

Scottishathletics 4km Championship
Bellahouston Park Sunday 29th January 2006

Pos	No	Name	Cat	Club	Time
1	138	Simon Plummer	SEN	Woodford Green	11:48
2	150	Steven Vernon	SEN	East Kilbride A.C.	11:53
3	47	Darren Gauson	SEN	City of Edinburgh AC	11:59
4	40	Robert Russell	SEN	Central AC	12:06
5	92	Michael Morris	SeN	Morpeth Harriers	12:11
6	93	Bruce Raeside	SEN	Notts AC	12:14
7	102	Iain MacCorquodale	SEN	Ron Hill Cambuslang Harriers	12:21
8	107	Jamie Reid	SEN	Ron Hill Cambuslang Harriers	12:25
9	70	William Bailey	SEN	Edinburgh Univ Hare & Hounds	12:26
10	51	Juan Mareque	SEN	City of Edinburgh AC	12:27
11	80	David Millar	VET	Irvine AC	12:28
12	81	Lee Richardson	SEN	Irvine AC	12:31
13	111	Neil Wilkinson	VET	Ron Hill Cambuslang Harriers	12:35
14	95	John Brown	VET	Ron Hill Cambuslang Harriers	12:38
15	115	Paul Sorrie	SEN	Shettleston Harriers	12:42
16	87	David Gardiner	VET	Kirkintilloch Oly	12:47
17	43	Matthew Bell	SEN	City of Edinburgh AC	12:48
18	142	Grant Baillie	SEN	East Kilbride A.C.	12:49
19	137	Andrew Renfree	SEN	Shaftesbury Barnet Harriers	12:53
20	114	Kenneth McCoy	SEN	Shettleston Harriers	12:54
21	113	Andy Little	VET	Shettleston Harriers	12:55
22	110	Charles Thomson	VET	Ron Hill Cambuslang Harriers	13:00
23	141	Robert Quinn	VET	Kilbarchan AAC	13:00
24	82	William Richardson	VET	Irvine AC	13:03
25	71	Benedict Cole	SEN	Edinburgh Univ Hare & Hounds	13:10
26	199	Nicholas Moore	U20	Kilbarchan AAC	13:11
27	62	Steven O'Brien	SEN	Corstorphine AAC	13:11
28	100	Joseph Kealey	SEN	Ron Hill Cambuslang Harriers	13:14
29	37	Michael Wright	U20	Central AC	13:16
30	128	Brian Mackie	SEN	Springburn Harriers	13:18
31	88	Barney Phillips	SEN	Lasswade AAC	13:19
32	98	Robert Gilroy	SEN	Ron Hill Cambuslang Harriers	13:19
33	116	Brian MCGarrity	SEN	Shettleston Harriers	13:19
34	66	James McMullan	SEN	Edinburgh Univ Hare & Hounds	13:22
35	79	George Irving	VET	Irvine AC	13:24
36	32	Ian Stewart	VET	Carnegie Harriers	13:24
37	33	Lewis Millar	SEN	Central AC	13:28
38	28	Lewis Lawson	VET	Carnegie Harriers	13:31
39	74	David Tamburini	SEN	Greenock Glenpark Harriers	13:31
40	59	Robert Wiseman	SEN	City of Edinburgh AC	13:31
41	101	Kieran McAlinden	VET	Ron Hill Cambuslang Harriers	13:33
42	136	Terry Feasey	SEN	Basingstoke + Mid Hants	13:34
43	89	Stephen Allen	VET	Law & District AAC	13:35
44	7	Colin McGill	SEN	Bellahouston Road Runners	13:36
45	124	John Bell	VET	Springburn Harriers	13:37
46	35	Murray MacLarty	U20	Central AC	13:39
47	91	Jamie McMorrow	SEN	Law & District AAC	13:42
48	67	Jonathan Henderson	SEN	Edinburgh Univ Hare & Hounds	13:44
49	103	Stephen McGrory	VET	Ron Hill Cambuslang Harriers	13:45
50	130	Gavin Hogarth	SEN	Stirling University AC	13:46
51	72	Alexander Davidson	SEN	Falkirk Victoria Harriers	13:50
52	99	Iain Grant	VET	Ron Hill Cambuslang Harriers	13:52
53	61	Bryan Clark	SEN	Corstorphine AAC	13:54
54	34	Alex Milne	VET	Central AC	13:55
55	36	Philip Williams	SEN	Central AC	14:00

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56	131	Iain Whittaker	SEN	Stirling University AC	14:05
57	6	Liam Conway	VET	Bellahouston Road Runners	14:07
58	84	Scott Martin	VET	J W Kilmarnock H&AC	14:09
59	78	Brian Craig	VET	Irvine AC	14:09
60	60	Steven Wales	SEN	City of Edinburgh AC	14:13
61	15	Martin Duthie	VET	Calderglen Harriers	14:13
62	109	Andrew Steven	SEN	Ron Hill Cambuslang Harriers	14:17
63	147	Graeme Haddow	VET	East Kilbride A.C.	14:17
64	97	David Dymond	VET	Ron Hill Cambuslang Harriers	14:17
65	146	David J. Condra	VET	East Kilbride A.C.	14:17
66	96	Brian Campbell	SEN	Ron Hill Cambuslang Harriers	14:24
67	38	Martin Crawford	SEN	Central AC	14:30
68	63	Scott Pilkington	U20	Corstorphine AAC	14:35
69	129	Colin Dalziel	U20	Stirling University AC	14:37
70	126	Emilio Cosimo	SEN	Springburn Harriers	14:39
71	127	Ross Hill	SEN	Springburn Harriers	14:40
72	149	Mark Smith	SEN	East Kilbride A.C.	14:40
73	135	Chris Upson	VET	Westerlands XC Club	14:44
74	9	Russell Whittington	SEN	Bellahouston Road Runners	14:56
75	39	Miguel Merayo	SEN	Central AC	15:02
76	8	Ken Macmahon	SEN	Bellahouston Road Runners	15:07
77	132	Gary Love	Vet	Strathclyde Fire and rescue	15:08
78	133	Joseph Doyle	VET	Victoria Park AAC	15:10
79	125	Joseph Chambers	SEN	Springburn Harriers	15:24
80	145	Gordon Colvin	VET	East Kilbride A.C.	15:26
81	83	James Sneddon	VET	Irvine AC	15:28
82	143	Allan Brooks	VET	East Kilbride A.C.	15:37
83	118	Mark McKenny	U20	Shettleston Harriers	15:39
84	16	Scot Hill	VET	Calderglen Harriers	15:41
85	148	Edgar Ramage	VET	East Kilbride A.C.	15:47
86	90	John Gourlay	VET	Law & District AAC	15:53
87	30	Robbie McKenzie	VET	Carnegie Harriers	15:56
88	17	Jim Holmes	VET	Calderglen Harriers	16:02
89	75	Tom Barr	SEN	Hunters Bog Trotters	16:04
90	24	George Stewart	VET	Calderglen Harriers	16:08
91	53	Stephen Maniam	SEN	City of Edinburgh AC	16:15
92	50	Andrew Laycock	VET	City of Edinburgh AC	16:18
93	27	Tommy Lawlor	VET	Carnegie Harriers	16:30
94	85	Leslie McDerment	VET	J W Kilmarnock H&AC	16:32
95	21	Edward Reid	VET	Calderglen Harriers	16:34
96	31	Phil Smithard	VET	Carnegie Harriers	16:38
97	144	Michael Browne	SEN	East Kilbride A.C.	17:08
98	25	Michael Cowie	VET	Carnegie Harriers	17:13
99	10	Colin Banks	SEN	Calderglen Harriers	17:15
100	19	Gerard Mullen	VET	Calderglen Harriers	17:15
101	12	Russell Couper	VET	Calderglen Harriers	17:27
102	23	Charles Steven	VET	Calderglen Harriers	18:07
103	26	Stephen Greer	VET	Carnegie Harriers	18:19
104	20	James McAleavy	Vet	Calderglen Harriers	18:56
105	11	Malcolm Buchanan	VET	Calderglen Harriers	19:54

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Cat	(All)	
MALE 4KM TEAMS		
Sum of Pos		
Club	Name	Total
Ron Hill Cambuslang Harriers	Iain MacCorquodale	7
	Jamie Reid	8
	Neil Wilkinson	13
	John Brown	14
Ron Hill Cambuslang Harriers Total		42
City of Edinburgh AC	Darren Gauson	3
	Juan Mareque	10
	Matthew Bell	17
	Robert Wiseman	40
City of Edinburgh AC Total		70
Irvine AC	David Millar	11
	Lee Richardson	12
	William Richardson	24
	George Irving	35
Irvine AC Total		82
Shettleston Harriers	Paul Sorrie	15
	Kenneth McCoy	20
	Andy Little	21
	Brian McGarrity	33
Shettleston Harriers Total		89
Central AC	Robert Russell	4
	Michael Wright	29
	Lewis Millar	37
	Murray MacLarty	46
Central AC Total		116
Edinburgh Univ Hare & Hounds	William Bailey	9
	Benedict Cole	25
	James McMullan	34
	Jonathan Henderson	48
Edinburgh Univ Hare & Hounds Total		116
East Kilbride A.C.	Steven Vernon	2
	Grant Baillie	18
	Graeme Haddow	63
	David J. Condra	65
East Kilbride A.C. Total		148
Springburn Harriers	Brian Mackie	30
	John Bell	45
	Emilio Cosimo	70
	Ross Hill	71
Springburn Harriers Total		216

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Bellahouston Road Runners	Colin McGill	44
	Liam Conway	57
	Russell Whittington	74
	Ken Macmahon	76
Bellahouston Road Runners Total		251
Carnegie Harriers	Ian Stewart	36
	Lewis Lawson	38
	Robbie McKenzie	87
	Tommy Lawlor	93
Carnegie Harriers Total		254
Calderglen Harriers	Martin Duthie	61
	Scot Hill	84
	Jim Holmes	88
	George Stewart	90
Calderglen Harriers Total		323

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Pos	No	Name	Cat	Club	Time
1	236	Freya Murray	SEN	Edinburgh Southern Harriers	13:42
2	214	Lyn Wilson	SEN	Carnethy Hill Racing Club	14:00
3	259	Catriona Morrison	SEN	Unattached	14:07
4	254	Lesley Chisholm	SEN	Springburn Harriers	14:27
5	204	Helen Stuart	SEN	Bellahouston Road Runners	14:43
6	203	Elke Schmidt	SEN	Bellahouston Road Runners	14:46
7	232	Pamela Nicholson	SEN	City Of Glasgow AC	14:51
8	224	Suzanne Benyon/Owen	SEN	City Of Glasgow AC	14:54
9	233	Kirsteen Young	SEN	City Of Glasgow AC	14:59
10	213	Kate Jenkins	SEN	Carnethy Hill Racing Club	15:04
11	248	Lindsay McMahon	SEN	J W Kilmarnock H&AC	15:05
12	235	Vicky Frew	SEN	Edinburgh Southern Harriers	15:08
13	201	Deborah Ferns	SEN	Bellahouston Road Runners	15:21
14	228	Susan Finch	VET	City Of Glasgow AC	15:24
15	237	Sarah-Jane Pickett	SEN	Edinburgh Southern Harriers	15:26
16	216	Ainsley Normand	SEN	Central AC	15:31
17	252	Sharon Lamont	U20	Pitreavie AAC	15:36
18	256	Christine Bertram	SEN	Stirling University AC	15:38
19	221	Stephanie Lyall	U17	City of Edinburgh AC	15:41
20	227	Joanne Finch	U20	City Of Glasgow AC	15:45
21	255	Clare Gemmell	VET	Springburn Harriers	16:03
22	265	Kelly Smith	SEN	East Kilbride A.C.	16:05
23	245	Cara Sloss	U20	Kilbarchan AAC	16:14
24	246	Karen Yule	SEN	Kilbarchan AAC	16:25
25	225	Heather Calderwood	SEN	City Of Glasgow AC	16:29
26	200	Shona Donnelly	VET	Bellahouston Road Runners	16:31
27	239	Vicky Clegg	U20	Edinburgh Univ Hare & Hounds	16:35
28	250	Joanne Clark	SEN	Motherwell AC	16:46
29	249	Lorna Rice	SEN	Lasswade AAC	16:53
30	244	Helen Morton	VET	Irvine AC	16:58
31	263	Angela Martin	VET	East Kilbride A.C.	17:23
32	270	Louise Brown	SEN	Calderglen Harriers	17:39
33	266	Lauren Trevethan	SEN	East Kilbride A.C.	17:39
34	251	Carol Munro	VET	Motherwell AC	17:49
35	260	Gillian Anderson	VET	East Kilbride A.C.	18:23
36	264	Joanne McEvoy	SEN	East Kilbride A.C.	18:26
37	209	Katrina Stewart	SEN	Calderglen Harriers	18:36

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Cat	(All)
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MALE 4KM TEAMS

Sum of Pos		
Club	Name	Total
City Of Glasgow AC	Pamela Nicholson	7
	Suzanne Benyon/Owen	8
	Kirsteen Young	9
City Of Glasgow AC Total		24
Bellahouston Road Runners	Helen Stuart	5
	Elke Schmidt	6
	Deborah Ferns	13
Bellahouston Road Runners Total		24
Edinburgh Southern Harriers	Freya Murray	1
	Vicky Frew	12
	Sarah-Jane Pickett	15
Edinburgh Southern Harriers Total		28
East Kilbride A.C.	Kelly Smith	22
	Angela Martin	31
	Lauren Trevethan	33
East Kilbride A.C. Total		86