Douglas Selman (M Sen)	Corstorphine AAC	39:37
9	Stuart Gibson (M Sen)	Ron Hill Cambuslang H	39:38
10	Alexander Hendry (M Sen)	Central AC	39:45
11	John Newsom (M Sen)	Central AC	39:52
12	Kyle Greig (M Sen)	Forres Harriers	40:00
13	Michael Deason (M Sen)	Shettleston Harriers	40:11
14	Andrew Butchart (M Sen)	Central AC	40:19
15	Keith Hood (M40)	Corstorphine AAC	40:24
16	Ross Houston (M Sen)	Central AC	40:27
17	Stephen Trainer (M Sen)	Greenock Glenpark H	40:30
18	Calum McKenzie (M Sen)	Corstorphine AAC	40:41
19	Iain MacCorquodale (M Sen)	Ron Hill Cambuslang H	40:44
20	Andrew Crichton (M Sen)	Edinburgh AC	40:49
21	Lachlan Oates (M Sen)	Shettleston Harriers	40:57
22	Mark Pollard (M Sen)	Inverclyde AC	40:59
23	Paul Sorrie (M Sen)	Shettleston Harriers	41:00
24	Bryan Mackie (M Sen)	Edinburgh AC	41:05
25	Matthew Sullivan (M Sen)	Shettleston Harriers	41:09
26	David Munro (M Sen)	Ron Hill Cambuslang H	41:18
27	Mark Haskett (M Sen)	Aberdeen AAC	41:21
28	Benjamin Hukins (M Sen)	Ron Hill Cambuslang H	41:23
29	Patryk Glerjatozic (M Sen)	Edinburgh Univ H & H	41:40
30	Andrew Fallas (M Sen)	Carnethy Hill Racing Club	41:41
31	Michael Wright (M Sen)	Central AC	41:43
32	Kerry Liam Wilson (M40)	Ron Hill Cambuslang H	41:44
33	Scott Pilkington (M Sen)	Corstorphine AAC	41:46
34	Thomas Fay (M Sen)	Shettleston Harriers	41:48
35	Rory Cartwright (M Sen)	Giffnock North AAC	41:48
36	Dermot Cummins (M Sen)	Corstorphine AAC	41:53
37	Lewis Millar (M Sen)	Central AC	41:57
38	Steven Cairns (M45)	Hunters Bog Trotters	42:01
39	Grant Baillie (M Sen)	East Kilbride A.C.	42:09
40	Robert Gilroy (M35)	Ron Hill Cambuslang H	42:12
41	Andrew Wright (M35)	Carnegie Harriers	42:23
42	Hector Haines (M Sen)	Hunters Bog Trotters	42:28
43	Andy Little (M45)	Shettleston Harriers	42:30
44	James Joy (M Sen)	Aberdeen AAC	42:32
45	Bryan Clark (M Sen)	Corstorphine AAC	42:33
46	Tom Martyn (M Sen)	Edinburgh Univ H & H	42:38
47	Andrew Hood (M Sen)	Central AC	42:43
48	Moray Anderson (M35)	Corstorphine AAC	42:50
49	Kenny Richmond (M40)	Shettleston Harriers	42:51
50	Barney Phillips (M Sen)	Lasswade AAC	42:57
51	David Wright (M35)	Hunters Bog Trotters	43:00
52	Jonathan Carpenter (M Sen)	Corstorphine AAC	43:13
53	Callum Reid (M Sen)	Haddington ELP	43:14
54	Kieran Docherty (M Sen)	Bellahouston Road R	43:14
55	Colin McGill (M35)	Edinburgh AC	43:14
56	Brian McGarrity (M Sen)	Shettleston Harriers	43:17
57	Arjuna Sivakumaran (M Sen)	Edinburgh Univ H & H	43:18
58	Shaun Lyon (M Sen)	Greenock Glenpark H	43:23
59	Greig Glendinning (M40)	Bellahouston Road R	43:25
60	Paul Leck (M Sen)	Kilbarchan AAC	43:34
61	Alasdair Anthony (M35)	Central AC	43:38
62	Daniel Ashworth (M Sen)	Edinburgh Univ H & H	43:41
63	Hendrik Spoering (M Sen)	Glasgow University H & H	43:43
64	Daniel Clarkson (M Sen)	Edinburgh AC	43:48
65	Steven O'Brien (M Sen)	Corstorphine AAC	43:54
66	Greg Hastie (M40)	Ron Hill Cambuslang H	43:54
67	Jamie Findlay (M35)	Irvine AC	43:55
68	Matthew Williamson (M Sen)	Bellahouston Road R	43:56
69	Ray Ward (M35)	Hunters Bog Trotters	43:58
70	Marco Consani (M35)	Garscube Harriers	44:00
71	Alistair Campbell (M Sen)	Ron Hill Cambuslang H	44:02
72	Adam Rouse (M35)	Edinburgh AC	44:04
73	Graeme Taylor (M Sen)	Edinburgh AC	44:10
74	Barry Paterson (M35)	Falkirk Victoria Harriers	44:18
75	Andrew Warburton (M Sen)	Notts AC	44:20
76	Ali Wilson (M Sen)	Glasgow University H & H	44:21
77	Peter Moffett (M Sen)	Falkirk Victoria Harriers	44:24
78	Gordon Barrie (M40)	Dundee Hawkhill H	44:27
79	Niall McAlinden (M Sen)	Westerlands XC Club	44:28
80	John Fergusson (M Sen)	East Kilbride A.C.	44:28
81	Alistair Hart (M40)	Hunters Bog Trotters	44:29
82	Ross Milne (M35)	Corstorphine AAC	44:30
83	Garth Green (M35)	Portobello Running Club	44:34
84	Sean Gaffney (M Sen)	Inverclyde AC	44:38
85	Ryan Riddell (M Sen)	Corstorphine AAC	44:41
86	Colin Partridge (M35)	Lothian Running Club	44:41
87	Charles Hutchinson (M Sen)	Hunters Bog Trotters	44:41
88	Darran Muir (M35)	Law & District AAC	44:42
89	Ciaran Dougherty (M Sen)	Bellahouston Road R	44:42
90	David Fulton (M Sen)	Hunters Bog Trotters	44:43
91	Scott Martin (M40)	Kilmarnock H&AC	44:44
92	Iain Whiteside (M Sen)	Edinburgh Univ H & H	44:46
93	Paul Miller (M40)	Inverness Harriers AAC	44:50
94	Crispin Walsh (M40)	Bellahouston Harriers	44:52
95	Brian Turner (M35)	Falkirk Victoria Harriers	44:55
96	John Macnamara (M35)	Ron Hill Cambuslang H	44:59
97	Andrew MacRae (M35)	Inverness Harriers AAC	44:59
98	David Henderson (M Sen)	Greenock Glenpark H	44:59
99	Myles Bax (M Sen)	Perth Road Runners	45:03
100	Kevin O'Donoghue (M Sen)	Greenock Glenpark H	45:05
101	Murdo MacKenzie (M Sen)	Stornoway Running & AC	45:07
102	Edward Stewart (M55)	Ron Hill Cambuslang H	45:07
103	Steven Campbell (M35)	Greenock Glenpark H	45:09
104	Martin Ferguson (M45)	Edinburgh AC	45:11

	Name	Club	Time
105	Craig Reid (M Sen)	Bellahouston Road R	45:12
106	William Nicholson (M Sen)	Haddington ELP	45:17
107	Michael McQuaid (M45)	Falkirk Victoria Harriers	45:19
108	Fergus Johnston (M Sen)	Gala Harriers	45:19
109	Niall Walker (M Sen)	East Kilbride A.C.	45:23
110	Stephen Allan (M35)	Kirkintilloch Olympians	45:24
111	Stuart Campbell (M45)	Corstorphine AAC	45:27
112	Jon Slowe (M40)	Westerlands XC Club	45:27
113	Euan Geddes (M40)	Garscube Harriers	45:27
114	Grant MacDonald (M Sen)	Bellahouston Road R	45:30
115	Michael McLoone Snr (M45)	Greenock Glenpark H	45:30
116	Neil Jaffrey (M Sen)	Metro Aberdeen RC	45:31
117	Thomas Loehndorf (M45)	Greenock Glenpark H	45:34
118	Kenny Macpherson (M45)	Ron Hill Cambuslang H	45:34
119	Jamie Clements (M Sen)	East Kilbride A.C.	45:48
120	Alastair Brockie (M Sen)	Corstorphine AAC	45:53
121	Ian Johnston (M45)	Corstorphine AAC	45:54
122	Mark Johnson (M40)	Bellahouston Road R	45:56
123	Paul Carroll (M40)	Clydesdale Harriers	45:58
124	David Thom (M50)	Ron Hill Cambuslang H	46:05
125	Adam Priestley (M Sen)	Corstorphine AAC	46:09
126	Craig Love (M40)	Dundee Hawkhill H	46:11
127	Attila Emmer (M35)	Central AC	46:16
128	John Redding FALSE	Linthgow AC	46:18
129	Alex Allardyce (M40)	Irvine AC	46:18
130	Graham Crawford (M55)	Springburn Harriers	46:20
131	Christopher Devine (M Sen)	Garscube Harriers	46:21
132	Ian Stewart (M55)	Carnegie Harriers	46:21
133	George Ashley (M Sen)	Hunters Bog Trotters	46:22
134	Howard Elliott (M45)	Kirkintilloch Olympians	46:23
135	Christopher O'Brien (M Sen)	Corstorphine AAC	46:26
136	Allan Fotheringham (M45)	Carnegie Harriers	46:28
137	Adrian Dow (M45)	Kirkintilloch Olympians	46:28
138	Damian McAuley (M45)	Springburn Harriers	46:29
139	Patrick O'Kane (M50)	Strathearn Harriers	46:29
140	David Eiser (M35)	Ochil Hill Runners	46:32
141	Robert Turner (M40)	Edinburgh AC	46:33
142	Paddy Jumelle (M35)	Corstorphine AAC	46:33
143	Iain MacDonald (M Sen)	Edinburgh AC	46:34
144	Dave Ward (M Sen)	Hunters Bog Trotters	46:36
145	Jamie Reid (M35)	Ron Hill Cambuslang H	46:38
146	Ewan Lumsden (M Sen)	Anster Haddies RC	46:37
147	Phillip Mowbray (M35)	Hunters Bog Trotters	46:41
148	Donald Naylor (M40)	Hunters Bog Trotters	46:45
149	William Jarvie (M50)	Portobello Running Club	46:46
150	Ross Irving (M Sen)	Edinburgh AC	46:47
151	Colin Welsh (M Sen)	Gala Harriers	46:48
152	Dean Cunningham (M Sen)	Inverness Harriers AAC	46:48
153	Huw Jones (M Sen)	Hunters Bog Trotters	46:49
154	Colin McCall (M35)	Gala Harriers	46:50
155	Phillip Williams (M35)	Central AC	46:51
156	Owen Flage (M40)	Edinburgh AC	46:52
157	William MacRury (M Sen)	Stornoway Running & AC	46:53
158	John Stevenson (M50)	Ochil Hill Runners	47:01
159	David Clark (M35)	Carnegie Harriers	47:02
160	Oliver Scott (M35)	Bellahouston Road R	47:04
161	Will Hensman (M Sen)	Central AC	47:11
162	David Murray (M40)	Kilmarnock H&AC	47:14
163	Alexander Chalmers (M45)	Garscube Harriers	47:14
164	Ewan Jack (M40)	Central AC	47:14
165	Graeme Fletcher (M50)	Corstorphine AAC	47:14
166	Michael Grant (M Sen)	Hunters Bog Trotters	47:16
167	Scott Partyka (M Sen)	Springburn Harriers	47:17
168	Tom Brian (M Sen)	Metro Aberdeen RC	47:19
169	Bruce Malcolm (M45)	Corstorphine AAC	47:19
170	Thomas Jamieson (M Sen)	Inverclyde AC	47:22
171	John Blair (M45)	Edinburgh AC	47:25
172	Alexander Chisholm (M55)	Garscube Harriers	47:26
173	Owain Williams (M Sen)	Pitreevie AAC	47:29
174	Paul Monaghan (M40)	Greenock Glenpark H	47:32
175	Graham Manczak (M35)	Gala Harriers	47:32
176	Andrew Harkins (M Sen)	Greenock Glenpark H	47:32
177	Coll Williamson (M Sen)	Edinburgh Univ H & H	47:38
178	Andrew Matheson (M50)	Lasswade AAC	47:41
179	Roy Mitchell (M40)	Edinburgh AC	47:42
180	Anthony Higgins (M40)	Law & District AAC	47:43
181	Craig Grieve (M40)	Teviotdale Harriers	47:44
182	Colin Crabbie (M40)	Hunters Bog Trotters	47:45
183	Darren Cavaroli (M40)	Harmeny AC	47:47
184	Malcolm Greig (M40)	Bellahouston Harriers	47:49
185	Scott Hunter (M35)	Ron Hill Cambuslang H	47:50
186	Andy Hume (M40)	Carnegie Harriers	47:51
187	Colin D Thomson (M45)	Falkirk Victoria Harriers	47:52
188	John J Duffey (M45)	Shettleston Harriers	47:52
189	Francis Hurlay (M60)	Ron Hill Cambuslang H	47:54
190	Mark Paterson (M35)	Bellahouston Harriers	47:54
191	Iain Burns (M Sen)	Bellahouston Road R	47:56
192	Grant Cairns (M Sen)	Springburn Harriers	48:01
193	Donald Petrie (M55)	Kilbarchan AAC	48:01
194	John Murray (M Sen)	Lasswade AAC	48:03
195	Alistair Hindle (M40)	Hunters Bog Trotters	48:08
196	Gerard Scullion (M45)	Bellahouston Road R	48:10
197	John Fulham (M40)	Carnegie Harriers	48:11
198	Stephen Mulrine (M40)	Garscube Harriers	48:13
199	Christopher Mchardy (M Sen)	Central AC	48:15
200	Grant Hassan (M Sen)	Inverness Harriers AAC	48:16
201	Ross McEachern (M45)	Springburn Harriers	48:17
202	Andrew White (M40)	Greenock Glenpark H	48:17
203	Alex Potter (M50)	VP-Glasgow AC	48:19
204	Michael Taylor (M Sen)	Hunters Bog Trotters	48:22
205	Alan Sealy (M45)	Deeside AC	48:23
206	Daniel Clements (M Sen)	Hunters Bog Trotters	48:24
207	Stuart Douglas (M Sen)	Falkirk Victoria Harriers	48:26
208	Chris Clarke (M Sen)	Glasgow University H & H	48:28

209	Mark Lamb (M Sen)	Dundee Hawkhill H	48:32
210	Kevin Schenk (M Sen)	Stirling University AC	48:34
211	Duncan Thomson (M40)	VP-Glasgow AC	48:35
212	Paul Kieran (M35)	Carnegie Harriers	48:35
213	Michael Anderson (M40)	Corstorphine AAC	48:41
214	Michael Diver (M45)	Clydesdale Harriers	48:41
215	Gerard Craig (M40)	VP-Glasgow AC	48:44
216	David Eckersley (M50)	Central AC	48:45
217	William Breckenridge (M45)	Shettleston Harriers	48:47
218	Robert O'Neill (M Sen)	Clydesdale Harriers	48:47
219	J Crawford	Edinburgh AC	48:47
220	Chris Upson (M45)	Westerlands XC Club	48:50
221	Ewan Stark (M Sen)	Corstorphine AAC	48:53
222	David Marshall (M Sen)	Linlithgow AC	48:55
223	Ian Urquhart (M Sen)	Metro Aberdeen RC	48:55
224	Daniel Burns (M Sen)	Garscube Harriers	48:56
225	Brian Douglas (M40)	Bellahouston Harriers	48:56
226	Jon Rathjen (M40)	Hunters Bog Trotters	48:57
227	Alick Walkinshaw (M50)	Ron Hill Cambuslang H	48:57
228	Jonathon Pritchard (M40)	Stornoway Running & AC	48:58
229	Craig Lamont (M Sen)	Bellahouston Harriers	48:59
230	Donald Cameron (M35)	Clydesdale Harriers	49:00
231	James Bowden (M Sen)	Hunters Bog Trotters	49:03
232	David Gorman (M Sen)	East Kilbride A.C.	49:08
233	Alan Mackay (M35)	Falkirk Victoria Harriers	49:09
234	Gordon Curran (M40)	Maryhill Harriers	49:09
235	Alexander Milne (M45)	Central AC	49:11
236	Johnston Orr (M35)	Westerlands XC Club	49:13
237	Derek Martin (M40)	Kirkintilloch Olympians	49:22
238	Stephen Thomson	Linnington & District AAC	49:23
239	Gerard Gaffney (M55)	Inverclyde AC	49:23
240	Duncan McGougan (M45)	Scottish Prison Service	49:24
241	David Hogg (M40)	Kirkintilloch Olympians	49:29
242	Iain Cairns (M Sen)	Springburn Harriers	49:32
243	Gary Mitchell (M45)	Kirkintilloch Olympians	49:34
244	Ben Mitchell (M40)	Lasswade AAC	49:34
245	Graeme Ackland (M50)	Lothian Running Club	49:38
246	Richard Parson (M Sen)	Edinburgh Univ H & H	49:41
247	Steven Peters (M Sen)	Dundee Road Runners	49:43
248	Martin Coleman (M Sen)	Springburn Harriers	49:47
249	John McLaughlin (M45)	Garscube Harriers	49:50
250	Scott Williamson (M Sen)	Corstorphine AAC	49:51
251	John Murray (M35)	Garscube Harriers	49:53
252	Mark Rhynes (M Sen)	Hunters Bog Trotters	49:54
253	Gary Stewart (M40)	Bellahouston Harriers	49:56
254	John Ritchie (M Sen)	Helensburgh AAC	49:58
255	Christopher Finn (M Sen)	Glasgow University H & H	49:59
256	Colin Feechan (M50)	Ron Hill Cambuslang H	50:00
257	Christopher Payne (M Sen)	Edinburgh AC	50:01
258	Mark Sutherland (M Sen)	Glasgow University H & H	50:02
259	Kenneth Anthony (M50)	Fife AC	50:02
260	Andrew McCaffery (M45)	Calderglen Harriers	50:02
261	John Mowbray (M Sen)	Larkhall YMCA Harriers	50:03
262	Andrew Sutherland (M40)	Maryhill Harriers	50:15
263	Robert Rogerson (M50)	Kirkintilloch Olympians	50:18
264	Simon Harrison (M Sen)	Hunters Bog Trotters	50:22
265	Alan O'Rourke (M40)	Greenock Glenpark H	50:24
266	Hugh Buchanan (M50)	Central AC	50:25
267	James Jarvis (M40)	Hunters Bog Trotters	50:28
268	Daniel O'Connell (M45)	Ron Hill Cambuslang H	50:29
269	William Townsend (M Sen)	Hunters Bog Trotters	50:30
270	Laurence Baker (M50)	Ayr Seaforth AAC	50:32
271	Ruairidh Macdonald (M Sen)	Bellahouston Harriers	50:36
272	Philip Tipping (M45)	Strathearn Harriers	50:39
273	Kevan McCartney (M35)	Greenock Glenpark H	50:42
274	Gerard Montgomery (M50)	Clydesdale Harriers	50:43
275	Neil Robertson (M45)	Falkirk Victoria Harriers	50:45
276	Duncan Baker (M50)	Hunters Bog Trotters	50:47
277	John Oates (M50)	Shettleston Harriers	50:50
278	Peter Simpson (M50)	Carnegie Harriers	50:50
279	Michael Mitchell (M45)	Fife AC	50:52
280	Alan Inglis (M40)	Teviotdale Harriers	50:52
281	Stephen Cowper (M45)	Milburn Harriers	50:59
282	Colin Miller (M55)	Irvine AC	51:01
283	Michael Paxton (M Sen)	Shettleston Harriers	51:04
284	David Nightingale (M55)	Gala Harriers	51:09
285	David Hughes (M40)	Ayr Seaforth AAC	51:10
286	Niall Bristow (M45)	Ron Hill Cambuslang H	51:15
287	Andrew Joyce (M Sen)	Stornoway Running & AC	51:16
288	William Watson (M50)	Haddington ELP	51:19
289	Graeme Gemmill (M45)	Bellahouston Harriers	51:20
290	Neal Robb (M Sen)	Corstorphine AAC	51:21
291	Barry Edwards (M Sen)	Bellahouston Road R	51:22
292	Paul Daly (M45)	Gala Harriers	51:23
293	Ross Munro (M50)	Stornoway Running & AC	51:23
294	Kevin Bloy (M45)	Ayr Seaforth AAC	51:24
295	Martin Clarke (M55)	Gala Harriers	51:24
296	Hugh Kerr (M50)	Central AC	51:25
297	Gary McKendrick (M45)	Inverclyde AC	51:30
298	John Gilhooly (M50)	Bellahouston Road R	51:31
299	Stephen Reilly (M Sen)	Calderglen Harriers	51:31
300	Tom Ord (M55)	VP-Glasgow AC	51:34
301	Angus Kay (M45)	Harmeny AC	51:35
302	Robert Rossborough (M Sen)	Ron Hill Cambuslang H	51:37
303	Murray Peebles (M Sen)	Harmeny AC	51:40
304	James Williamson (M Sen)	Hunters Bog Trotters	51:41
305	David Thomson (M Sen)	East Kilbride A.C.	51:41
306	Stuart McKenzie (M Sen)	Anster Haddies RC	51:42
307	Craig Stewart (M40)	Harmeny AC	51:42
308	Angus Gallie (M55)	Linlithgow AC	51:44
309	Kenneth White (M60)	Helensburgh AAC	51:50
310	Paul Clawson (M Sen)	Bellahouston Harriers	51:52
311	Matthew Purser (M35)	Motherwell AC	51:53
312	Ian Robert Johnston (M55)	Carnegie Harriers	51:56
313	Stuart Mounce (M Sen)	Hunters Bog Trotters	51:58
314	Craig White (M Sen)	Maryhill Harriers	52:02
315	Peter Jardine (M45)	VP-Glasgow AC	52:06
316	Ben McClellan (M Sen)	Glasgow University H & H	52:06

317	Scott Dickson (M40)	Lasswade AAC	52:07
318	Nick Vikander (M Sen)	Corstorphine AAC	52:07
319	Colin Wylie (M40)	Giffnock North AAC	52:08
320	Lukasz Cwiklewski (M Sen)	Edinburgh AC	52:09
321	David Greig (M40)	Carnegie Harriers	52:14
322	Will Mair (M Sen)	Hunters Bog Trotters	52:20
323	Stephen Bell (M45)	Helensburgh AAC	52:23
324	James Thyne (M55)	Hunters Bog Trotters	52:30
325	Colin Mclean (M45)	Springburn Harriers	52:32
326	John Gilmour (M45)	Scottish Prison Service	52:33
327	Leslie McDerment (M40)	Kilmarnock H&AC	52:34
328	William Goldie (M55)	Dumbarton AAC	52:36
329	Edward Reid (M50)	Calderglen Harriers	52:38
330	Duncan McKellar (M Sen)	Garscube Harriers	52:39
331	Daniel Newman (M45)	Fife AC	52:41
332	Jonathan Barlow (M35)	Central AC	52:41
333	Stephen Malcolm (M40)	Lothian Running Club	52:45
334	Andrew Stafford (M55)	Helensburgh AAC	52:51
335	Peter Lainq (M50)	Ayr Seaforth AAC	52:59
336	Alistair Bloxham (M Sen)	Dumfries Running Club	53:01
337	David Fades (M45)	Lothian Running Club	53:04
338	MJ Horne (M Sen)	Edinburgh AC	53:13
339	Tony Wayte (M50)	Strathearn Harriers	53:13
340	Benjamin Hands (M50)	Motherwell AC	53:16
341	Andrew McKechnie (M Sen)	Hunters Bog Trotters	53:17
342	Scott Nelson (M45)	Lothian Running Club	53:31
343	Andrew Latham (M45)	Edinburgh AC	53:31
344	James Sneddon (M45)	Irvine AC	53:35
345	Robert McEwan (M55)	Bellahouston Road R	53:36
346	Willie Munro (M50)	Springburn Harriers	53:39
347	Lewis Morrison (M Sen)	Arbroath & District AC	53:40
348	S Walters (M Sen)	Edinburgh AC	53:42
349	Damien Mallet (M35)	Inverclyde AC	53:43
350	Max Carcas (M Sen)	Edinburgh AC	53:47
351	Alexander Eaglesham (M55)	Ron Hill Cambuslang H	53:48
352	Richard Hadfield (M40)	Portobello Running Club	53:50
353	Paul Dudchenko (M45)	Linlithgow AC	53:51
354	Scott Innes (M40)	Edinburgh AC	53:52
355	John Martin (M55)	Falkirk Victoria Harriers	53:52
356	Jan-Bert Van Den Berg (M50)	Corstorphine AAC	53:55
357	Allan Gall (M55)	Central AC	53:56
358	Hugh Laverty (M55)	Clydesdale Harriers	54:00
359	Peter Walsh (M55)	Dumbarton AAC	54:00
360	Ross Neilson (M35)	Greenock Glenpark H	54:01
361	Peter McClelland (M Sen)	Hunters Bog Trotters	54:02
362	Gordon Morrison (M50)	Greenock Glenpark H	54:04
363	Jim Holmes (M40)	Calderglen Harriers	54:06
364	Andrew Milne (M45)	Fife AC	54:11
365	David Herberson (M40)	Calderglen Harriers	54:14
366	Martin Caldwell (M55)	Corstorphine AAC	54:15
367	Goreg Orr (M Sen)	Larkhall YMCA Harriers	54:15
368	William McCulloch (M50)	Gala Harriers	54:19
369	Daniel Beckett (M35)	Hunters Bog Trotters	54:28
370	Ryan Nelson (M Sen)	Clydesdale Harriers	54:32
371	Andrew Henderson (M55)	Calderglen Harriers	54:33
372	Thomas Litterick (M50)	Aberdeen AAC	54:37
373	Richard Shaw (M55)	Anster Haddies RC	54:39
374	Brian Niblock (M45)	Forfar Road Runners	54:40
375	John Smillie (M50)	Inverclyde AC	54:45
376	John Quinn (M50)	Westerlands XC Club	54:52
377	Joseph McNamee (M50)	Irvine AC	54:52
378	Jim Norton (M55)	Springburn Harriers	55:02
379	Ian Campbell (M45)	Hunters Bog Trotters	55:05
380	Alisdair Millan (M Sen)	Hunters Bog Trotters	55:05
381	Anthony Rodden (M Sen)	Kilmarnock H&AC	55:08
382	Paul Turnbull (M50)	Ayr Seaforth AAC	55:08
383	Campbell Cromar (M45)	Helensburgh AAC	55:09
384	Ian McPherson (M45)	Corstorphine AAC	55:14
385	Kenneth Pryde (M45)	Greenock Glenpark H	55:17
386	Christopher Mountford (M Sen)	Corstorphine AAC	55:20
387	James Galbraith (M50)	Giffnock North AAC	55:23
388	Graeme McKenzie (M35)	Troon Tortoises AC	55:30
389	Paul Caban (M40)	Ferranti AAC	55:34
390	Colin Simpson (M55)	Kirkintilloch Olympians	55:39
391	John Mill (M45)	Dundee Road Runners	55:43
392	Graham Ferguson (M Sen)	Ron Hill Cambuslang H	55:44
393	S McKenzie (M Sen)	Edinburgh AC	55:45
394	Alan Moffat (M35)	Lothian Running Club	55:45
395	Stewart Barrie (M45)	Hunters Bog Trotters	55:47
396	Steven Bonthron (M40)	Perth Road Runners	55:49
397	Robert Shaw (M55)	Inverclyde AC	55:50
398	Grant Matheson (M50)	Falkirk Victoria Harriers	55:54
399	Billy Clark (M50)	Giffnock North AAC	56:01
400	James White (M60)	Irvine AC	56:01
401	Stephen Fraser (M40)	Nairn Area AAC	56:04
402	James Lewis (M35)	Springburn Harriers	56:04
403	Robert Gray (M40)	Inverclyde AC	56:05
404	Phil Parr-Burman (M50)	Lasswade AAC	56:11
405	Christopher Craig (M40)	Kirkintilloch Olympians	56:15
406	Kenny Leinster (M50)	Calderglen Harriers	56:24
407	Allan McDermid (M Sen)	Bellahouston Road R	56:26
408	Pete Cartwright (M70)	Clydesdale Harriers	56:27
409	Grant Whytock (M45)	Dundee Road Runners	56:28
410	John Hamill (M40)	Dumbarton AAC	56:29
411	David Murphy (M40)	Shettleston Harriers	56:29
412	Chris Paton (M Sen)	Perth Road Runners	56:29
413	David Stakes (M50)	Bellahouston Road R	56:34
414	Gerard Connelly (M40)	Calderglen Harriers	56:39
415	Michael Harrington (M50)	Greenock Glenpark H	56:41
416	Sean Casey (M45)	Kirkintilloch Olympians	56:45
417	Ronald Milne (M55)	Forfar Road Runners	56:49
418	John McGrath (M45)	Law & District AAC	56:49
419	Campbell Fullarton (M Sen)	Helensburgh AAC	56:50
420	David Logan (M55)	Giffnock North AAC	56:56
421	Cameron Campbell (M50)	Central AC	57:00
422	Iain Robertson (M35)	Clydesdale Harriers	57:06
423	Keith Geddes (M40)	Inverness Harriers AAC	57:13
424	Paul McKendry (M50)	Clydesdale Harriers	57:16

425	James McAneny (M50)	Garscube Harriers	57:18
426	Barry Davie (M35)	Carnegie Harriers	57:23
427	Brian R Smith (M50)	Fife AC	57:24
428	Alastair McCallum (M50)	Falkirk Victoria Harriers	57:25
429	Colin Douglas (M40)	Helensburgh AAC	57:32
430	Alex MacEwen (M55)	Edinburgh AC	57:41
431	Andrew Corriagan (M45)	Harmeny AC	57:47
432	Bernard Kanley (M45)	Greenock Glenpark H	57:50
433	Sandy Wallace (M60)	Haddington ELP	57:55
434	Gerry Kane (M55)	Clydesdale Harriers	58:05
435	Fraser Merry (M45)	Dundee Hawkhill H	58:08
436	Kevin Clark (M50)	Portobello Running Club	58:10
437	Ron Martin (M45)	Ochil Hill Runners	58:18
438	Peter Blackmore (M40)	Motherwell AC	58:20
439	David Carruthers (M35)	Greenock Glenpark H	58:23
440	Thomas McChord (M55)	Kirkintilloch Olympians	58:25
441	Derek Blount (M50)	Helensburgh AAC	58:26
442	Keith Weston (M65)	Ferranti AAC	58:28
443	Eric Stevenson (M60)	Edinburgh AC	58:33
444	Gordon Morrison (M55)	Strathearn Harriers	58:38
445	John Pugh (M45)	Kirkintilloch Olympians	58:42
446	Malcolm Murray (M Sen)	Stornoway Running & AC	58:47
447	Andrew Griffiths (M60)	Garscube Harriers	58:48
448	Brian Howie (M60)	Edinburgh AC	58:51
449	Gibson Fleming (M65)	Westerlands XC Club	58:58
450	Gordon King (M55)	Helensburgh AAC	59:05
451	Simon Lennox (M35)	Dumbarton AAC	59:06
452	Allan Brannigan (M45)	Carnegie Harriers	59:12
453	Daniel Hart (M Sen)	Helensburgh AAC	59:30
454	James Alexander (M50)	Lothian Running Club	59:34
455	Neil Arner (M45)	Giffnock North AAC	59:42
456	Allan Gordon (M65)	Hunters Bog Trotters	59:43
457	Willie Gallacher (M60)	Edinburgh AC	59:53
458	Gordon Howat (M Sen)	Helensburgh AAC	1:00:08
459	Iain Baird (M60)	Avr Seaforth AAC	1:00:13
460	David Armitage (M60)	Aberdeen AAC	1:00:19
461	Ian Ancombe (M35)	Bellahouston Harriers	1:00:26
462	Michael Allison (M Sen)	Falkirk Victoria Harriers	1:00:30
463	Andrew Stavert (M50)	Portobello Running Club	1:00:31

464	Gerry Gallacher (M35)	Scottish Prison Service	1:00:38
465	Robert Miller (M50)	Ferranti AAC	1:00:46
466	Kenny Mearns (M50)	Lothian Running Club	1:00:47
467	Iain Thomson (M60)	Carnegie Harriers	1:00:53
468	Stephen Greer (M55)	Carnegie Harriers	1:00:54
469	Tony Hall (M65)	Garscube Harriers	1:01:04
470	Kevin James Gill (M45)	Greenock Glenpark H	1:01:19
471	Darren Murray (M40)	Bellahouston Harriers	1:01:24
472	Richard Lawton (M35)	Calderglen Harriers	1:01:32
473	David Webster (M65)	Naim Area AAC	1:02:04
474	Gerard Mason (M50)	Shettleston Harriers	1:02:17
475	David Fairweather (M65)	Ron Hill Cambuslang H	1:02:19
476	Watson Jones (M70)	Clydesdale Harriers	1:02:24
477	Brian Wilson (M50)	Lasswade AAC	1:02:25
478	Jean Jumelle (M60)	Carnethy Hill Racing Club	1:02:27
479	Peter Rudzinski (M60)	Clydesdale Harriers	1:02:29
480	John McBride (M50)	Calderglen Harriers	1:02:42
481	Mark Warner (M45)	Hunters Bog Trotters	1:02:51
482	Brian J Campbell (M65)	Clydesdale Harriers	1:02:55
483	Robert Carson (M60)	Bellahouston Harriers	1:02:57
484	James Campbell (M35)	Greenock Glenpark H	1:03:02
485	Hugh Simpson (M50)	Calderglen Harriers	1:03:03
486	Thomas Kelly (M55)	Dumbarton AAC	1:03:41
487	Frederick McCain (M60)	Haddington ELP	1:04:04
488	Robert Young (M65)	Clydesdale Harriers	1:04:08
489	James Rowley (M65)	Law & District AAC	1:04:42
490	Alan Colman (M45)	Teviotdale Harriers	1:04:48
491	Christopher Moses (M Sen)	Helensburgh AAC	1:04:53
492	Keith Nicol (M60)	Ferranti AAC	1:04:54
493	George McHardy (M60)	Central AC	1:05:13
494	Allan Gibson (M60)	Anster Haddies RC	1:05:57
495	Walter McCaskey (M75)	Edinburgh AC	1:06:22
496	Peter Gardiner (M Sen)	Hunters Bog Trotters	1:07:24
497	Ragbir Singh (M60)	Garscube Harriers	1:07:59
498	Charles Steven (M50)	Calderglen Harriers	1:08:04
499	Edward McDonald (M60)	Ferranti AAC	1:10:07
500	Russell Couper (M45)	Calderglen Harriers	1:10:49
501	Richard McKinstry (M35)	Anster Haddies RC	1:11:03
502	Sandy MacLarty (M Sen)	Central AC	1:12:09
503	Ian Marshall (M60)	Hunters Bog Trotters	1:15:40

Teams				
Pos	Club	Name	Time	Pos
1	Central AC (62)	Scott McDonald (M Sen)	39:12	4
		Alastair Hay (M Sen)	39:17	7
		Alexander Hendry (M Sen)	39:45	10
		John Newsom (M Sen)	39:52	11
		Andrew Butchart (M Sen)	40:19	14
		Ross Houston (M Sen)	40:27	16
2	Ron Hill Cambuslang H (115)	Wegene Tafese (M Sen)	38:41	1
		Stuart Gibson (M Sen)	39:38	9
		Iain MacCorquodale (M Sen)	40:44	19
		David Munro (M Sen)	41:18	26
		Benjamin Hukins (M Sen)	41:23	28
		Kerry Liam Wilson (M40)	41:44	32
3	Corstorphine AAC (155)	Douglas Selman (M Sen)	39:37	8
		Keith Hood (M40)	40:24	15
		Calum McKenzie (M Sen)	40:41	18
		Scott Pilkington (M Sen)	41:46	33
		Dermot Cummins (M Sen)	41:53	36
		Bryan Clark (M Sen)	42:33	45
4	Shettleston Harriers (159)	13, 21, 23, 25, 34, 43		
5	Hunters Bog Trotters (209)	3, 6, 38, 42, 51, 69		
6	Edinburgh AC (308)	20, 24, 55, 64, 72, 73		
7	Edinburgh Univ H & H (463)	29, 46, 57, 62, 92, 177		
8	Bellahouston Road R (489)	54, 59, 68, 89, 105, 114		
9	Greenock Glenpark H (491)	17, 58, 98, 100, 103, 115		
10	Falkirk Victoria Harriers (747)	74, 77, 95, 107, 187, 207		
11	Garscube Harriers (847)	70, 113, 131, 163, 172, 198		
12	Carnegie Harriers (851)	41, 132, 136, 159, 186, 197		
13	East Kilbride A.C. (884)	39, 80, 109, 119, 232, 305		
14	Springburn Harriers (1070)	130, 138, 167, 192, 201, 242		
15	Kirkintilloch Olympians (1102)	110, 134, 137, 237, 241, 243		
16	Inverclyde AC (1161)	22, 84, 170, 239, 297, 349		
17	Gala Harriers (1164)	108, 151, 154, 175, 284, 292		
18	Bellahouston Harriers (1175)	94, 184, 190, 225, 229, 253		
19	Glasgow University H & H (1176)	63, 76, 208, 255, 258, 316		
20	VP-Glasgow AC (1249)	5, 203, 211, 215, 300, 315		
21	Lasswade AAC (1387)	50, 178, 194, 244, 317, 404		
22	Clydesdale Harriers (1417)	123, 214, 218, 230, 274, 358		
23	Westerlands XC Club (1472)	79, 112, 220, 236, 376, 449		
24	Stornoway Running & AC (1512)	101, 157, 228, 287, 293, 446		
25	Irvine AC (1599)	67, 129, 282, 344, 377, 400		
26	Lothian Running Club (1737)	86, 245, 333, 337, 342, 394		
27	Calderglen Harriers (1987)	260, 299, 329, 363, 365, 371		
28	Giffnock North AAC (2015)	35, 319, 387, 399, 420, 455		
29	Helensburgh AAC (2022)	254, 309, 323, 334, 383, 419		
30	Ayr Seaforth AAC (2025)	270, 285, 294, 335, 382, 459		