

Under 13 Boys

Distance 3,200 metres	The race will start at 11.30am
The winning team will be awarded the 'McKenzie Cup'	2010 Team Edinburgh AC
The winning individual to be awarded the 'Alex Nangle Memorial Trophy'	2010 Ind Euan Gilham (Kilbarchan AAC) TEAMS 4 TO COUNT

Aberdeen AAC	Colours: White with 2 red hoops		
1 Ben Renton	2 Charlie Allardes	3 Alasdair Lowe	4 Stewart Millar
5 Alex Brown	6 Rory Cunningham	7 Matthew Keenan	
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross		
8 Connor Gracie	9 Jamie Colquhoun	10 Ross Steele	11 Calum Steele
Banchory Stonehaven AC	Colours: Royal Blue with White band		
12 Ewan Mcmillan			
Calderglen Harriers	Colours: Amber and Black Vertical Stripes		
13 Drew Gordon	14 Alistair Crawford	15 Craig Stewart	
Central AC	Colours: Yellow and Blue		
16 Iain Davies	17 Kieran Potter	18 Gary MacFarlane	19 Cameron Taylor
20 Jack Kerr	21 Jamie Price	22 Cameron Harris	23 Sam Davidson
24 Matthew Crawford	25 Kalim McDonagh	26 Jamie Paterson	27 Greg Downs
28 Scott Balloch			
Clydesdale Harriers	Colours: White with Black "C"		
29 Lewis Hay			
Corstorphine AAC	Colours: White with Black Trim		
30 Anthony Addison	31 Samuel Galloway	32 Kenny Wilkie	33 Matthew Murray
34 Callum Campbell	35 Callum Crawford		
Dundee Hawkhill Harriers	Colours: Blue and White Quarters		
36 Andrew Merry	37 Charlie Swan	38 Euan Strachan	
East Kilbride AAC	Colours: Gold with 2 Black hoops		
39 Aidan Gilbride	40 Luke Kirwan	41 Martin Lynas	42 Ross Malloch
43 Aidan Hunter	44 Jai Lawson		
East Sutherland AC			
45 Lewis Holmes	46 Ruairidh Gollan		
Edinburgh AC	Colours: White with one Blue, one Black Hoop		
47 Josh Kerr	48 Alex Carcas	49 Paul Ireland	50 Jamie Underwood
51 Fraser Peters	52 Joe Riemersma		
Falkirk Victoria Harriers	Colours: Black with Gold Band		
53 Drew Meikle	54 Daniel McGhee		
Fife AC	Colours: White with Red Band		
55 Tom Harris	56 Tristan Rees		
Gala Harriers	Colours: White with Green Band		
57 Nathan Cox	58 Alex Freer		
George Heriots School	Colours: White with Blue Band		
59 Lewis Robinson			
Giffnock North AAC	Colours: Amber with Royal Blue Hoop		
60 John McLaughlin	61 Euan Brodie	62 Ross Gray	63 Chris Hyde
64 Lewis Grant	65 Andrew Vettraino	66 Lewis Grant	
Glasgow School of Sport			
67 Paul Harper			
Greenock Glenpark Harriers	Colours: Sky Blue with Royal Blue and Gold Hoops		
68 Steven Edmond	69 Ross Forbes	70 Jack O'Rourke	71 Michael O'Rourke
72 Evan Warwick			
Haddington East Lothian Pacemakers	Colours: Red and White Halves		
73 Max McKinnel			
Helensburgh AAC	Colours: Yellow with Red Band		
74 Lewis Serpell	75 Jacob Chown		
Inverclyde AC	Colours: Black & White Stripes		
76 Craig Bellew	77 Ross Gray	78 Matthew MacKinnon	

79 MacAulay McArthur	80 Scott Reid	81 Adam Stinson	82 Tom Semple
Inverness Harriers	Colours: Gold with Maroon Diagonal		
83 Ally Velzian	84 James Geddes	85 Euan Ferguson	86 Gregor MacLennan
87 Lewis Dinsdale	88 Euan Crawford	89 Lewis MacFarlane	90 Struan Tweedie
91 Daniel Wilby			
Kilbarchan AAC	Colours: Gold with Black Hoop		
92 Scott McLardie	93 Conor Thomson	94 Ryan Nesbitt	95 Owen Bannatyne
96 Euan Trout	97 Ryan Muir	98 David Collins	99 Conor Toal
100 Andrew McLean	101 Aidan Comerford	102 Euan Lyle	103 Euan McKerral
Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
104 Reed Wyper			
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
105 Aidan McCaffrey	106 Cameron Mack	107 Jack McCabe	108 Justin Hogg
109 Stuart Michie	110 Andrew Paterson		
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
111 Kyle A Mackenzie	112 Sean Mullen	113 Ronan J Clelland	114 Matthew Smith
115 Callum Grahame	116 Keiran Maskell		
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
117 Robert McGrath	118 Ciaran Kelly	119 Evan Jones	120 Richard Watson
Lothian Running Club	Colours: Blue with Black letters		
121 Sam Jones			
Moorfoot Runners	Colours: Red and Blue		
122 Kobe Stevens	123 Ruairidh Britton	124 Lewis Gray	125 David Collins
126 Mitchell Winyard			
Motherwell AC	Colours: Red with White edging		
127 Owen Leach	128 Lawrence McCluskey		
Nairn & D AAC	Colours: Orange		
129 Keiran Gibson	130 Rory Footitt	131 Hamish Baker	
Nithsdale AC	Colours: Jade Green/Black/White		
132 Angus Johnstone			
North Ayrshire AC	Colours: Purple & Gold		
133 Iain Wilson			
Perth Strathtay Harriers	Colours: Orange with Blue Trim		
134 Alastair Woodhead	135 Finlay Lennie	136 Fraser Gillies	137 Ben Greenwood
138 Simon Jardine	139 Joseph Gillespie		
Ron Hill Cambuslang Harriers	Colours: Red with White Band		
140 Sean Reilly	141 Luke Reilly	142 Joseph Pryce	143 Jordon Munro
144 Brett McNaught	145 Grant McGregor	146 Louis Stewart	
Ross County			
147 Luke Shaw			
Shettleston Harriers	Colours: Blue with Gold Band		
148 Daniel A Toland	149 Euan Penrice	150 Daniel O'Hear	151 Coner Brown
Stornoway RC	Colours: Red with Yellow Hoop		
152 Connor Maclean	153 Finlay MacSween	154 Lewis MacMillan	
155 Michael MacMillan			
Strathearn Harriers			
156 Sol Sweeney	157 Thomas Adams	158 Dominic Mestecky	
Victoria Park City of Glasgow	Colours: Blue and White Hoops		
159 Euan Urquhart	160 Calum McCormack	161 Scott McKay	
162 Jay Van den Hoven	163 Jamie MacKinnon	164 Ewan Rae	

Under 13 Girls Yellow Numbers

Distance 3,200 metres	The race will start at 11.45am
The winning team will be awarded the 'John Waddell Shield'	2010 Team: Central AC
The winning individual to be awarded the 'William Bramwell Trophy'	2010 Ind Kathryn Gillespie (Central AC) TEAMS 4 TO COUNT

Aberdeen AAC 1 Saffron Cummings	Colours: White with 2 red hoops 2 Poppy Clayton-littler	3 Lucy McLeod	4 Emma Murray
Ayr Seaforth AAC 5 Kirstin Oakley 9 Lara Carey	Colours: White with Red Diagonal Cross 6 Lisa Rennie 10 Siobhan Rae	7 Christie Hutton	8 Amy Palmer
Banchory Stonehaven AC 11 Eve Sealy	Colours: Royal Blue with White band 12 Polly Christie		
Central AC 13 Isla Burns 17 Shamsa Scott-Angell	Colours: Yellow and Blue 14 Beth Gallagher	15 Shannon Macfarlane	16 Amy Gullen
Clydesdale Harriers 18 Rachel Busby	Colours: White with Black "C"		
Corstorphine AAC 19 Hannah Addison	Colours: White with Black Trim 20 Jo Stapleton	21 Tara Adhikari	
Cumbernauld AAC 22 Emma Balfour	Colours: Sky Blue with Maroon Band		
Dundee Hawkhill Harriers 23 Katie Anderson	Colours: Blue and White Quarters 24 Eilidh L Reynolds		
East Kilbride AAC 25 Mhairi Boyle	Colours: Gold with 2 Black hoops 26 Lucy Fairlie	27 Rebecca Ballantyne	28 Alisha Montgomery
Edinburgh AC 29 Esme Stewart 33 Olivia Walls	Colours: White with one Blue, one Black Hoop 30 Hilary Lewin 34 Amy Armstrong	31 Jade Carlyle 35 Ailsa Clark	32 Rachel Watson 36 Franca Still
Falkirk Victoria Harriers 37 Kelly Bissett	Colours: Black with Gold Band 38 Jennifer Anderson	39 Leia Glading	40 Erin Pringle
Fife AC 41 Katy Aitken	Colours: White with Red Band 42 Rosabel K Kilgour	43 Eilidh Smyth	
Gala Harriers 44 Jo Arres	Colours: White with Green Band 45 Jennifer Burrows	46 Morven Cawthorn	
Garscube Harriers 47 Keir Dinardo	Colours: White with Blue Band		
Giffnock North AAC 48 Rebecca Conroy 52 Alexandra Pope	Colours: Amber with Royal Blue Hoop 49 Holly Still	50 Eilidh Cook	51 Jude Graham
Glasgow School of Sport 53 Abigail McInnes	54 Hannah Bartl	55 Casey Alexander	56 Charli Shand
Greenock Glenpark Harriers 57 Lucy Compston 61 Shelby Morrison	Colours: Sky Blue with Royal Blue and Gold Hoops 58 Lauren Mulaghton	59 Danielle Hunter	60 Laura Hamill
Harmeny AC 62 Alex Bates	Colours: Red with Green Diagonal		
Helensburgh AAC 63 Melissa Robinson	Colours: Yellow with Red Band 64 Morag Paterson	65 Caitlin McAllister	66 Megan Robertson
Inverclyde AC 67 Jill McGachy 71 Olivia Gemmell	Colours: Black & White Stripes 68 Emma Mitchell	69 Kim Simpson	70 Maggie Catlin
Inverness Harriers 72 Lauren Fraser 76 Christa Hutt	Colours: Gold with Maroon Diagonal 73 Gillian Gordon 77 Laura MacPherson	74 Mary Flockhart	75 Abigail Ferguson
Kilbarchan AAC 78 Rebecca Craig	Colours: Gold with Black Hoop 79 Emma Kelly	80 Kerry McAngus	81 Iona Miller

82 Jemma Reekie	83 Katie Turnbull	84 Chloe Baillie	85 Laura Stark
Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
86 Amy Donnelly	87 Harris Ritchie	88 Amy Mole	89 Alanis Brydon
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
90 Chloe White	91 Douglas Keay	92 Louise Campbell	93 Perri McCluskey
94 Suzanne Quigley	95 Victoria Robertson	96 Anna Forbes	
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
97 Rachel Hutchison			
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
98 Pamela McNicol	99 Emily McNicol	100 Reagan Binnie	101 Hannah Cussick
102 Heather Baird	103 Evie Robb		
Lothian Running Club	Colours: Blue with Black letters		
104 Bethany Nelson			
Motherwell AC	Colours: Red with White edging		
105 Kirsty Irwin	106 Kirsty Ferguson	107 Emma Hunter	108 Claire Ross
Nairn & D AAC	Colours: Orange		
109 Hannah Blackburn	110 Rachel McMillan		
North Ayrshire AC	Colours: Purple & Gold		
111 Demi Orr	112 Halle Stewart		
Perth Strathtay Harriers	Colours: Orange with Blue Trim		
113 Emma Ritchie			
Pitreavie AAC	Colours: Navy/Yellow/White		
114 Caitlin Murphy	115 Leah Davie		
Ron Hill Cambuslang Harriers		Colours: Red with White Band	
116 Rachel Black	117 Niamh Brown	118 Lauren Carey	119 Danielle Webster
120 Natalie Webster	121 Celine Quigg	122 Rachel MacDonald	
123 Hannah MacDonald			
Shettleston Harriers	Colours: Blue with Gold Band		
124 Casey Alexander	125 Amy Harkins	126 ruth Ferguson	127 Caitlin Caldwell
128 Chloe Caldwell			
Stornoway RC	Colours: Red with Yellow Hoop		
129 Peigi McKellar	130 jessica Macleod	131 Eilidh Macleod	132 Catriona Bain
Strathearn Harriers			
133 Morgan Oates	134 Abigail Johnston		
Victoria Park City of Glasgow		Colours: Blue and White Hoops	
135 Robyn Connolly	136 Nicole C Waters	137 Emma Ferrie	138 Cara Thom
139 Kirsty MacDonald	140 Abigail McInnes		

Under 15 Boys

Distance 4,000 metres	The race will start at 12.00 noon
The winning team will be awarded the 'John D Semple Cup'	2010 Team VP City of Glasgow AC
The winning individual to be awarded the 'Jock Semple Trophy'	2010 Ind Ahmed Hassan (Shettleston H) TEAMS 4 TO COUNT

Aberdeen AAC

165 Oliver Hay
168 Samuel Johnson

Colours: White with 2 red hoops

166 Steven Murray 167 Jamie Dickson
169 Ethan Lovie 170 Stuart Gomes

Anster Haddies

171 Ronan McKinstray

Colours: Yellow Vest

Ayr Seaforth AAC

172 Andrew Black
175 James Pettigrew

Colours: White with Red Diagonal Cross

173 Ben Steven 174 Shaun Rennie

Banchory Stonehaven AC

176 Daniel Rees

Colours: Royal Blue with White band

Calderglen Harriers

177 Andrew McGurk

Colours: Amber and Black Vertical Stripes

178 Ian Rae (Jnr) 179 Paul Mullen

Central AC

180 Alan Waddell
183 Malcolm English

Colours: Yellow and Blue

181 Stuart McKinney 182 Lewis Sinclair

Clydesdale Harriers

184 David Campbell

Colours: White with Black "C"

185 Conor Ewing

Corstorphine AAC

186 Michael Addison
189 Rory Henderson

Colours: White with Black Trim

187 Matthew Galloway 188 Sandy Robson
190 Alexander Wilkie

East Kilbride AAC

191 Vincent Hastings
195 Paul Wilson

Colours: Gold with 2 Black hoops

192 Jack Kirwan 193 Kieran Rankin 194 Kyle Johnston

East Sutherland AC

196 Ross Gollan

Edinburgh AC

197 Jake Kerr
200 Cameron Gilmour
204 Sam Ramsahoye

Colours: White with one Blue, one Black Hoop

198 Robert Bough 199 Michael Hudson
201 Michael Cameron 202 Dominic O'Hare 203 Gregor Burns

Falkirk Victoria Harriers

205 Alastair Kirkwood

Colours: Black with Gold Band

206 Ruairi Kirkwood 207 Craig Mitchell 208 Aidan Hilton

Fife AC

209 Euan Berry

Colours: White with Red Band

210 Logan Rees 211 Cameron Thomson 212 Bruce Millar

Gala Harriers

213 Paul Henney

Colours: White with Green Band

214 Fraser Wardhaugh 215 Rowan Marr

Giffnock North AAC

216 Max Lancaster
220 Calum Murphy

Colours: Amber with Royal Blue Hoop

217 John Joe Lonergan 218 Patrick Lonergan 219 Jamie Cook
221 Scott Griffiths 222 Rob Gourley

Greenock Glenpark Harriers

223 Gerard Smith

Colours: Sky Blue with Royal Blue and Gold Hoops

224 Mark Magee 225 Kieran Munro

Haddington East Lothian Pacemakers

226 Innes Ogilvie

Colours: Red and White Halves

Helensburgh AAC

227 Fin Ritchie

Colours: Yellow with Red Band

228 Calum Wilson

Inverclyde AC

229 Isaac Dunning
233 Robert Todd

Colours: Black & White Stripes

230 Joshua Houston 231 Filip Palaszynski 232 Jack Rice
234 Jonathan Glen

Inverness Harriers

235 Sean Chalmers

Colours: Gold with Maroon Diagonal

236 Finlay MacLennan 237 Harry Barton

238 Matthew Grant
Kilbarchan AAC **Colours: Gold with Black Hoop**
239 Callum Matthews 240 Euan Gillham 241 Gavin McArdle
242 Charlie Wighton 243 Cameron Swanson 244 Rorie Tracey
245 Mark Hounsell 246 Fraser Warwick

Kilmarnock Harriers **Colours: Royal Blue with 2 White Stripes**
247 Angus Cochrane 248 Terry Mulholland

Kirkintilloch Olympians **Colours: Sky Blue with White and Black Hoops**
249 Aidan Kane 250 Callum Dewar 251 Kieran Pugh

Lasswade AAC **Colours: White with 2 Blue Bands and Red Band**
252 Iain Lawson 253 Callum Clark 254 Fraser Amos 255 David Brooks
256 Ross McEwan

Law & District AAC **Colours: Amber with 2 Red Bands and 1 White Band**
257 Stuart McLuckie 258 Andrew Lawler 259 Steven Bryce
260 Stephen Murphy

Lochaber AC **Colours: White with 2 Blue Hoops**
261 Callum Fraser

Maryhill Harriers **Colours: Royal Blue**
262 Andrew Stevenson

Moorfoot Runners **Colours: Red and Blue**
263 Jacob Adkin

Nithsdale AC **Colours: Jade Green/Black/White**
264 Kieran Saunders 265 Fraser White

North Ayrshire AC **Colours: Purple & Gold**
266 Gordon Wilson 267 Christopher Liechti 268 Liam Dale 269 Fraser Mackie

Perth Strathtay Harriers **Colours: Orange with Blue Trim**
270 Robert Henson 271 Michael Gillespie 272 Cameron Ritchie

Pitreavie AAC **Colours: Navy/Yellow/White**
273 Evan Ross 274 Ben Potrykus 275 Aidan Thompson
276 Gregor Beatson

Ron Hill Cambuslang Harriers **Colours: Red with White Band**
277 Ryan Thomson 278 Ross Stephen 279 Brendan Carey
280 Keith McIntyre 281 David Robertson 282 Jack MacGregor 283 Fraser Ebbitt
284 Joe Brown 285 Ryan Miller

Shettleston Harriers **Colours: Blue with Gold Band**
286 Ryan Finnieston 287 Logan Sirel 288 Dean Stevenson
289 Callum Drummond 290 Murray McGiven 291 Ryan Flanagan
292 Ahmed Hassan

Stornoway RC **Colours: Red with Yellow Hoop**
293 Campbell MacDonald 294 Kenneth MacSween 295 Ross Allison
296 Micheil Russell Smith

Strathearn Harriers
297 Thomas Wake

Victoria Park City of Glasgow **Colours: Blue and White Hoops**
298 Lewis Boyle 299 Marc Rooney 300 Liam McLoone
301 Kieron Rafferty 302 Liam Turner 303 Fraser Glass 304 Murray Sim
305 Craig Jardine

Under 15 Girls Yellow Numbers

Distance 4,000 metres	The race will start at 12.15pm
The winning team to be awarded the 'Falkirk District Sports Council Trophy'	2010 Team Edinburgh AC
The winning individual to be awarded the 'William Bramwell Memorial Trophy'	2010 Ind Florie McLeish (Preston H) TEAMS 4 TO COUNT

Aberdeen AAC	Colours: White with 2 red hoops	
141 Becky Cheyne	142 Eilidh Prise	143 Eve Smith
144 Stephanie A Little	145 Aimee MacDonald	
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross	
146 Louisa Kelly	147 Emma Valley	148 Leigh McLevy
		149 Laura Meader
Calderglen Harriers	Colours: Amber and Black Vertical Stripes	
150 Lisa Stenhouse		
Central AC	Colours: Yellow and Blue	
151 Tara Walls	152 Eilidh MacCorquodale	153 Roisin Bonucchi
155 Kathryn Gillespie	156 Amy McCabe	154 Laura Clarke
Clydesdale Harriers	Colours: White with Black "C"	
157 Roisin McShea		
Corstorphine AAC	Colours: White with Black Trim	
158 Amber Robertson	159 Emma Kenworthy	
East Kilbride AAC	Colours: Gold with 2 Black hoops	
160 Catherine Lambie		
Edinburgh AC	Colours: White with one Blue, one Black Hoop	
161 Rosanna Stewart	162 Alexandra Hunter	163 Isla Pawson
164 Heide Biberbach-Laidlaw	165 Phoebe Crosthwaite	166 Martha C Wightman
168 Erin Cant	169 Rosie Wilson	167 Sara Findlay
Falkirk Victoria Harriers	Colours: Black with Gold Band	
170 Julie Hunter	171 Katherine Mitchell	172 Keely Wilkinson
Gala Harriers	Colours: White with Green Band	
173 Kerry Sandilands	174 Karen Maxwell	
Giffnock North AAC	Colours: Amber with Royal Blue Hoop	
175 Chloe Cowan	176 Selena Jackson	177 Holly Miller
179 Helena Davidson	180 Aimee Loudon	181 Isabella Murray
182 Paige McConville	183 Frances Lonergan	184 Katherine Young
		185 Lucy Davidson
Glasgow School of Sport		
186 Brogan Wallace	187 Jaye McRoberts	188 Elizabeth Edgar
Greenock Glenpark Harriers	Colours: Sky Blue with Royal Blue and Gold Hoops	
189 Gabrielle Fisher	190 Meighan McDade	191 Louisa Davis
		192 Mairi Shaw
Haddington East Lothian Pacemakers	Colours: Red and White Halves	
193 Emily Baxter		
Harmeny AC	Colours: Red with Green Diagonal	
194 Alison Broadhurst		
Highland Hill R		
195 Bethan Nadin		
Inverclyde AC	Colours: Black & White Stripes	
196 Chloe Simpson	197 Evie Semple	198 Kelly Williams
		199 Holly Stinson
Inverness Harriers	Colours: Gold with Maroon Diagonal	
200 Arianne Ross	201 Heather Campbell	202 Carey Ross
		203 Lucy Cameron
Kilbarchan AAC	Colours: Gold with Black Hoop	
204 Gwen Gillham	205 Catherine McLean	206 Jennifer Hanlon
208 Eva Sullivan	209 Kirsty Harper	210 Sarah Dempsey
212 Emma Arnold		207 Kathryn Lee
		211 Chloe Hardie
Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes	
213 Stacie Taylor	214 Emma McGarrity	
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops	
215 Emma Canning	216 Kathleen Quigley	
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band	
217 Amy Frankland	218 Fiona Matheson	

Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
219 Alice McGrath	220 Margaret Newell	221 Rebecca Watson	
222 Sherelle Graham			
Lochaber AC	Colours: White with 2 Blue Hoops		
223 Isla Mackay			
Maryhill Harriers	Colours: Royal Blue		
224 Heather Stevenson			
Moorfoot Runners	Colours: Red and Blue		
225 Sophie Collins			
Nairn & D AAC	Colours: Orange		
226 Rachael MacLennan			
Nithsdale AC	Colours: Jade Green/Black/White		
227 Kathryn Park			
North Ayrshire AC	Colours: Purple & Gold		
228 Shona Blades	229 Sarah Davies	230 Simone Sherrie	
Perth Strathtay Harriers	Colours: Orange with Blue Trim		
231 Iona Tavendale	232 Penny Morton	233 Louise Hally	
Pitreavie AAC	Colours: Navy/Yellow/White		
234 Amy McAlpine	235 Eilidh Reid	236 Katey Turner	237 Rachel Hunter
Preston Harriers			
238 Florie McLeish			
Ron Hill Cambuslang Harriers	Colours: Red with White Band		
239 Rebecca Bonomi	240 Lisa Ross	241 Hannah Robertson	242 Sophie Hayes
243 Eve MacKinnon	244 Rachel Mathie	245 Chelsea Dougan	
Ross County			
246 Hanna Cleghorn			
Rosendale H			
247 Megan Davies			
Shettleston Harriers	Colours: Blue with Gold Band		
248 Mhairi Hendry	249 Laura Penrice	250 Caitlin Hackett	
251 Hannah Ferguson			
Stornoway RC	Colours: Red with Yellow Hoop		
252 Isabelle Bain			
Strathearn Harriers			
253 Savannah Sweeney			
Teviotdale Harriers	Colours: White with Maroon Band		
254 Louise Mercer	255 Catherine Mercer		
Victoria Park City of Glasgow	Colours: Blue and White Hoops		
256 Eliza Chiswell	257 Melanie Chiswell	258 Paige Dickson	259 Jude Sloan-
Dennison	260 Anya Morrison	261 Kirsty Viera	262 Millie Boyle

Under 17 Women YELLOW Numbers with 17 on BACK

Under 20 Women RED Numbers with 20 on BACK

Distance 4,800 metres	The race will start at 12.35pm
Under 17 The winning team to be awarded the 'Dundee Parks Dept. Trophy'	2010 Under 17 Team (VP City of Glasgow)
Under 17 The winning individual to be awarded the 'Lothian Trophy'	2010 Under17 Ind Rhona Auckland (Banchory Stonehaven) TEAMS 3 TO COUNT
Under 20 Team	2010 Under 20 Team VP City of Glasgow
Under 20 The winning individual to be awarded the 'The Gunstone Millennium Trophy'	2010 Under 20 Ind Nicola Hood (VP City of Glasgow) TEAMS 3 TO COUNT

Aberdeen AAC

263 Kate Fowlie
2 Gemma Cormack (U20)

Colours: White with 2 red hoops

264 Kate Murdoch 1 Ellie Buchan (U20)

Arbroath & District AC

3 Becky Dunphy (U20)

Colours: Black with vertical yellow stripe

Ayr Seaforth AAC

265 Katie Sprang

Colours: White with Red Diagonal Cross

266 Sarah Cassells 267 Lauren Goldie 4 Louise Hill-

Stirling (U20)

Banchory Stonehaven AC

5 Rhona Auckland (U20)

Colours: Royal Blue with White band

Bellahouston Harriers

6 Kristina Greig (U20)

Colours: Dark Blue with Light Blue Cross

Calderglen Harriers

268 Emma Campbell

Colours: Amber and Black Vertical Stripes

Central AC

269 Amy Hendry

Colours: Yellow and Blue

7 Catriona Buchanan (U20)

Clydesdale Harriers

270 Claire Reid

Colours: White with Black "C"

Corstorphine AAC

271 Isabelle Bough

Colours: White with Black Trim

272 Lisa Christy

Cumbernauld AAC

273 Cliona Ferguson

Colours: Sky Blue with Maroon Band

Dundee Hawkhill Harriers

274 Iona Brodie

Colours: Blue and White Quarters

8 Laura Muir (U20)

East Kilbride AAC

275 Emma Fairlie

Colours: Gold with 2 Black hoops

276 Rachel Fairlie 277 Rachael Thomson 9 Beth Duff (U20)

Edinburgh AC

278 Emma Dunnett

Colours: White with one Blue, one Black Hoop

279 Oonagh Dunnett 280 Rachael Dunn 281 Olivia O'Hare

282 Caitlin Gray

283 Katie Watson 284 Louisa Stewart

285 Olivia Mackenzie

286 Ailsa Bruce 10 Emily Stewart (U20)

11 Emily Dudgeon (U20)

12 Lauren Stoddart (U20)

Edinburgh University H&H

13 Emily Pollock (U20)

Colours: Green with White side Panel

14 Katie Pollock (U20) 15 Emma Baxter (U20)

16 Rebecca Harding (U20)

17 Rebecca Hannah (U20)

Falkirk Victoria Harriers

287 Claire Barr

Colours: Black with Gold Band

288 Lucy Mitchell 289 Hazel Murray

Fife AC

290 Fiona Cruickshanks

Colours: White with Red Band

291 Laura Gibson 292 Halina Rees

18 Fiona Bracegirdle (U20)

Forres Harriers

19 Eleanor Duncan (U20)

Colours: Red

20 Kirstie Rogan (U20)

Gala Harriers

293 Lucy Henderson-Morris

Colours: White with Green Band

294 Laura Anderson 295 Hannah Jones 296 Emily Jones

297 Isla King	21 Kirstin Maxwell (U20)		
Giffnock North AAC	Colours: Amber with Royal Blue Hoop		
298 Madeleine Murray	299 Olivia Keenan	300 April Miller	
Glasgow School of Sport			
301 Amy McCafferty			
Greenock Glenpark Harriers	Colours: Sky Blue with Royal Blue and Gold Hoops		
302 Eilidh Hamill	303 Shona Webster		
Haddington East Lothian Pacemakers		Colours: Red and White Halves	
304 Rhiannon Dearie			
Helensburgh AAC	Colours: Yellow with Red Band		
305 Madeline Robinson			
Inverclyde AC	Colours: Black & White Stripes		
306 Lisa MacDonald	307 Emma Meechan	308 Rebecca Munn	
22 Rachael Bushfield (U20)	23 Nicole Darroch (U20)	24 Emma Fulton (U20)	
25 Emma Rice (U20)			
Inverness Harriers	Colours: Gold with Maroon Diagonal		
309 Mhairi MacLennan	310 Alice Gordon	311 Corrin Miller	
312 Elaine Murdoch	313 Ailie Rodgers		
Kilbarchan AAC	Colours: Gold with Black Hoop		
314 Kate Gillies	315 Elaine Eadie	316 Jennifer Eadie	
26 Natalie Sharp (U20)	27 Nynke Mulholland (U20)		
Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
317 Amanda Humes	318 Eve Kerr	319 Alannah Mole	320 Bethany Ross
321 Kelly Gilbert	322 Laura Nicolson	323 Sarah McDonald	
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
28 Alexandra Lamond (U20)	29 Hannah Terrance (U20)		
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
324 Katie Logan			
Lothian Running Club	Colours: Blue with Black letters		
30 Sarah Inglis (U20)	31 Mhairi Inglis (U20)	32 Lana Turnbull (U20)	
Moorfoot Runners	Colours: Red and Blue		
33 Alexandra Campbell (U20)	34 Scout Adkin (U20)		
Moray Road Runners	Colours: Dayglow yellow with Black Trim		
325 Bethany Wilson			
Nithsdale AC	Colours: Jade Green/Black/White		
35 Stephanie Lawrie (U20)			
North Ayrshire AC	Colours: Purple & Gold		
326 Alison Hughes	327 Paige Douglas	328 Stephanie Dalgoutte	
Perth Strathtay Harriers	Colours: Orange with Blue Trim		
329 Emily Tait	36 Shoni Tavendale (U20)		
Ron Hill Cambuslang Harriers	Colours: Red with White Band		
330 Katie Bristow	331 Mairi Brown	332 Sarah Millar	
333 Lauren Doherty	334 Rachel Fraser	335 Lucy Deeny	
Shettleston Harriers	Colours: Blue with Gold Band		
336 Stella Winters	337 Victoria McGloin	338 Shannon McLellan	
St Andrews University AC	Colours: White with 2 Blue Bands		
37 Jeannie Robertson (U20)	38 Rhiannon Dougall (U20)	39 Ruth Roberts (U20)	
Stornoway RC	Colours: Red with Yellow Hoop		
339 Rebecca Munro	40 Ceit Stewart (U20)		
Taunton AC	Colours: Navy, White, Green.		
340 Harriet Rogers			
Victoria Park City of Glasgow	Colours: Blue and White Hoops		
341 Danielle Beattie	342 Maria Milliken	343 Deborah Hannah	
344 Amy MacLellan	41 Hollie Young (U20)	42 Elizabeth Potter (U20)	
43 Josephine Moultrie (U20)	44 Rhian Dawes (U20)	45 Sarah Potter (U20)	

Under 17 Men

Distance 6,400 metres	The race will start at 12.55pm
The winning team to be awarded 'hold the Bryson Cup'	2010 Team Giffnock North AAC
The winning individual to be awarded the 'Goodwin Bowl'	2010 Ind Ross Matheson (Lasswade AAC) TEAMS 4 TO COUNT

Aberdeen AAC 306 Sam Burgess	Colours: White with 2 red hoops		
Anster Haddies 307 Zachary Delaney	Colours: Yellow Vest		
Arran Runners 308 Michael Jenks	Colours: Black/Yellow		
Ayr Seaforth AAC 309 Finlay Rae	Colours: White with Red Diagonal Cross	310 Euan Webster	311 Adam Steven
Banchory Stonehaven AC 312 Michael Ferguson	Colours: Royal Blue with White band		
Central AC 313 Ross Milne 317 Kyle Petrie	Colours: Yellow and Blue	314 Conor Kerr	315 Sam Fraser 316 Tom Watson
Clydesdale Harriers 318 Tony Dolan	Colours: White with Black "C"		
Corstorphine AAC 319 Christopher Galloway 323 Jack Williams	Colours: White with Black Trim	320 Connor Johnston	321 Craig Nolan 322 Callum Smith
Dundee Hawkhill Harriers 324 Jamie Crowe	Colours: Blue and White Quarters		
East Kilbride AAC 325 Scott Hernon	Colours: Gold with 2 Black hoops	326 Ben Stafford	
Edinburgh AC 327 Jake Wightman 331 Ciaran Turton	Colours: White with one Blue, one Black Hoop	328 Sam Wightman	329 Ruairidh Miller 330 Peter Cameron
Falkirk Victoria Harriers 334 Dale Colley	Colours: Black with Gold Band	332 Lachlan Waddell	333 Chris Ponton
Fife AC 338 Adam Harris	Colours: White with Red Band	335 Mark Govan	336 Ben Stevenson 337 Scott Stirling
Gala Harriers 339 Cameron Gowans	Colours: White with Green Band		
Garscube Harriers 340 Gavyn Chalmers	Colours: White with Blue Band		
George Heriots School 341 Sandy Thin	Colours: White with Blue Band	342 Oliver Johnston-Watt	
Giffnock North AAC 343 Max Lott 347 Christopher Russell 350 Declan McGallagly	Colours: Amber with Royal Blue Hoop	344 Grant Muir	345 Jack Walker 346 Sandy Nimmo
Glasgow School of Sport 352 Ben Stafford		348 Neil Gourley	349 Andrew Clark
Greenock Glenpark Harriers 354 Andrew Fisher 357 Adam McCormick	Colours: Sky Blue with Royal Blue and Gold Hoops	351 Scott Young	
Inverclyde AC 358 Michael Houston		353 Ewan Murray	
Inverness Harriers 362 Craig Campbell 366 Ross Fraser	Colours: Black & White Stripes	355 Ross Knight	356 Sean McCallion
	Colours: Gold with Maroon Diagonal	359 Matthew Thomson	360 Greg Williams 361 Shaun Tonner
		363 Alexander Thorne	364 Stuart Michael 365 Niall Ross
		367 David Gardner	

Kilbarchan AAC 368 Russell Mountford	Colours: Gold with Black Hoop 369 Craig Haxton
Kilmarnock Harriers 370 Cameron Mackie 373 Evan Cornforth	Colours: Royal Blue with 2 White Stripes 371 Roy Shankland 372 Luke McGill
Kirkintilloch Olympians 374 Callum Heirs	Colours: Sky Blue with White and Black Hoops 375 Scott Lawrie
Lasswade AAC 376 Euan G Bathgate	Colours: White with 2 Blue Bands and Red Ban
Law & District AAC 377 Christopher Watson	Colours: Amber with 2 Red Bands and 1 White Band 378 Daniel Graham
Moray Road Runners 379 Moray Goodfellow	Colours: Dayglow yellow with Black Trim 380 Blair Little 381 Toby Dobbs
Motherwell AC 382 Craig Mackenzie	Colours: Red with White edging
Nithsdale AC 383 Ryan Holmes	Colours: Jade Green/Black/White
Perth Strathtay Harriers 384 Alex Jardine 387 Patrick Gillespie	Colours: Orange with Blue Trim 385 Euan Holmes 386 Andrew Forsyth
Pitreavie AAC 388 Scott McAlpine	Colours: Navy/Yellow/White
Ron Hill Cambuslang Harriers 389 Matthew McKenna 392 Dean McNaught	Colours: Red with White Band 390 Dean McMurrans 391 Stuart Roe 393 Grant Sheldon 394 Niall Campbell 395 Ryan Russell
Shettleston Harriers 396 Garry Mason	Colours: Blue with Gold Band
Stornoway RC 397 Robert Jones	Colours: Red with Yellow Hoop 398 Duncan McKellar 399 Fraser Binns
Teviotdale Harriers 400 Keith Learmonth	Colours: White with Maroon Band
Victoria Park City of Glasgow 401 Max Aitchison 405 Hugh Mackenzie 408 Paul MacFarlane	Colours: Blue and White Hoops 402 Ethan Sloan-Dennison 403 Marc Austin 404 Craig Young 406 Andrew McCormack 407 Miro Ralston

Senior Women Yellow Numbers

Distance 8,000 metres	The race will start at 1.25pm
The winning team will be awarded the Daily Record Trophy	2010 Team Hunters Bog Trotters
The winning individual will be awarded the 'Mary Semple Trophy'	2010 Ind Freya Murray (Edinburgh AC) TEAMS 4 TO COUNT

Aberdeen AAC	Colours: White with 2 red hoops	
345 Rhona Buchan	346 Bezunesh Deggefa	347 Carly Hall
348 Angela Hepburn	349 Laura Mahady	350 Nicola Smith
351 Veronique Oldham		
Anster Haddies	Colours: Yellow Vest	
352 Pamela Cruikshanks	353 Tricia Wallace	
Arbroath & District AC	Colours: Black with vertical yellow stripe	
354 Sarah Connolly		
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross	
355 Toni McIntosh		
Bellahouston Harriers	Colours: Dark Blue with Light Blue Cross	
356 Erica Christie	357 Bernadette O'Neil	358 Yvonne Winchester
359 Kathleen MacLeod	360 Suzanne Boyle	361 Angela Campbell
362 Melanie Ronald		
Bellahouston Road Runners	Colours: Purple with White Band	
363 Julia Harris	364 Shona Donnelly	365 Jane Simpson
367 Joanna Lennox	368 Sandra Houldsworth	369 Nicola Milligan
		366 Katie Padgham
Calderglen Harriers	Colours: Amber and Black Vertical Stripes	
370 Frances Maxwell	371 Joanne McEvoy	372 Mary Goldsmith
Carnegie Harriers	Colours: Orange & Green	
373 Isobel Burnett	374 Judith Dobson	375 Morna Fleming
377 Grace Mackenzie	378 Gillian McCracken	379 Gail Murdoch
380 Melanie Sinclair	381 Fabienne Thompson	382 Mary Western
		376 Linda James
		383 Alison Whyte
Carnethy Hill RC	Colours: Yellow with Red letters	
384 Pamela Whitlie	385 Kate Friend	386 Stephanie Moss
Cartha Harriers	Colours: Purple, Gold & Green	
387 Sharon Taylor		
Central AC	Colours: Yellow and Blue	
388 Claire Houston	389 Emma Raven	390 Alison Docherty
391 Fiona Thompson	392 Fiona Kelsall	393 Jennifer Emsley
394 Lyndsay Morrison	395 Claire Brisbane	396 Sue Woods
		397 Shona Aiken
Clydesdale Harriers	Colours: White with Black "C"	
398 Pamela McCrossan	399 Marina McCallum	400 Kathryn Scott
Corstorphine AAC	Colours: White with Black Trim	
401 Megan Smith	402 Jo Kirby	403 Gillian Carr
405 Jillian Hogg	406 Susan Johnston	407 Eve Ritchie
409 Fiona Drake	410 Corrie Roberts	404 Kerry Porter
		408 Rachel Brockie
Dumbarton AAC	Colours: Black with Red Band	
411 L McNicol	412 Charlene Kelly	
Dundee Hawkhill Harriers	Colours: Blue and White Quarters	
413 Catriona M Reynolds		
Dundee Road Runners	Colours: White with Blue Diagonal	
414 Kirsty Gibson	415 Elaine Omand	416 Morag Taggart
East Kilbride AAC	Colours: Gold with 2 Black hoops	
417 Kelly Baillie		
Edinburgh AC	Colours: White with one Blue, one Black Hoop	
418 Freya Murray	419 Joanne Thom	420 Victoria Lomax
422 Nathalie Christie	423 Sarah Hood	424 Susan Ridley
425 Sharyn Ramage	426 Vicky Frew	427 Jennifer MacLean
429 Lynsey Sharp	430 Emma Laverie	431 Lianne Logan
		421 Karen Dobbie
		428 Catherine Ferry
		432 Ara Fernandez
Edinburgh University H&H	Colours: Green with White side Panel	
433 Rowena Bell-Scott	434 Pamela Morris	435 Siobhan Prise
		436 Kirsten Hogg

437 Heidi Nicholson	438 Sarah Louise Johnson	439 Stephanie Davis	
Falkirk Victoria Harriers	Colours: Black with Gold Band		
440 Nicola Flynn	441 Elaine Thomson		
Ferranti AAC	Colours: Yellow with Black letters		
442 Elizabeth Gilchrist	443 Claire Gilchrist	444 Sheila Bauchop	445 Alison Arnold
446 Anne Peat			
Fife AC	Colours: White with Red Band		
447 Sandra Aitken	448 Innes Bracegirdle	449 Megan Crawford	450 Hester Dix
451 Morgan Windram-Geddes		452 Johanna Paananen	453 Jennifer Kibble
454 Sarah Legge	455 Phyllis Lemoncello	456 Alison McGill	
457 Amie McKimmie	458 Sophie Mullins	459 Hilary Ritchie	460 Helen Sharpe
461 Susan Thomson	462 Fiona Walker		
Forres Harriers	Colours: Red		
463 Moira Davie			
Gala Harriers	Colours: White with Green Band		
464 Fiona Dalgleish	465 Rachel Fagan	466 Dawn Grant	467 Dianne Lauder
468 Eileen Nicol	469 Gillian Duncan	470 Shelagh King	471 Fiona Shepherd
472 Gillian Bryson			
Garscube Harriers	Colours: White with Blue Band		
473 Alison Winship	474 Marian Kelly	475 Heather McIntosh	
476 Lesley Chisholm			
Giffnock North AAC	Colours: Amber with Royal Blue Hoop		
477 Jill Smylie	478 Hilary Millar	479 Maureen McVey	480 Sheila Lewis
481 Li Wang	482 Anne Lee	483 Yvonne Hamilton	484 Ruth Joss
Girvan AAC	Colours: White with Blue & Green Hoops		
485 Jo Schreiber			
Glasgow University H & H	Colours: Black and Gold		
486 Ruth Joss			
Greenock Glenpark Harriers	Colours: Sky Blue with Royal Blue and Gold Hoops		
487 Susan Clark	488 Suzanne Coyle	489 Fiona Cushnaghan	
490 Janet Henderson	491 Heather Kangley	492 Alison King	
493 Silke Loehndorf	494 Elizabeth Mitchell	495 Yvonne Prager	496 Theresa Wall
497 Lynne Rogers			
Harmeny AC	Colours: Red with Green Diagonal		
498 Lucy Marshall	499 Kirsty Stoddart	500 Lorna Broadhurst	
501 Fiona Donaldson	502 Margie Leitch	503 Amanda Pennycott	
504 Sandra McDougall	505 Fionna Ross		
Helensburgh AAC	Colours: Yellow with Red Band		
506 Erica Cromar	507 Julia Henderson	508 Maria Dye	
509 Michelle Hetherington	510 Janet Fellowes	511 Tina Munro	512 Sarah Walker
Hunters Bog Trotters	Colours: Brown		
513 Emma Baker	514 Briony Curtis	515 Carrie Craig	
516 Jessica Batterham	517 Claire Gordon	518 Jane Hart	519 Kate Jenkins
520 Isobel Knox	521 Deborah MacDonald	522 Catriona McCleery	
523 Morag McCracken	524 Shona McIntosh	525 Eilis McKeachie	526 Fionn Nairn
527 Rose Nicholson	528 Phyllis O'Brien	529 Sarah O'Neil	530 Sandra Rathjen
531 Janice Smith	532 Rosie Smith	533 Claire Ward	
534 Eilidh Wardlaw	535 Megan Wright	536 Louise Provan (Ind)	
Inverclyde AC	Colours: Black & White Stripes		
537 Rhona Bushfield	538 Carrie Gibson	539 Janice Hendrie	540 Claire Kelly
Inverness Harriers	Colours: Gold with Maroon Diagonal		
541 Melissa Whyte	542 Jenny Bannerman		
Kilbarchan AAC	Colours: Gold with Black Hoop		
543 Elspeth Curran	544 Christina Rankin	545 Kerry Lang	
546 Leanne Hamilton	547 Cara Sloss	548 Hannah Waugh	
549 Angela McGuinness	550 Jackie Campbell	551 Lesley McKerral	
Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
552 Paula Wilson	553 Kara Tait		
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
554 Ada Stewart	555 Annmarie McCaffrey	556 Ros OSullivan	

557 Shirley MacNab	558 Vivien Fraser		
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
559 Alison Cameron	560 Pamela O'Connor	561 Hilary McGrath	
Livingston & District AAC	Colours: Yellow with Green Stripe		
562 Yvonne Crilly			
Lochaber AC	Colours: White with 2 Blue Hoops		
563 Dawn Scott			
Lothian Running Club	Colours: Blue with Black letters		
564 Lynne Murray	565 Edel Mooney	566 Margaret Turnbull	567 Chloe Cox
568 Jocelyn Moar	569 Saran Jones		
Moorfoot Runners	Colours: Red and Blue		
570 Sarah McCormack			
Moray Road Runners	Colours: Dayglow yellow with Black Trim		
571 Oonagh Wilson			
Morpeth Harriers	Colours: Blue & White		
572 Maxine Czarnecka			
Motherwell AC	Colours: Red with White edging		
573 Jill E Logan	574 Clare Barr	575 Phyllis Hands	
576 Elaine Jamieson			
Ochil Hill Runners			
577 Alayne Finlay	578 Debbie Kilpatrick		
Perth Road Runners	Colours: Green and White		
579 Joan Wilson			
Portobello RC	Colours: White with Navy and Blue Bands		
580 Amanda Henderson	581 Jenni Owens	582 Janet Dunbar	583 Mary Hunter
584 Brenda Clark	585 Shery Johnston		
Ron Hill Cambuslang Harriers	Colours: Red with White Band		
586 Kirsty Grant			
Shettleston Harriers	Colours: Blue with Gold Band		
587 Avril Mason	588 Fiona Maxwell	589 Lindsay MacNeill	590 Clara Ursitti
591 Susan Breckenridge	592 Laura Murray	593 Carole Setchell	594 Iona Robertson
595 Christine Patterson			
Springburn Harriers	Colours: Navy Blue with White Diamond		
596 Michelle Sandison	597 Caroline Brownlie	598 Danielle Brown	599 Lorraine Gray
600 Clare Gemmell	601 Fiona Gentles	602 Catherine Connolly	
Stornoway RC	Colours: Red with Yellow Hoop		
603 Eilidh MacKenzie			
Teviotdale Harriers	Colours: White with Maroon Band		
604 Sylvia Grieve	605 Zoe Williams	606 Pamela Paxton	
Troon Tortoises AC	Colours: Yellow with 2 Black Half hoops		
607 Anne Noble	608 Natalie Fleming	609 Karen Robertson	
Victoria Park City of Glasgow	Colours: Blue and White Hoops		
610 Kirsty Baird	611 Kirsteen Young	612 Claire McCracken	613 Susan Finch
614 Christine Catterson	615 Louise Warren	616 Jacqui Thomson	
617 Claire Thompson			
Wee County Harriers	Colours: Navy and Orange		
618 Beryl Junnier	619 Carina Convery	620 Caroline Strain	
Westerlands CCC	Colours: Yellow with Black "W" on Back		
621 Pauline McAdam	622 Helen MacPherson	623 Patricia McLaughlin	
624 Ellen Homewood			
26.2 RRC			
625 Ann Bath			

Under 20 Men

Distance 8,000 metres	The race will start at 2.00pm
The winning team to be awarded the 'Mars hall Trophy'	2010 Team Central AC
The winning individual to be awarded the 'Livingstone Trophy'	2010 Ind Callum Hawkins (Kilbarchan AAC) TEAMS 4 TO COUNT

Aberdeen AAC	Colours: White with 2 red hoops		
409 Ross Fulton	410 James Joy	411 Cameron Strachan	412 Lewis Coffin
413 David Smith			
Arran Runners	Colours: Black/Yellow		
414 Cameron Paul			
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross		
415 Greg Templeton	416 Callum Aitkenhead	417 Andrew Rae	
Bellahouston Harriers	Colours: Dark Blue with Light Blue Cross		
418 Matthew Brown			
Central AC	Colours: Yellow and Blue		
419 Andrew Butchart	420 Scott Green	421 Alexander Hendry	
422 David Hutchison	423 David Lindsay	424 David MacKinlay	
Clydesdale Harriers	Colours: White with Black "C"		
425 Peter Bowman	426 Ryan Nelson		
Corstorphine AAC	Colours: White with Black Trim		
427 Andrew Christy	428 Fraser Scott		
Deeside Runners	Colours: Green		
429 James Espie			
Dundee Hawkhill Harriers	Colours: Blue and White Quarters		
430 Howell Craske	431 Matthew White		
East Kilbride AAC	Colours: Gold with 2 Black hoops		
432 Andrew Shaw	433 Adam Gatens	434 David Gorman	
435 John Fergusson			
Edinburgh AC	Colours: White with one Blue, one Black Hoop		
436 Tom Ryan	437 Andrew Crichton	438 Peter Loudon	
439 Gregor Maxwell	440 Adam Jack	441 Fraser Mann	442 Marcus Cram
443 Edward Dudgeon			
Edinburgh University H&H	Colours: Green with White side Panel		
444 Rory Leslie	445 Huw Stradling	446 Jamie Stevenson	
447 Ewan Crawford	448 Max Ralston		
Falkirk Victoria Harriers	Colours: Black with Gold Band		
449 Euan Martin			
Fife AC	Colours: White with Red Band		
450 Mark S Buchan			
George Heriots School	Colours: White with Blue Band		
451 Ross Christie	452 Alastair Smith		
Giffnock North AAC	Colours: Amber with Royal Blue Hoop		
453 Martin Fishwick	454 Luke Traynor	455 Greg Turner	
456 Jamie MacGregor	457 Miles Hollinshead	458 Matthew Ritchie	
Inverclyde AC	Colours: Black & White Stripes		
459 Andrew Campbell	460 Paul Currie		
Inverness Harriers	Colours: Gold with Maroon Diagonal		
461 Calum MacLeod	462 Thomas Grant	463 Stephen Mackay	464 Adam Horne
465 Eoghan MacNamara			
Kilbarchan AAC	Colours: Gold with Black Hoop		
466 Gary Rankin	467 Graham Evans	468 Stephen Fleming	
469 Thomas McDonald	470 Nicholas Emsley		

Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes
471 Murray McDonald	472 Ross Connelly 473 James Wales
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band
474 Ross Matheson	475 Zander Lyon
Lothian Running Club	Colours: Blue with Black letters
476 Max McNeill	
Motherwell AC	Colours: Red with White edging
477 Luke McIlvenna	
Ron Hill Cambuslang Harriers	Colours: Red with White Band
478 Andrew Coulter	479 Bobby Bristow 480 Stewart Orr
481 Jack Hamilton	482 Andrew Hunter 483 Stephen (jnr) Paris
Shettleston Harriers	Colours: Blue with Gold Band
484 Ruairidh Munro	485 Matthew Gillespie 486 Lee Wilson
487 Lachlan Oates	488 Kerrick Hesse 489 Adam Drummond
490 Andrew Dearie	491 Gary McBride 492 Cheryl Adam
493 Andrew Duffy	
St Andrews University AC	Colours: White with 2 Blue Bands
494 Andrew Steele	
Unattached	
495 Duncan MacArthur	
Victoria Park City of Glasgow	Colours: Blue and White Hoops
496 Sean Fontana	497 David Vernon

Senior Men

Distance 12,000 metres	The race will start at 2.30pm
The winning team to be awarded the 'Elkington Sheld' for 12 months	2010 Team Inverclyde AAC
The winning individual to be awarded the 'W H Dunlop Trophy'	2010 Ind Alaistair Hay (Central AC) TEAMS 6 TO COUNT

Aberdeen AAC

Colours: White with 2 red hoops

1 Mark Haskett	2 Benjamin Hukins	3 Eoin Durkan	4 Frank Boyne
5 Keith Charlton	6 Gavin Prise	7 Richard Ward	

Anster Haddies

Colours: Yellow Vest

8 Allan Gibson	9 Bill Simpson	10 Colin McIntosh	11 Richard Shaw
12 James Baillie	13 Derek Rae		

Arbroath & District AC

Colours: Black with vertical yellow stripe

14 Cameron Morrison

Ayr Seaforth AAC

Colours: White with Red Diagonal Cross

15 Laurence Baker

Bellahouston Harriers

Colours: Dark Blue with Light Blue Cross

16 Graeme Stewart	17 Iain Burke	18 Michael Freshour	19 Stewart Mulholland
20 Graeme Gemmell	21 Ruairidh Macdonald	22 Mark Paterson	23 Brian Douglas
24 Steven Prentice	25 Paul Ford	26 Andrew Campbell	27 Bryan Lamb
28 Tom Lauckner	29 Thomas Keenan		

Bellahouston Road Runners

Colours: Purple with White Band

30 Bruce Carse	31 Barry Edwards	32 Gerard Scullion	33 Christopher Doak
34 Russell Whittington	35 Mark Johnston	36 Peter Devenport	37 Neil Farnell
38 Ewan McDonald	39 Brian O'Donnell	40 Alistair Kell	41 Hugh Campbell
42 Greig Glendinning	43 Brendan Moriarty	44 Grant MacDonald	45 Kenny Richmond
46 Matthew Williamson	47 Alex Lawther	48 Stuart Mathieson	49 Ciaran Dougherty
50 Paul Farbotko	51 David Stakes		

Calderglen Harriers

Colours: Amber and Black Vertical Stripes

52 Russell Couper	53 David Herbertson	54 Alan Derrick	55 Edward Reid
56 Scot Hill	57 David Wardrope	58 Charles Steven	59 Ian Rae
60 Jim Holmes	61 Andrew Henderson	62 George Stewart	63 Colin Bain
64 Stuart Waugh	65 Colin Freeman	66 Martin Duthie	67 Kenny Leinster
68 Gerard Mullen			

Carnegie Harriers

Colours: Orange & Green

69 Allan Brannigan	70 Graeme Campbell	71 Paul Campbell	72 Michael Cowie
73 Kenneth Daniels	74 Barry Davie	75 Bill Duff	76 William Fairley
77 Allan Fotheringham	78 John Fulham	79 Stephen Greer	80 David Greig
81 Ian Johnstone	82 Mark Johnstone	83 Thomas Lawrence	84 Craig Lindsay
85 John McArthur	86 Kieran Morgan	87 Willie Rennie	88 Andrew Sim
89 Peter Simpson	90 Malcolm Smith	91 Phil Smithard	92 Ian Stewart
93 Ronnie Hunter-Blair			

Carnethy Hill RC

Colours: Yellow with Red letters

94 Jean Jumelle

Cartha Harriers

Colours: Purple, Gold & Green

95 Campbell Joss

96 Anthony Quinn

Central AC

Colours: Yellow and Blue

97 Alasdair Anthony	98 Hugh Buchanan	99 Cameron Campbell	100 James Drummond
101 Alan Gall	102 Alastair Hay	103 Will Hensman	104 Kenneth Hislop
105 Ross Houston	106 Steve Laing	107 Liam McCabe	
108 Christopher McHardy	109 George McHardy	110 David McNamee	111 Lewis Millar
112 Alex Milne	113 Craig Neal	114 John Newsom	115 Gavin Noble
116 Fraser Purves	117 Sean Reilly	118 Robert Russell	119 Colin Sinclair
120 Stuart Watson	121 Michael Wright	122 Hugh Kerr	

Clydesdale Harriers

Colours: White with Black "C"

123 Brian J Campbell	124 Robert Young	125 Michael Diver	126 Paul Carroll
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127 Peter Halpin	128 Peter Rudzinski	129 Iain Robertson	130 Colin Gray
131 Pete Cartwright	132 Gary Dick	133 Gerard Montgomery	134 Hugh Laverty
Corstorphine AAC	Colours: White with Black Trim		
135 Moray Anderson	136 Dermot Cummins	137 Tom Ferrington	
138 Christopher O'Brien	139 Steven O'Brien	140 Grant Wilkie	141 Scott Pilkington
142 Bryan Clark	143 Keith Hood	144 Calum McKenzie	145 Douglas Selman
146 Mickey Breen	147 John Christy	148 Timothy Norwood	149 Jan- Bert Van Den Berg
150 Martin Hulme	151 David Henderson	152 Graham Mclean	153 Michael Anderson
154 Graeme Fletcher	155 Nicholas Brown	156 Christopher Peggie	157 Shaun Cavens
158 Scott Williamson	159 Ian Johnston	160 Dean Carr	161 Alex Cumming
162 Richard Hooper	163 Bruce Malcolm	164 David Law	
Cosmic Hillbashers			
165 Stuart Hunter			
Deeside Runners	Colours: Green		
166 Alan Sealy			
Dumbarton AAC	Colours: Black with Red Band		
167 Simon Lennox			
Dumfries Running Club	Colours: White with Maroon and Sky blue Hoops		
168 Leslie Hill			
Dundee Hawkhill Harriers	Colours: Blue and White Quarters		
169 Nigel Reynolds	170 Paul Leonard	171 Matthew Strachan	172 Neil Gunstone
173 Gordon Barrie			
Dundee Road Runners	Colours: White with Blue Diagonal		
174 Steven Peters	175 John Mill	176 Gerard Savage	
East Kilbride AAC	Colours: Gold with 2 Black hoops		
177 Gordon Colvin	178 David J. Condra	179 Graeme Haddow	180 Tom Yuill JNR
181 Michael Browne	182 Kevin Downie	183 Grant Baillie	184 Jamie Clements
185 Niall Walker	186 William Taylor		
Edinburgh AC	Colours: White with one Blue, one Black Hoop		
187 Dermot Bailie	188 Graham Beal	189 D Blyth	190 Neil Calder
191 Owain Bristow	192 Adam Chmieloski	193 Daniel Clarkson	194 N Dickson
195 Keith Dunlop	196 Martin Ferguson	197 William Gallacher	198 Kevin Graham
199 Daniel Halliday	200 Richard Hope	201 Brian Howie	202 Stuart Johnston
203 Seamus Keely	204 Keith Lyall	205 Bryan Mackie	206 Alex MacEwen
207 Colin McGill	208 Roy Mitchell	209 Walter McCaskey	210 Kirk Ollason
211 Christopher Payne	212 Adam Priestley	213 Garry Robertson	214 James Ruskin
215 Darren Steel	216 David Steele	217 Eric Stevenson	218 Iain Whitaker
Edinburgh University H&H	Colours: Green with White side Panel		
219 Ross McCall	220 Duncan Coombs	221 Hector Haines	222 Mike Diver
223 Patryk Gierjatowicz	224 James Waldie	225 Scott Wallace	226 William Nicholson
227 Arjuna Sivakumaran	228 Tom Martyn		
Falkirk Victoria Harriers	Colours: Black with Gold Band		
229 David Bunyan	230 John Denholm	231 Mark Dunnachie	232 Stuart Douglas
233 John Martin	234 Alan Mackay	235 Barry Paterson	236 Michael McQuaid
237 Neil Robertson	238 Andrew Ronald	239 Gary Smith	240 Colin D Thomson
241 Alexander Davidson			
Ferranti AAC	Colours: Yellow with Black letters		
242 Robert Miller	243 Grant Sellar	244 Stephen Reid	245 Edward McDonald
246 Iain Shaw	247 Keith Weston		
Fife AC	Colours: White with Red Band		
248 Bryce Aitken	249 Andrew Brierley	250 Brian Cruickshank	251 Adrian Davis
252 Mark Harris	253 John Kay	254 Douglas Gunstone	255 Neil Martin
256 Daniel Newman	257 Roger Rees	258 Christopher Russell	259 David Shepherd
260 Robert Thornton	261 Mel Scobie	262 Alan McLeod	263 Kenneth McLeod
264 Steven Pennycook	265 Jeremy Tomlinson		
Forres Harriers	Colours: Red		
266 Robbie Paterson	267 Paul Rogan		

Gala Harriers

268 Euan Jardine
 272 Mark Bryson
 276 Alistair Laurie
 280 Colin McCall

Colours: White with Green Band

269 Graeme Murdoch
 273 Derrick Brydon
 277 Paul Daly
 281 David Nightingale
 282 Malcolm Gowans

270 Anthony Lunn
 274 Martin Clarke
 278 Magnus Inglis
 283 Thomas Knox

Garscube Harriers

284 Alexander Chisholm
 288 John Bell
 292 Stephen Cullen
 296 John Murray

Colours: White with Blue Band

285 Joe McKnight
 289 Chris Devine
 293 Gary Goldie
 297 Stephen Kilpatrick
 286 Benjamin Melby
 290 Jim McAneny
 294 Andrew Griffiths

287 Robert McLennan
 291 Euan Mackay
 295 Marco Consani

Giffnock North AAC

298 Stuart McBeath
 302 Martin O'Donnell
 306 Billy Clark
 310 Stuart MacDonald

Colours: Amber with Royal Blue Hoop

299 Michael Cross
 303 James Galbraith
 307 James O'Hagan
 311 David Phee
 300 Derek Breen
 304 Derren Thomson
 308 David Logan
 312 Rodger McEleney

301 Neil Amner
 305 David McNab
 309 George Gilchrist
 313 Hugh Gallagher

Girvan AAC

314 Colin Brash

Colours: White with Blue & Green Hoops**Glasgow University H & H**

315 Bryan McLelland
 320 Stephen Donoghue

Colours: Black and Gold

316 Chris Clarke
 318 Philip Arthur
 319 Andrew Foggo

Greenock Glenpark Harriers Colours: Sky Blue with Royal Blue and Gold Hoops

321 Steven Campbell
 325 Alan Henderson
 329 Andrew McCall
 333 Daniel McLaughlin
 337 Kenneth Pryde
 341 Robert Wilson

322 Kevin Gill
 326 Bernard Kangley
 330 Kevan McCartney
 334 Michael Mcloone Snr
 338 EEyin Rankin
 342 James Watson

323 Michael Harrington
 327 Thomas Loehndorf
 331 Stephen McDade
 335 Sam McVicar
 339 Stephen Trainer
 324 David Henderson
 328 Shaun Lyon
 332 Frank McKnight
 336 Alan O'Rourke
 340 Steven Watson

Haddington East Lothian Pacemakers

343 Paddy McDonald

Colours: Red and White Halves

344 Frederick McCain
 345 Frank McPartland
 346 Sandy Wallace

Harmeny AC

347 Peter Kadobinskyj
 351 Paul Thompson

Colours: Red with Green Diagonal

348 Thomas White
 352 Alan Grierson
 353 Jonathan Carpenter
 350 Ryan Riddell
 354 Gary Connelly

Helensburgh AAC

355 Paul Thompson
 359 Matthew Mackie

Colours: Yellow with Red Band

356 Gordon Howat
 360 Stephen Bell
 357 Iain Walker
 358 Michael Stanfield

Hunters Bog Trotters

361 Nick Altmann
 365 Stewart Barrie
 369 Stewart Caithness
 373 David Fulton
 377 Alistair Hart
 381 John MacPherson
 385 Andrew McKechanie
 389 Philip Mowbray
 393 Christopher Oliver
 397 Michael Taylor
 401 Ray Ward

Colours: Brown

362 George Ashley
 366 Daniel Beckett
 370 Ian Campbell
 374 Daniel Gay
 378 Craig Hunter
 382 Will Mair
 386 James McMullan
 390 Rupert Nash
 394 Jon Rathjen
 398 James Thyne
 402 Ian Wellock
 363 Duncan Baker
 367 Jamie Brown
 371 Daniel Clements
 375 Allan Gordon
 379 James Jarvis
 383 Craig Mattocks
 387 Alisdair Millan
 391 Donald Naylor
 395 Matt Sims
 399 William Townsend
 403 David Wright

364 Tom Barr
 368 Steven Cairns
 372 Colin Crabbie
 376 Simon Harrison
 380 Huw Jones
 384 Peter McClelland
 388 Geoffrey Mitchell
 392 Ivor Normand
 396 Murray Strain
 400 Richard Wall

Inverclyde AC

404 Mark Pollard
 407 Christopher MacKay
 411 Tom Tracey
 415 Cameron Spence
 419 Graeme Hyett
 423 Graeme Forbes

Colours: Black & White Stripes

405 Daniel Mulhare
 408 Craig Ruddy
 412 James Mcfadden
 416 Sean Gaffney
 420 John Smillie
 424 Campbell Cromar
 406 Andrew Douglas
 409 Kevin Kane
 413 Thomas Jamieson
 417 Robert Shaw
 421 Jude Boulton
 425 George Hegarty
 410 Ian Fisher
 414 Gerard Gaffney
 418 Robert Gray
 422 Kenny O'Neill

Irvine AC

426 Brian Craig
 430 James Sneddon

Colours: Red with Black Trim

427 Jamie Findlay
 431 Andrew Rennie
 428 Patrick Cullinane
 432 George Irving
 429 Alex Allardyce

Kilbarchan AAC	Colours: Gold with Black Hoop		
433 Robert Quinn	434 Derek Hawkins	435 John McMillan	436 Steven Hards
437 Brian Graham	438 Donald Petrie	439 Robert Connell	440 Donald Kennedy
441 David Mewse	442 Paul Leck	443 Paul Arcari	444 Conor McNulty
Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
445 Connell Drummond	446 Iain Connell	447 Scott Martin	
Kinross Road Runners	Colours: Yellow with Royal Blue Band		
448 Euan Bell-Scott			
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
449 Christopher Craig	450 David Hogg	451 Robert Rogerson	452 Stephen Allan
453 Paul O'Connor	454 Adam Peters	455 Michael Peters	456 Derek Martin
457 Gerard O'Brien	458 Gary Mitchell		
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
459 Barney Phillips	460 Niall Sheehan	461 Scott Campbell	462 John Murray
463 Ben Mitchell	464 Richard Connor	465 Martin Gore	466 Andrew Matheson
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
467 James Rowley	468 Patrick Kelly		
Linlithgow AAC	Colours: White & Yellow/black & Blue Hoops		
469 Matt Richardson	470 Malcolm D Hughes	471 Chris Beamish	
Livingston & District AAC	Colours: Yellow with Green Stripe		
472 Steven Thomson			
Lomond Hill Runners	Colours: Lemon with 2 black Hoops		
473 Gordon Pryde			
Lothian Running Club	Colours: Blue with Black letters		
474 Colin Partridge	475 James Alexander	476 Scott Nelson	477 Kenny Mearns
478 Graeme Ackland	479 Alan McIntosh	480 Ross Milne	481 Ian Leggett
482 Ben Hartman	483 Kenton Jones	484 Alex Agnew	
Maryhill Harriers	Colours: Royal Blue		
485 Sam Thomson	486 Duncan Riddell	487 Andrew Sutherland	488 Kenneth Stevenson
489 Stephen Jones			
Mid Argyll AC	Colours: Yellow with 2 Black vertical Bands		
490 Andrew Law			
Milburn Harriers	Colours: Light Blue with Dark Blue Diagonal		
491 Stephen Cowper	492 Daniel Burns	493 Patrick Burns	
Motherwell AC	Colours: Red with White edging		
494 Matthew Purser	495 Graeme Kennedy	496 Benjamin Hands	497 Chris McDonald
Musselburgh AC	Colours: Red with Black Stripes		
498 Stuart Mounce	499 Dermot Ferry	500 Alexander Oliver	
Ochil Hill Runners			
501 John Stevenson (Ind)	502 Robert Wiseman	503 Ross McLennan	504 Ron Martin
505 Peter Buchanan	506 David Eiser	507 Alistair Preiss	
Perth Road Runners	Colours: Green and White		
508 David Knight			
Pitreavie AAC	Colours: Navy/Yellow/White		
509 Andrew Le Good	510 Owain Williams	511 Archibald Duncan	512 Jeff Farquhar
513 Kevin Davie	514 Neil Maclachlan		
Portobello RC	Colours: White with Navy and Blue Bands		
515 Peter Buchanan	516 Gareth Green	517 Willie Jarvie	518 James Hamilton
519 Bob Still	520 Graham Henry	521 Kevin Clark	522 Tony Stapley
523 Scott Jarvie	524 Andrew Stavert	525 Michael Nowicki	
Ron Hill Cambuslang Harriers	Colours: Red with White Band		
526 David Fairweather	527 Francis Hurley	528 Sandy Eaglesham	529 Edward Stewart
530 Colin Feechan	531 David Rodgers	532 Michael O'Hagan	533 Greg Hastie
534 Kerry Wilson	535 Stephen Wylie	536 Jamie Reid	537 Scott Hunter
538 John MacNamara	539 Robert Gilroy	540 Iain Reid	541 David Munro
542 Joseph Kealey	543 Iain MacCorquodale	544 Chris Wilson	545 Stuart Gibson
Shettleston Harriers	Colours: Blue with Gold Band		

546 William Coyle	547 John J Duffy	548 Amanuel Hagos	549 Jethro Lennox
550 Kenneth McCoy	551 Thomas Owens	552 Matthew Sullivan	
553 Tewoldeberhan Mengisteab		554 Paul Sorrie	555 Tsegai Tewelde
556 Denis Williams	557 Marc McColl	558 Adam Lee	559 Thomas Fay
560 Michael Deason	561 Casey Morgan	562 John Oates	
563 Tsegezab Woldemichael		564 Michael Gillespie	565 Azzidine Zourhi
566 William Maxwell	567 Daniel Bradford	568 Stephen Winter	
569 William Breckenridge	570 Craig Mitchell	571 Andy Little	
Springburn Harriers	Colours: Navy Blue with White Diamond		
572 Martin Coleman	573 Ross McEachern	574 Damian McAuley	575 John Owens
576 Andrew Callan	577 Alan Hill	578 Willie Munro	579 Alan Cairns
St Andrews University AC	Colours: White with 2 Blue Bands		
580 Russell D Hall	581 Juraj Sabal	582 Andrew Smith	
Stirling University AC	Colours: Green and Yellow		
583 Philip Vernon	584 Jed Bartlett		
Stornoway RC	Colours: Red with Yellow Hoop		
585 Andrew Joyce	586 William MacRury	587 Ross Munro	
588 Andrew MacKenzie	589 Craig Miller	590 Iain Mackay	591 Andy McMahon
592 Gavin Earons			
Strathearn Harriers			
593 Philip Tipping	594 Gordon Morrison	595 Ian Beattie	
Teviotdale Harriers	Colours: White with Maroon Band		
596 Iain Williams	597 Bill Knox	598 Raymond Jaffray	599 Alan Coltman
600 Craig Grieve	601 Alan Inglis		
Troon Tortoises AC	Colours: Yellow with 2 Black Half hoops		
602 Graeme McKenzie	603 George McGregor	604 Ian McNee	605 David Etchells
606 Henry G Dobbie	607 William Gerrie	608 Derek Hill	
Unattached			
609 David Mitchell	610 Andreas Wilhelm	611 Ross Clark	
Victoria Park City of Glasgow	Colours: Blue and White Hoops		
612 Ralph Connolly	613 Gerard Craig	614 Peter Dawes	615 David McCormack
616 Kenneth McVey	617 Kenneth Mitchell	618 Tom Ord	619 Alex Potter
620 Peter Ramsay	621 Chris Sheridan		
Wee County Harriers	Colours: Navy and Orange		
622 Graeme Wilson	623 James i Hossack	624 Gordon McNeil	
Westerlands CCC	Colours: Yellow with Black "W" on Back		
625 Chris Upson	626 John Quinn	627 Scott Mitchell	628 Owen O'Neill
629 Johnston Orr	630 Niall McAlinden	631 John Denovan	632 Peter Grassl