The Corbetts

All hill references from latest edition of SMC Corbetts & Other Scottish Hills All dates are provisional and do not allow for gaining or losing time. Sailing 240miles; Foot 1073 miles; Road bike 994 miles; Mountain bike 183 miles

Brenda – 07909 984957 Manny – 07925 181660

	Day 1 – Saturday 25 th April
	Map 14
Foot 2	An Clisham S17P272
Road 5	Road bike to Tarbert pier (or further 15 miles south to Rodel nr Renish
	Point, sail only 22 miles)
Sail 32	Sail to Milovaig, Loch Pooltiel, Skye
	Day 2 – Sunday 26 th April
	Map 23, 32
Road 30	Land on Skye at Milovaig, Loch Pooltiel, road bike south to Sligachan
Foot 10	Glamaig S17P263, head south along ridge to Mam a' Phobuill, then
	traverse around Marsco then up Garbh-bheinn S17P262, descend via
	Choire a'Caise to Loch Slapin
Road 7	Road bike to Elgol pier
Sail 12	Sail to Kinloch, Rhum
	Day 3 – Monday 27 th April
	Map 39
Foot 13	From Kinloch Castle, Askival S17P258 → Ainshval S17P258,
100113	descend to Dibidil Bothy then return by coastal path to Kinloch pier
Sail 35	Sail to Tobermory, Mull
	2411 (0 100411101), 114411
	Day 4 – Tuesday 28 th April
	Q29
	Map 47, 49
Road 19	Road bike to Scallastle, Craignure (if fast sailing stay on boat until
E 7	Scallastle Bay or Craignure)
Foot 7	Dun da Ghaoithe S17P255, direct descent then road to pier, at Craignure Bay? (or pick up in Scallastle Bay?)
*****	(If time & good weather, option to continue east along ridge to mast at
	Maol nan Uan and descend via bird of prey centre, then road to pier +4
	miles)
Sail 50	Sail to Loch na Mile, nr Craighouse, Jura (or to Kinuachdrachd
	Harbour 23 miles)
	D 5 W 1 1 Coth A 11
	Day 5 – Wednesday 29 th April
Foot 9	Map 61 Land at beach close to 3 Mile Bridge, Beinn an Oir S17P253
*****	(If slow sailing, option to drop me at north end of Jura at
	Kinuachdrachd Harbour and 20 mile mtb ride to 3 Mile Bridge)
G 11.00	Call Day 11 Day 1

Sail to Brodick Bay, Arran

Sail 90

Day 6 – Thursday 30th April Map 69 Foot 14 Land at Cladach, **Beinn Tarsuinn** S17P251 → **Cir Mor** S17P251 → Caisteal Abhail S17P251 → Goatfell S17P251 Sail 20 Sail to Troon Day 8 – Saturday 2nd May Map 77 Leave yacht at Troon Road 32 Road bike from Troon/Ayr? to Kirkmichael → Straiton B7045, then south to car park for Bell Memorial at road junction GR 353907 Day 9 – Sunday 3rd May Map 77 Foot 19 **Shalloch of Minnoch** S0P15 → **Merrick** S0P17 → east through forest fire break to **Corserine** S0P16→ Forrest Lodge Road 11 Road bike to Polharrow Bridge then north to Green Well of Scotland Foot 8 Cairnsmore of Carsphairn S0P21, and then east to Craigengillan Day 10 – Monday 4th May O5 & O6 Map 77,78,79,72 Road 48 Road bike south back to B729 then east to Moniaive and then A702 to Kirkland, then B729 southeast to Dunscore, turn left to Merkland, turn left to Gateside, turn right to Auldgirth, cross A76, take minor road to Duncow, turn left at school to join A701 at Johnfield, follow to Moffat, then take A708 to Hang Gill Foot 16 **Hart Fell** S0P22 → **White Coomb** S0P23 → Megget Stone → **Broad Law**, S0P24, MTB3MTB off summit to Crookhaugh Day 11 – Tuesday 5th May Broughton, Symington, Lanark, Kirkmuir, Strathaven, East Kilbride, Road 100 Paisley, Erskine (Bridge), Dumbarton, Arrocher, Glen Croe visitor

centre

	Day 12 – Wednesday 6 th May
E 4 6	Map56 The Break \$1826 \ Per Devick \$1826 \ Leak acilland
Foot 6 Road 2	The Brack S1P36 → Ben Donich S1P36 → Lochgoilhead Road bike to Lettermay
Foot 7	Beinn Bheula S1P38
Road 7	Road bike up to Rest & Be Thankful
Foot 3	Beinn an Lochain S1P40 descend northeast to Butterbridge
10013	Denni dii Eochdii 911 10 descend northeast to Batteroriage
	Day 13 – Thursday 7 th May
	Map56
Foot 8	Stob Coire Creagach S1P41 → Beinn Luibhean S1P40 →
	The Cobbler S1P39, descend to Succoth car park at Arrocher.
Road 13	Road bike to Glen Falloch Farm
Foot 8	Meall an Fhudair S1P42
Road 1	Road bike to Inverarnan
	Day 14 – Friday 8 th May
	Q8 & Q9
	Map 56, 57
Foot 25	Beinn a Choin S1P44 → Stob a Choin S1P46 →
1 001 25	Beinn Stacath S1P47 → Benvane S1P48 → Ben Ledi S1P48
Road 3	Road north bike to car park on Ardchullarie More
Rodd 5	Road north bike to car park on raidendiane whole
	Day 15 – Saturday 9 th May
	Map 57, 51
Foot 11	Beinn Each S1P52 \rightarrow Stuc a Chroin \rightarrow Ben Vorlich \rightarrow
	Meall na Fearna S1P53 descend to Loch Earn side at Ardvorlich
Road 4	Road bike west to Lochearnhead
Foot 10	Meall ant Seallaidh S1P50 → Creag Mac Ranaich S1P50
Road 26	Road bike east to Newtonbridge in Sma' Glen
	Day 16 – Sunday 10 th May
	Map52
MTB 14 & Fo	•
	Creagan na Beinne S1P54 → Creag Uchdag S1P54 → Ardtalnaig on
	Loch Tay side
Road 14	Road bike east to Kenmore then north to Comrie Castle, north on B846
noud 11	to the lime kilns at Schiehallion road junction
	The state of the s
	Day 17 – Monday 11 th May
T	Map51
Foot 9	Meall Tairneachan S2P59 → Farragon Hill S2 P59
Road 17	Road bike south, past Fortingall into Glen Lyon to Innerwick
Foot 12	Beinn Dearg S2P60 → Carn Chreag S2P60

	Day18 – Tuesday 12 th May Map51
Road 3	Road bike south
Foot 8	Meall nam Maigheach S2P65 → Beinn nan Oighreag S2P64
Road 11	Road bike west up Glen Lyon to Pubil
Foot 8	Sron a Choire Cnapanaich S2P62 → Meall Buidhe S2P62
	Day 19 – Wednesday 13 th May
_	Map 51, 50
MTB 8	South to Kenknock, Meall nan Subh S2P62, then west to
Foot 9 Road 11	Batavaime, Beinn nan Imirean S2P69, descend to Auchessan at A85.
Roua 11	Road bike to summit of road above Tyndrum
	The second secon
	Day 20 – Thursday 14 th May
Foot 13	Map 50 Beinn a' Chaisteil S2P66 → Beinn nam Fuaran S2P66 →
1'00i 13	Cam Chearg S2P66 → Beinn Chaorach S2P66 →
	Beinn Odhar S2P66
Road 6	road bike south & west to Arrivain
Foot 3	Beinn Chuirn S1P43
	Day 21 – Friday 15 th May
	Q11
D 1.2	Map 50
Road 2 Foot 13	Road bike east to Arinabea Roing Physics Light S2P72 - Poing Udleidh S2P72 drop into Clare
F001 13	Beinn Bhreac-Liath S3P73 → Beinn Udlaidh S3P73, drop into Glen Orchy B8074 to Eas Urchaidh, Beinn Mhic Mhonaidh S3P72 (maybe
	take mtb for fast return on track)
Road 9	Road bike to Loch Awe, nr Drishaig Farm at road junction with B8077
Foot 6	Beinn a' Bhuird S3P71
Road 27	Road bike to Loch Creran, Druimavuic
	Day 22 – Saturday16 th May Map 50, 41
Foot 8	Creach Bheinn S3P74
Road 13	Road bike to Ellric car park
Foot 14	Fraochaidh S3P76 → Meall Lighiche S3P77 →
	Beinn Maol Chuluim S3P78, descend southeast into Glen Etive at
D 14	GR149496
Road 4	Road bike southwest to road end at Gualachulain

Day23 – Sunday 17th May Q14 Map 50, 41 Foot 5 Beinn Trilleachan S3P75 Road 2 Road bike north west to Coileitir Foot 8 Cross River Etive bridge, **Stob Dubh** S3P78 \rightarrow Beinn Mhic Chasgaig S3P80, head north west then north to re-cross river at GR225525 (if safe – if not descend to Alltchaorunn) Road 3 Road bike to Kingshouse Foot 3 Beinn a Chrulaiste S3P81, descend to Altnafeadh Road 12 Road bike to Caolasnacon at Loch Leven side Day 24 – Monday 18th May **Q15** Map 41 ****Support for loch Ossian YH stay required**** Foot 4 Garbh Bheinn S3P82, descend into Kinlochleven Road 1 Bike to WHW path into Lairigmor Foot 7 Mam na Gualainn S4P85, descend back to Lairigmor MTB 2 Have MTB taken to foot of hill to bike back to Mamore Lodge Foot 14 To Loch Eilde Mor then **Glas Bheinn** S4P86 → **Leum Ulleim** S4P87, then to Loch Ossian Youth Hostel Day 25 – Tuesday 19th May Map42 Foot 10 Take "Road to the Isles" track then cut north east to Meall na Meoig S4P88, descend south to pick up track MTB2MTB on track leading to B846, nr Loch Rannoch (marked with Right of Way post) Road 5 Road bike west to Bridge of Ericht Road 8 Private road to summit at GR547688 (someone required to pick up bike for return) Foot 15 Stob an Aonaich Stob an Mhoir S5P93 → Beinn Mholach S5P93 → Meall na Leitreach S5P97 → Sow of Atholl S5P97, descend to Drumochter summit lay-bys (for the Fara -1^{st} option) or to Dalnaspidal Lodge (for heading back down Loch Garry to catch Beinn a' Chuallaich & catch the Fara later in route)

	Day 26 – Wednesday 20 th May Map42
Road 6	Road bike to Dalwhinnie
MTB 3	MTB down Loch Ericht to An Tochailt
Foot 2	The Fara S4P91
Road 8	Road bike back to Dalnaspidal Lodge
MTB 10	MTB south down Loch Garry to GR637608, dump MTB for pick up
Foot 6	Beinn a' Chuallaich S5P95, descend to GR706617 on B847 to Trinafour
Road 7	Road bike to Dalnacardoch junction on A9
MTB 14	MTB north via Gyack Pass
Foot 4	An Dun S6P99 → A'Chaornich S6P99, finish mtb at Bhran Cottage
	Day 27 – Thursday 21 st May
	Map 43, 35
Foot 21	Meallach Mhor S6P102, → Carn Dearg Mor S6P100, →
	Leathad an Taobhain S6P100, → Beinn Bhreac S6P103, →
	Beinn Mheadhonach S6P104, descend into Glen Tilt, Gilbert Bridge
<i>MTB 3</i>	MTB to car park at Old Bridge of Tilt
Road 3	Road bike to Ben Vrackie car park, nr Moulin.
	Day 28 – Friday 22 nd May
- 10	Map 43
Foot 18	Ben Vrackie S6P106, → Ben Vuirich S6P105, to Dalmulzie Hotel,
	Ben Gulabin S6P108
Road 3	Road bike to Slochnacrag at GR126686
Foot 5	Monanenach S7P111, descend to Auchhavan
Road 30	Option 1 to Road bike around to Wheen or
	Day 29 – Saturday 23 rd May
	Map 44
Foot 6	Option 2 to climb over Mayar into Corrie Sharroch
MTB 2	Meet mtb in forest and ride down to Glen Doll car park
Road 6	Road bike to Wheen
Foot 7	Ben Tirran – The Goet S7P115, descend into Loch Lee to pick up mtb
<i>MTB 3</i>	MTB to car park
Road 7	Road bike to Milden Lodge
Foot 8	Mount Battock S7P117
Road 7	Road bike back up to Glen Lee
MTB 6	MTB up to Stables of Lee
Foot 5	north west to Glen Muick car park

	Q18
	Map 44, 37, 43
MTB 2	Conachcraig S7P114
Foot 5	
Road 12	Road bike to Ballater, then minor road to Lary GR335003
Foot 10	Morven S8P123
Road 23	Road bike to Braemar, then to A93, at GR140835
Foot 2	Creag nan Gabhar S7P113
Road 3	Road bike back to minor road, then to foot of hill
Foot 4	Morrone S6P109 – MTB off summit?
Road 8	Road bike to Linn of Dee
	Day 31 – Monday 25 th May
	Map 36, 43
MTB 6	MTB to Whitebridge, Sgor Mor S6P119
Foot 5	WITE to Wintcorlage, Sgot Wior Soi 119
Road 4	Road bike to Allanaquoich,
Roaa 4 Foot 19	Carn na Drochaide S6P120 → Carn Liath S6P121 →
F 001 19	
	Culardoch S6P121 → Brown Cow Hill S6P122 →
	Carn Ealasaid S6P124 → Lecht
	Day 32 – Tuesday 26 th May
	Q19
	Map 37, 28
Foot 16	Carn Mor S6P124, Glen Livet, Corriehabbie Hill S6P126, Ellivreid
Road 3	Road bike north in Glen Rinnes
Foot 4	Ben Rinnes S6P126
Road 16	Road bike to Tomintoul
	Day 33 – Wednesday 27 th May
	Map 36
<i>МТВ 3</i>	MTB from Tomintoul to Loch Uaine
Foot 19	Geal Charn S8P129, → Creag Mhor S8P127, →
1 001 17	Meall a' Bhuachaille S8P128
Road 8	Road bike to Lynwilg Junction nr Aviemore
	Road one to Lynwing vanction in Tivieniore
	Day 34 – Thursday 28 th May
	Map 35
MTB 12	MTB up Burma Road, after hill continue north to Slochd
Foot 2	Geal Charn Mor S9P141
Road 13	Road bike to Coignafearn Old Lodge
MTB 5	West to Dalbeg bothy (bike to be taken back out again)
Foot 14	Carn na Saobhaidhe S9P138, → Carn an Fhreiceadain S9P139
MTB 5	MTB off summit to Kingussie

Day 30 – Sunday 24th May

Day 35 – Friday 29th May Map 35

Option to pick up	The Fara from	Kingussie if miss	ed previous	sly, map 42
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Road 18 Road bike to Garva Bridge

Foot 24 Meall na h-Airse S9P135 → Gairbeinn S9P135 →

Carn Chuilinn S9P137, into Glen Tarff, Carn Dearg(north) S9P134

→ Carn Dearg(south)S9P134, descend to Brae Roy Lodge

Day 36 – Saturday 30th May Map 34, 41

Foot 5	Carn Dearg S9P133
Road 2	Road bike south
Foot 3	Beinn Iaruinn S9P133
Road 11	Road bike to Roy Bridge, then west to Spean Bridge, then east on
	minor road to GR253807
<i>MTB 6</i>	MTB in/out Lairig Leacach
Foot 4	Cruach Innse S4P90 → Sgurr Innse S4P90
Road 8	Road bike back to Spean Bridge then to Clunes, Achnacarry - The
	Dark Mile

Day 37 – Sunday 31st May

Map 34, 41

MTB 7 MTB north side of Loch Lochy to Kilfin	nan
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Foot 14 Ben Tee S10bP162 → Meall na h-Eilde S10bP162 → Geal Charn S10bP162, descend south to Achnasaul

Road 1 Road bike to Achnacarry turn off

Foot 12 Beinn Bhan S10bP160 → Meall a' Phubuill S10bP160, descend to

Glen Sulaig Bothy

MTB 3 MTB to Fassfern

Road 11 Road bike around Loch Eil to GR048772

Day 38 – Monday 1st June Map 41, 40

Foot 8	Stob Coire a' Chrearcail S10aP152, descend to GR067717
Road 16	Road bike to road summit A861 at GR897604
Foot 10	Creach Bheinn S10aP144 → Fuar Bheinn S10aP144
Road 7	Road bike to Strontian shops
Foot 10	Beinn Resipol S10aP143
Road 7	Road bike back to road summit of A861

	Day 39 – Tuesday 2 nd June Map40
Foot 19	Garbh Bheinn S10aP146 → Beinn na h-Uamha S10aP148 →
100/17	Sgurr Dhomhnuill S10aP148 → Carn na Nathrach S10aP149 →
	Stob a' Bhealach an Sgriodan S10aP150 →
	Sgurr Ghiubhsachain S10aP150 →
	Sgorr Craobh a' Chaorainn S10ap150, descend to Callop on A830 GR 924995
Foot 5	Road bike west to lay-by at GR855805
	Day40 – Wednesday 3 rd June
	Map 40
Foot 8	Beinn Odhar Bheag S10aP153 → Beinn MhicCedidh S10aP153
Road 6	Road bike to Loch Ailort
Foot 10	An Stac S10aP154 → Rois Bheinn S10aP154 →
	Sgurr na ba Glaise S10aP154
Road 7	Road bike east to GR873817
	Day 41 – Thursday 4 th June Map 40, 33
Foot 12	Sgurr an Utha S10bP157, Corryhully, Streap S10bP158 →
	Braigh nan Uamhachan S10bP158, descend to Strathan, Glen
	Dessary to meet van
Foot 7	Sgurr Mhurlagain S10bP164 → Fraoch Bheinn S10bP164, descend
	back to Strathan
	Day 42 – Friday 5 th June
<i>MTB 3</i>	Map 33 MTB to Glendessary Lodge
Foot 10	Sgurr an Fhuarain S10bP168 → Sgurr Cos na Breachd-laoigh
100110	S10bP164, descend back to Glendessary Lodge and bike back to van
MTB 3	MTB to a'Chuil bothy
Foot 8	Carn Mor S10bP165 → Bidean a' Chabair S10bP166, descend to
-	Sourlies bothy.
*****	2 mules needed for taking stuff into Sourlies bothy & hill company, then taking stuff to Inverie, then to Kinloch Hourn

Day 43 – Saturday 6th June Map 33

Foot 21

Ben Aden S10bP169, descend north toLochan nam Breac,
Sgurr a' Choire-bheithe S10bP170, (option to say high on Luinne
Bheinn/Meall Bhuide ridge or) descend south to Mam Unndalan
GR886009, then take footpath at ruin GR883994, then south to
Carnoch, Beinn Bhuidhe S10bP172, descend west & north to Inverie

 $\begin{array}{c} Day\ 44-Sunday\ 7^{th}\ June\\ Map\ 33 \end{array}$

Foot 25

Beinn na Caillich S10bP174 → Sgurr Coire Choinnichean
S10bP172, Mam Barrisdale, Glen Barrisdale, Sgurr nan Eugallt
S10bP171, descend northeast to Coireshubh, mtb down into Kinloch
Hourn

Day 45 – Monday 8th June Map 33

Foot 16
 Buidhe Bheinn & Sgurr a'Bhac Chaolais (2 tops, only 1 Corbett)
 S10bP177, descend southwest to tracknear Lochan Torr a'Choit, head
 northwest, Beinn nan Caorach S10bP175 → Beinn na h-Eaglaise
 S10bP175, descend north to bridge in Glean Beag at GR866158
 Option to stay at Alison McBeath's parents at Balvraid
 Head north to cross bridge at GR889174, Sgurr Mhic Bharraich
 S10bP176, Sheil Bridge
 Road 3
 Road 3

Day 46 – Tuesday 9th June Map 33, 34

Foot 5 Sgurr an Airgid S11P185 Road bike east on A87 to just past Cluanie Inn car park to GR085120 Road 15 Foot 4 Am Bathach S11P184 Road 1 Back to Claunie Inn car park MTB 4 MTB south on old road to high point of track GR099080 Beinn Loinne (west peak) Druim nan Cnamh S10bP178, descend to Foot 5 forest track GR183074 **MTB 3** MTB north east to meet van at track end GR213092 Foot 5 Meall Dubh S10bP179, descend north to GR233110 on A887 (mtb for 1 mile?) then Ceannacroc Bridge

	Day 47 – Wednesday 10 th June Q22
	Map 34, 25, 33
MTB 5	MTB northwest up River Doe to bridge at GR180148
Foot 20	Aonach Shasuinn S11P182 → Carn a'Choire Ghairbh S11P182, descend west, forest track to Athnamulloch map25 GR133205, north side River Affric to Altbeithe YH, Sgurr Gaoraic S11P185, descend south, then west via Bealach an Sgairne to forest track junction GR996222 meet mtb
<i>MTB 3</i>	MTB down Strath Croe to cemetery car park
Road 13	Road bike west on A87, then north to Killilan car park
	Day 48 – Thursday 11 th June Q23
	Map25
Foot 26	Sguman Coinntich S12P188 → Faochaig S12P188 →
	Aonach Buidhe S12P187, Maol Bhuidhe bothy,
	Beinn Dronaig S12P191 → Beinn Thursuinn S12P190 →
	Sgurr na Feartaig S12P190, descend north to track
MTB 2	MTB to Craig
	Day 49 – Friday 12 th June
	Q24
	Map 25, 24
Road 2	Road bike west on A890 to Achnashellach
Foot 17	Fuar Tholl S13P203 → An Ruadh Stac S13P202 →
	Beinn Damh S13P204, A896 at Kinloch Damph
Road 5	Road bike to A896 to Rassal then onto Bealach na Ba road
Foot 8	Beinn Bhan S13P200 → Sgurr a'Chaorachain S13P199, finish at
	Bealach na Ba road summit
	Day 50 – Saturday 13 th June Map 24, 25, 19
Road 24	Road bike back down hill then A896 to Sheildaig, then Torridon, then west on minor road to Coire Mhic Nobail car park at Upper Loch
Foot 7	Torridon Reinn Dearg \$13P205
Foot 7 ******	Beinn Dearg S13P205 Option to do Beinn an Eoin & Baosbheinn from Beinn Dearg(+ <i>Foot</i> 7)
Road 7	Road bike east on A896 to car park at Lochan an Lasgair
Foot 6	Sgurr Dubh S13P207 → Sgurr nan Lochan Uaine S13P207
Road 7	Road bike to Kinlochewe, then on A832 west 1 mile to Reserve Visitor
110uu /	Centre

	Day 51 – Sunday 14 th June		
Foot 10	Map 19 Ruadh-stac Beag S13P206 → Meall a'Ghiubhais S13P206, descend		
100110	north east to meet van at Glas Leitire Nature Trails at GR002650		
Road 11	Road bike north to shed by Loch Bad an Sgalaig		
MTB 8	MTB to Loch na h-Oidhche		
Foot 6	Baosbheinn S13P208 → Beinn an Eoin S13P208		
Road 11	Road bike to Poolewe		
	Day 52 – Monday 15 th June		
	Q1		
	Map 19, 20		
<i>MTB 3</i>	MTB east to Kernsary		
Foot 26	Beinn Airigh Charn S14P211 → Beinn Lair S14P212 →		
	Beinn a'Chaisgein Mor S14P214 → Beinn Dearg Mor S14P215 →		
	Beinn Dearg Bheag S14P215 → Sail Mor S14P218, Ardessie		
Road 12	Road bike east to Loch a' Bhraoin		
	Day 53 – Tuesday 16 th June		
	Map 19, 20, 26, 25		
Foot 9	Private road south to Loch a' Bhraoin, Creag Rainich S14P216		
Road 4	Road bike east to Braemore Junction		
Foot 7	Beinn Enaiglair S15P221		
Road 6	Road bike east to car park at Loch Glascarnoch		
Foot 4	Beinn Liath Mhor a'Ghiubhais Li S14P217		
Road 10	Road bike east to Garbat		
Foot 4	Little Wyvis S15P223		
Road 20	Road bike to Strathanmore in Strathconnon		
	Day 54 – Wednesday 17 th June		
	Map 25, 26, 20		
Foot 6	Meallan nan Uan S12P196 → Sgurr a' Mhuilinn S12P196		
Road 4	Road bike south west to bridge to Inverchoran		
Foot 13	Bac an Eich S12P195 → An Sidhean S12P194, Monar Dam		
Road 4	Road bike east to small bridge over River Farrar		
Foot 5	Sgorr na Diollaid S12P192, descend north east to bridge at		
Dogd 6	Cambussorray Read hike east to never station		
Road 6 Foot 7	Road bike east to power station Roinn o' Pho' Ach And \$120102, descend south cost to Inchmore		
root /	Beinn a' Bha' Ach Ard S12P193, descend south east to Inchmore gatehouse		
Road 30	Road bike to Black Bridge on A835		

Day 55 – Thursday 18 th June	
	Q27
	Map 20, 15
MTB 5	MTB along Loch Vaich side
Foot 3	Beinn a' Chaisteil S15P222
MTB 6	MTB north & west
Foot 6	Carn Ban S15P224
MTB 13	MTB northeast to Glencalvie Lodge, then south into Glen Calvie
Foot 3	Carn Chuinneag S15P225
MTB 4	MTB north to meet van at Craigs
Road 44	Road bike east to Bonar Bridge then A837 west to Ledmore Junction,
	then A835 south to Knockan Crag visitor centre
	Day 56 – Friday 19 th June
	Map 15
Foot 10	Cul Mor S16P229 → Cul Beag S16P229
Road 7	Road bike north to Loch Awe
Foot 7	Canisp S16P232
Road 1	Road bike north to car park to caves
Foot 7	Breabag S16P233
Road 6	Road bike north on A894 to car park at top of hill
	Day 57 – Saturday 20 th June Map 15
Foot 8	Quinag S16P236 Spidean Coinich → Sail Gharbh → Sail Ghorm,
	return to road
Foot 12	Glas Bheinn S16P236 → Beinn Leoid S16P237, north east to A838
Road 2	Road bike east to West Merkland
Foot 6	Ben Hee S16P243
Road 3	Road bike from West Merkland north to Kinloch
	Day 57 – Sunday 21 st June
	Q28
E (22	Map 15, 16, 9
Foot 23	Meallan Liath Coire Mhic Dhughaill S16P242 → Meall Horn
	$S16P239 \rightarrow Arkle S16P239 \rightarrow$
1 (TID 2	Ganu Mor(Foinaven)S16P239, drop into Strath Dionard
MTB 3 *****	MTB out to Gualin House, A838
***	Option to carry on to finish?????
	Day 58 – Monday 22 nd June
E 7	Map 9, 10
Foot 7	Cranstackie S16P244 → Beinn Spionnaidh S16P244, descend east to
Dog J 10	Polla, A838 Pool hike to Tongue then couth to Dibaill Form
Road 19	Road bike to Tongue then south to Ribgill Farm Par Level An Coistant \$160245
Foot 4	Ben Loyal, An Caisteal S16P245