

West Districts Cross Country Championships Irvine
 Saturday 5th December 2009 Irvine

Pos	No	Name	Cat	Club	Time
1	62	Euan Gillham	U-13	Kilbarchan AAC	11:43
2	63	Gavin McArdle	U-13	Kilbarchan AAC	11:47
3	108	Liam Turner	U-13	VP-Glasgow AC	11:55
4	56	Jonathan Glen	U-13	Inverclyde AC	11:58
5	39	Max Lancaster	U-13	Giffnock North AAC	12:13
6	60	Scott McLardie	U-13	Kilbarchan AAC	12:14
7	57	Ross Gray	U-13	Inverclyde AC	12:15
8	37	John McLaughlin	U-13	Giffnock North AAC	12:17
9	89	Jack MacGregor	U-13	Ron Hill Cambuslang Harriers	12:23
10	3	Andrew Black	U-13	Ayr Seaforth AAC	12:26
11	12	Craig Ferguson	U-13	Calderglen Harriers	12:31
12	1	Kieran Saunders	U-13	Annan & District AC	12:33
13	100	Ryan Flanagan	U-13	Shettleston Harriers	12:35
14	86	Fraser White	U-13	Nithsdale AC	12:39
15	99	Murray McGiven	U-13	Shettleston Harriers	12:40
16	59	Andrew Kelham	U-13	Inverclyde AC	12:43
17	87	Keith McIntyre	U-13	Ron Hill Cambuslang Harriers	12:43
18	74	Christopher MacDonald	U-13	Kirkintilloch Olympians	12:47
19	34	Jamie Cook	U-13	Giffnock North AAC	12:50
20	91	Joe Brown	U-13	Ron Hill Cambuslang Harriers	12:59
21	109	Jamie Middleton	U-13	VP-Glasgow AC	13:00
22	45	Walker Graham	U-13	Giffnock North AAC	13:02
23	36	Rob Gourley	U-13	Giffnock North AAC	13:05
24	85	Angus Johnstone	U-13	Nithsdale AC	13:07
25	93	Brendan Carey	U-13	Ron Hill Cambuslang Harriers	13:12
26	70	Angus Kerr	U-13	Kilmarnock H&AC	13:15
27	46	Robbie Barr	U-13	Giffnock North AAC	13:16
28	54	Fin Richie	U-13	Helensburgh AAC	13:17
29	58	Joshua Houston	U-13	Inverclyde AC	13:19
30	107	Alexander Craig	U-13	Stewartry AC	13:21
31	47	Scott Young	U-13	Giffnock North AAC	13:23
32	6	James Pettigrew	U-13	Ayr Seaforth AAC	13:28
33	66	Alan Sharp	U-13	Kilbarchan AAC	13:29
34	65	Charlie Wighton	U-13	Kilbarchan AAC	13:30
35	27	Luke Kirwan	U-13	East Kilbride A.C.	13:31
36	92	Sean Paul Brannan	U-13	Ron Hill Cambuslang Harriers	13:31
37	113	Alasdair Stewart	U-13	Whitemoss AC	13:33
38	53	Ross Forbes	U-13	Greenock Glenpark Harriers	13:40
39	114	Calum Walker	U-13	Whitemoss AC	13:42
40	38	Euan Brodie	U-13	Giffnock North AAC	13:46
41	29	Adam Duff	U-13	Garscube Harriers	13:46
42	50	Kieran Kelly	U-13	Glasgow School of Sport	13:48
43	94	Euan Davidson	U-13	Ron Hill Cambuslang Harriers	13:48
44	110	Damon Rafferty	U-13	VP-Glasgow AC	13:59
45	2	Lewis Holiday	U-13	Annan & District AC	14:32
46	7	Jamie Colquhoun	U-13	Ayr Seaforth AAC	14:36
47	24	David Campbell	U-13	Clydesdale Harriers	14:47
48	69	Rory Morris	U-13	Kilmarnock H&AC	14:52
49	82	Stephen Murphy	U-13	Law & District AAC	14:54
50	76	Fraser Connal	U-13	Kirkintilloch Olympians	14:54
51	90	Fraser Ebbitt	U-13	Ron Hill Cambuslang Harriers	14:57
52	16	Andrew McGurk	U-13	Calderglen Harriers	14:57
53	77	Callum Dewar	U-13	Kirkintilloch Olympians	15:10
54	83	Lewis Donnelly	U-13	Law & District AAC	15:14
55	71	terry mulholland	U-13	Kilmarnock H&AC	15:16

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56	32	Darren McGowan	U-13	Garscube Harriers	15:21
57	98	Joseph Pryce	U-13	Ron Hill Cambuslang Harriers	15:23
58	106	Sam Ainslie	U-13	Stewartry AC	15:23
59	13	Jai Lawson	U-13	Calderglen Harriers	15:39
60	103	Darren Mckay	U-13	Shettleston Harriers	15:40
61	72	Alasdair Hewitson	U-13	Kilmarnock H&AC	16:29
62	104	Douglas Mason	U-13	Shettleston Harriers	16:54
63	105	Ryan Finnieston	U-13	Shettleston Harriers	17:03
64	18	Paul McMonagle	U-13	Calderglen Harriers	00:00

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Race 2 Under 13 Boys

Sum of Pos			
Club	Cat	Name	Total
Kilbarchan AAC	U-13	Euan Gillham	1
		Gavin McArdle	2
		Scott McLardie	6
Kilbarchan AAC Total			9
Inverclyde AC	U-13	Jonathan Glen	4
		Ross Gray	7
		Andrew Kelham	16
Inverclyde AC Total			27
Giffnock North AAC	U-13	Max Lancaster	5
		John McLaughlin	8
		Jamie Cook	19
Giffnock North AAC Total			32
Ron Hill Cambuslang Harriers	U-13	Jack MacGregor	9
		Keith McIntyre	17
		Joe Brown	20
Ron Hill Cambuslang Harriers Total			46
VP-Glasgow AC	U-13	Liam Turner	3
		Jamie Middleton	21
		Damon Rafferty	44
VP-Glasgow AC Total			68
Shettleston Harriers	U-13	Ryan Flanagan	13
		Murray McGiven	15
		Darren Mckay	60
Shettleston Harriers Total			88
Ayr Seaforth AAC	U-13	Andrew Black	10
		James Pettigrew	32
		Jamie Colquhoun	46
Ayr Seaforth AAC Total			88
Kirkintilloch Olympians	U-13	Christopher MacDonald	18
		Fraser Connal	50
		Callum Dewar	53
Kirkintilloch Olympians Total			121
Calderglen Harriers	U-13	Craig Ferguson	11
		Andrew McGurk	52
		Jai Lawson	59
Calderglen Harriers Total			122

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Kilmarnock H&AC	U-13	Angus Kerr	26
		Rory Morris	48
		terry mulholland	55
Kilmarnock H&AC Total			129

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Pos	No	Name	Cat	Club	Time
1	227	Finlay Rae	U-15	Ayr Seaforth AAC	16:04
2	306	Max Aitchison	U-15	VP-Glasgow AC	16:10
3	249	Alastair Stanley	U-15	Garscube Harriers	16:21
4	307	Lewis Boyle	U-15	VP-Glasgow AC	16:23
5	252	Neil Gourley	U-15	Giffnock North AAC	16:32
6	268	Greg Williams	U-15	Inverclyde AC	16:34
7	273	Russell Mountford	U-15	Kilbarchan AAC	16:38
8	271	Callum Matthews	U-15	Kilbarchan AAC	16:41
9	294	Ryan Thomson	U-15	Ron Hill Cambuslang Harriers	16:45
10	291	Matthew McKenna	U-15	Ron Hill Cambuslang Harriers	16:51
11	283	Gavin Alexander	U-15	Kirkintilloch Olympians	16:53
12	298	Callum Drummond	U-15	Shettleston Harriers	16:58
13	287	Chris Ponton	U-15	Nithsdale AC	17:11
14	257	Andrew Clark	U-15	Giffnock North AAC	17:18
15	250	Douglas Britton	U-15	Giffnock North AAC	17:25
16	264	Michael Houston	U-15	Inverclyde AC	17:28
17	248	Vincent Hastings	U-15	East Kilbride A.C.	17:30
18	285	Ross Hill	U-15	Law & District AAC	17:38
19	244	Scott Herson	U-15	East Kilbride A.C.	17:45
20	282	Callum Heirs	U-15	Kirkintilloch Olympians	17:47
21	295	Ross Stephen	U-15	Ron Hill Cambuslang Harriers	17:51
22	266	Jack Rice	U-15	Inverclyde AC	17:53
23	256	Scott Young	U-15	Giffnock North AAC	17:57
24	289	Ryan Holmes	U-15	Nithsdale AC	17:59
25	254	Scott Smith	U-15	Giffnock North AAC	18:08
26	299	Marcus Gault	U-15	Shettleston Harriers	18:15
27	281	Andrew McCormack	U-15	Kirkintilloch Olympians	18:20
28	300	Calum Divers	U-15	Shettleston Harriers	18:22
29	279	Roy Shankland	U-15	Kilmarnock H&AC	18:25
30	310	Kieron Rafferty	U-15	VP-Glasgow AC	18:27
31	263	Dylan Moore	U-15	Greenock Glenpark Harriers	18:35
32	286	Calum Lindsay	U-15	Law & District AAC	18:44
33	230	Kelvin Walker	U-15	Ayr Seaforth AAC	18:46
34	311	Murray Sim	U-15	VP-Glasgow AC	18:48
35	251	Anthony Deveney	U-15	Giffnock North AAC	18:49
36	234	Andrew Carter	U-15	Ayr Seaforth AAC	19:08
37	313	Jack Moreland	U-15	VP-Glasgow AC	19:11
38	267	Robert Todd	U-15	Inverclyde AC	19:21
39	305	Ben Sinden	U-15	Stewartry AC	19:29
40	280	Luke McGill	U-15	Kilmarnock H&AC	19:32
41	241	Tony Dolan	U-15	Clydesdale Harriers	19:36
42	288	Glen Watson	U-15	Nithsdale AC	19:37
43	231	Ben Steven	U-15	Ayr Seaforth AAC	19:44
44	293	Stuart Roe	U-15	Ron Hill Cambuslang Harriers	19:45
45	315	Craig Whiteside	U-15	Whitemoss AC	19:49
46	303	Euan Birch	U-15	Shettleston Harriers	19:59
47	290	Christopher Jenks	U-15	North Ayrshire AC	20:10
48	232	Shaun Rennie	U-15	Ayr Seaforth AAC	20:12
49	262	Mark Magee	U-15	Greenock Glenpark Harriers	20:20
50	245	Jack Kirwan	U-15	East Kilbride A.C.	20:24
51	284	Kieran Pugh	U-15	Kirkintilloch Olympians	20:49
52	242	David Newton	U-15	Clydesdale Harriers	21:08
53	301	Garry Mason	U-15	Shettleston Harriers	21:16
54	302	Kieran Brawley	U-15	Shettleston Harriers	24:43

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Sum of Pos			
Club	Cat	Name	Total
Giffnock North AAC	U-15	Neil Gourley	5
		Andrew Clark	14
		Douglas Britton	15
Giffnock North AAC Total			34
VP-Glasgow AC	U-15	Max Aitchison	2
		Lewis Boyle	4
		Kieron Rafferty	30
VP-Glasgow AC Total			36
Ron Hill Cambuslang Harriers	U-15	Ryan Thomson	9
		Matthew McKenna	10
		Ross Stephen	21
Ron Hill Cambuslang Harriers Total			40
Inverclyde AC	U-15	Greg Williams	6
		Michael Houston	16
		Jack Rice	22
Inverclyde AC Total			44
Kirkintilloch Olympians	U-15	Gavin Alexander	11
		Callum Heirs	20
		Andrew McCormack	27
Kirkintilloch Olympians Total			58
Shettleston Harriers	U-15	Callum Drummond	12
		Marcus Gault	26
		Calum Divers	28
Shettleston Harriers Total			66
Ayr Seaforth AAC	U-15	Finlay Rae	1
		Kelvin Walker	33
		Andrew Carter	36
Ayr Seaforth AAC Total			70
Nithsdale AC	U-15	Chris Ponton	13
		Ryan Holmes	24
		Glen Watson	42
Nithsdale AC Total			79
East Kilbride A.C.	U-15	Vincent Hastings	17
		Scott Hernon	19
		Jack Kirwan	50
East Kilbride A.C. Total			86

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Pos	No	Name	Cat	Club	Time
1	440	Craig Wellcoat	U-17	Law & District AAC	21:46
2	447	Jack Hamilton	U-17	Ron Hill Cambuslang Harriers	21:57
3	412	Grant Muir	U-17	Giffnock North AAC	22:18
4	414	Luke Traynor	U-17	Giffnock North AAC	22:26
5	452	Andrew Dearie	U-17	Shettleston Harriers	22:29
6	416	Jack Walker	U-17	Giffnock North AAC	22:35
7	409	Martin Fishwick	U-17	Giffnock North AAC	22:50
8	410	Max Lott	U-17	Giffnock North AAC	23:04
9	454	Lee Wilson	U-17	Shettleston Harriers	23:17
10	401	Peter Bowman	U-17	Clydesdale Harriers	23:23
11	413	Ewan Murray	U-17	Giffnock North AAC	23:25
12	457	Marc Austin	U-17	VP-Glasgow AC	23:26
13	431	Graham Evans	U-17	Kilbarchan AAC	23:28
14	402	Adam Gatens	U-17	East Kilbride A.C.	23:33
15	432	Thomas McDonald	U-17	Kilbarchan AAC	23:46
16	411	Alistair McCallum	U-17	Giffnock North AAC	23:54
17	459	Ethan Sloan-Dennison	U-17	VP-Glasgow AC	24:04
18	395	Cameron Paul	U-17	Arran Runners	24:21
19	445	Cameron McCann	U-17	Law & District AAC	24:27
20	453	Adam Drummond	U-17	Shettleston Harriers	24:30
21	438	Scott Lawrie	U-17	Kirkintilloch Olympians	24:33
22	444	Christopher Watson	U-17	Law & District AAC	24:47
23	396	Andrew Rae	U-17	Ayr Seaforth AAC	25:10
24	443	Jonathan Velu	U-17	Law & District AAC	25:13
25	441	Daniel Grieve	U-17	Law & District AAC	25:17
26	429	Calum MacLeod	U-17	Kilbarchan AAC	25:33
27	442	Daniel Stuart Graham	U-17	Law & District AAC	25:56
28	397	David Carter	U-17	Ayr Seaforth AAC	26:05
29	406	Ben Stafford	U-17	East Kilbride A.C.	26:12
30	433	Cameron Mackie	U-17	Kilmarnock H&AC	26:24
31	430	Gary Rankin	U-17	Kilbarchan AAC	26:33
32	456	Hugh Mackenzie	U-17	VP-Glasgow AC	26:49
33	428	Craig Haxton	U-17	Kilbarchan AAC	26:58
34	435	Grant Beattie	U-17	Kilmarnock H&AC	27:09
35	460	Paul MacFarlane	U-17	VP-Glasgow AC	27:29
36	437	Joseph Kimmett	U-17	Kilmarnock H&AC	27:32
37	420	Andrew Fisher	U-17	Greenock Glenpark Harriers	27:53
38	394	Michael Jenks	U-17	Arran Runners	28:12
39	434	Murray McDonald	U-17	Kilmarnock H&AC	30:04

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U17 Men

Sum of Pos			
Club	Cat	Name	Total
Giffnock North AAC	U-17	Grant Muir	3
		Luke Traynor	4
		Jack Walker	6
Giffnock North AAC Total			13
Shettleston Harriers	U-17	Andrew Dearie	5
		Lee Wilson	9
		Adam Drummond	20
Shettleston Harriers Total			34
Law & District AAC	U-17	Craig Wellcoat	1
		Cameron McCann	19
		Christopher Watson	22
Law & District AAC Total			42
Kilbarchan AAC	U-17	Graham Evans	13
		Thomas McDonald	15
		Calum MacLeod	26
Kilbarchan AAC Total			54
VP-Glasgow AC	U-17	Marc Austin	12
		Ethan Sloan-Dennison	17
		Hugh Mackenzie	32
VP-Glasgow AC Total			61
Kilmarnock H&AC	U-17	Cameron Mackie	30
		Grant Beattie	34
		Joseph Kimmett	36
Kilmarnock H&AC Total			100

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Pos	No	Name	Cat	Club	Time
1	748	Tsegai Tewelde	U20	Shettleston Harriers	3024
2	744	Tewoldeberhan Mengiste	Senior	Shettleston Harriers	3024
3	673	Derek Hawkins	Senior	Kilbarchan AAC	3052
4	642	Daniel Mulhare	Senior	Inverclyde AC	3059
5	750	Tsegezab Woldemichael	Senior	Shettleston Harriers	3110
6	632	Christopher MacKay	Senior	Inverclyde AC	3111
7	627	Craig Ruddy	Senior	Inverclyde AC	3154
8	625	Mark Pollard	Senior	Inverclyde AC	3207
9	759	Lachlan Oates	U20	Shettleston Harriers	3209
10	680	Robert Quinn	Vet	Kilbarchan AAC	3228
11	726	Robert Gilroy	Senior	Ron Hill Cambuslang Harriers	3231
12	666	David Millar	Vet	Irvine AC	3240
13	754	Thomas Fay	Senior	Shettleston Harriers	3243
14	757	Michael Deason	Senior	Shettleston Harriers	3303
15	728	John MacNamara	Senior	Ron Hill Cambuslang Harriers	3313
16	736	Kerry Liam Wilson	Senior	Ron Hill Cambuslang Harriers	3323
17	535	Kenny Richmond	Vet	Bellahouston Road Runners	3334
18	746	Paul Sorrie	Senior	Shettleston Harriers	3345
19	544	Matthew Williamson	Senior	Bellahouston Road Runners	3346
20	542	Peter Devenport	Senior	Bellahouston Road Runners	3414
21	725	Stuart Gibson	Senior	Ron Hill Cambuslang Harriers	3416
22	742	Kenneth McCoy	Senior	Shettleston Harriers	3431
23	649	Patrick Cullinane	Senior	Irvine AC	3437
24	650	Alex Allardyce	Senior	Irvine AC	3437
25	722	Andrew Coulter	u20	Ron Hill Cambuslang Harriers	3442
26	779	Sean Fontana	U20	VP-Glasgow AC	3448
27	648	Jamie Findlay	Senior	Irvine AC	3455
28	780	Derek Gibb	Senior	VP-Glasgow AC	3458
29	740	Ian Johnston	Vet	Shettleston Harriers	3502
30	743	Matthew Sullivan	Senior	Shettleston Harriers	3508
31	670	Stephen Fleming	U20	Kilbarchan AAC	3512
32	576	Grant Baillie	Senior	East Kilbride A.C.	3521
33	537	Liam Conway	Senior	Bellahouston Road Runners	3523
34	531	Mark Johnston	Senior	Bellahouston Road Runners	3525
35	679	James Snodgrass	Vet	Kilbarchan AAC	3527
36	672	Scott Hawkins	U20	Kilbarchan AAC	3529
37	783	Max Ralston	U20	VP-Glasgow AC	3938
38	756	Casey Morgan	Senior	Shettleston Harriers	3541
39	628	Sean Gaffney	Senior	Inverclyde AC	3542
40	697	Cameron Wilson	u20	Kilmarnock H&AC	3544
41	645	Andrew Campbell	U20	Inverclyde AC	3555
42	651	William Richardson	Senior	Irvine AC	3558
43	708	Adam Peters	U20	Kirkintilloch Olympians	3602
44	752	Adam Lee	Senior	Shettleston Harriers	3602
45	732	Gordon Robertson	Senior	Ron Hill Cambuslang Harriers	3605
46	606	Stephen McLoone	Vet	Greenock Glenpark Harriers	3627
47	693	Scott Martin	Vet	Kilmarnock H&AC	3630
48	623	Paul Thompson	Vet	Helensburgh AAC	3631
49	569	Michael Diver	Vet	Clydesdale Harriers	3634
50	538	Craig Ross	Senior	Bellahouston Road Runners	3638
51	749	Denis Williams	Vet	Shettleston Harriers	3646
52	543	Marcos Sanz Gomez	Senior	Bellahouston Road Runners	3650
53	733	Andrew Steven	Senior	Ron Hill Cambuslang Harriers	3654
54	532	Gerard Scullion	Vet	Bellahouston Road Runners	3655
55	580	Marco Consani	Senior	Garscube Harriers	3656

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56	677	John McMillan	Senior	Kilbarchan AAC	3657
57	652	Colin Miller	Vet	Irvine AC	3658
58	573	John Ferguson	U20	East Kilbride A.C.	3701
59	690	Ross Connelly	U20	Kilmarnock H&AC	3717
60	771	Emilio Cosimo	Senior	Springburn Harriers	3725
61	695	James Wales	U20	Kilmarnock H&AC	3728
62	692	George Irving	Vet	Kilmarnock H&AC	3729
63	793	David Riach	Vet	Westerlands XC Club	3736
64	515	Mayeul Ducrot	Senior	Ayr Seaforth AAC	3741
65	758	John Oates	Vet	Shettleston Harriers	3743
66	684	Donald Petrie	Vet	Kilbarchan AAC	3745
67	764	Ruairidh Munro	U20	Shettleston Harriers	3752
68	724	Colin Feechan	Vet	Ron Hill Cambuslang Harriers	3754
69	541	Andrew Birnie	Vet	Bellahouston Road Runners	3804
70	653	Ian Berryman	Vet	Irvine AC	3806
71	549	Alan Cullie	Vet	Calderglen Harriers	3809
72	705	Graham Molloy	Senior	Kirkintilloch Olympians	3813
73	656	Brian Craig	Vet	Irvine AC	3815
74	566	Paul Carroll	Vet	Clydesdale Harriers	3816
75	582	Euan Geddes	Senior	Garscube Harriers	3827
76	568	Gerard Montgomery	Vet	Clydesdale Harriers	3829
77	660	Alan Auld	Vet	Irvine AC	3836
78	539	Brian O'Donnell	Senior	Bellahouston Road Runners	3841
79	796	Owen O'Neill	Senior	Westerlands XC Club	3852
80	513	Laurence Baker	Vet	Ayr Seaforth AAC	3856
81	561	Kevin Farmer	Senior	Clydesdale Harriers	3857
82	713	Stephen Cowper	Vet	Milburn Harriers	3901
83	581	Euan Mackay	Vet	Garscube Harriers	3904
84	762	John Duffy	Vet	Shettleston Harriers	3911
85	616	Iain Walker	Senior	Helensburgh AAC	3932
86	579	Toby Messenger	Senior	Garscube Harriers	3938
87	689	Leslie McDerment	Senior	Kilmarnock H&AC	3940
88	617	Christopher Moses	Senior	Helensburgh AAC	3942
89	681	Steven Hards	Vet	Kilbarchan AAC	3943
90	594	Derrin Thomson	Senior	Giffnock North AAC	3945
91	560	Gary Dick	Vet	Clydesdale Harriers	4001
92	533	Grant MacDonald	Senior	Bellahouston Road Runners	4008
93	514	Shaun Phillips	Vet	Ayr Seaforth AAC	4010
94	795	Johnston Orr	Senior	Westerlands XC Club	4010
95	572	David J. Condra	Vet	East Kilbride A.C.	4015
96	550	Edward Reid	Vet	Calderglen Harriers	4019
97	583	Athole Smith	Vet	Garscube Harriers	4023
98	715	Daniel Burns	Senior	Milburn Harriers	4035
99	654	Andrew Rennie	Vet	Irvine AC	4036
100	791	David Calder	Vet	Westerlands XC Club	4037
101	718	Benjamin Hands	Vet	Motherwell AC	4044
102	691	Steven Currie	Senior	Kilmarnock H&AC	4045
103	655	Steven Connell	Vet	Irvine AC	4048
104	797	Daniel Reid	Vet	Westerlands XC Club	4050
105	527	Michael Freshour	Vet	Bellahouston Harriers	4051
106	716	Luke McIlvenna	U20	Motherwell AC	4053
107	610	Robert Wilson	Senior	Greenock Glenpark Harriers	4057
108	559	Ryan Savage	Senior	Clydesdale Harriers	4058
109	510	Peter Laing	Vet	Ayr Seaforth AAC	4100
110	658	James Sneddon	Vet	Irvine AC	4102
111	512	Barry Duddy	Senior	Ayr Seaforth AAC	4112

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112	782	Tom Ord	Vet	VP-Glasgow AC	4119
113	618	Stephen Bell	Vet	Helensburgh AAC	4129
114	729	John McPake	Senior	Ron Hill Cambuslang Harriers	4139
115	688	William Duffy	Vet	Kilmarnock H&AC	4142
116	766	Ross McEachern	Vet	Springburn Harriers	4149
117	629	Robert Gray	Senior	Inverclyde AC	4153
118	700	Edward McLoone	Senior	Kirkintilloch Olympians	4156
119	638	Robert Shaw	Vet	Inverclyde AC	4158
120	558	David Brown	U20	Clydesdale Harriers	4203
121	657	James White	Vet	Irvine AC	4210
122	665	john connell	Vet	Irvine AC	4217
123	553	Ian Rae	Vet	Calderglen Harriers	4221
124	787	Duncan Thomson	Senior	VP-Glasgow AC	4230
125	619	Gordon Howat	Senior	Helensburgh AAC	4238
126	687	Alan Brydon	Senior	Kilmarnock H&AC	4246
127	620	Kennth White	Vet	Helensburgh AAC	4247
128	777	Robert Miller	Vet	Troon Tortoises AC	4248
129	798	John Quinn	Vet	Westerlands XC Club	4249
130	723	David Fairweather	Vet	Ron Hill Cambuslang Harriers	4252
131	696	Richard Skillen	Senior	Kilmarnock H&AC	4300
132	518	Jonathan Dunn	U20	Ayr Seaforth AAC	4302
133	511	John Hayes	Senior	Ayr Seaforth AAC	4320
134	678	Donald Kennedy	Senior	Kilbarchan AAC	4324
135	536	Stuart Mathieson	Senior	Bellahouston Road Runners	4327
136	661	John Moore	Vet	Irvine AC	4328
137	659	Alastair MacFarlane	Vet	Irvine AC	4340
138	530	John Hagemeister	Senior	Bellahouston Harriers	4346
139	634	Thomas Jamieson	Senior	Inverclyde AC	4347
140	552	Jim Holmes	Vet	Calderglen Harriers	4352
141	676	Andrew Clugston	Senior	Kilbarchan AAC	4355
142	551	David Herbertson	Senior	Calderglen Harriers	4404
143	776	Ian McNee	Vet	Troon Tortoises AC	4418
144	596	Andrew Mcnaught	Vet	Girvan AAC	4429
145	635	John Smillie	Vet	Inverclyde AC	4436
146	586	Andrew Griffiths	Vet	Garscube Harriers	4437
147	704	James McQuade	Vet	Kirkintilloch Olympians	4456
148	631	Cameron Spence	Vet	Inverclyde AC	4459
149	591	James O'Hagan	Senior	Giffnock North AAC	4520
150	694	David Mitchell	Vet	Kilmarnock H&AC	4537
151	774	George McGregor	Vet	Troon Tortoises AC	4540
152	588	Tony Hall	Vet	Garscube Harriers	4542
153	769	Alan Cairns	Vet	Springburn Harriers	4559
154	524	Iain Burke	Vet	Bellahouston Harriers	4614
155	516	Brian Dunn	Vet	Ayr Seaforth AAC	4633
156	592	Gerard McNamee	Vet	Giffnock North AAC	4644
157	717	William Martin	Vet	Motherwell AC	4651
158	622	Alistair Wylie	Vet	Helensburgh AAC	4707
159	593	David Logan	Vet	Giffnock North AAC	4722
160	540	Norman Boyle	Vet	Bellahouston Road Runners	4740
161	711	Jim Rowley	Vet	Law & District AAC	4745
162	662	Michael Flinn	Vet	Irvine AC	4753
163	775	Alex Drain	Vet	Troon Tortoises AC	4814
164	554	David Wardrope	Senior	Calderglen Harriers	4820
165	589	David Geddes	Vet	Garscube Harriers	4854
166	522	Iain Fraser	Vet	Beith Harriers	4859
167	587	Stephen Cullen	Vet	Garscube Harriers	4932

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168	663	Robert Nicol	Vet	Irvine AC	4935
169	595	Jack Maxwell	Vet	Girvan AAC	4955
170	794	Graeme Orr	Vet	Westerlands XC Club	4958
171	709	Patrick Kelly	Vet	Law & District AAC	4959
172	630	Tom Tracey	Vet	Inverclyde AC	5052
173	564	Peter Rudzinski	Vet	Clydesdale Harriers	5109
174	682	Robert Connell	Vet	Kilbarchan AAC	5125
175	548	Charles Steven	Vet	Calderglen Harriers	5126
176	624	Andrew Stafford	Vet	Helensburgh AAC	5150
177	778	Henry G Dobbie	Vet	Troon Tortoises AC	5229
178	547	Russell Couper	Vet	Calderglen Harriers	5654
179	683	Brian Graham	Vet	Kilbarchan AAC	5746
180	664	Ian McManus	Vet	Irvine AC	5807
181	710	William Drysdale	Vet	Law & District AAC	6705
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Sum of Pos		
Club	Name	Total
Shettleston Harriers	Tsegai Tewelde	1
	Tewoldeberhan Mengisteab	2
	Tsegezab Woldemichael	5
	Lachlan Oates	9
	Thomas Fay	13
	Michael Deason	14
Shettleston Harriers Total		44
Inverclyde AC	Daniel Mulhare	4
	Christopher MacKay	6
	Craig Ruddy	7
	Mark Pollard	8
	Sean Gaffney	39
	Andrew Campbell	41
Inverclyde AC Total		105
Ron Hill Cambuslang Harriers	Robert Gilroy	11
	John MacNamara	15
	Kerry Liam Wilson	16
	Stuart Gibson	21
	Andrew Coulter	25
	Gordon Robertson	45
Ron Hill Cambuslang Harriers Total		133
Kilbarchan AAC	Derek Hawkins	3
	Robert Quinn	10
	Stephen Fleming	31
	James Snodgrass	35
	Scott Hawkins	36
	John McMillan	56
Kilbarchan AAC Total		171
Bellahouston Road Runners	Kenny Richmond	17
	Matthew Williamson	19
	Peter Devenport	20
	Liam Conway	33
	Mark Johnston	34
	Craig Ross	50
Bellahouston Road Runners Total		173
Irvine AC	David Millar	12
	Patrick Cullinane	23
	Alex Allardyce	24

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Irvine AC	Jamie Findlay	27
	William Richardson	42
	Colin Miller	57
Irvine AC Total		185
Kilmarnock H&AC	Cameron Wilson	40
	Scott Martin	47
	Ross Connelly	59
	James Wales	61
	George Irving	62
	Leslie McDerment	87
Kilmarnock H&AC Total		356
Clydesdale Harriers	Michael Diver	49
	Paul Carroll	74
	Gerard Montgomery	76
	Kevin Farmer	81
	Gary Dick	91
	Ryan Savage	108
Clydesdale Harriers Total		479
Garscube Harriers	Marco Consani	55
	Euan Geddes	75
	Euan Mackay	83
	Toby Messenger	86
	Athole Smith	97
	Andrew Griffiths	146
Garscube Harriers Total		542
Westerlands XC Club	David Riach	63
	Owen O'Neill	79
	Johnston Orr	94
	David Calder	100
	Daniel Reid	104
	John Quinn	129
Westerlands XC Club Total		569
Helensburgh AAC	Paul Thompson	48
	Iain Walker	85
	Christopher Moses	88
	Stephen Bell	113
	Gordon Howat	125
	Kennth White	127
Helensburgh AAC Total		586
Ayr Seaforth AAC	Mayeul Ducrot	64
	Laurence Baker	80
	Shaun Phillips	93

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Ayr Seaforth AAC	Peter Laing	109
	Barry Duddy	111
	Jonathan Dunn	132
Ayr Seaforth AAC Total		589
Calderglen Harriers	Alan Cullie	71
	Edward Reid	96
	Ian Rae	123
	Jim Holmes	140
	David Herbertson	142
	David Wardrope	164
Calderglen Harriers Total		736
Grand Total		8762

West Districts Cross Country Championships Irvine
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Sum of Pos			
Club	Cat	Name	Total
Kilbarchan AAC	Vet	Robert Quinn	10
		James Snodgrass	35
		Donald Petrie	66
Kilbarchan AAC Total			111
Irvine AC	Vet	David Millar	12
		Colin Miller	57
		Ian Berryman	70
Irvine AC Total			139
Bellahouston Road Runners	Vet	Kenny Richmond	17
		Gerard Scullion	54
		Andrew Birnie	69
Bellahouston Road Runners Total			140
Shettleston Harriers	Vet	Ian Johnston	29
		Denis Williams	51
		John Oates	65
Shettleston Harriers Total			145
Clydesdale Harriers	Vet	Michael Diver	49
		Paul Carroll	74
		Gerard Montgomery	76
Clydesdale Harriers Total			199
Kilmarnock H&AC	Vet	Scott Martin	47
		George Irving	62
		William Duffy	115
Kilmarnock H&AC Total			224
Westerlands XC Club	Vet	David Riach	63
		David Calder	100
		Daniel Reid	104
Westerlands XC Club Total			267
Ayr Seaforth AAC	Vet	Laurence Baker	80
		Shaun Phillips	93
		Peter Laing	109
Ayr Seaforth AAC Total			282
Helensburgh AAC	Vet	Paul Thompson	48
		Stephen Bell	113
		Kennth White	127
Helensburgh AAC Total			288
Calderglen Harriers	Vet	Alan Cullie	71

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Calderglen Harriers	Vet	Edward Reid	96
		Ian Rae	123
Calderglen Harriers Total			290
Garscube Harriers	Vet	Euan Mackay	83
		Athole Smith	97
		Andrew Griffiths	146
Garscube Harriers Total			326
Inverclyde AC	Vet	Robert Shaw	119
		John Smillie	145
		Cameron Spence	148
Inverclyde AC Total			412
Troon Tortoises AC	Vet	Robert Miller	128
		Ian McNee	143
		George McGregor	151
Troon Tortoises AC Total			422

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Sum of Pos			
Club	Cat	Name	Total
Shettleston Harriers	U20	Tsegai Tewelde	1
		Lachlan Oates	9
		Ruairidh Munro	67
Shettleston Harriers Total			77
Kilmarnock H&AC	U20	Cameron Wilson	40
		Ross Connelly	59
		James Wales	61
Kilmarnock H&AC Total			160
Grand Total			892