

ScottishPower National Cross Country Championship – Falkirk 18/2/2005

Under 13 Boys Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	David Vernon	Nithsdale AC	12:10
2	Edward Dudgeon	City of Edinburgh	12:18
3	Graeme MacGregor	Falkirk Victoria H	12:24
4	Andrew Dearie	Shettleston Harriers	12:33
5	Craig Robinson	Pitreavie AAC	12:40
6	Paul Currie	Inverclyde AC	12:44
7	Olan Spears	North Uist AAC	12:45
8	Michael Rankin	Ron Hill Cambus	12:45
9	Andrew Christy	Corstorphine AAC	12:47
10	Stewart Orr	Ron Hill Cambus	12:47
11	Jack Hamilton	Ron Hill Cambus	12:47
12	Ryan Gauld	Aberdeen AAC	12:49
13	Tom Watson	Central AC	12:53
14	Sandy Nimmo	Giffnock North	12:55
15	David Claes	Kilbarchan AAC	12:57
16	Connor Henderson	Kilbarchan AAC	12:58
17	Alistair McCallum	Giffnock North	13:02
18	Andrew Daisley	Glasgow Sch Sport	13:06
19	Cameron Paul	Irvine AC	13:08
20	Graham Evans	Kilbarchan AAC	13:10
21	Darren Weir	Falkirk Victoria H	13:14
22	Adam Gatens	East Kilbride AAC	13:16
23	Cameron Fair	Gala Harriers	13:18
24	Liam Deeny	Ron Hill Cambus	13:23
25	Lewis Stephen	Aberdeen AAC	13:23
26	Andrew Rae	Ayr Seaforth	13:23
27	Sigurd Watt	Aberdeen AAC	13:31
28	Euan Martin	Falkirk Victoria H	13:31
29	Euan Walker	Whitemoss AAC	13:33
30	Anthony Young	Pitreavie AAC	13:33
31	Michael Jenks	Irvine AC	13:34
32	Ross Milne	Central AC	13:34
33	Alexander Coubrough	Central AC	13:34
34	Craig Robertson	JW Kilmarnock	13:37
35	David Hutchison	Central AC	13:37
36	Jack Lochans	Kilbarchan AAC	13:39
37	Drew Hollinshead	Giffnock North	13:39
38	Roddy Irvine	Central AC	13:42
39	Andrew Shaw	East Kilbride AAC	13:46
40	Ewen Driffield-Waddell	JW Kilmarnock	13:53
41	Ross McCord	Whitemoss AAC	13:55
42	Andrew Kennedy	Helensburgh AAC	14:00
43	Callum Aitkenhead	Ayr Seaforth	14:00
44	Craig McIntyre	Kirkintilloch Oly	14:00
45	Perrie Gaffney	Ron Hill Cambus	14:02
46	Gregor Hirst	Kilbarchan AAC	14:02
47	Nicholas Devlin	Shettleston Harriers	14:02
48	Callum Blair	Kilbarchan AAC	14:02
49	Bobby Bristow	Shetland AAC	14:06
50	Max Lott	Giffnock North	14:07
51	Frazer Walker	Giffnock North	14:07
52	Thomas McDonald	Kilbarchan AAC	14:07
53	Corey Little	East Kilbride AAC	14:11
54	Scott Stirling	Falkirk Victoria H	14:11
55	Stephen Paris(jnr)	East Kilbride AAC	14:13
56	Christopher Allan	Kirkintilloch Oly	14:13
57	Ben Stevenson	Falkirk Victoria H	14:13
58	Ryan Cook	Lasswade AAC	14:17
59	Tom Holligan	City of Edinburgh	14:18
60	Moray Goodfellow	Moray Road Runners	14:18
61	Steven Mckenzie	East Kilbride AAC	14:19
62	Adam Lyon	Lasswade AAC	14:19

63	Gary Smith	Shettleston Harriers	14:19
64	Paul Brooks	East Kilbride AAC	14:23
65	Cameron Mackie	JW Kilmarnock	14:25
66	Fraser MacDonald	North Uist AAC	14:27
67	James Gray	Giffnock North	14:27
68	Callum Smith	Corstorphine AAC	14:27
69	Kieran McDonald	Giffnock North	14:29
70	Jack Keane	Corstorphine AAC	14:32
71	Scott Lawrie	Kirkintilloch Oly	14:34
72	Jason Connelly	Irvine AC	14:39
73	Robert Maclean	Pitreavie AAC	14:39
74	Ryan McIntosh	Fife AC	14:39
75	Brett Wild	Kilbarchan AAC	14:39
76	James Ross	Garscube H	14:41
77	Archie Prince	Garscube H	14:44
78	Christopher McGeoch	Kilbarchan AAC	14:44
79	Greg Brown	Kilbarchan AAC	14:44
80	Ross Blair	City of Edinburgh	14:47
81	L Hutson	Fife AC	14:50
82	Andrew Martin	JW Kilmarnock	14:53
83	Ryan McGowan	East Kilbride AAC	14:55
84	Peter Loudon	Musselburgh AC	15:00
85	Murray McDonald	JW Kilmarnock	15:00
86	Mark Farquhar	Moray Road Runners	15:06
87	Ryan Duddy	East Kilbride AAC	15:12
88	Paul MacFarlane	Victoria Park AAC	15:14
89	Nikhil Mair	City of Edinburgh	15:16
90	David MacMillan	East Kilbride AAC	15:21
91	Grant McConnachie	Victoria Park AAC	15:22
92	Mathew Thomson	Livingston & Dist	15:24
93	Murray Lemmon	Gala Harriers	15:27
94	A Mudie	Fife AC	15:27
95	Daniel Fullerton	Kilbarchan AAC	15:31
96	Calum Munro	Shettleston Harriers	15:31
97	Thomas Lafferty	Law & District	15:33
98	David Smith	Dundee Hawkhill	15:42
99	Koni Johnson	Lochaber AC	15:48
100	Andrew Wardrop	East Kilbride AAC	15:52
101	Nick Smith	Kilbarchan AAC	15:52
102	Damian Sanaghan	East Kilbride AAC	15:59
103	Mark Thomson	Calderglen H	16:03
104	Evan Cornforth	JW Kilmarnock	16:04
105	Josh Ladds	Calderglen H	16:26
106	Nicky Pryce	Calderglen H	16:35
107	Michael Kennedy	Lochaber AC	16:39
108	Ryan Denny	Lochaber AC	16:41
109	Richard Campbell	Calderglen H	16:41

Teams

	<i>Club</i>	<i>Positions</i>				<i>Total</i>
1	Ron Hill Cambus	8	10	11	24	53
2	Kilbarchan AAC	15	16	20	36	87
3	Falkirk Victoria H	3	21	28	54	106
4	Central AC	13	32	33	35	113
5	Giffnock North	14	17	37	50	118
6	East Kilbride AAC	22	39	53	55	169
7	Shettleston Harriers	4	47	63	96	210
8	JW Kilmarnock	34	40	65	82	221
9	City of Edinburgh	2	59	80	89	230
10	Calderglen H	103	105	106	109	423

ScottishPower National Cross Country Championship – Falkirk 18/2/2005

Under 13 Girls Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Alice Haining	Gala Harriers	12:56
2	Nicola Lindsay	Law & District	13:00
3	Michaela Stephen	City of Glasgow	13:09
4	Sarah Kelly	Fife AC	13:15
5	Alexandra Lamond	Kirkintilloch Oly	13:19
6	Hollie Young	City of Glasgow	13:22
7	Emily Dudgeon	Edinburgh Southern H	13:33
8	Claire Florence	Edinburgh Southern H	13:37
9	Deborah Hannah	Kirkintilloch Oly	13:43
10	Ellie Buchan	Aberdeen AAC	13:49
11	Iona Brodie	Dundee Hawkhill	13:54
12	Maya Stone	Fife AC	13:57
13	Samantha Blair	City of Edinburgh	13:59
14	Lois Shankland	JW Kilmarnock	14:06
15	Monica McCluskey	Worcester AC	14:11
16	Rachel Adamson	Central AC	14:16
17	Claire Kennedy	Lochaber AC	14:17
18	Emily Pollock	Greenock Glenpark	14:25
19	Lauren Mooney	Whitemoss AAC	14:29
20	Kathryn Pennel	Pitreavie AAC	14:32
21	Rhona Calder	East Kilbride AAC	14:34
22	Mairi Gillespie	Central AC	14:34
23	Lana Turnbull	Lothian RC	14:34
24	Melissa Hynd	Pitreavie AAC	14:40
25	Karin Belch	Giffnock North	14:40
26	Kirsten McAslan	East Cheshire	14:43
27	Kirsty Porteous	Kilbarchan AAC	14:51
28	Kirstin Moynihan	Lochaber AC	14:54
29	Mhairi Brown	Ron Hill Cambus	14:55
30	Sarah McNish	JW Kilmarnock	14:58
31	Lucy Duff	Fife AC	15:00
32	Jemma Robertson	Lothian RC	15:00
33	Nynke Mullholland	Inverclyde AC	15:05
34	Inga Woods	Shetland AAC	15:07
35	Emma Leask	Shetland AAC	15:08
36	Rebecca Young	Dundee Hawkhill	15:15
37	Sarah Leask	Shetland AAC	15:16
38	Stephanie Barnes	Nithsdale AC	15:20
39	Katrina Watts	West Dunbartonshire	15:21
40	Jennifer Waddell	East Kilbride AAC	15:21
41	Olivia Collison-Owen	Fife AC	15:21
42	Ainsley Hards	Kilbarchan AAC	15:25
43	Sarah Turner	Pitreavie AAC	15:29
44	C Wetherspoon	Ron Hill Cambus	15:29
45	Rebecca Nicholson	City of Glasgow	15:31
46	Emily Douglas	Gala Harriers	15:31
47	Julia Calder	East Kilbride AAC	15:31
48	Julie Dobbin	Law & District	15:34
49	Kathleen Murphy	Whitemoss AAC	15:34
50	Nicola Thomson	City of Edinburgh	15:34
51	Suzy Nairn	City of Glasgow	15:36
52	Victoria Conway	Irvine AC	15:38
53	Fiona Cameron	Central AC	15:41
54	Bethany Ross	JW Kilmarnock	15:44
55	Abby Kemp	Falkirk Victoria H	15:50
56	Rachel Cook	Pitreavie AAC	15:51
57	Katie Prendeville	East Kilbride AAC	15:51
58	Leanne Tonge	Moray Road Runners	15:53
59	Louisa Stewart	Edinburgh Southern H	15:54
60	Sophie Potter	East Kilbride AAC	15:55
61	Jodie Mullen	Shettleston Harriers	15:58
62	Vikki Allan	Edinburgh Southern H	15:59
63	Elaine Eadie	Kilbarchan AAC	16:02
64	Sarah Potter	City of Glasgow	16:04
65	Lucy Patrick	Giffnock North	16:04

66	Rebecca Patrick	Giffnock North	16:04
67	Louise Bainbridge	Giffnock North	16:09
68	Amber Lockhart	City of Edinburgh	16:11
69	Katie Bristow	Shetland AAC	16:13
70	Grace Collison-Owen	Fife AC	16:16
71	Holly Conyers	Garscube H	16:16
72	Paige Douglas	Irvine AC	16:16
73	Lauren Goldie	Ayr Seaforth	16:16
74	Stephanie Sloan	JW Kilmarnock	16:19
75	Fiona Borthwick	East Kilbride AAC	16:23
76	Gina Van-Ulsen	Ayr Seaforth	16:23
77	Megan Gray	Law & District	16:23
78	Amy Barton	Dundee Hawkhill	16:27
79	Stephanie Miller	JW Kilmarnock	16:29
80	Claire Fox	Dundee Hawkhill	16:29
81	Katie Sprang	Ayr Seaforth	16:31
82	Jade Barclay	West Dunbartonshire	16:33
83	Olivia Clark	Pitreavie AAC	16:33
84	Eilidh Nolan	Corstorphine AAC	16:40
85	Amy Davis	Victoria Park AAC	16:44
86	Holly Blair	Kilbarchan AAC	16:45
87	Claire Duncan	Pitreavie AAC	16:48
88	Diane Ramsay	Kirkintilloch Oly	16:50
89	Katie McAlpine	Kilbarchan AAC	16:52
90	Suzanne Salmond	Dundee Hawkhill	16:54
91	Hanna McIntyre	Inverclyde AC	16:55
92	Monica Carlin	Giffnock North	16:55
93	Fiona Sinclair	Edinburgh Southern H	16:57
94	Naomi Dunphy	Carnoustie AAC	16:57
95	Rachael Thomson	East Kilbride AAC	16:57
96	Lucy Whelan	East Kilbride AAC	17:05
97	Emily Edmiston	West Dunbartonshire	17:05
98	Nicole Hamilton	JW Kilmarnock	17:13
99	Megan McNabb	Central AC	17:17
100	Rachel Paxton	West Dunbartonshire	17:24
101	Rosalind MacDonald	Ayr Seaforth	17:27
102	Sophie-May Leyland	Shetland AAC	17:27
103	Stacey Pendrigh	City of Edinburgh	17:28
104	Lauren McIntyre	Kirkintilloch Oly	17:45
105	Amy Mullan	Ron Hill Cambus	18:04
106	Hannah Borhan	Gala Harriers	18:06
107	Lindsey Sillars	Ron Hill Cambus	18:11
108	Nancy Sneddon	Livingston & Dist	18:30
109	Madeleine Baird	Musselburgh AC	19:14

Teams

	<i>Club</i>	<i>Positions</i>				<i>Total</i>
1	Fife AC	4	12	31	41	88
2	City of Glasgow	3	6	45	51	105
3	Edinburgh Southern H	7	8	59	62	136
4	Pitreavie AAC	20	24	43	56	143
5	East Kilbride AAC	21	40	47	57	165
6	JW Kilmarnock	14	30	54	74	172
7	Shetland AAC	34	35	37	69	175
8	Central AC	16	22	53	99	190
9	Dundee Hawkhill	11	36	78	80	205
10	Kirkintilloch Oly	5	9	88	104	206
11	Kilbarchan AAC	27	42	63	86	218
12	Giffnock North	25	65	66	67	223
13	City of Edinburgh	13	50	68	103	234
14	Ron Hill Cambus	29	44	105	107	285
15	West Dunbartonshire	39	82	97	100	318
16	Ayr Seaforth	73	76	81	101	331

ScottishPower National Cross Country Championship – Falkirk 18/2/2005

Under 15 Boys Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Sean Reilly	Central AC	13:11
2	Chris O'Hare	City of Edinburgh	13:16
3	David Gorman	East Kilbride AAC	13:34
4	Matthew Gillespie	Central AC	13:40
5	Callum Hawkins	Kilbarchan AAC	13:40
6	Grant Cameron	Forres Harriers	13:50
7	Joshua Morrison	Shetland AAC	13:57
8	Colin Sturgeon	Girvan AAC	14:03
9	Stuart King	Kilbarchan AAC	14:07
10	Lachlan Oates	Shettleston Harriers	14:09
11	Matthew Graham	Kirkintilloch Oly	14:14
12	Robbie Simpson	Banchory Stone	14:17
13	Jamie McGregor	Giffnock North	14:21
14	Cameron Strachan	Aberdeen AAC	14:21
15	Adam Hamilton	Kirkintilloch Oly	14:21
16	Robert Inglis	Lothian RC	14:25
17	Andrew Campbell	Inverclyde AC	14:25
18	Coren Gallacher	Ron Hill Cambus	14:28
19	Robbie Cammack	Moray Road Runners	14:28
20	Stuart Jamieson	Whitemoss AAC	14:31
21	Adam Mackenzie	City of Edinburgh	14:31
22	Stefan McLean-Toremar	Pitreavie AAC	14:31
23	Steven Taggart	Ron Hill Cambus	14:31
24	Roger Poolman	George Heriots	14:34
25	Fraser Scott	Corstorphine AAC	14:36
26	Stuart Miller	Kilbarchan AAC	14:40
27	Mathew Daley	JW Kilmarnock	14:41
28	Neill Hamilton	Kirkintilloch Oly	14:42
29	Matthew Ritchie	Giffnock North	14:42
30	Sean Fontana	Glasgow Sch Sport	14:42
31	James Joy	Aberdeen AAC	14:47
32	Andrew McAlpine	Kilbarchan AAC	14:47
33	James Wales	JW Kilmarnock	14:47
34	Gary Mooney	Whitemoss AAC	14:50
35	Rory Anderson	Teviotdale Harriers	14:51
36	Miles Hollinshead	Giffnock North	14:51
37	R Millar	Ron Hill Cambus	14:51
38	Jamie Stevenson	Falkirk Victoria H	14:54
39	Andrew Coulter	Ron Hill Cambus	14:56
40	Calum Calder	East Kilbride AAC	14:58
41	Scott MacAulay	Kilbarchan AAC	14:58
42	Martin Brash	Lasswade AAC	15:05
43	Alan Love	Pitreavie AAC	15:07
44	Anthony Gillespie	Central AC	15:09
45	Matthew Pollock	Victoria Park AAC	15:10
46	Rory Leslie	Aberdeen AAC	15:11
47	Ewan McCallum	Giffnock North	15:14
48	Ryan McDonald	Irvine AC	15:17
49	Ruairidh Munro	Shettleston Harriers	15:18
50	John Fergusson	East Kilbride AAC	15:18
51	Tom Ryan	City of Edinburgh	15:20
52	Fraser Mann	City of Edinburgh	15:20
53	Greg Turner	Giffnock North	15:23
54	Craig Nelson	Ron Hill Cambus	15:23
55	Blair Crawford	Kilbarchan AAC	15:23
56	Craig Paulin	City of Edinburgh	15:23
57	Lyle Frank	Giffnock North	15:27
58	Matthew Keenan	Whitemoss AAC	15:31

59	Calum Smith	Stornoway RC	15:34
60	Iain McGill	Garscube H	15:34
61	Alan Bennie	Central AC	15:34
62	Tom Moncrieff	Shetland AAC	15:37
63	Paul Bainbridge	Giffnock North	15:45
64	Fraser Morgan	East Kilbride AAC	15:54
65	Callum Pettigrew	Kirkintilloch Oly	15:59
66	Gordon Belch	Giffnock North	16:04
67	Richard Le Good	Pitreavie AAC	16:10
68	Peter Anderson	Montrose & Dist	16:11
69	Zander Lyon	Lasswade AAC	16:16
70	Paul Dempsey	Dundee Hawkhill	16:17
71	John Kerr	Irvine AC	16:20
72	Graham Walker	Giffnock North	16:22
73	Colin Stevenson	JW Kilmarnock	16:22
74	Colin MacDonald	Lothian RC	16:25
75	Alistair Gilmour	Clydesdale Harriers	16:47
76	Andrew Girvan	Girvan AAC	16:49
77	Ross Williams	Kilbarchan AAC	16:49
78	Gavin Murty	Victoria Park AAC	17:07
79	Ewan Murray	Falkirk Victoria H	17:29
80	Allan Jenkins	Law & District	17:37
81	Andrew Morrison	Whitemoss AAC	17:51
82	Ciaran Johnston	Corstorphine AAC	18:18
83	Andrew Crone	Falkirk Victoria H	18:18
84	Cameron Douglas	George Heriots	18:29
85	Craig Anderson	Inverclyde AC	18:29
86	Graeme Anderson	Lasswade AAC	18:38
87	Connor Gillies	Lochaber AC	19:19
88	Mark Shand	George Heriots	20:29
89	Jack Marriot	Ron Hill Cambus	20:34
90	Graham Leydon	City of Edinburgh	21:51
91	Frederick Rayner	George Heriots	22:56

Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Kilbarchan AAC (72)	5	Callum Hawkins	13:40
	9	Stuart King	14:07
	26	Stuart Miller	14:40
	32	Andrew McAlpine	14:47
2nd Central AC (110)	1	Sean Reilly	13:11
	4	Matthew Gillespie	13:40
	44	Anthony Gillespie	15:09
	61	Alan Bennie	15:34
3rd Ron Hill Cambus (117)	18	Coren Gallacher	14:28
	23	Steven Taggart	14:31
	37	R Millar	14:51
	39	Andrew Coulter	14:56
4th Kirkintilloch Oly (119)	11,15,28,65		
5th Giffnock North (125)	13,29,36,47		
6th City of Edinburgh (126)	2,21,51,52		
7th East Kilbride AAC (157)	3,40,50,64		
8th Whitemoss AAC (193)	20,34,58,81		
9th George Heriots (287)	24,84,88,91		

ScottishPower National Cross Country Championship – Falkirk 18/2/2005
Under 15 Girls Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Elizabeth Potter	City of Glasgow	15:04
2	Beth Duff	East Kilbride AAC	15:08
3	Gemma Cormack	Banff Academy	15:15
4	Sarah Inglis	Lothian RC	15:34
5	Laura Sharp	Moray Road Runners	15:41
6	Natalie Sharp	Kilbarchan AAC	15:50
7	Sarah Brown	Edinburgh Southern H	15:51
8	Jessica Martin	Kilbarchan AAC	15:51
9	Stephanie Wright	East Kilbride AAC	15:53
10	Laura Goodson	Edinburgh Southern H	15:59
11	Mhairi Inglis	Lothian RC	16:01
12	Lauren Stoddart	City of Edinburgh	16:10
13	Stephanie Cameron	City of Glasgow	16:16
14	Lauren Young	Kilbarchan AAC	16:17
15	Megan McLeish	Falkirk Victoria H	16:20
16	Stephanie Robertson	Whitemoss AAC	16:21
17	Laura Cameron	City of Glasgow	16:21
18	Michelle Bell	Kilbarchan AAC	16:21
19	Alice Loudon	Edinburgh Southern H	16:24
20	Jennifer Hannah	Kirkintilloch Oly	16:32
21	Deborah Stokoe	East Kilbride AAC	16:38
22	Samantha Kelly	Glasgow Sch Sport	16:40
23	Christie Noble	Aberdeen AAC	16:40
24	Joanna Thomson	Giffnock North	16:40
25	Rachel Armitage	Aberdeen AAC	16:42
26	Emma Rice	Inverclyde AC	16:42
27	Kayleigh Jarrett	Elgin AAC	16:42
28	Rebecca Forrest	Ron Hill Cambus	16:51
29	Nicole McLeod	Giffnock North	16:52
30	Rachel McDowall	Giffnock North	16:52
31	Gillian Inglis	Gala Harriers	16:58
32	Becky Dunphy	Carnoustie AAC	17:00
33	Fiona Bracegirdle	Fife AC	17:05
34	Jenny Tan	Fife AC	17:08
35	Paula Davies	Aberdeen AAC	17:08
36	Claire McAuley	Giffnock North	17:10
37	Kate Morris	Central AC	17:12
38	Kerry Hall	Edinburgh Southern H	17:13
39	Sarah Munn	Irvine AC	17:14
40	Yolanda Hodgson	Dundee Hawkhill	17:15
41	Louise McDonald	Kilbarchan AAC	17:16
42	Emma Baxter	Greenock Glenpark	17:18
43	Rachel Barlas	Whitemoss AAC	17:19
44	Lauren Campbell	JW Kilmarnock	17:19
45	Anna Hilley	Giffnock North	17:19
46	Sammi Coyle	Inverclyde AC	17:24
47	Rachel McLellan	City of Glasgow	17:25
48	Kelly Brewster	Pitreavie AAC	17:29
49	Nicole Bunyan	Irvine AC	17:33
50	Rachel Hunter	Central AC	17:42
51	Jennifer Rogers	Livingston & Dist	17:51
52	Catriona Lockie	Giffnock North	17:52
53	Debbie Moore	Inverclyde AC	17:55
54	Claire Wallace	Ron Hill Cambus	17:57
55	Natasha McIntosh	Fife AC	17:57
56	Gemma Milne	Central AC	18:01
57	Rachael Bushfield	Inverclyde AC	18:04
58	Natalie Fox	Pitreavie AAC	18:10

59	Nicole McMillan	Ron Hill Cambus	18:12
60	Mhairi Hunter	Corstorphine AAC	18:15
61	Sadie Youner	Shetland AAC	18:15
62	Fiona Trew	Edinburgh Southern H	18:15
63	Lauren Shepherd	Arbroath & Dist	18:20
64	Jaymee McConville	Giffnock North	18:24
65	Emma Leighton	Kilbarchan AAC	18:27
66	Caitlin Froude	Lasswade AAC	18:27
67	Fiona Parkin	Law & District	18:34
68	Rebecca Hay	Central AC	18:38
69	Kathryn Duff	East Kilbride AAC	18:39
70	Rhian Dawes	City of Glasgow	18:46
71	Sarah Ross	Pitreavie AAC	18:51
72	Mhairi McCluskey	Giffnock North	18:52
73	Amanda Gebbie	Ron Hill Cambus	18:52
74	Rebecca MacLennan	Kirkintilloch Oly	18:56
75	Alison Eadie	Musselburgh AC	18:56
76	Emma Gordon	Lasswade AAC	18:59
77	Anna Jamieson	Central AC	19:03
78	Anna Bruce	City of Glasgow	19:05
79	Mia Tait	JW Kilmarnock	19:08
80	Corrine McConnachie	Victoria Park AAC	19:08
81	Rebecca Clark	Musselburgh AC	19:16
82	Claire Tunaley	Central AC	19:24
83	Levi Young	Pitreavie AAC	19:33
84	Cara Mackay	Lochaber AC	19:39
85	Sally Pugh	JW Kilmarnock	19:53
86	Caroline Adams	Giffnock North	19:53
87	Rebecca Leslie	Arbroath & Dist	19:53
88	Kate Thomson	Livingston & Dist	20:12
89	Julie Connelly	Kirkintilloch Oly	20:23
90	Lorraine Boyd	Whitemoss AAC	21:01
91	Rachael McKie	Falkirk Victoria H	21:07
92	Maxine Fraser	Lochaber AC	21:09
93	Claire Buchan	Aberdeen AAC	21:09
94	Eilidh Munro	Lochaber AC	21:24
95	Alexandra Conner	City of Glasgow	25:55

Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Kilbarchan AAC (46)	6	Natalie Sharp	15:50
	8	Jessica Martin	15:51
	14	Lauren Young	16:17
	18	Michelle Bell	16:21
2nd Edinburgh Southern H (74)	7	Sarah Brown	15:51
	10	Laura Goodson	15:59
	19	Alice Loudon	16:24
3rd City of Glasgow (78)	38	Kerry Hall	17:13
	1	Elizabeth Potter	15:04
	13	Stephanie Cameron	16:16
4th East Kilbride AAC	17	Laura Cameron	16:21
	47	Rachel McLellan	17:25
	2,9,21,69		
	5th Giffnock North (119)		
24,29,30,36			
6th Aberdeen AAC (176)			
23,25,35,93			
7th Inverclyde AC (182)			
26,46,53,57			
8th Central AC (211)			
37,50,56,68			
9th Ron Hill Cambus (214)			
28,54,59,73			
10th Pitreavie AAC (260)			
48,58,71,83			

ScottishPower National Cross Country Championship – Falkirk 18/2/2005
Under 17/20 Women Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Siobhan Coleman	Pitreavie AAC	18:45
2	Marbeth Shiell (U20)	Edinburgh Southern H	19:09
3	Jennifer Emsley (U20)	Central AC	19:25
4	Nicola Hood	Nithsdale AC	19:26
5	Eilidh MacKenzie	Stornoway RC	19:42
6	Lorna Young (U20)	City of Glasgow	19:47
7	Elsbeth Curran	Kilbarchan AAC	19:53
8	Fiona Gentles (U20)	Kirkintilloch Oly	19:58
9	Laura Brown (U20)	Dundee Hawkhill	20:17
10	Stephanie Lyall	City of Edinburgh	20:20
11	Fiona Thompson (U20)	Central AC	20:25
12	Julie Whyteside	Whitemoss AAC	20:28
13	Christina Rankin	Kilbarchan AAC	20:43
14	Sarah Phee	Giffnock North	20:52
15	Chirsty MacLeod (U20)	Stornoway RC	20:59
16	Cara Sloss (U20)	Kilbarchan AAC	21:05
17	Ruth Joss	Giffnock North	21:06
18	Emma Mackie (U20)	JW Kilmarnock	21:09
19	Stephani Davy	Victoria Park AAC	21:23
20	Emma Cloggie (U20)	Banchory Stone	21:30
21	Laura Dunn	Edinburgh Southern H	21:32
22	Claire MacAulay (U20)	Kilbarchan AAC	21:40
23	Alexandra Benham	Lasswade AAC	21:46
24	Lynsey Murray (U20)	Dundee Hawkhill	21:48
25	Carly Hall	Dundee Hawkhill	21:49
26	Colleen Tait	JW Kilmarnock	21:49
27	Lauren Baird (U20)	Giffnock North	21:58
28	Kara Tait (U20)	JW Kilmarnock	22:00
29	Anna Fleming	Aberdeen AAC	22:00
30	Jennifer Conway	Giffnock North	22:00
31	Megan Smith	Corstorphine AAC	22:04
32	Elizabeth MacLeish	Dundee Hawkhill	22:05
33	Claire McNicol	Kilbarchan AAC	22:07
34	Heather Ridland	Ayr Seaforth	22:07
35	Rosie McLean	Shetland AAC	22:19
36	Taylor Speirs	Kilbarchan AAC	22:29
37	Maire Gorman	JW Kilmarnock	22:41
38	Rachel Kerr	Edinburgh Southern H	22:54
39	Nicola Callaghan	Giffnock North	22:59
40	Lauren Hollinshead	Giffnock North	23:02
41	Kathleen Dempsey	Corstorphine AAC	23:08
42	Marie Gardiner (U20)	West Dunbartonshire	23:15
43	Claire Jarvis	Fife AC	23:16
44	Fiona Berry	Kirkintilloch Oly	23:25
45	Amanda Patterson (U20)	Giffnock North	23:25
46	Hilary Armitage	Aberdeen AAC	23:25
47	Roslyn Campbell	Edinburgh Southern H	23:27
48	Jill McGrory	Aberdeen AAC	23:27
49	Laura Hepburn	Aberdeen AAC	23:27
50	Jillian Allan	Kilbarchan AAC	23:27
51	Kirsty Reid	Kilbarchan AAC	23:39
52	Ann Sillars (U20)	Giffnock North	23:40
53	Emma Friars	Nithsdale AC	23:48
54	Laura McKie	Kirkintilloch Oly	23:52
55	Faye McManus (U20)	City of Edinburgh	24:03
56	Sarah Connolly	Arbroath & Dist	24:34
57	Abbey McGhee	Victoria Park AAC	24:39
58	Lyndsey Aitken (U20)	Dundee Hawkhill	25:17

59	Katherine Wilkie (U20)	Kilbarchan AAC	26:30
60	Emma MacLeod (U20)	Giffnock North	27:16

Under 17 Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Kilbarchan AAC (30)	4	Elsbeth Curran	19:53
	7	Christina Rankin	20:43
	19	Claire McNicol	22:07
2nd Giffnock North (33)	8	Sarah Phee	20:52
	9	Ruth Joss	21:06
3rd Edinburgh Southern H (66)	16	Jennifer Conway	22:00
	11	Laura Dunn	21:32
	24	Rachel Kerr	22:54
4th Aberdeen AAC (77)	31	Roslyn Campbell	23:27
	15,30,32		

Under 20 Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Dundee Hawkhill (36)	5	Laura Brown (U20)	20:17
	12	Lynsey Murray (U20)	21:48
	19	Lyndsey Aitken (U20)	25:17
2nd Kilbarchan AAC (39)	8	Cara Sloss (U20)	21:05
	11	Claire MacAulay (U20)	21:40
3rd Giffnock North (46)	20	Katherine Wilkie (U20)	26:30
	13	Lauren Baird (U20)	21:58
	16	Amanda Patterson (U20)	23:25
	17	Ann Sillars (U20)	23:40

Note: The above team results are calculated based on the position within the age group.

ScottishPower National Cross Country Championship – Falkirk 18/2/2005
Under 17 Men Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Michael Gillespie	Central AC	22:56
2	Mark Haskett	Aberdeen AAC	23:24
3	Matthew Turner	Mid Argyll AC	23:39
4	Paul Leck	Kilbarchan AAC	23:43
5	Ryan Dickson	Ron Hill Cambus	23:52
6	Lewis Paulin	City of Edinburgh	24:01
7	Alex Jones	Fife AC	24:04
8	Darren Steel	City of Edinburgh	24:10
9	Craig McInnes	Kilbarchan AAC	24:12
10	Matthew Sutherland	Caithness AAC	24:17
11	Calum McKenzie	Corstorphine AAC	24:23
12	Martin Hayes	Victoria Park AAC	24:29
13	Myles Edwards	Aberdeen AAC	24:47
14	Stephen McGoldrick	Kilbarchan AAC	24:52
15	Roger Naughton	JW Kilmarnock	24:55
16	Raymond Black	Ron Hill Cambus	24:56
17	Derek Hawkins	Kilbarchan AAC	25:06
18	Colin McCluskie	Falkirk Victoria H	25:19
19	John Cooke	Glasgow Sch Sport	25:20
20	Philip Salter	Fife AC	25:22
21	James Baird	Giffnock North	25:23
22	Craig McCallum	Giffnock North	25:23
23	Jamie Clements	East Kilbride AAC	25:29
24	Ian MacDonald	North Uist AAC	25:30
25	Graeme Baird	Law & District	25:31
26	Stewart Fraser	City of Edinburgh	25:33
27	Stuart Whiteford	Giffnock North	25:35
28	Andrew Gibson	Nithsdale AC	25:41
29	Paul McGarry	Ron Hill Cambus	25:42
30	Gary Grieve	Law & District	25:52
31	Michael Taylor	Montrose & Dist	25:59
32	Adam Peters	Kirkintilloch Oly	25:59
33	Ross McLearnie	Giffnock North	26:16
34	Kenneth Wilson	Moray Road Runners	26:18
35	Ewan Glassey	Dundee Hawkhill	26:20
36	Ian Towle	Montrose & Dist	26:26
37	Euan Reilly	Aberdeen AAC	26:26
38	David Devlin	Central AC	26:29
39	Sean Gaffney	Inverclyde AC	26:29
40	Kevin Cornes	Kirkintilloch Oly	26:33
41	Craig Angus	Dundee Hawkhill	26:51
42	Mark Ibbotson	Aberdeen AAC	26:53
43	Graham Harvey	Central AC	26:57
44	Andrew Robertson	Ron Hill Cambus	26:57
45	Jonathan Neville	George Heriots	27:01
46	Darren Thomson	Lothian RC	27:09
47	Callum Freeth	Helensburgh AAC	27:15
48	David Anderson	Montrose & Dist	27:15
49	Charles Brown	City of Edinburgh	27:20
50	Paul McGunnigle	Kilbarchan AAC	27:22
51	Cailean McCombe	Stornoway RC	27:25
52	Angus MacDougall	North Uist AAC	27:43
53	Jonathan Pelosi	Ron Hill Cambus	27:43
54	Stewart Johnson	North Uist AAC	27:54
55	Andrew Black	Kilbarchan AAC	28:02
56	Fraser McDonald	Aberdeen AAC	28:43
57	Nicholas Gunn	George Heriots	28:51
58	Paul Ferguson	North Uist AAC	29:01

59	Alan Williamson	Shetland AAC	29:22
60	Scott Aitken	Dundee Hawkhill	29:36
61	Scott Anderson	Lasswade AAC	29:36
62	Iain Frater	Gala Harriers	29:48
63	Andrew Brookes	Dundee Hawkhill	30:31
64	Ruairidh Stewart	North Uist AAC	30:33
65	Daniel Johnstone	Giffnock North	30:38
66	Stuart Munro	JW Kilmarnock	31:36
67	Iain Townsend	North Uist AAC	31:40
68	Michael Kinsella	Clydesdale Harriers	31:48
69	Graham Dickson	George Heriots	32:11
70	Michael McLean	Whitemoss AAC	32:20
71	Alistair Graham	Irvine AC	36:36

Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Kilbarchan AAC (44)	4	Paul Leck	23:43
	9	Craig McInnes	24:12
	14	Stephen McGoldrick	24:52
	17	Derek Hawkins	25:06
2nd City of Edinburgh (89)	6	Lewis Paulin	24:01
	8	Darren Steel	24:10
	26	Stewart Fraser	25:33
3rd Aberdeen AAC (94)	49	Charles Brown	27:20
	2	Mark Haskett	23:24
	13	Myles Edwards	24:47
4th Ron Hill Cambus (94)	37	Euan Reilly	26:26
	42	Mark Ibbotson	26:53
5th Giffnock North (103)	21,22,27,33		
6th North Uist AAC (188)	24,52,54,58		
7th Dundee Hawkhill (199)	35,41,60,63		

ScottishPower National Cross Country Championship – Falkirk 18/2/2005
Under 20 Men Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Alastair Hay	Central AC	24:52
2	Conor McNulty	Kilbarchan AAC	25:21
3	Thomas Russell	Stroud AC	25:43
4	Kris Gauson	City of Edinburgh	25:55
5	Craig Ruddy	Inverclyde AC	26:13
6	David Phee	Giffnock North	26:29
7	Alexander Russell	Stroud AC	26:43
8	Chris Devenney	Kilbarchan AAC	26:50
9	Kyle Cowie	Moray Road Runners	26:56
10	Stephen Dunn	Ron Hill Cambus	27:11
11	Nicholas Moore	Kilbarchan AAC	27:13
12	Robert Kerr	Edinburgh Uni	27:15
13	Oleg Chepelin	Edinburgh Uni	27:17
14	John Hargreaves	Carnegie H	27:21
15	Fraser Williams	Kilbarchan AAC	27:21
16	Michael Wright	Central AC	27:34
17	Calum Morrison	Kilbarchan AAC	27:48
18	Rory Scott	Fife AC	27:53
19	Murray MacLarty	Central AC	27:55
20	Jamie Frame	Law & District	28:43
21	Stuart Greenway	Shettleston Harriers	28:51
22	Scott Pilkington	Corstorphine AAC	28:53
23	Duncan Coombs	Edinburgh Uni	28:56
24	Mickey Breen	Dumfries RC	29:20
25	Craig Stevenson	Shettleston Harriers	29:23
26	Angus Bell-Scott	Central AC	30:07

27	Iain Clark	Edinburgh Uni	30:07
28	Gordon Phillips	Shettleston Harriers	30:11
29	Norman Galbraith	Giffnock North	30:55
30	Alistair Marshall	Edinburgh Uni	30:57
31	Graeme Lister	Pitreavie AAC	31:11
32	Ewan Lindores	Gala Harriers	31:38
33	Alistair Campbell	Ron Hill Cambus	31:47
34	Kevin Maguire	Ron Hill Cambus	32:29
35	Stephen Irwin	Pitreavie AAC	32:29
36	Mark McKenny	Shettleston Harriers	33:02
37	Chris Brown	Ron Hill Cambus	33:02
38	David Clark	Giffnock North	33:45
39	Douglas Rathey	Giffnock North	34:50
40	Michael Grant	George Heriots	39:09

Under 20 Men Teams

	<i>Club</i>	<i>Positions</i>				<i>Total</i>
1	Kilbarchan AAC	2	8	11	15	36
2	Central AC	1	16	19	26	62
3	Edinburgh Uni	12	13	23	27	75
4	Shettleston Harriers	21	25	28	36	110
5	Giffnock North	6	29	38	39	112
6	Ron Hill Cambus	10	33	34	37	114

ScottishPower National Cross Country Championship – Falkirk 18/2/2005
Senior Women Team Results

	<i>Club</i>	<i>Positions</i>			<i>Total</i>
1	City of Glasgow	2	9	12	23
2	Bellahouston RR	6	10	24	40
3	Hunters Bog T	8	13	36	57
4	Central AC	19	22	33	74
5	City of Edinburgh	11	21	52	84
6	Falkirk Victoria H	17	18	55	90
7	Springburn Harriers	7	27	82	116
8	Carnethy HRC	3	4	111	118
9	Giffnock North	29	34	59	122
10	Kilbarchan AAC	32	42	50	124
11	Fife AC	39	41	57	137
12	Helensburgh AAC	20	47	77	144
13	JW Kilmarnock	14	60	72	146
14	Garscube H	43	51	53	147
15	Edinburgh Uni	5	49	97	151
16	Carnegie H	31	45	91	167
17	Westerlands CCC	38	44	96	178
18	Gala Harriers	40	66	84	190
19	East Kilbride AAC	35	75	88	198
20	Ferranti AAC	58	93	101	252
21	Motherwell AC	54	87	114	255
22	Dundee Road R	63	92	105	260
23	Inverclyde AC	25	133	137	295
24	Calderglen H	76	124	126	326
25	Troon Tortoises AC	109	128	130	367

ScottishPower National Cross Country Championship – Falkirk 18/2/2005

Senior Women Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Freya Murray	Edinburgh Southern H	28:00
2	Collette Fagan	City of Glasgow	28:13
3	Lyn Wilson	Carnethy HRC	28:47
4	Angela Mudge	Carnethy HRC	28:54
5	Rosie Smith	Edinburgh Uni	29:07
6	Iona Robertson	Bellahouston RR	29:35
7	Lesley Chisholm	Springburn Harriers	29:45
8	Claire Gordon	Hunters Bog T	29:48
9	Pamela Nicholson	City of Glasgow	29:56
10	Helen Stuart	Bellahouston RR	30:12
11	Jennifer MacLean	City of Edinburgh	30:14
12	Kirsteen Young	City of Glasgow	30:20
13	Megan Clark	Hunters Bog T	30:25
14	Lindsay McMahon	JW Kilmarnock	30:41
15	Ann MacPhail	City of Glasgow	31:00
16	Michelle Sandison	Shettleston H Ladies	31:10
17	Fiona Matheson	Falkirk Victoria H	31:16
18	Janette Stevenson	Falkirk Victoria H	31:27
19	Emma Waterhouse	Central AC	31:38
20	Michelle Hetherington	Helensburgh AAC	31:50
21	Marietta Vander Linden	City of Edinburgh	32:02
22	Ainsley Normand	Central AC	32:11
23	Dawn Scott	Lochaber AC	32:15
24	Deborah Ferns	Bellahouston RR	32:19
25	Rhona Bushfield	Inverclyde AC	32:28
26	Sarah-Jane Pickett	Edinburgh Southern H	32:33
27	Clare Gemmell	Springburn Harriers	32:37
28	Rhona Buchan	Aberdeen AAC	32:41
29	Shona Forrest	Giffnock North	32:51
30	Emma Birnie	Bellahouston RR	32:51
31	Fabienne Thompson	Carnegie H	32:53
32	Karen Yule	Kilbarchan AAC	32:58
33	Claire Waterhouse	Central AC	33:09
34	Hilary Millar	Giffnock North	33:12
35	Kelly Smith	East Kilbride AAC	33:13
36	Jessica Batterham	Hunters Bog T	33:14
37	Claire Ward	Hunters Bog T	33:16
38	Elsbeth Scott	Westerlands CCC	33:17
39	Louise Provan	Fife AC	33:18
40	Leanne Haining	Gala Harriers	33:19
41	Sarah Cullen	Fife AC	33:27
42	Dennise Smith	Kilbarchan AAC	33:32
43	Carole Gilmour	Garscube H	33:34
44	Ana Talbot	Westerlands CCC	33:41
45	Judith Turner	Carnegie H	33:42
46	Laura Gibson	Corstorphine AAC	33:45
47	Julia Henderson	Helensburgh AAC	33:46
48	Gillian Cockerell	Corstorphine AAC	33:47
49	Anna Haw	Edinburgh Uni	33:49
50	Nicola Fleming	Kilbarchan AAC	33:49
51	Alison Winship	Garscube H	33:54
52	Eilidh Wardlaw	City of Edinburgh	33:54
53	Heather Akers	Garscube H	33:59
54	Joanne Clark	Motherwell AC	34:04
55	Caroline Lawless	Falkirk Victoria H	34:06
56	Lorna Rice	Lasswade AAC	34:11
57	Kate Fitzpatrick	Fife AC	34:18
58	Susana Gonzalez	Ferranti AAC	34:25
59	Mary McCutcheon	Giffnock North	34:41
60	Paula Wilson	JW Kilmarnock	34:47
61	Jocelyn Scott	Fife AC	34:49
62	Helen Morton	Irvine AC	34:54
63	Morag Taggart	Dundee Road R	35:04
64	Lorna MacInnes	Giffnock North	35:11
65	Lesley Chapman	Garscube H	35:11
66	Katy Anderson	Gala Harriers	35:14
67	Joanne Whitehead	City of Edinburgh	35:19
68	Maureen McVey	Giffnock North	35:22

69	Lorna Sibbett	Fife AC	35:22
70	Anne Rosbottom	Hunters Bog T	35:24
71	Helen Palmer	Bellahouston RR	35:27
72	Janet Murray	JW Kilmarnock	35:28
73	Sharron Gunn	Falkirk Victoria H	35:30
74	Anne Lee	Giffnock North	35:30
75	Angela Martin	East Kilbride AAC	35:37
76	Louise Brown	Calderglen H	35:37
77	Jennifer Fitzgerald	Helensburgh AAC	35:40
78	Marion Kelly	Garscube H	35:40
79	Linda MacEwen	Lochaber AC	35:47
80	Jill O'Neil	Garscube H	35:49
81	Jane Dunlop	West Dunbartonshire	35:52
82	Collette Coyle	Springburn Harriers	35:57
83	Jane Rosbottom	Hunters Bog T	36:09
84	Margot Crosbie	Gala Harriers	36:26
85	Saran Jones	Lothian RC	36:29
86	Deborah McDonald	Hunters Bog T	36:33
87	Carol Munro	Motherwell AC	36:34
88	Joanne McEvoy	East Kilbride AAC	36:36
89	Fiona Dixon	City of Edinburgh	36:42
90	Eileen Nicol	Gala Harriers	36:50
91	Gail Murdoch	Carnegie H	36:53
92	Amy Gibson	Dundee Road R	36:58
93	Moira Nicol	Ferranti AAC	37:04
94	Maureen O'Hara	Garscube H	37:06
95	Lindsay Curran	Kilbarchan AAC	37:07
96	Muffy Calder	Westerlands CCC	37:18
97	Briony Curtis	Edinburgh Uni	37:22
98	Melanie Goodson	Gala Harriers	37:24
99	Lauren Trevethan	East Kilbride AAC	37:25
100	Sallyann Ferguson	Kilbarchan AAC	37:28
101	Julia Drewer	Ferranti AAC	37:29
102	Sue McDowell	Livingston & Dist	37:34
103	Christine Blair	Kilbarchan AAC	37:59
104	Jill Horsburgh	Lothian RC	38:10
105	Gillian Hanlon	Dundee Road R	38:13
106	Gillian Anderson	East Kilbride AAC	38:34
107	Christine Catterson	Shettleston H Ladies	39:05
108	Kirsty Scott	Dundee Hawkhill	39:07
109	Karen Robertson	Troon Tortoises AC	39:11
110	Kathryn Ellis	Garscube H	39:17
111	Joanne Anderson	Carnethy HRC	39:28
112	Lynne Bennet	Carnegie H	39:31
113	Sarah Gillespie	Pitreavie AAC	39:32
114	Phyllis Hands	Motherwell AC	39:43
115	Elizabeth Blaber	Hunters Bog T	39:53
116	Lesley Aitken	Dundee Road R	39:55
117	Morag Cairns	JW Kilmarnock	40:00
118	Fiona Walker	Fife AC	40:10
119	Pauline McAdam	Westerlands CCC	40:27
120	Sandra Rathjen	Hunters Bog T	40:29
121	Alexandra Kilgour	Hunters Bog T	40:31
122	Mary Ennis	Musselburgh AC	40:33
123	Karen Clarke	Hunters Bog T	40:52
124	Mary Goldsmith	Calderglen H	40:59
125	Kate Pether-Smith	Fife AC	41:18
126	Mandy Cullie	Calderglen H	41:57
127	Morna Fleming	Carnegie H	42:00
128	Catherine McKean	Troon Tortoises AC	42:04
129	Corrairie Sharp	Kilbarchan AAC	42:05
130	Moira Connell	Troon Tortoises AC	42:50
131	Karen-Anne Stevenson	Garscube H	43:54
132	Niamh Troy	Hunters Bog T	44:49
133	Sharon Houston	Inverclyde AC	45:15
134	Wanda Phillips	Kilbarchan AAC	46:03
135	Mehrmaz Campbell	Carnegie H	48:33
136	Louise Harris	Central AC	49:42
137	Janice Hendrie	Inverclyde AC	51:10

ScottishPower National Cross Country Championship – Falkirk 18/2/2005
Senior Men Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Simon Plummer	Southampton RC	39:10
2	Darren Gauson	City of Edinburgh	39:42
3	Donald Naylor	Hunters Bog T	39:50
4	Steven Cairns	Hunters Bog T	40:15
5	Alasdair Donaldson	Pitreavie AAC	40:21
6	Jethro Lennox	Shettleston Harriers	40:22
7	Joe Symonds	Dundee Hawkhill	40:23
8	Mark Pollard	Inverclyde AC	40:32
9	Lee Richardson	Irvine AC	40:34
10	Iain MacCorquodale	Ron Hill Cambus	40:37
11	Murray Strain	Edinburgh Uni	40:42
12	Andrew Liston	Fife AC	40:53
13	Ian Harkness	Hunters Bog T	40:58
14	David Millar	Irvine AC	41:08
15	Alistair Hart	Hunters Bog T	41:21
16	John Brown	Ron Hill Cambus	41:24
17	Moray Anderson	Corstorphine AAC	41:26
18	Alasdair Anthony	Central AC	41:36
19	Nick Altmann	Hunters Bog (Ind)	41:37
20	Steven O'Brien	Corstorphine AAC	41:39
21	David Rodgers	Ron Hill Cambus	41:40
22	Matthew Bell	City of Edinburgh	41:43
23	Kenneth McCoy	Shettleston Harriers	41:45
24	Kristian Forster	Victoria Park AAC	41:47
25	Joseph Kealey	Ron Hill Cambus	41:48
26	Andy Little	Shettleston Harriers	41:49
27	Graeme Croll	Ron Hill Cambus	42:00
28	Ross Houston	Central AC	42:02
29	Grant Stewart	City of Edinburgh	42:08
30	Andrew Wright	Ron Hill Cambus	42:15
31	James McMullan	Edinburgh Uni	42:21
32	Thomas Hearle	Kilbarchan AAC	42:25
33	Ross Milne	Lothian RC	42:26
34	Paul Sorrie	Shettleston Harriers	42:28
35	David Knight	Perth Road Runners	42:34
36	Kenneth Richmond	Bellahouston RR	42:37
37	Malcolm Beattie	Aberdeen AAC	42:44
38	Keith Hood	Corstorphine AAC	42:48
39	Grant Baillie	East Kilbride AAC	42:54
40	Colin Donnelly	Ron Hill Cambus	42:56
41	William Richardson	Irvine AC	42:57
42	Jamie Reid	Ron Hill Cambus	43:01
43	Martin Ferguson	City of Edinburgh	43:05
44	Thomas Lawrence	Carnegie H	43:14
45	Benedict Cole	Edinburgh Uni	43:16
46	Marco Consani	Garscube H	43:19
47	Ryan Montgomery	Shettleston Harriers	43:23
48	Matthew Strachan	Dundee Hawkhill	43:24
49	Mark Johnston	City of Edinburgh	43:25
50	Tom Ferrington	Corstorphine AAC	43:28
51	Euan Jardine	Gala Harriers	43:36
52	Ian Stewart	Carnegie H	43:39
53	Barney Phillips	Lasswade AAC	43:42
54	Ian Duguid	Ferranti AAC	43:43
55	Colin McGill	Bellahouston RR	43:44
56	Ross Arbuckle	Ron Hill Cambus	43:46
57	Kerry Wilson	Girvan AAC	43:49
58	James Snodgrass	Kilbarchan AAC	43:50

59	Bryan Clark	Corstorphine AAC	43:53
60	Adrian Davis	Fife AC	43:57
61	Lindsay Cunningham	Garscube H	43:59
62	Duncan Cochrane	Ron Hill Cambus	44:00
63	James Austin	Clydesdale Harriers	44:01
64	David Tamburini	Greenock Glenpark	44:02
65	Michael Carroll	Perth Road Runners	44:07
66	Ewan Gault	Central AC	44:09
67	William Coyle	Shettleston Harriers	44:12
68	Lars Ottemoller	City of Edinburgh	44:12
69	Michael McQuaid	Falkirk Victoria H	44:19
70	Christopher Russell	Fife AC	44:23
71	Stephen McGrory	Ron Hill Cambus	44:23
72	Lewis Lawson	Carnegie H	44:28
73	Prasad Prasad	Clydesdale Harriers	44:33
74	Brian Mackie	Springburn Harriers	44:38
75	Matthew Williamson	Bellahouston RR	44:47
76	Daryl Philip	Lasswade AAC	44:50
77	George Irving	Irvine AC	44:52
78	John Lambie	Carnegie H	44:54
79	Alex Allardyce	Ayr Seaforth	44:56
80	Benjamin Kemp	Portobello RC	44:57
81	Ian Munro	Ron Hill Cambus	44:59
82	Robert Wiseman	City of Edinburgh	44:59
83	Jonathan Henderson	Edinburgh Uni	45:03
84	Jiff Farquhar	Pitreavie AAC	45:03
85	Lewis Millar	Central AC	45:03
86	Steven Ogg	Carnegie H	45:07
87	Damian McAuley	Springburn Harriers	45:09
88	Alistair Hennessey	City of Edinburgh	45:18
89	Jason Wray	Edinburgh Uni	45:21
90	Mike Harvey	Carnegie H	45:25
91	Andrew Ronald	Falkirk Victoria H	45:28
92	John McMillan	Kilbarchan AAC	45:31
93	Fergus Johnston	Gala Harriers	45:36
94	Graeme Ackland	Lothian RC	45:40
95	Frank Boyne	Aberdeen AAC	45:40
96	Scott Martin	JW Kilmarnock	45:42
97	Colin Souter	Ayr Seaforth	45:47
98	Malcolm Patterson	Shettleston Harriers	45:49
99	Alistair Allan	Kirkintilloch Oly	45:51
100	Steve Laing	Central AC	45:52
101	Brian Cruickshank	Fife AC	45:54
102	Stephen Mason	Dundee Hawkhill	45:57
103	Pete Fox	Dundee Hawkhill	45:59
104	Scott Kennedy	Bellahouston RR	46:01
105	Andrew Hunter	Carnegie H	46:01
106	Philip Williams	Central AC	46:09
107	Ray Ward	Hunters Bog T	46:11
108	Michael Diver	Clydesdale Harriers	46:14
109	Tom Scott	Fife AC	46:14
110	Larry Mathews	Hunters Bog (Ind)	46:14
111	Donald Petrie	Kilbarchan AAC	46:24
112	Jamie McMorrow	Law & District	46:27
113	David Duguid	Aberdeen AAC	46:29
114	David Condra	East Kilbride AAC	46:29
115	Andrew Steven	Ron Hill Cambus	46:37
116	David Armour	Central AC	46:40
117	Peter Carton	Shettleston Harriers	46:40

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Senior Men Results

118	David Weir	Fife AC	46:42
119	Andrew Allen	Bellahouston RR	46:46
120	Alan Derrick	Calderglen H	46:49
121	Matthew Donnery	Edinburgh Uni	46:51
122	Steven Hards	Kilbarchan AAC	46:53
123	Owen Flage	City of Edinburgh	46:53
124	Ewan Stark	Corstorphine AAC	46:56
125	Niall Munro	Hunters Bog T	46:59
126	Brian Campbell	Ron Hill Cambus	47:01
127	Derek Houstoun	Springburn Harriers	47:03
128	Brian Craig	Irvine AC	47:03
129	Andrew Birnie	Bellahouston RR	47:03
130	Alexander Davidson	Falkirk Victoria H	47:08
131	Chris Upson	Westerlands CCC	47:09
132	Peter Buchanan	Portobello RC	47:11
133	Bryce Aitken	Fife AC	47:17
134	John Duffy	Shettleston Harriers	47:17
135	Peter Simpson	Carnegie H	47:21
136	Derek Breen	Giffnock North	47:31
137	Grant Wilkie	Corstorphine AAC	47:38
138	Bill Smith	Fife AC	47:42
139	David Law	Corstorphine AAC	47:42
140	Richard Docherty	Lothian RC	47:48
141	Andrew Callan	Springburn Harriers	47:48
142	Craig Hunter	Hunters Bog T	47:48
143	Martin O'Donnell	Giffnock North	47:48
144	Colin Miller	Irvine AC	47:48
145	John Kay	Fife AC	47:48
146	George Gilhooley	Livingston & Dist	47:48
147	Gavin Morrison	Inverclyde AC	47:48
148	Gerard Scullion	Portobello RC	47:48
149	Alex Milne	Central AC	47:48
150	Edward McLoone	Kirkintilloch Oly	48:01
151	Kenneth Short	Teviotdale Harriers	48:04
152	Benjamin Hands	Motherwell AC	48:06
153	Ian Johnston	Carnegie H	48:10
154	Michael Finlay	Kilbarchan AAC	48:13
155	Huw Jones	Edinburgh Uni	48:15
156	Steven Wales	City of Edinburgh	48:17
157	Graeme Fletcher	Corstorphine AAC	48:18
158	Keith Dunlop	City of Edinburgh	48:19
159	Marc Roper	Giffnock North	48:25
160	Martin Crawford	Central AC	48:27
161	Martin Ryan	Perth Road Runners	48:29
162	Timothy Norwood	Corstorphine AAC	48:31
163	Gerard Craig	Victoria Park AAC	48:33
164	Steven Campbell	Greenock Glenpark	48:36
165	Alexander Peddie	Aberdeen AAC	48:36
166	Colin Cable	City of Edinburgh	48:38
167	Campbell Joss	Bellahouston H	48:40
168	Brian McLinden	Motherwell AC	48:43
169	Jamie Thin	Hunters Bog T	48:45
170	Neil Robertson	Falkirk Victoria H	48:46
171	William Jarvie	Portobello RC	48:49
172	Sandy Bennet	Carnegie H	48:53
173	Mark Roberts	Hunters Bog T	48:53
174	Graeme Murdoch	Gala Harriers	48:55
175	Chris Broadbent	Haddington ELP	48:57
176	Dougie MacDonald	Maryhill Harriers	48:59

177	Emilio Cosimo	Springburn Harriers	49:00
178	Craig Calderwood	Clydesdale Harriers	49:00
179	Will Hensman	Central AC	49:02
180	Harry Mulholland	Lothian RC	49:04
181	Alan Tait	Motherwell AC	49:07
182	Graeme Haddow	East Kilbride AAC	49:09
183	Jonathan Whitehead	City of Edinburgh	49:11
184	Jon Rathjen	Hunters Bog T	49:13
185	Andy Campbell	Ayr Seaforth	49:15
186	Anthony Lunn	Gala Harriers	49:16
187	Derren Thomson	Giffnock North	49:17
188	Robin McNelis	Falkirk Victoria H	49:21
189	Gavin Lightwood	Haddington ELP	49:22
190	Christopher Northam	Livingston & Dist	49:22
191	Stephen Moore	Falkirk Victoria H	49:23
192	Alastair MacLachlan	Bellahouston RR	49:25
193	Stephen Dempsey	Lothian RC	49:25
194	William Bailey	Edinburgh Uni	49:27
195	Robin Grant	Giffnock North	49:28
196	Andrew Nicoll	Victoria Park AAC	49:28
197	Billy Fraser	Teviotdale Harriers	49:30
198	John Christy	Corstorphine AAC	49:30
199	David McNab	Giffnock North	49:30
200	John Martin	Falkirk Victoria H	49:30
201	Mark Smith	East Kilbride AAC	49:35
202	Swaz Fraser	Westerlands CCC	49:35
203	Archibald Duncan	Pitreavie AAC	49:44
204	Dean Carr	Corstorphine AAC	49:44
205	Paul Nicoll	Hunters Bog T	49:48
206	Ross Hill	Springburn Harriers	49:48
207	Coinneach Morrison	Stornoway RC	49:51
208	Damien Theaker	Helensburgh AAC	49:51
209	Martin Clarke	Gala Harriers	49:57
210	Ken Macmahon	Bellahouston RR	49:57
211	Derek Phillips	Perth Road Runners	49:59
212	Keith Charlton	Aberdeen AAC	50:00
213	Douglas Henderson	Ron Hill Cambus	50:01
214	Neil McKay	Hunters Bog T	50:05
215	Hugh Gallagher	Giffnock North	50:10
216	Thomas McPake	Ron Hill Cambus	50:11
217	Brian Stewart	Lothian RC	50:12
218	Nathaniel Taylor	Girvan AAC	50:14
219	David Geddes	Garscube H	50:17
220	James Sneddon	Irvine AC	50:17
221	Jack Knox	Gala Harriers	50:20
222	Ivor Normand	Hunters Bog T	50:22
223	George Mitchell	Greenock Glenpark	50:26
224	Walter Fairnie	Ferranti AAC	50:31
225	Erwin Losekoot	Helensburgh AAC	50:33
226	Augustine Cairney	Clydesdale Harriers	50:35
227	Barry Davie	Pitreavie AAC	50:35
228	David Armitage	Aberdeen AAC	50:35
229	Brian Howie	City of Edinburgh	50:43
230	Martin Caldwell	Corstorphine AAC	50:43
231	Iain Robertson	Clydesdale Harriers	50:50
232	David Eades	Lothian RC	50:55
233	Philip Sweeney	Central AC	50:55
234	Martin Hulme	Corstorphine AAC	51:01
235	Stephen Cowper	Milburn Harriers	51:01

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Senior Men Results

236	Keith Mayfield	Portobello RC	51:03
237	Ian Beattie	Central AC	51:06
238	Michael O'Hagan	Ron Hill Cambus	51:06
239	Nick Smith	Carnegie H	51:06
240	Joseph Chambers	Springburn Harriers	51:09
241	Miguel Merayo	Central AC	51:12
242	Douglas McGarry	Carnegie H	51:12
243	Alex Cumming	Corstorphine AAC	51:15
244	Christopher Craig	Kirkintilloch Oly	51:15
245	Alistair Laurie	Gala Harriers	51:19
246	Alexander Nicol	Carnegie H	51:19
247	Robert Young	Clydesdale Harriers	51:19
248	Andrew Jeske	Portobello RC	51:19
249	Alan Lawson	Dundee Hawkhill	51:19
250	Alan McIntosh	Lothian RC	51:23
251	John Hampshire	Hunters Bog T	51:27
252	Alan O'Rourke	Greenock Glenpark	51:29
253	James White	Irvine AC	51:35
254	Robin Murray	Gala Harriers	51:40
255	Pete Cartwright	Clydesdale Harriers	51:46
256	Robert Shaw	Inverclyde AC	51:48
257	Keith Lyle	City of Edinburgh	51:53
258	Tom Flannigan	Helensburgh AAC	51:53
259	Gordon Colvin	East Kilbride AAC	51:56
260	Ross McInroy	Helensburgh AAC	51:58
261	Robert Morris	City of Edinburgh	52:01
262	Mel Scobie	Fife AC	52:03
263	David Wright	Hunters Bog T	52:07
264	David Atkin	Garscube H	52:07
265	Iain Shaw	Ferranti AAC	52:09
266	John Gourlay	Law & District	52:11
267	Cameron Spence	Inverclyde AC	52:11
268	Neil Muir	Perth Road Runners	52:11
269	David Mitchell	JW Kilmarnock	52:16
270	Scott McKendrick	Irvine AC	52:16
271	Edwin Sanders	Fife AC	52:20
272	Trevor Ridley	Ferranti AAC	52:22
273	Ged Smith	Teviotdale Harriers	52:24
274	Andy Wadsworth	Hunters Bog T	52:36
275	Gordon Barrie	Dundee Hawkhill	52:38
276	Tony McKnight	Irvine AC	52:39
277	Tom Barr	Hunters Bog T	52:39
278	James Rowley	Law & District	52:39
279	F Popham	Fife AC	52:39
280	Alan Cockburn	Carnegie H	52:39
281	Ian Campbell	Hunters Bog T	52:39
282	John Weir	Garscube H	52:39
283	Sandy Wallace	Haddington ELP	52:46
284	Billy Clark	Giffnock North	52:46
285	Roger Greenaway	Central AC	52:50
286	Bill Knox	Teviotdale Harriers	52:53
287	Robert Gray	Inverclyde AC	53:01
288	James McCosh	Airdrie Harriers	53:01
289	Kenton Jones	Lothian RC	53:03
290	Francis Hooton	Edinburgh Uni	53:06
291	Ian McNee	Troon Tortoises AC	53:15
292	Leslie McDerment	JW Kilmarnock	53:15
293	Alister Biggar	Teviotdale Harriers	53:20
294	Andrew Kerr	Troon Tortoises AC	53:23

295	Cameron Campbell	Central AC	53:25
296	Colin Farquharson	Hunters Bog T	53:27
297	Douglas Gunstone	Fife AC	53:27
298	Neil Thomas	Hunters Bog T	53:35
299	Thomas Knox	Gala Harriers	53:41
300	Nigel Cunningham	Pitreavie AAC	53:48
301	Kenneth Davidson	Calderglen H	53:50
302	Colin Simpson	Pitreavie AAC	53:51
303	Graham Pogson	Gala Harriers	53:51
304	Athole Smith	Garscube H	53:51
305	David Robertson	Falkirk Victoria H	53:54
306	Gerard Mullen	Calderglen H	53:55
307	Brent Vivian	Corstorphine AAC	53:55
308	Douglas Robertson	Fife AC	54:01
309	Phil Smithard	Carnegie H	54:01
310	Jim Holmes	Calderglen H	54:05
311	Scott Jarvie	Portobello RC	54:05
312	Adam Law	Ayr Seaforth	54:05
313	Robert Hutchison	Central AC	54:09
314	Andrew Clugston	Kilbarchan AAC	54:11
315	Stuart Watson	Central AC	54:11
316	Robert McKay	Giffnock North	54:14
317	Andrew Griffiths	Garscube H	54:17
318	Steven Thomson	Livingston & Dist	54:19
319	Neil Jones	Ferranti AAC	54:22
320	Allan Brooks	East Kilbride AAC	54:22
321	Iain Fraser	Irvine AC	54:26
322	David Henderson	Corstorphine AAC	54:31
323	Daniel McLaughlin	Greenock Glenpark	54:33
324	Stephen Skene	Pitreavie AAC	54:33
325	Alex MacEwen	City of Edinburgh	54:33
326	Malcolm Gowans	Gala Harriers	54:36
327	Eric Donaldson	Falkirk Victoria H	54:36
328	Keith Weston	Ferranti AAC	54:36
329	Alan Goodson	Gala Harriers	54:36
330	John McKay	Hunters Bog T	54:41
331	David Fairweather	Ron Hill Cambus	54:47
332	David Gibson	Harmeny AC	54:55
333	John McPake	Ron Hill Cambus	55:01
334	Martin Sneddon	City of Edinburgh	55:01
335	Hugh Kerr	Central AC	55:05
336	George McGregor	Troon Tortoises AC	55:05
337	Barry McCleery	Pitreavie AAC	55:05
338	Gibson Fleming	Westerlands CCC	55:08
339	John Bannister	Inverclyde AC	55:08
340	James Dobbie	Unattached	55:13
341	Gordon Douglas	Law & District	55:15
342	Alan McLeod	Dundee Road R	55:19
343	James Taylor	Garscube H	55:21
344	Colin Butler	Helensburgh AAC	55:25
345	Tommy Lawlor	Carnegie H	55:27
346	A Keruzore	City of Edinburgh	55:29
347	Jan-Bert Van Den Berg	Corstorphine AAC	55:32
348	William Higgins	Falkirk Victoria H	55:44
349	David Logan	Giffnock North	55:51
350	William Gallacher	City of Edinburgh	55:54
351	Blair Millen	Westerlands CCC	55:54
352	John Smillie	Inverclyde AC	56:08
353	Stephen Pattison	Musselburgh AC	56:11

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Senior Men Results

354	James Alexander	Lothian RC	56:11
355	George Hegarty	Greenock Glenpark	56:17
356	David Darroch	Gala Harriers	56:19
357	Ian Rae	Calderglen H	56:19
358	Tony Segall	Musselburgh AC	56:22
359	Robin Flannagan	Helensburgh AAC	56:28
360	William Young	Troon Tortoises AC	56:31
361	Thomas White	Harmeny AC	56:50
362	Andrew Barker	Fife AC	57:25
363	Glyn Gardiner	Pitreavie AAC	57:25
364	Colin Banks	Calderglen H	57:25
365	Timothy Downie	Troon Tortoises AC	57:25
366	William Stein	Giffnock North	57:38
367	Andreas Wilhelm	Harmeny AC	57:40
368	George McHardy	Central AC	57:41
369	Gordon Eadie	Musselburgh AC	57:43
370	Frederick McCain	Haddington ELP	57:43
371	Neil Campbell	Carnegie H	57:43
372	Kenneth Scott	Greenock Glenpark	57:48
373	Michael Cowie	Carnegie H	57:51
374	Norman Taylor	Teviotdale Harriers	57:53
375	Stephen Maniam	City of Edinburgh	57:56
376	Russell Couper	Calderglen H	57:56
377	David Hay	Central AC	57:59
378	Colin MacLennan	Kirkintilloch Oly	58:08
379	Will McDermott	Gala Harriers	58:11
380	Walter Mccaskey	City of Edinburgh	58:14
381	Peter Ramsay	Kirkintilloch Oly	58:16
382	Garry Taylor	Carnegie H	58:21
383	Patrick Mullen	Unattached	58:31
384	Edward Reid	Calderglen H	58:33
385	Robert Miller	Ferranti AAC	58:35
386	Jim McLoone	Kirkintilloch Oly	58:35
387	Eric Stevenson	City of Edinburgh	58:42
388	Dermot Williamson	Garscube H	58:48
389	Keith Nicol	Ferranti AAC	58:53
390	Steven Deane	Greenock Glenpark	58:54
391	Peter Rudzinski	Clydesdale Harriers	59:21
392	Ronald Nolan	Corstorphine AAC	59:45
393	Stephen Greer	Carnegie H	1:00:04
394	Trevor Jones	Fife AC	1:00:12
395	John O'Hara	Corstorphine AAC	1:00:48
396	Mark Fairbairn	Ferranti AAC	1:00:52
397	James Taylor	Fife AC	1:01:03
398	Tom Tracey	Inverclyde AC	1:01:20
399	John McArthur	Carnegie H	1:01:24
400	C Gray	Clydesdale Harriers	1:01:44
401	Ian McManus	Irvine AC	1:01:51
402	James Drummond	Central AC	1:01:57
403	Iain Wallace	Hunters Bog T	1:02:15
404	Charles Steven	Calderglen H	1:02:37
405	George Armstrong	Haddington ELP	1:03:05
406	Robert Connell	Kilbarchan AAC	1:03:05
407	David Spy	Helensburgh AAC	1:03:27
408	James Shaw	Ferranti AAC	1:03:30
409	Alex Bell	Ferranti AAC	1:04:10
410	David Francis	Fife AC	1:04:21
411	Richard Wall	Hunters Bog T	1:04:55
412	Paul Elliot	Lasswade AAC	1:05:01

413	Robert McFall	City of Edinburgh	1:05:19
414	Andrew Turnbull	Westerlands CCC	1:05:34
415	Bobby Rossborough	Clydesdale Harriers	1:05:45
416	Iain Kelly	Hunters Bog T	1:07:10
417	John Macinnes	Kilbarchan AAC	1:07:58
418	Christopher MacKay	Greenock Glenpark	1:08:26
419	Graham Bennison	Fife AC	1:09:13
420	Ian Marshall	Hunters Bog T	1:09:55
421	James Rowsome	Carnegie H	1:12:32
422	David Kerr	Irvine AC	1:21:51

Teams

	<i>Club</i>	<i>Positions</i>							<i>Total</i>
1	Ron Hill Cambus	10	16	21	25	27	30	129	
2	Shettleston Harriers	6	23	26	34	47	67	203	
3	City of Edinburgh	2	22	29	43	49	68	213	
4	Hunters Bog T	3	4	13	15	107	125	267	
5	Corstorphine AAC	17	20	38	50	59	124	308	
6	Edinburgh Uni	11	31	45	83	89	121	380	
7	Central AC	18	28	66	85	100	106	403	
8	Irvine AC	9	14	41	77	128	144	413	
9	Carnegie H	44	52	72	78	86	90	422	
10	Fife AC	12	60	70	101	109	118	470	
11	Bellahouston RR	36	55	75	104	119	129	518	
12	Kilbarchan AAC	32	58	92	111	122	154	569	
13	Dundee Hawkhill	7	48	102	103	249	275	784	
14	Springburn Harriers	74	87	127	141	177	206	812	
15	Falkirk Victoria H	69	91	130	170	188	191	839	
16	Aberdeen AAC	37	95	113	165	212	228	850	
17	Lothian RC	33	94	140	180	193	217	857	
18	Clydesdale Harriers	63	73	108	178	226	231	879	
19	Gala Harriers	51	93	174	186	209	221	934	
20	Portobello RC	80	132	148	171	236	248	1015	
21	Giffnock North	136	143	159	187	195	199	1019	
22	East Kilbride AAC	39	114	182	201	259	320	1115	
23	Pitreavie AAC	5	84	203	227	300	302	1121	
24	Garscube H	46	61	219	264	282	304	1176	
25	Inverclyde AC	8	147	256	267	287	339	1304	
26	Greenock Glenpark	64	164	223	252	323	355	1381	
27	Ferranti AAC	54	224	265	272	319	328	1462	
28	Teviotdale Harriers	151	197	273	286	293	374	1574	
29	Kirkintilloch Oly	99	150	244	378	381	386	1638	
30	Helensburgh AAC	208	225	258	260	344	359	1654	
31	Calderglen H	120	301	306	310	357	364	1758	