

WEST DISTRICT CROSS COUNTRY RELAYS
ROYAL ACADEMY IRVINE SATURDAY 11TH OCTOBER 2008

Results

Race 3 Senior/Junior Females 4 x 4000m

Leg 1							
Pos	No	Leg 1 Time	Ind Time	Runner		Cat	Club
1	219	00:14:15	00:14:15	Amleset	Tewelde	Senior	SHETTLESTON HARRIERS A
2	206	00:14:35	00:14:35	Elspeth	Curran	Under 20	KILBARCHAN AC
3	220	00:15:37	00:15:37	Michelle	Sandison	Senior	SPRINGBURN HARRIERS A
4	222	00:15:39	00:15:39	Rebecca	Finch	Senior	VP GLASGOW AC A
5	213	00:15:58	00:15:58	Kara	Tait	Under 20	KILMARNOCK AC
6	207	00:16:00	00:16:00	Ellidh	Clark	Under 13	KILBARCHAN AC B
7	203	00:16:11	00:16:11	Michelle	Hetherington	Vet	HELENSBURGH AAC
8	223	00:16:32	00:16:32	Jacqueline	Thomson	Vet	VP GLASGOW AC B
9	199	00:16:33	00:16:33	Yvonne	Hamilton	Senior	GIFFNOCK NORTH AC A
10	197	00:16:47	00:16:47	Alison	Winship	Vet	GARSCUBE HARRIERS A
11	217	00:16:49	00:16:49	Claire	Morgan	Senior	KIRKINTILLOCH OLY A
12	196	00:17:15	00:17:15	Elaine	Calder	Vet	EAST KILBRIDE AC
13	221	00:17:17	00:17:17	Marlene	Hunter	Senior	SPRINGBURN HARRIERS B
14	224	00:17:23	00:17:23	Catriona	Miller	Senior	WESTERLANDS XC CLUB
15	198	00:17:29	00:17:29	Ailsa	Currie	Senior	GARSCUBE HARRIERS B
16	194	00:17:34	00:17:34	Frances	Maxwell	Vet	CALDERGLEN HARRIERS A
17	201	00:17:55	00:17:55	Alison	King	Senior	GREENOCK GLENPARK AC
18	195	00:18:01	00:18:01	Marina	McCallum	Senior	CLYDESDALE HARRIERS A
19	192	00:18:11	00:18:11	Louise	Tarbet	Senior	BELLAHOUSTON RR A
20	200	00:18:26	00:18:26	Jacqueline	Cowan	Vet	GIFFNOCK NORTH AC B
21	214	00:18:41	00:18:41	Elizabeth	McDerment	Senior	KILMARNOCK AC B
22	204	00:18:52	00:18:52	Claire	Kelly	Senior	INVERCLYDE AC
23	190	00:19:07	00:19:07	Sharon	Taylor	Vet	BELLAHOUSTON HARRIERS A
24	215	00:19:39	00:19:39	Lorna	Sloan	Senior	KILMARNOCK AC C
25	218	00:19:42	00:19:42	Shirley	MacNab	Vet	KIRKINTILLOCH OLY B
26	205	00:19:48	00:19:48	Mary	Miller	Vet	IRVINE AC A
27	193	00:20:54	00:20:54	Sandra	Irvine	Vet	BELLAHOUSTON RR B
28	202	00:21:44	00:21:44	Lorna	Coyle	Vet	GREENOCK GLENPARK AC B

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Leg 2							
Pos	No	Leg 2 Time	Ind Time	Runner		Cat	Club
1	206	0:30:26	00:15:51	Karen	Glendinning	Senior	KILBARCHAN AC
2	222	0:30:34	00:14:55	Josephine	Moultrie	Under 20	VP GLASGOW AC A
3	220	0:31:27	00:15:50	Clare	Gemmell	Senior	SPRINGBURN HARRIERS A
4	219	0:32:20	00:18:05	Avril	Mason	Senior	SHETTLESTON HARRIERS A
5	199	0:32:22	00:15:49	Lauren	Baird	Senior	GIFFNOCK NORTH AC A
6	223	0:32:31	00:15:59	Donna	Finlayson	Senior	VP GLASGOW AC B
7	207	0:32:45	00:16:45	Lynsey	Curran	Senior	KILBARCHAN AC B
8	213	0:33:23	00:17:25	Paula	Wilson	Senior	KILMARNOCK AC
9	217	0:33:49	00:17:00	Anmarie	McCaffrey	Senior	KIRKINTILLOCH OLY A
10	197	0:34:17	00:17:30	Heather	McIntosh	Vet	GARSCUBE HARRIERS A
11	221	0:35:02	00:17:45	Caroline	Brownlie	Senior	SPRINGBURN HARRIERS B
12	203	0:35:12	00:19:01	Janet	Fellowes	Vet	HELENSBURGH AAC
13	200	0:35:25	00:16:59	Rachel	McDowall	U20	GIFFNOCK NORTH AC B
14	190	0:35:54	00:16:47	Erica	Christie	Vet	BELLAHOUSTON HARRIERS A
15	194	0:36:02	00:18:28	Sandra	Reid	Vet	CALDERGLEN HARRIERS A
16	192	0:36:25	00:18:14	Emma	Grant	Senior	BELLAHOUSTON RR A
17	204	0:37:16	00:18:24	Susanna	Spence	Under 20	INVERCLYDE AC
18	218	0:37:49	00:18:07	Susan	Addison	Vet	KIRKINTILLOCH OLY B
19	214	0:37:57	00:19:16	Kirsty	Robertson	Senior	KILMARNOCK AC B
20	224	0:38:00	00:20:37	Ellen	Homewood	Senior	WESTERLANDS XC CLUB
21	201	0:38:29	00:20:34	Dorothy	McCormick	Vet	GREENOCK GLENPARK AC
22	193	0:39:33	00:18:39	Julia	Harris	Vet	BELLAHOUSTON RR B
23	215	0:40:31	00:20:52	Morag	Cairns	Vet	KILMARNOCK AC C

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Leg 3							
Pos	No	Leg 3 Time	Ind Time	Runner		Cat	Club
1	222	0:45:05	00:14:31	Nicola Hood		Under 20	VP GLASGOW AC A
2	206	0:45:33	00:15:07	Natalie Sharp		Under 20	KILBARCHAN AC
3	220	0:45:33	00:14:06	Danielle Brown		Under 20	SPRINGBURN HARRIERS A
4	199	0:46:12	00:13:50	Sara Stevenson		Senior	GIFFNOCK NORTH AC A
5	207	0:49:14	00:16:29	Karen Yule		Senior	KILBARCHAN AC B
6	213	0:50:15	00:16:52	Gillian Mullen		Senior	KILMARNOCK AC
7	217	0:51:15	00:17:26	Ada Stewart		Vet	KIRKINTILLOCH OLY A
8	197	0:51:31	00:17:14	NO ATHLETE D DECLARED			GARSCUBE HARRIERS A
9	219	0:51:55	00:19:35	Susan Breckenridge		Vet	SHETTLESTON HARRIERS A
10	192	0:52:11	00:15:46	Iona Robertson		Senior	BELLAHOUSTON RR A
11	200	0:53:11	00:17:46	Maureen McVey		Vet	GIFFNOCK NORTH AC B
12	204	0:55:24	00:18:08	Sarah Kelly		Senior	INVERCLYDE AC
13	201	0:57:00	00:18:31	Terry Wall		Vet	GREENOCK GLENPARK AC
14	224	0:57:33	00:19:33	Muffy Calder		Vet	WESTERLANDS XC CLUB
15	190	0:58:15	00:22:21	Joanne Sharp		Senior	BELLAHOUSTON HARRIERS A
16	218	0:58:18	00:20:29	Ros OSullivan		Vet	KIRKINTILLOCH OLY B
17	193	0:58:25	00:18:52	Madeline Smillie		Senior	BELLAHOUSTON RR B
18	214	0:58:38	00:20:41	Marion Burns		Vet	KILMARNOCK AC B
19	221	0:58:41	00:23:39	Lorraine Gray		Senior	SPRINGBURN HARRIERS B
20	215	0:62:12	00:21:41	Tracy Kerr		Vet	KILMARNOCK AC C